

### COLORADO

### **Division of Criminal Justice**

Department of Public Safety

### Sex Offender Management Board 11th Annual Conference

July 12-14, 2017 Beaver Run Resort and Conference Center Breckenridge, CO

"Renew the Energy, Transformations in the Field."

#### <u>Keynote Speakers:</u>

Cynthia Coffman, Colorado Attorney General Alejandro Leguizamo, PhD

#### **Special Feature:**

Film Screening of "Victor Walk"
Presentation and Talk Back by Michael Lynch
Director/Producer

A three day conference for All Levels of Professionals who work with adults and juveniles who have committed sexual offenses.

## GENERAL INFORMATION

**When:** July 12, 13 and 14, 2017

**Where:** Beaver Run Resort and Conference Center

620 Village Road,

Breckenridge, CO 80424

1-800-525-2253

**Who:** This training is appropriate for all levels of

professionals working with adults and juveniles who have committed sexual

offenses.

All sessions offered at the Conference can be used as training hours for SOMB approved providers. Up to 16.25 credit hours can be earned.

All conference registrations must be received by June 23, 2017, before 5:00 p.m.

All payments must be received by June 30, 2017

Register early to ensure your preferred workshop choices!

## GENERAL INFORMATION

#### **EXHIBITOR/VENDOR INFORMATION**

A limited number of exhibitor/vendor spaces will be available. Individuals wanting to sell merchandise as well as those providing information about their agencies, are encouraged to contact Marina Borysov at marina.borysov@state.co.us, for additional information or to obtain an application for Exhibitor Space.

#### **CONFERENCE SPONSORSHIP**

There are sponsorship opportunities available for this year's conference. If you or your agency are interested in becoming a sponsor and being recognized during the conference, please contact Marina Borysov at marina.borysov@state.co.us, or call (303) 239-4199.

#### **SCHOLARSHIPS**

There will be five (5) registration fee scholarships available this year. All lodging and other associated fees are your responsibility. You must complete your registration to get your preferred workshops and upon receipt of a scholarship, a refund can be made via a check. A drawing will be held on June 2, 2017. To inquire about scholarships, contact Marina Borysov at marina.borysov@state.co.us or call (303) 239-4199.

#### **CERTIFICATES**

Certificates are offered for each session attended. You will receive an email with instructions on how to access session surveys the week following the conference. At the end of the survey for each session, you will be able to print or save your Certificate of Completion.

#### HOTEL ACCOMODATIONS

**YOU MUST MAKE YOUR OWN HOTEL ARRANGEMENTS**. Contact Beaver Run Resort at 1-800-525-2253 to make your reservation today.

Hotel costs are at your own expense at a discounted rate until June 9, 2017:

\$149.00 per night for a standard hotel room

Rates include a 5.5% resort fee. This fee includes: daily maid service, garage parking, complimentary internet access in all guestrooms, lobby and common areas, and complimentary in-town shuttle. Resort recreational facilities include 2 swimming pools, 7 hot tubs, workout facilities, tennis and basketball court, steam room and sauna, complimentary newspaper, in room coffee, and complimentary local phone calls.

**You must mention the SOMB conference in order to receive this discount.** The above hotel rate is only available for reservations made by the June 9th deadline. After that, standard rates will apply.

### REGISTRATION

- Early Registration	(received on or	before June 2, 2017	\$170.00
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- Registration Fee (received on or after June 2, 2017) \$220.00 \*\*\*There will be **NO EXCEPTIONS** to the late registration fee for missed early registration.

- Single day Registration Fee \$100.00 \*\*\*Single Day Discount Code is the word **ONE** 

#### The conference fee includes:

- Full Registration
- Continental Breakfast on Wednesday, Thursday, and Friday mornings.
- Afternoon snacks will be provided on Wednesday and Thursday.
- Buffet style lunch on Thursday

Payment is accepted online via credit card (a small fee is charged by the credit card vendor for the State), CORE, or an ITI transfer. You may select check, but payment must be received by 6/30/2017.

Please send in a Check or Money Order made out to:

#### The Department of Public Safety

Attention: Marina Borysov DCJ-SOMB 700 Kipling, Suite 3000, Denver, CO 80215

Payment **MUST** be received no later than **June 30, 2017**, **5:00pm** (MST) Registration and payment **WILL NOT** be accepted at the door.

\*\*\*\*REFUND POLICY: Refunds will not be given unless the conference is cancelled. If you are unable to attend for any reason, you may send a replacement. Please notify Marina Borysov of any changes via email at marina.borysov@state.co.us or call 303-239-4199

#### REGISTRATION

#### TO REGISTER, PLEASE PRINT AND FOLLOW THE STEP-BY-STEP DIRECTIONS

1. Go to our DCJ training site at:

https://idsonline.colorado.gov/cdps/training/Students/ClassIndex.asp

2. Already have a Student Account? Please log in!

Don't have a Student Account? Create one: click on **Create New Student Account**. Make sure your name & Agency appear correctly as this will appear on your badge. Check to make sure your email is correct to receive correspondence. Please note - A student account, is not a registration.

- 3. Go to the **Course Catalog**. Under the Sex Offender Management Board, select the **2017 SOMB 11th Annual Conference**.
- 4. At the bottom left click on "Click here to register"

If you have a DISCOUNT CODE, FOLLOW THESE STEPS:

Add the correct DISCOUNT CODE, then hit UPDATE TUITION. If the amount is NOT correct, do not proceed!

- \*1 day only registration use Discount Code ONE (all caps). One day registration is \$100.00.
- \*Presenters and Board Members contact Marina for your code. Select Personal Funds, and pay

by Paper check. Put a note in the comment section if needed.

No DISCOUNT CODE is needed for EARLY registration which is \$170.00. Please skip this step and proceed.

We cannot issue refunds, so please verify the amount. Do not proceed if your amount is not correct. Exit and start again. If you have questions, contact Marina at marina.borysov@state.co.us, or at 303-239-4199.

- 5. **Accounting Contact**: Phone and Email will either be your information, or whoever is responsible for making payment. Even if you have a Discount Code, this must be filled out.
- 6. **Type of funds**: Select either "State funds" or "Personal funds". State funds are CORE or ITI transfer payments only. You must initiate the ITI from your end. Our code is RDAA.
- 7. **Pay by**: Can either be: 1) CORE; 2) Credit card (a small fee is charged by the credit card vendor for the State) or 3) Paper

<u>IMPORTANT</u>: If you are paying by credit card, <u>YOU MUST do it at this point</u>. You cannot log into your account later and pay by credit card. You will then have to pay by <u>a paper check, which needs to be received by us no later than 6/23</u>. Once you start to pay with a credit card, DO NOT HIT THE BACK BUTTON. It will error you out, and you will not be able to go back into it. It will be an incomplete registration.

- 8. Submit your registration. You are now registered for the *CONFERENCE ONLY*. At this point it may give you an option to select your Sessions. If not, go back into your Student Menu, click on Registered Conferences and then on the far right of the page, click on Conference Sessions which should bring you a list of all sessions available.
- 9. **Sessions**: Expand ENTRIES PER PAGE to 50 in order to see all Sessions. From here you will select the Sessions you want to be registered for. You can only sign up for 1 Session per time slot. Once you have selected your Sessions, right click your mouse and select print if you would like a copy of what you registered for. You can cancel and register for a different Session, if there is still space available.

**Note**: Rooms for each session will be determined on June 23rd. This will update in the registration system automatically, so check back for your session locations.

#### **AGENDA**

#### WEDNESDAY - JULY 12, 2017

8:00 a.m. - 4:00 p.m. Registration

8:30 a.m. - 10:45 a.m. Continental Breakfast

9:00 a.m. - 10:45 a.m. SOMB Board Meeting

(Training credit received for attendance)

10:45 a.m. – 12:00 p.m. Lunch (on your own)

12:00 p.m. – 1:45 p.m. **Welcome** 

Plenary Session-Cynthia Coffman, Colorado Attorney General

**Awards Ceremony** 

1:45 p.m. – 2:00 p.m. Break (hosted)

2:00 p.m. – 4:00 p.m. BREAKOUT SESSIONS (A)

A1) Coping Styles and Secondary Trauma in Sex Offender Treatment Therapists

Patricia Tippins, PsyD, MA, LPC, NCC All levels Adult/Juvenile

A2) Crossover between the Domestic Violence and Sex Offender

Carolina Thomasson, LPC, CAC III, ADS

Jesse Hansen, MPA All levels Adult

A3) Juvenile Internet Offenders – The Catfish Phenomenon

Brenna Tindall, PsyD, CAC III

Sara Gatewood, MSW Beginner/Intermediate Juvenile

A4) Couples Groups in Adult Sex Offender Treatment

Kandy Moore, LMFT

Elise Edelberg, LCSW Beginner Adult

A5) Integration Based Stress Removal: Preliminary Findings Regarding a New Somatic Treatment for

the Control of Deviant Sexual Interest

Thomas J. Pals, LPC, NCC

Robin Richards, MAFP Intermediate/Advanced Adult

4:30 p.m.-6:30 p.m Social Networking Hour (Cash Bar)

#### **AGENDA**

#### THURSDAY - JULY 13, 2017 MORNING SESSIONS

7:30 a.m. – 8:30 a.m. Continental Breakfast

8:00 a.m. - 10:00 a.m. Registration

8:30 a.m. - 10:30 a.m. BREAKOUT SESSIONS (B)

B6) The Impact of Evidence-Based Practices on the Treatment and Management of Sex Offenders

Kelli Reynolds, MS

Michelle Geng, MSSW All levels Adult/Juvenile

B7) Vicarious Trauma and Cumulative Career Stress Trauma-How Working with Sexual Offenders Impact

Sexual Intimacy and Parenting Skills-Part Two

Brenna Tindall, PsyD, CAC III

Jessica Bartels, PsyD

Raechel Alderete, BS

Angel Weant, BS Beginner/Intermediate Adult/Juvenile

B8) A Framework for the Judicious Use of the Polygraph for Juveniles who have Committed a Sexual Crime

Jamie Yoder, PhD

Christopher Lobanov-Rostovsky, LCSW

Jesse Hansen, MPA (Invited) Intermediate Juvenile

B9) Providing a Consistent Conceptual Framework for Assessment, Treatment and Risk Management Plan-

ning

Christina Ortiz-Marquez, MA, LPC

Colton McNutt, PsyD Intermediate Adult

B10) Come Together: Ideas on Collaboration of Professionals and Promoting Success of Clients

Mona Murch, MA, LPC, CAC II

Tracy Senter, BA Intermediate/Advanced Adult

10:30 a.m. - 11:00 a.m. Break

11:00 a.m. - 12:00 p.m. Lunch-Buffet Style

12:00 p.m.-1:30 p.m. Plenary Session- Alejandro Leguizamo, PhD

**Raffle Drawings** (Must be present to win)

1:30 p.m. - 2:00 p.m. Break . .

#### **AGENDA**

#### THURSDAY - JULY 13, 2017 AFTERNOON SESSIONS

2:00 p.m. - 4:00 pm. BREAKOUT SESSIONS (C)

C11) Attachment Styles and How They Can Impact Treatment

Jennifer Leonard, MA, LPC

Carey Boelter, MA, LPC Beginner Adult/Juvenile

C12) A Balanced Approach: Treatment and Supervision Strategies to Reduce Risk and Address Client

Needs from a Victim Centered Approach

Angel Weant, BS

Missy Gursky, MA, LPC Beginner Adult/Juvenile

C13) Guns or Roses: Trauma-Informed Sex Offender Treatment

Gayle E. Christensen, MSW, LCSW

Susan Wich, MSW, LCSW All levels Adult/Juvenile

C14) US vs. Burns - Constitutional Right to Contact with Children

Christian Gardner-Wood, JD All levels Adult/Juvenile

C15) Applying Multicultural Competence Concepts to Sex Offender Assessment and Treatment: From

Therapists' Responsibilities to Case Conceptualization

Alejandro Leguizamo, PhD All levels Adult/Juvenile

4:15 p.m. - 5:30 p.m. Film Screening of "Victor Walk"

Presentation and Talk Back by Michael D. Lynch, Director & Producer

(Training credit received for attendance)

#### **AGENDA**

#### **FRIDAY - JULY 14, 2017**

7:00 a.m. - 8:00 a.m. Continental Breakfast (400)

8:00 a.m. – 10:00 a.m. Breakout Sessions (D)

D16) The Case for Contact

Missy Berglund, BA

Korey Elger, MSW Beginner Adult/Juvenile

D17) Risk, Need, Responsivity & Adolescent Brain Development

Birgit M. Fisher, PhD Intermediate Juvenile

D18) Castaway: Rehabilitating Sexual Offenders

Erin Cooley, BS Chris Bogucki, BA

Mario Mendoza, BA Intermediate Adult

D19) Beyond Workbooks: Helping Offenders Create a Good Life

Marianne Sandstrom, MA

Mary Anne Avery, MA, LPC, CAC III

Heather Lester, MA Beginner/Intermediate Adult

10:00 a.m. – 10:15 a.m. Break

10:15. a.m. - 12:15 p.m. Breakout Track Sessions (E)

E20) Is that Normal? Understanding Sexual Behavior of Children

Margaret Ochoa, JD Beginner Juvenile

E21) A Conversation: Online Offenders and RNR

Lee Oesterle, LCSW

Melissa Parkowski-Helmer, LCSW All levels Adult/Juvenile

E22) Trauma-Informed Treatment/Management of Offenders

Michelle Eddy, PsyD

Susan Oehler, PsyD

Maren Conway, MA Beginner/Intermediate Adult/Juvenile

E23) FOUNDATIONS Curriculum for Intellectually Disabled Adults with Sexual Behavior Problems

Jacqueline S. Giamp, PhD Intermediate Adult

KEYNOTE SPEAKER

#### Alejandro Leguizamo, Ph.D.

"Towards increased multicultural competence in sex offender assessment and treatment"

#### **Keynote Presentation Abstract**

The development of a good therapeutic relationship and/or group cohesion are integral to the success of treatment. Establishing and maintaining those connections depend on therapists' skill in creating an environment that nurtures all members and takes into consideration all of their cultural identities and memberships, including ethnicity, sexual orientation, gender expression, socioeconomic status, etc. With increased diversity among clients comes the need for therapists to conduct culturally competent assessment and treatment in order not only to address clients' needs, but also to consider all the forces that led to their offending, could increase their risk post-treatment, and those that could help maximize healthy/adaptive functioning in the community. This presentation will focus on the usefulness of Sue and Sue's (2015) multicultural competencies as applied to sex offender work, will review the extant research in multicultural issues among sex offenders , and will suggest a framework that may be helpful in case conceptualization in conjunction with specific sex offender treatment models.

#### Biography



Alejandro Leguizamo received his degree in Clinical Psychology from the University of Michigan and completed a post-doctoral fellowship in Forensic Psychology at the University of Massachusetts Medical School. He previously worked in a variety of forensic settings, including Bridgewater State Hospital and in Court Clinics in Southeastern Massachusetts. He is a former Clinical Director of the Sex Offender Treatment Program at the Massachusetts Treatment Center, where he also provided treatment to Spanish-speaking inmates and civilly committed men. He currently works at Roger Williams University in Rhode Island. In addition to his academic work, he conducts evaluations and specialized treatment for the Massachusetts Department of Youth Services. His research focuses on

multicultural factors in sex offending, predictors of psychological well-being in community samples, and factors that contribute to the decision to report, or not report, having been the victim of a sexual assault while in college among college graduates.

KEYNOTE SPEAKER

# **Cynthia Coffman Colorado Attorney General**

#### **Biography**



A native Missourian, General Coffman graduated from the University of Missouri-Columbia and then Georgia State University Law School in Atlanta. Before moving to Colorado, AG Coffman's legal career began more than 25 years ago in the Georgia Attorney General's Office as a courtroom attorney. She then had the opportunity to work for the 1996 Centennial Olympic Games in Atlanta, where she acted as the primary liaison with the victims and their families following the 1996 domestic terror attack in Olympic Park. After moving to Colorado, AG Coffman worked in Colorado state government for years. She worked for the Colorado General Assembly's Office of Legislative Council with the Senate Judiciary Committee and then joined the senior management team at the Colorado Department of Public Health and Environment. General Coffman moved to the State Capitol in 2004, where she had the honor of serving as Chief Counsel to Colorado Governor Bill Owens. General Coffman began her tenure at the Colorado Department of Law in March of 2005 when she was appointed Chief Deputy Attorney General. She proudly served in this role for 10 years, acting as chief of staff and chief operating officer for the largest law firm in the State of Colorado. Colorado Attorney General Cynthia H. Coffman serves as the State's 38th Attorney General. Since being elected in November of 2014, General Coffman has

focused on community outreach, consumer protection, drug enforcement and protecting Colorado's sovereignty. In 2016, Roll Call named AG Coffman one of the Most Influential Women in State Politics.

FILM SCREENING

## Film Screening of "Victor Walk" Presentation and Talk Back by Michael D. Lynch, Director & Producer

#### "Victor Walk" Presentation and Talk Back

Victor Walk is about transforming victims of child sexual abuse into victors, because surviving is too difficult. This eye opening award-winning documentary follows Stanley Cup Champion, Olympic Gold Medalist and former NHL all star Theo Fleury on his 10 day Victor Walk from Toronto to Ottawa, to bring awareness to child sexual abuse, promote healing to the survivors and stiffer laws for predators.

#### **Biography**



Growing up in Ann Arbor Michigan, Michael found his love for cinema as a projectionist, getting an inside peek at all that cinema had to offer. He followed this passion to Chicago IL, where he studied film at Columbia College Chicago. It was here that he conceived the idea for Burden, a massive science fiction film of epic proportions that would give any big Hollywood blockbuster a run for its money. After graduating, Mike headed for Los Angeles, where he hit the ground running, working on huge Hollywood movies such as "Inception" "Die Hard 4" "Iron Man 2" and "Transformers 2". Ever determined to leave his own mark on the medium, he went on to produce several successful films including: "Drop" "Between Us" and "This Thing with Sarah." Today, he makes his long awaited feature film directorial debut with two incredible projects: "Dependent's Day" and "Victor Walk." Two very different award-winning films that cover very

different territory, showing the versatility and heart of a talented director who is sure keep telling stories. Victor Walk is a passion project for Director Lynch, having grown up looking up to Theo Fleury and both of them are victors having a chance to shed some light on a topic of child sexual abuse which, too often goes over looked or swept under the rug. Victor Walk won best documentary at the Dances with films film festival in LA at the Chinese Theater in 2016.

### WORKSHOP DESCRIPTION

### **A1)** Coping Styles and Secondary Trauma in Sex Offender Treatment Therapists *Patricia Tippins, PsyD, MA, LPC, NCC*

Sex Offender Management Board (SOMB) approved treatment providers, completed questionnaires regarding their coping process, and the way in which they cope with the stressful encounters of everyday living, using the Brief COPE instrument to measure individual coping strategies and the Secondary Traumatic Stress Scale (STSS). Counselors working with adjudicated sex offenders both in CDOC facilities, and in community or parole-based programs, accessed these measures on-line through Survey Monkey, and reported any secondary trauma symptoms that they were experiencing due to the impact of their jobs. The study ascertained that a relationship existed between the coping strategies measured by the Brief COPE instrument, and the levels of secondary trauma symptoms that were endorsed on the Secondary Traumatic Stress Scale, by the participating sex offender treatment professionals Secondary trauma, and subsequent related experiences, were examined in this quantitative study as naturally occurring occupational hazards for sex offender treatment professional, due to the nature of this very difficult and important therapeutic work.. The study found that secondary trauma and coping style were related. It was also revealed that lower levels of education, gender, and younger age, corresponded to increased levels of maladaptive coping and secondary trauma. This presentation will present the research results in an interactive and positive lecture.

# **A2)** Crossover between the Domestic Violence and Sex Offender Carolina Thomasson, LPC, CAC III, ADS Jesse Hansen, MPA

Treatment providers often struggle to identify, assess and treat offenders who crossover the spectrum of violent behaviors, specifically with issues of domestic and sexual violence. Are domestic violence offenders also sexual abusers to their partners? Do sex offenders use power and control within their intimate relationships? As a clinician, how do I identify such crossover behaviors, and once I have identified them, what do I do? Learning how these populations compare can mean the difference between successful identification of crossover issues, or failure to clinically address and treat underlying issues of the offender appropriately. In order to educate providers of indications of crossover behaviors, this presentation will provide an overview of the research of the risk and needs associated with domestic violence and sex offending populations while focusing on a victim safety approach. Using research, case studies, and small group work, this training will walk through practical examples that illustrate how to increase awareness and develop protocols to assist clinicians in this highly specialized, but often overlooked area.

### WORKSHOP DESCRIPTION

**A3)** Juvenile Internet Offenders – The Catfish Phenomenon Brenna Tindall, PsyD, CAC III
Sara Gatewood, MSW

There seems to be a growing number of juveniles who have committed sex offenses in the state of Colorado who are committing internet-related offenses. These include downloading child pornography, requesting naked photographs from peers or strangers, and "catfishing." The act of catfishing, as it relates to internet offending, is creating a fake profile or Avatar on a social networking site and requesting naked photographs from females, namely females under the age of 18. In some of these cases, the offenders are coercing, threatening, and offering to pay the females for the photographs. The victims in these cases are both known to the offenders and strangers they have trolled on social networking sites. At this time, there are no risk assessment measures related to juvenile internet offenses. It is becoming increasingly difficult to differentiate risk levels in these juveniles who are engaging in this type of behavior. This presentation will present the available research about general juvenile internet offenders, as well as explore the recent trend of catfishing in our culture. A survey of the research on this topic elucidates common variables associated with juvenile internet offenders, particularly those engaging in coercive behavior vis-à-vis trolling for naked photographs from minors. Some of these variables include parental rejection, parental attachment issues (particularly with a male parent), history of impulsive and aggressive behaviors, computer savviness/confidence, prolonged exposure to pornography, anxiety as it relates to social interactions, emotional abuse history, and under-assertiveness. This presentation will present a hypothesis about some possible typologies present with these types of juvenile offenders. Additionally, there will be some informal data collected from treatment providers and supervising officers regarding the likelihood of internet offenders on their caseloads reporting a contact offense victim on a sexual history polygraph or through the course of treatment.

**A4)** Couples Groups in Adult Sex Offender Treatment *Kandy Moore, LMFT Elise Edelberg, LCSW* 

At Counseling Service Associates, we have been doing specialized group therapy for our adult sexual offenders and their wives/girlfriends/partners since 2000. We have found these groups to be highly beneficial in the comprehensive treatment and management of our clients. By involving the partners of our clients in a group setting where they can interact with other couples going through this process our clients are more successful in treatment, their partners do not feel isolated and their relationships become stronger. The result is that our clients have more stability which lowers risk levels and provides for greater community safety.

### WORKSHOP DESCRIPTION

**A5)** Integration Based Stress Removal: Preliminary Findings Regarding a New Somatic Treatment for the Control of Deviant Sexual Interest *Thomas J. Pals, LPC, NCC Robin Richards, MAFP* 

Deviant sexual interest has been consistently identified as one of the primary risk factors for adult sexual offense recidivism. To date, many interventions have been used to treat and reduce this deviant sexual interest among adult sexual offenders. An initial trial of a humane neurological treatment intervention, enhanced-Integration Based Stress Removal (e-IBSR), was utilized to successfully reduce deviant sexual interest with seven men convicted for sexually abusive behaviors. Additionally, the non-deviant sexual interest of several of these offenders increased after receiving e-IBSR. All of the offenders were assessed prior to and following the e-IBSR intervention using the Abel and Affinity sexual interest assessments. Current interventions are geared towards addressing symptoms of deviant sexual interest, rather than root causes. This alternative approach involves impacting the nervous system from the inside out via activation of the Autonomic Nervous System (ANS) in conjunction with the limbic system. Approaching the intervention of deviant sexual interest in this way presents a new opportunity for the field of sex offense treatment.

**B6)** The Impact of Evidence-Based Practices on the Treatment and Management of Sex Offenders *Kelli Reynolds, MS Michelle Geng, MSSW* 

Within the field of sex offender treatment and management, the interest in evidence based practice is increasing. Establishing the degree to which provided services are effective is an essential part in improving public policies aimed at reducing the risk for future sexual re-offense by identified sex offenders. This presentation discusses current best practices for the treatment and management of adult sex offenders and juveniles who commit sexual offenses. In particular, the impact of Integrated RNR (RNR-I), post-conviction polygraph, cross over offending, juvenile registration and the treatment and management of young adult sexual offenders will be discussed.

### WORKSHOP DESCRIPTION

**B7)** Vicarious Trauma and Cumulative Career Stress Trauma-How Working with Sexual Offenders Impact Sexual Intimacy and Parenting Skills-Part Two Brenna Tindall, PsyD, CAC III

Jessica Bartels, PsyD

Raechel Alderete, BS

Angel Weant, BS

In this field, there are ongoing conversations, trainings, and workshops about vicarious trauma and how working with this population can negatively impact professional. However, it seems that there is a large gap in the areas of coverage as it relates to vicarious trauma (VT) and cumulative career stress trauma (CCST). It seems that a significant number of professionals have not addressed the specific impact hearing/reading/viewing sexually egregious information has on his/her own sexual intimacy and parenting. In some respects, there appears to be a general fear of that he/she will be viewed as incompetent professionally if he/she admits that they cannot compartmentalize their work and their professional life. As such, this training is meant to address this issue by helping educate professionals about the various forms in which vicarious trauma can manifest, with a particular emphasis on why working with sex offenders seems to negatively impact these two areas so significantly. In preparation for the original creation of this training, these presenters spoke to numerous stakeholders in this field. There were a significant number of professionals who agreed that 1) They have never talked about this topic with anyone, including their own partners. 2) They have often wished they could talk about it without fear of reproof/judgment. 3) They, in fact, viewed themselves as being incompetent because of their noticeable deficits in either parenting or sexual intimacy or both. They are afraid of discussing sexual intimacy issues, in particular, because of a fear of violating professional boundaries by discussing "sex." It is ironic that the very people who are attempting to rehabilitate sexual offenders and teach them healthy sexuality and good life skills such as parenting are, in fact, destroying their own relationships with their partners and children because they are not able to discuss the topic with anyone. This presentation includes a survey that was sent to professionals working with sex offenders. The data offers a unique lens into the private lives of professionals in this field, suggesting that a large number have stopped having sex, are sometimes having flashes of their client's offenses while having sex with their partner, will no longer view pornography or engage in non-normative sex, and are not able to talk about this with either their partners or anyone else because of embarrassment. In the same vein, the survey suggests that there are a large number of individuals who believe that they are behaving in an irrational manner with their children for fear of them being victimized. These specific issues (i.e., parenting and sexual intimacy) are part of a much larger context of professionals being under-trained about vicarious trauma and cumulative career stress trauma. Many seem to know what it is but are unable to recognize the signs that they may be impacted in unexpected ways. An important part of this training/workshop is fostering discussion by having small group break-outs to discuss our shared experience. The impact of this alone in addressing this issue was astonishing.

### WORKSHOP DESCRIPTION

**B8)** A Framework for the Judicious Use of the Polygraph for Juveniles who have Committed a Sexual Crime Jamie Yoder, PhD Christopher Lobanov-Rostovsky, LCSW Jesse Hansen, MPA (Invited)

Among professionals working with juveniles who commit sexual crimes, there is a clear chasm between proponents and opponents of post-adjudication polygraph testing. The debate has largely centered on ethical implications for its use with juveniles; its demonstrated utility as a treatment and supervision tool; or its ability to deter further sexual and non-sexual offenses (Ben-Shakhar, 2008; Grubin et al., 2004; Scott & Steinberg, 2008; Rosky, 2012). Such polarized views are further intensified by containment policy initiatives developed for adults that are often inadvertently handed down to juveniles. More expansive research efforts can advance knowledge on benefits and drawbacks of the polygraph test. Polygraph use for juveniles is an issue at the forefront of conversation in the state of Colorado, as the Colorado Sex Offender Management Board has evolved on positions. The evolution of the Colorado standards has been largely informed by external and inter-agency level research. As the state of the evidence underlying appropriate or best practices for youth with sexual behavior problems continues to unfold, the SOMB modifies their protocol accordingly. As such, they have used peripheral research base to apprise the standards. As a follow-up to the extant research base, and in effort to fill gaps in juvenile specific polygraph studies, they have conducted a state-level evaluation in Colorado to make further determinations and provide a framework for the judicious use of the polygraph. The Sex Offender Management Board conducted an internal test of differential polygraph outcomes to determine the usefulness of the test within the state of Colorado. The goal of the investigation was to evaluate the association between test results (significant reactions, non-significant reactions, or inconclusive) and disclosures; to determine if test results and disclosures was associated with the number of polygraph tests; and to test the effect of frequency of polygraph tests, test results, and youth disclosures on treatment completion, one-year sexual and non-sexual recidivism, three-year sexual and non-sexual recidivism, and five-year sexual and non-sexual recidivism. Using probation files of youth adjudicated of a sexual crime (N=62), and including relevant covariates, multiple regression models, an independent samples t-test, and a logistic regression were conducted. Results revealed that youths' significant reactions on a polygraph test were statistically significantly associated with more disclosures. Nonsignificant reactions, significant reactions, inconclusive results, and more disclosures were statistically significantly associated with more polygraph testing. Logistic regression results revealed youth with nonsignificant reactions were five times more likely to successfully complete treatment, but other test results and number of tests were not associated with recidivism outcomes.

### WORKSHOP DESCRIPTION

**B9)** Providing a Consistent Conceptual Framework for Assessment, Treatment and Risk Management Planning Christina Ortiz-Marquez, MA, LPC Colton McNutt, PsyD

This presentation is designed to provide a consistent structure for understanding a client's treatment needs and risk throughout all stages of clinical and supervisory services, which can assist in the implementation of the research based Risk, Needs, Responsivity Model. Providing a uniform system can improve client understanding of risk factors and treatment needs, and increase continuity of care. The session will review a 4 domain framework for the assessment, treatment, risk management and supervision components. We will also discuss three risk management targets that can enhance risk management planning. We will discuss each of the domains and provide examples of a treatment plan and a Risk Management Plan that follows the framework.

**B10)** Come Together: Ideas on Collaboration of Professionals and Promoting Success of Clients

Mona Murch, MA, LPC, CAC II

Tracy Senter, BA

Professionals who work with Sex Offenders in various capacities often find themselves 'doing their piece' of the Treatment/Supervision model with minimal interaction with other disciplines involved with these same clients along the way. In addition, Legislation has been passed regarding the rights of clients to avoid self-incrimination. Members of Community Supervision Teams seem to have varying opinions regarding the helpfulness of Polygraph Examinations in relation to the supervision and treatment of Sex Offenders. A survey will be sent statewide to Probation Officers, Treatment Providers, Evaluators, and Polygraph Examiners, in order to obtain their opinions regarding: 1) gaps missing within Community Supervision Teams; 2) how to balance the rights of clients versus the requirements of treatment; and 3) how Polygraph testing could be more helpful within the CST. Results and comments from this survey will be incorporated into the discussion topics of this Workshop.

**C11)** Attachment Styles and How They can Impact Treatment *Jennifer Leonard, MA, LPC Carey Boelter, MA, LPC* 

Attachment styles and characteristic is not a new concept, however, we often overlook it when working within this field. Bring it back to the basics; learn the four different attachment styles, how knowledge about others individual styles can increase therapeutic success, and how at times it does impact the choices others make. We will be using characters from Disney movies to highlight examples.

#### WORKSHOP DESCRIPTION

**C12)** A Balanced Approach: Treatment and Supervision Strategies to Reduce Risk and Address Client Needs from a Victim Centered Approach Angel Weant, BS

Missy Gursky, MA, LPC

Probation can be a difficult and intimidating process for offender and victims. Many times victims don't understand what probation supervision and treatment means, what it entails, and where they can receive information about the offender's status while participating in treatment and under probation supervision. This workshop will discuss the components of treatment and probation supervision for sex offenses. We take into consideration the risk and needs of offenders and the safety of victims to take a victim-centered approach to treatment and supervision utilizing appropriate assessments, and behavior based programming. Probation and treatment providers must collaborate to continually improve services for victims while maintaining a balanced approach to effectively supervise and treat offenders to promote behavioral change.

This workshop will provide some of the tools Colorado Probation and treatment agencies have developed to educate and inform victims relating to treatment and supervision and provide them information about the treatment contract and case management process. We will examine risk factors that are linked to reoffending behavior, various needs of the client, and identify appropriate responses through a collaborative approach.

Participants will become familiar with strategies to reduce risk and promote effective behavior change, from a victim-centered approach.

**C13)** Guns or Roses: Trauma- Informed Sex Offender Treatment *Gayle E. Christensen, MSW, LCSW Susan Wich, MSW, LCSW* 

Treatment with sexual offenders must always maintain a focus on issues of community safety and serving the needs of victim recovery. Yet, developments in understanding the impact of trauma also apply to those offenders who may be impacted by past trauma. Application of trauma informed principles to the treatment of sexual offenders in a way that maximizes the impact of treatment while not allowing the sexual offender to be themselves the victim is a challenge that the treatment field must balance. This presentation will identify pertinent trauma principles based on neuropsychological research developments, articulate clinical approaches effective with those who have themselves been traumatized, explore the role of mindfulness and body awareness in sex offender treatment, while seeking to maintain the focus of offender responsibility for their actions.

## WORKSHOP DESCRIPTION

### **C14)** US vs. Burns-Constitutional Right to Contact with Children *Christian Gardner-Wood, JD*

On December 30, 2014, a panel of the Tenth Circuit Court of Appeals issued its opinion in <u>United States of America vs. James Howard Burns</u>, 775 F.3d 1221, requiring particularized findings by a trial court to support a compelling governmental interest to restrict a sex offenders contact with their own child. Since this time, the SOMB, treatment providers, probation officers, attorneys, and judges have worked to determine the implications of this decision. This session will discuss the implications and requirements of <u>Burns</u> as well as discuss the SOMB's and Probation's response to this case. The session will also consider the broader implications of the right to familial association, specifically an offender's rights to contact with children other than their own biological children (grandchildren, nieces and nephews, siblings, etc.).

# **C15)** Applying Multicultural Competence Concepts to Sex Offender Assessment and Treatment: From Therapists' Responsibilities to Case Conceptualization *Alejandro Leguizamo, PhD*

This workshop will focus on the practical application of multicultural competence concepts. Participants will be provided with information as to how to apply Bonfrenbrenner's (1977) Ecological Model within the context Sue and Sue's (2015) Multicultural Compentencies. The presentation will be divided into factors that influence therapists' cultural sensitivity, knowledge of other cultures, and culturally sensitive therapeutic skills. Concepts will also be exemplified through the use of activities designed to help participants develop deeper understanding of cultural issues. Finally, participants will use the above models to conceptualize a sample case from a multicultural perspective.

# **D16)** The Case for Contact *Missy Berglund, BA Korey Elger, MSW*

The case for contact. How do you advocate for children to come in contact with offenders? How do you collaborate when agency goals misalign with the interest of your client? Join us for a lively discussion as we begin to generate solutions to these and other common interagency conversations.

### **D17)** Risk, Need, Responsivity & Adolescent Brain Development *Birgit M. Fisher, PhD*

Participants will be introduced to adolescent brain development and the implications on juvenile behavior and decision making. The old question "what works" will be addressed in the context of the risk, need, responsivity (RNR) model. Finally, childhood trauma will be addressed as a responsivity factor with a focus on its impact on the developing brain and the associated long-term emotional, cognitive and behavioral consequences.

### WORKSHOP DESCRIPTION

D18) Castaway: Rehabilitating Sexual Offenders

Erin Cooley, BS Chris Bogucki, BA Mario Mendoza, BA

Those that offend sexually often find themselves lost in an "ocean of shame." As professionals we can to help guide them "home" through a strategic rehabilitative process. Part of this process is reframing shame, which is counterproductive, to guilt. In this session participants will learn the difference between shame and guilt. Motivational Interviewing techniques and strategies will be instructed to provide participants with the tools to assist individuals in a rehabilitative process who are stuck and unable to move forward.

**D19)** Beyond Workbooks: Helping Offenders Create a Good Life Marianne Sandstrom, MA Mary Anne Avery, MA, LPC, CAC III Heather Lester, MA

Too many offenders plod through the phases of treatment, becoming skillful in their ability to say the "correct" responses in group and avoid attention and/or regression. Unfortunately, some offenders manipulate their way through treatment, but do not make real, sustained personal change. Without significant transformation, they graduate from treatment still humanly capable, under the right conditions, of reoffending.

This presentation provides participants with a series of concrete, step by step, time honed techniques that have consistently, predictably, led to transformative change in the moral fiber, character and life functioning of sex offenders. The techniques lend themselves to being individualized to meet the needs and address the risk levels of each offender. As offenders approach graduation, they demonstrate enhanced empathy and compassion for themselves and others, a deep sense of self respect, and a commitment to make amends for their wrongs by making their world a better place. They create and sustain an actual "Good Life" for themselves.

### **E20)** Is that Normal? Understanding Sexual Behavior of Children *Margaret Ochoa, JD*

As children discover their inborn sexuality, it is up to their adults to help them shape their identity, attitudes, beliefs and behaviors. All of these contribute to their interpersonal relationship skills, understanding of law and social conventions. So what is normal? What is problematic? What is abusive? This workshop helps answer these questions through the use of the curriculum developed by the Kempe Center, Department of Pediatrics, University of Colorado School of Medicine. Participants will apply the Kempe response model in small group discussion.

### WORKSHOP DESCRIPTION

**E21)** A Conversation: Online Offenders and RNR

Lee Oesterle, LCSW

Melissa Parkowski-Helmer, LCSW

Are computer/internet offenders different than hands-on offenders? Should they be treated differently than other offenders? What is their risk to be in the community? These are questions we plan to answer for the attendee. After having co-facilitated groups specifically for this population since 2008, we will present our outcomes for offenders in our computer specific offender groups. We will talk about our outcomes as well as the number of offenders who have been charged with a computer offense but also have hands-on victims. We will also discuss the challenges we face in managing their risk and ideas to address the RNR model of treatment.

#### E22) Trauma-Informed Treatment/Management of Offenders

Michelle Eddy, PsyD Susan Oehler, PsyD Maren Conway, MA

Given the significant long-term impact of childhood trauma and its prevalence among offenders, incorporation of trauma-informed care is an important element of evidence-based sex offender treatment. This interactive training will begin with a review of the principles of trauma-informed care, followed by a discussion of the current literature regarding the relationship between childhood traumas and offending behavior. An examination of trauma as a dynamic risk factor will be explored. Finally, ways to incorporate trauma-informed care into evidence-based sex offender treatment will be reviewed, and attendees will be encouraged to discuss their thoughts regarding the effectiveness of this program with sexual offenders.

### **E23)** FOUNDATIONS Curriculum for Intellectually Disabled Adults with Sexual Behavior Problems

Jacqueline S. Giamp, PhD

Adults having intellectual/developmental disabilities and sexual behavior problems (ID/DD SBP) are different from the "garden variety sex offender" and need to receive treatment in an individualized, humane, and effective manner. The purpose of this presentation is to teach professionals how to successfully integrate the FOUNDATIONS curriculum into their treatment programs for adults having intellectual/developmental and sexual behavior problems.

This Sexual Treatment Program is called FOUNDATIONS. FOUNDATIONS is a copy written curriculum designed to meet the needs of both adjudicated and non-adjudicated adults having intellectual/developmental disabilities and sexual behavior problems. This curriculum has been used with 78 intellectually disabled sex offenders implemented in settings requiring various levels of supervision. Of those men, the majority were single (97%), Caucasian (51%) and 68% were between the ages of 18-25. Seventy percent of these men had IQs that fell within the mild range (55-70). Eighty percent of these men carry Axis I diagnoses. Of the 78 men, 92% reported having been verbally abused, 32% neglected, 68% physically abused, and 57% sexually abused. The majority of these men (74%) have crimes involving children.

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