



COLORADO

School Safety Resource Center

Department of Public Safety

Best Practices in Addressing Suicide & Non-Suicidal Self-Injury

Suicide Resources:

❖ Colorado Department of Public Health and Environment

- Suicide Dashboard
- https://cohealthviz.dphe.state.co.us/t/HSEBPublic/views/CoVDRS_12_1_17/Story1?:embed=y&:showAppBanner=false&:showShareOptions=true&:display_count=no&:showVizHome=no#8

❖ Colorado School Safety Resource Center

- Warning Signs and Risk Factors
- http://cdpsdocs.state.co.us/safeschools/CSSRC%20Documents/CSSRC_Suicide_Risk_Factor_&_Warning_Signs_2019.pdf

❖ National Association of School Psychologists

- Comprehensive Suicide Prevention During Distance Learning
- [http://cdpsdocs.state.co.us/safeschools/Resources/Coronavirus_Disease_2019\(COVID-19\)/Comprehensive_School_Suicide_Prevention_COVID-19_FINAL.pdf](http://cdpsdocs.state.co.us/safeschools/Resources/Coronavirus_Disease_2019(COVID-19)/Comprehensive_School_Suicide_Prevention_COVID-19_FINAL.pdf)
- Model Suicide Policy
- <https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/mental-health-resources/preventing-youth-suicide/model-school-district-suicide-prevention-policy>

❖ SAMHSA

- Preventing Suicide: A Toolkit for High Schools
- <https://store.samhsa.gov/product/Preventing-Suicide-A-Toolkit-for-High-Schools/SMA12-4669>

Non-Suicidal Self-Injury Resources:

❖ Cornell University:

- ❖ Self-Injury and Recovery Resources
- ❖ <http://www.selfinjury.bctr.cornell.edu/about-self-injury.html>

❖ Mental Health America:

- Self-Injury (Cutting, Self-Harm or Self-Mutilation)
- <https://www.mhanational.org/conditions/self-injury-cutting-self-harm-or-self-mutilation>

❖ Batya Swift Yasgur, MA, LSA:

- Nonsuicidal Self-Injury: Proper Identification and Treatment
- <https://www.psychiatryadvisor.com/home/topics/suicide-and-self-harm/nonsuicidal-self-injury-proper-identification-and-treatment/>