# A Six Day Certificate Course for Offense Specific Practitioners **"Treatment of Sexually Abusive Youth: A Goal Oriented Approach"** May 1-6, 2017 Manday Friday 9/00 - 5:00 and Seturday 9/20 2:00

Monday – Friday 9:00 – 5:00 and Saturday 8:30-2:00

For future dates contact <u>Gail.Ryan@childrenscolorado.org</u> Kempe Center, University of Colorado School of Medicine, Gail Ryan, MA; Assistant Clinical Professor ; Dept of Pediatrics & Director, Kempe Perpetration Prevention Program

Coursework designed to provide a solid theoretical framework and practical skills for goal-oriented intervention strategies in the management and treatment of sexually abusive youth. A developmental-contextual approach is stressed which emphasizes growth and development as the vehicle for offense specific change. Designed for practicing counselors and clinicians, the course builds on traditional diagnostic and counseling theory to address a uniquely troubled and troubling client population. Counselors new to this subspecialty will benefit from the instructor's 25 years experience in research and practice with sexually abusive youth, while experienced specialists will be challenged to re-examine and articulate their beliefs about the work they are doing and become aware of new developments in the field. The struggles and dynamics of the treatment process are illustrated through the use of videotaped group sessions involving 11-17 year old males. The implications of the coursework in evaluation and treatment of younger children at risk or exhibiting abusive behaviors are discussed.

Participants are <u>required to complete approximately 40 hours of reading prior to</u> <u>arriving on site</u> for the course and will receive 40 hours of instruction over a 6 day course. Documentation of continuing education hours will be available on the basis of participation and comprehension measured by exams. A certificate of completion is awarded to successful participants. Application is required. <u>Class size is limited to 10</u>. Apply early.

# <u>Registration deadlines: Not less than 30 days prior to class;</u> more preparation time is recommended!

Costs: Class tuition: \$1,000; Textbook \$60 and Syllabus \$40 Arrangement /Costs of travel, lodging, meals are the student's responsibility. Lodging information available on request.

- This course is offered only a few times each year. If you are interested in taking the course at a later date, please contact <u>Gail.Ryan@childrenscolorado.org</u>.
- Apply early as classes may reach capacity before the 30 day deadline.

<u>Textbook:</u> Juvenile Sexual Offending: Causes Consequences and Correction <u>3<sup>rd</sup> ED;</u> Ryan, G; Leversee, T; and Lane, S (2010); Wiley.

Text book!! 3<sup>rd</sup> EDITION of the classic Juvenile Sexual Offending: Causes Consequences and Correction 2010; Ryan Leversee & Lane

## Course Outline:

#### Key Concepts:

Abuse is Abuse: Defining the problem Unique conditions of involuntary treatment Dynamics associated with abusive patterns (cycle) Risk vs. Identify: Static vs Dynamic risks Psychological safety; empathic variables Goal oriented intervention strategies and Safety plans Fostering Growth and Development Individual, Ecological, and Contextual Phenomenology **Topics: Developmental Contextual Approach** Victimization: Issues, Characteristics, Manifestations Defensive strategies; accommodation and assimilation Immediate Goals in the treatment setting; Sexuality in developmental perspective Informed Supervision & Therapeutic Care Group dynamics and process Concurrent psychiatric disorders: Dx, Rx & the brain Observable Outcomes, Progress, Safety Plans & Long-term Aftercare

### **Objectives:**

#### Participants will be able to describe:

Risk Management and Health Promotion Outcomes Etiological implications of various theories The Developmental – Contextual framework Relationship of deviance to defensive functions Key concepts of an abuse-specific treatment milieu Observable Measures of risk reduction and health

#### Participants will acquire skills to apply with children & adolescents:

Provide and teach Informed Supervision Design and implement abuse-specific programming Create psychologically safe relationships Invite participation and evaluate resistance Develop differential treatment plans Utilize 'offense specific' interventions Address concurrent psychiatric disorders Measure change; prevention & safety plans

\*\*APPLY EARLY: CLASS SIZE LIMITED TO 10\*\* For additional information or to apply, contact: Gail Ryan, Kempe Perpetration Prevention Program, Gary Pavilion @ Children's Hospital, 13123 East 16<sup>th</sup> Ave Box B390, Aurora CO 80045 ; Email <u>Gail.Ryan@childrenscolorado.org</u> Phone 303-864-5300