



COLORADO

School Safety Resource Center

Department of Public Safety

2022 Colorado Safe Schools Summit October 20-21, 2022

**Adams 12 Conference Center
1500 E 128th Ave., Thornton, CO 80241
And Virtual**

In collaboration with:



CENTER FOR THE
STUDY AND PREVENTION
OF VIOLENCE



University of Colorado **Boulder**

2
safe tell
Colorado



WHEREAS, education is paramount to the future of our state and nation; and

WHEREAS, excellence in education and academic achievement is dependent on safe, secure, and respectful learning environments; and

WHEREAS, it is important for community leaders - public, private, law enforcement, fire safety, emergency management, business and non-profit - to join with educators and the Colorado School Safety Resource Center to help ensure that our schools remain safe and positive environments that are conducive to learning; and

WHEREAS, the observance of Safe Schools Month serves to remind us of the importance of safe school environments;

THEREFORE, I, Jared Polis, Governor of the state of Colorado, do hereby proclaim October 2022 as

SAFE SCHOOLS MONTH

in the state of Colorado.



GIVEN under my hand and the Executive Seal of the state of Colorado, this first day of October, 2022

A handwritten signature in blue ink that reads "Jared Polis".

*Jared Polis
Governor*

Acknowledgments

Colorado School Safety Resource Center, Colorado Department of Public Safety would like to thank the following agencies and organizations for helping make this summit possible:

- Adams 12 Five Star School District
- Bleu Sage Catering
- Center for Study and Prevention of Violence at the University of Colorado, Boulder
- Colorado Attorney General's Office, Safe2Tell®
- Colorado Department of Education
- Colorado Department of Human Services
- Colorado Department of Public Health and Environment
- Colorado Department of Public Safety, Colorado State Patrol
- Colorado Office of Suicide Prevention
- Colorado School District Self Insurance Pool
- Colorado Youth Detention Continuum
- Denver Public Schools
- Douglas County Schools
- Eating Disorder Care
- Ending Technology -Enabled Abuse
- Illuminate Colorado
- Johnny's Ambassadors
- Laboratory to Combat Human Trafficking (LCHT)
- Maryland Center for School Safety
- National Heritage Academies
- Nicoletti-Flater Associates
- Sources of Strength
- The I Love U Guys Foundation
- University of Colorado, Anschutz
- University of Indiana
- University of Northern Colorado

Special thanks to:

- The Honorable Jared Polis, Governor
- The Honorable Phil Weiser, Attorney General
- The Colorado Legislature
- Stan Hilkey, Executive Director of the Colorado Department of Public Safety
- Jana Locke, Deputy Executive Director of the Colorado Department of Public Safety
- Beverly Kingston, Director, Center for the Study and Prevention of Violence, University of Colorado, Boulder
- Stacey Jenkins, Director, Safe2Tell, Colorado Attorney General's Office
- Color Guard, Air Force JROTC, Westminster High School, Westminster Public Schools, Charles D. Sellers, Maj, USAF (ret)
- Patricia Billinger, PIO, Colorado Department of Public Safety



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Thursday, October 20, 2022

Schedule At-a-Glance

- 7:30 AM - 8:00 AM Check In and Continental Breakfast
Check in at the front desk and proceed to pick up breakfast items.
- 8:00 AM - 8:15 AM Welcome and Introductions
Opening Ceremony
Christine R. Harms, Director - Colorado School Safety Resource Center
Stan Hilkey, Executive Director - Colorado Department of Public Safety
Beverly Kingston, Director - Center for the Study & Prevention of Violence
Stacey Jenkins, Director - Safe2Tell, Office of the Colorado Attorney General
- 8:15 AM - 9:45 AM Plenary: **Ben Cort**
Marijuana Consultant & Author
Weed, Inc
Marijuana and Youth
- 9:45 AM - 10:00 AM Break
- 10:00 AM - 11:30 AM Plenary: **Adam Dodge, J.D.**
Director of Ending Technology -Enabled Abuse
Tech-Savvy Prevention and Outreach
- 11:30 AM - 12:15 PM Lunch Provided by Bleu Sage Catering
- 12:15 PM- 1:45 PM Plenary: **John Nicoletti, Ph.D.**
Police and Public Safety Psychologist
**The Role of Psychological Influence in De-Escalating Social And
Psychological Disruptions in a School Setting**
- 1:45 PM - 2:00 PM Break
- 2:00 PM -3:30 PM Plenary: **Anna Mueller, Ph.D.**
Luther Dana Waterman Associate Professor, Department of Sociology
University of Indiana
**Improving Suicide Prevention in Schools and Communities:
A Whole School, Whole Child Approach**

Please trade your completed evaluation from today for a certificate of attendance at the registration tables.

Friday, October 21, 2022

Schedule At-a-Glance

VIRTUAL ONLY

7:30 AM - 8:00 AM Virtual Sign On

8:00 AM - 8:15 AM Welcome and Introductions
Christine R. Harms, Director - Colorado School Safety Resource Center

8:30 AM - 9:30 AM First Break Out Session

| | |
|--------------------------------------|--|
| Option One - School Staff | Building a Comprehensive School Safety Framework: School Climate, Student Behavior, and Physical Security Sarah Goodrum University of Northern Colorado & Center for the Study and Prevention of Violence (CSPV) |
| Option Two - School Staff | Basics of Restorative Practices Kati Garner Colorado School Safety Resource Center |
| Option Three - Mental Health | 2021 HKCS: Youth Health Results Amid the Covid-19 Pandemic Emily Fine and Chelsie Covey Colorado Department of Public Health and Environment |
| Option Four - Mental Health | Coordinating District Crisis Response and Recovery in an Urban District Jane Lineman and Meghan Kimball Denver Public Schools |
| Option Five - Emergency Responder | News of the World: Mental Health Tips for Schools After a Tragic Event Ron Lee Colorado School Safety Resource Center |
| Option Six - Emergency Responder | Connections Matter Lisle Reed Adams 12 Five Star Schools |

9:30 AM - 9:45 AM Break

9:45 AM - 10:45 AM Second Breakout Session

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|---------------------------------|--|
| Option One - School Staff | Further Upstream: Suicide Prevention in Elementary Schools Matt Hofmeister Sources of Strength |
| Option Two - School Staff | What's New in Mandated Reporting? Margaret Ochoa Colorado School Safety Resource Center |
| Option Three - Mental Health | We All Have Bias: It's What We Do With it that Matters Colleen Gibley-Reed CU Anschutz |

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| Option Four - Mental Health | Eating Disorders: Roots and Response Kristin Canan and Brittany Sims EDCare |
| Option Five - Emergency Responder | Creating & Sustaining a Safe School Environment Brian Gard National Heritage Academies |
| Option Six - Emergency Responder | SRP/SRM Updates John-Michael Keyes The I Love U Guys Foundation |

10:45 AM - 11:00 AM Break

11:00 AM - 12:00 PM Third Breakout Session

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|---|--|
| Option One - School Staff | Racial and Ethnic Disparity Program Chelsea Pool Colorado Youth Detention Continuum |
| Option Two - School Staff | Dangers of Devices Jim Hott Maryland Center for School Safety |
| Option Three - Mental Health | An Overview of the Colorado Office of Suicide Prevention Lena Heilmann Colorado Office of Suicide Prevention |
| Option Four - Mental Health | Handle With Care Stephanie Crawford and Zac Hess Douglas County Schools |
| Option Five - Emergency Responder | Overdose in Colorado: Prevention and Reflections Sam Bourdon and Jericho Dorsey Colorado Department of Public Health and Environment |
| Option Six - Emergency Responder | Designing and Conducting Tabletop Exercises for your School Brad Stiles, Colorado School Safety Resource Center |

12:00 PM - 12:45 PM Lunch Break

12:45 PM - 1:45 PM Fourth Breakout Session

| | |
|---------------------------------|---|
| Option One - School Staff | A Punch in the Arm Colleen Gibley-Reed CU Anschutz |
| Option Two - School Staff | Lines in the Sand: Identifying and Addressing Boundary Violations - An Overview Sadie Rose-Pace Illuminate Colorado |
| Option Three - Mental Health | Crisis Response Guidelines for K-12 and Institutions of Higher Education Brad Stiles & Ron Lee Colorado School Safety Resource Center |
| Option Four - Mental Health | Engage-Calm-Distract: Understanding and Responding to Children in Distress Lynn Garst Colorado Department of Public Health & Environment |

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| Option Five - Emergency Responder | Basics of Restorative Practices Kati Garner Colorado School Safety Resource Center |
| Option Six - Emergency Responder | Human Trafficking of Youth in Colorado: How We Can Create a Community Response to Human Trafficking in Rural and Urban Colorado Kara Napolitano and Camerron Resener, Laboratory to Combat Human Trafficking (LCHT) |

1:45 PM - 2:00 PM Break

2:00 PM - 3:00 PM Fifth Breakout Session

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|--|---|
| Option One - School Staff | Further Upstream: Suicide Prevention in Elementary Schools Matt Hofmeister Sources of Strength |
| Option Two - School Staff | Human Trafficking of Youth in Colorado: How We Can Create a Community Response to Human Trafficking in Rural and Urban Colorado Kara Napolitano and Camerron Resener Laboratory to Combat Human Trafficking (LCHT) |
| Option Three - Mental Health | Overdose in Colorado: Prevention and Reflections Sam Bourdon and Jericho Dorsey Colorado Department of Public Health and Environment |
| Option Four - Mental Health | The Dangerous Truth About Today's Marijuana: Johnny Stack's Life and Death Story Laura Stack Johnny's Ambassadors |
| Option Five - Emergency Responder | Improving your school's culture and climate around Safe2Tell Brett Cogswell Safe2Tell |
| Option Six - Emergency Responder | Title IX Basics for SROs Rebekah Ottenbreit Colorado Department of Education |

**Ensure you complete the evaluation at the end of each session to
receive your certificate of completion!**

Thank you for joining us at the 2022 Summit!

Thursday, October 20, 2022

Session Details

7:30 AM - 8:00 AM **Check In and Continental Breakfast**
Check in at the front desk and proceed to pick up breakfast items.

8:00 AM - 8:15 AM **Welcome and Introductions**
Opening Ceremony
Christine R. Harms, Director, Colorado School Safety Resource Center
Color Guard, Air Force JROTC, Westminster High School, Westminster Public Schools
Instructor: Charles D. Sellers, Maj, USAF (ret)
Stan Hilkey, Executive Director, Colorado Department of Public Safety
Beverly Kingston, Director, Center for the Study & Prevention of Violence
Stacey Jenkins, Director, Safe2Tell, Office of the Colorado Attorney General

8:15 AM - 9:45 AM **Plenary**
Marijuana and Youth
Presenter: Ben Cort
Marijuana Consultant & Author
Weed, Inc.

Recent political changes in relation to marijuana are only part of the story. The publicized and politically charged world of drug policy has undergone immense changes over the past several years and those changes manifest not just in policy but also in the physical makeup of the cannabis plant and products derived from components of the plant. Not only has the perception of the plant changed, the actual plant itself has undergone dramatic changes as it has been industrialized and brought into a commercial market. As public opinion has softened towards cannabis the effects of consuming today's marijuana remain poorly understood.

9:45 AM – 10:00 AM **Break**

10:00 AM - 11:30 AM **Plenary**
Tech-Savvy Prevention and Outreach
Presenter: Adam Dodge
Director of Ending Technology -Enabled Abuse

Today, it is critical that our prevention and outreach efforts meet students where they are - on their devices and in online spaces. With so many challenges and new threats lurking online, it can be difficult to raise awareness about online safety and healthy relationships in a way that leans into empowerment, rather than fear. In this talk, Adam Dodge of EndTAB will break down how we can educate students about online risks, empower them to be more intentional about their digital safety and communicate actionable advice that will help students enjoy a safer and healthier online experience.

11:30 AM - 12:15 PM **Lunch**

12:15 PM - 1:45 PM **Plenary**

**The Role of Psychological Influence in De-Escalating Social
And Psychological Disruptions in a School Setting**

Presenter: John Nicoletti, Ph.D.

Police and Public Safety Psychologist

This plenary will provide actionable steps to anticipate conflict, identify potentially triggering language and behavior of people of concern, and assess them to determine best de-escalation techniques. Specific strategies to prevent or disrupt concerning situations will be presented, from environmental solutions to verbal methods.

1:45 PM – 2:00 PM **Break**

2:00 PM - 3:30 PM **Plenary**

**Improving Suicide Prevention in Schools and Communities:
A Whole School, Whole Child Approach**

Presenter: Anna Mueller, Ph.D.

Luther Dana Waterman Associate Professor, Department of Sociology
University of Indiana

Schools are widely recognized as a critical place for suicide prevention, and yet, schools often struggle to enact effective suicide prevention, particularly when resources are limited. Drawing on data from a collaborative (community-engaged) project with a Colorado school district and four high schools, this presentation will demonstrate how we can improve school suicide prevention strategies by leveraging existing strengths and systems that are already in place in many schools. By the end of this presentation, school staff will have increased information about (1) youth suicide and (2) how to prevent suicide in their schools, including actionable strategies for positive change.

3:30 PM **Adjournment**

Please trade your completed evaluation from today's sessions for a certificate of attendance at the registration tables.

Thank you!

Friday, October 21, 2022

Virtual Session Details

7:30 AM - 8:00 AM **Virtual Sign on**

8:00 AM - 8:30 AM **Welcome and Introductions**

Christine R. Harms, Director, Colorado School Safety Resource Center

8:30 AM - 9:30 AM **First Break Out Session**

1. **Building a Comprehensive School Safety Framework: School Climate, Student Behavior, and Physical Security**

Option 1 - School Staff

Presenter: Sarah Goodrum, Center for the Study and Prevention of Violence (CSPV)

Over the last 20 years, researchers, practitioners, and policy makers have consistently recognized the need for a comprehensive approach to school safety. Identifying the key components of a comprehensive approach and the ideal way to balance and implement those components, however, has proven challenging. To address this challenge, NIJ's Comprehensive School Safety Initiative (NIJ-CSSI) program awarded approximately \$246 million in grants to support nearly 100 research projects on school safety from 2014 to 2017. These NIJ-CSSI projects examined and evaluated a wide range of school safety programs and practices in the three key areas: (1) school climate, (2) student behavior, and (3) physical safety. To date, the Initiative has produced more than 150 publications and several web-based resources. This presentation summarizes and synthesizes the research, highlighting best practices for addressing and balancing the key components of a comprehensive approach to school safety.

2. **Basics of Restorative Practices**

Option 2 - School Staff

Presenter: Kati Garner, Colorado School Safety Resource Center (CSSRC)

This session will cover the background of restorative practices and what they are. We will also identify the purpose of restorative practices and why they should be used in the school community and classroom. Participants will also be given different strategies that they can use in the classroom and throughout the building.

3. **2021 HKCS: Youth Health Results Amid the Covid-19 Pandemic**

Option 3 - Mental Health

Presenter: Emily Fine and Chelsie Covey, Colorado Department of Public Health and Environment

The 2021 Healthy Kids Colorado Survey was administered 1.5 years into the Covid-19 pandemic- a crucial time to assess impacts on youth health and wellness. This session will highlight changes in the 2021 statewide data set

including improvements among most substance use indicators and growing areas of concern related to depression and stress. Participants will examine the protective factors that influence youth outcomes in each of these areas. We will also discuss the unprecedented push back to the 2021 HKCS and provide strategies you can use to support local data collection efforts in the future.

4. **Coordinating District Crisis Response and Recovery in an Urban District
Option 4 - Mental Health**

Presenter: Jane Lineman and Meghan Kimball, Denver Public Schools

The workshop will begin with an overview of an urban district's crisis response and recovery practices from a historical perspective. A review of how practices were realigned with the NASP PREPaRE model will be presented with consideration of the impact of COVID-19 and organizational restructuring. Lastly, a model to support implementation shifts in practices, including training, will be discussed to support recruitment and retention of team members and fidelity of practices within schools.

5. **News of the World: Mental Health Tips for Schools after a Tragic Event
Option 5 - Emergency Responder**

Presenter: Ron Lee, Colorado School Safety Resource Center

Whenever a shooting or natural disaster occurs, the unfiltered firsthand accounts of witnesses and first responders arrive at the doorstep of almost every school immediately. The level of secondary trauma that schools experience will largely depend on how safety teams handle the first 24 hours of the news. Here are 10 mental health tips for how to ground a school community after a tragic event. These tips include self-reflection, supporting your leadership and support teams, and making meaningful connections with your community stakeholders

6. **Connections Matter
Option 6 - Emergency Responder**

Presenter: Lisle Reed, Adams 12 Five Star Schools

This interactive workshop will focus on the power of connection circles and impromptu restorative conversations to foster a school climate in which youth and adults can thrive together! At the end of the workshop, participants will be able to describe the difference between conversation starters and conversation stoppers when working with youth, identify the components of and process for facilitating a connection circle, and pinpoint opportunities to use restorative language and explain how this is key in helping students advocate for their social-emotional needs.

9:30 AM - 9:45 AM **Break**

9:45 AM - 10:45 AM **Second Break Out Session**

7. **Further Upstream: Suicide Prevention in Elementary Schools
Option 1 - School Staff**

Presenter: Matt Hofmeister, Sources of Strength

There is a stark lack of suicide prevention programming at the elementary level. This session will introduce participants to the Sources of Strength Elementary model which brings the evidence-based protective factor framework of Sources of Strength to a universal elementary classroom-based curriculum. The elementary model enables Colorado schools to move further upstream in this life saving work and provide a continuity of care and a shared prevention framework for K-12 populations. The session will provide an overview of the strength-based prevention model and introduce participants to safe and effective strategies for engaging elementary age students in mental health promotion and suicide prevention efforts. The session will make use of presentation slides, audience participation, question and answer, and self-reflection strategies for audience engagement.

8. What's New in Mandated Reporting?

Option 2 - School Staff

Presenter: Margaret Ochoa, Colorado School Safety Resource Center (CSSRC)

In the 2022 legislative session, HB22-1240 teed up a task force to overhaul and clarify mandatory reporting requirements in Colorado. This presentation will provide participants with an overview of the task force's mandate (including an analysis of the disproportionate impact of reporting on people of color and other marginalized populations). Participants will hear a review of the existing requirements of state law with respect to reporting, as well as a primer on identifying different types of abuse, with a focus on sexual abuse.

9. We All Have Bias: It's What We Do With it that Matters

Option 3 - Mental Health

Presenter: Colleen Gibley-Reed, CU Anschutz

Because of unconscious bias, we tend to see an individual as a representation of a particular group, rather than as an individual. While we tend to favor, prefer, and associate positive characteristics with members of the groups to which we belong, we tend to associate negative characteristics with or disfavor members of groups to which we do not belong. These tendencies are the foundation of stereotyping, and prejudice and, ultimately, may result in discriminatory decisions or actions, even if those decisions or actions might not be what we consciously intend or acknowledge. This workshop will help you better understand your unconscious biases and give you tools to work to overcome them.

10. Eating Disorders: Roots and Response

Option 4 - Mental Health

Presenter: Kristin Canan and Brittany Sims, EDCare

Eating disorders are serious conditions that can have a profound mental and physical impact. This presentation will explore warning signs and symptoms of eating disorders, contributing factors and maintenance factors of eating disorders, and common misconceptions. The importance of early detection of eating disorders in children and adolescents will be highlighted. Presenters will

provide tools to help with early detection and resources available to providers in collaboration with school partners.

11. Creating & Sustaining a Safe School Environment

Option 5 - Emergency Responder

Presenter: Brian Gard, National Heritage Academies

A safe environment does not happen overnight or without intentional planning, execution and follow up. This presentation guides participants in understanding the importance of creating a safety vision, discovering barriers to achieving this vision, and developing successful strategies to succeed. Participants will apply tactics discussed to their own environment. They will identify “next steps” and leave the session with action items to improve the safety environment they lead.

12. SRP/SRM Updates

Option 6 - Emergency Responder

Presenter: John-Michael Keyes, The I Love U Guys Foundation

Introduces the concepts and history of the SRP and the SRM and what’s new in 2022. Understand the reasoning behind the programs, recognize how they can be used in managing daily operational school-based events and apply the updates to their organization.

10:45 AM – 11:00 AM **Break**

11:00 AM - 12:00 PM **Third Break Out Session**

13. Racial and Ethnic Disparity Program

Option 1 - School Staff

Presenter: Chelsea Pool, Colorado Youth Detention Continuum

Pueblo developed a multidisciplinary team to address the Racial and Ethnic Disparity in our youth serving agencies. We focused on the school district to reduce the number of school citations written to students and thus bringing them into the juvenile justice system. We created a matrix and supports for the schools in lieu of school citations. We reduced the number of citations from 450 in 2018-19 to 40 in the first half of this school year.

14. Dangers of Devices

Option 2 - School Staff

Presenter: Jim Hott, Maryland Center for School Safety

The Dangers of Devices presentation highlights the dangers involved with the use of technology and the devices we, and more importantly, our students, use to access that technology each day. The session will discuss the effects of Screen Time, Cyberbullying, Violence, and Instant Gratification, as well as other factors and how they negatively influence our students. It also features an open and honest discussion as to how these dangers affect adults as well.

15. An Overview of the Colorado Office of Suicide Prevention

Option 3 - Mental Health

Presenter: Lena Heilmann, Colorado Office of Suicide Prevention

This presentation offers audience members an opportunity to learn more about the Colorado Office of Suicide Prevention, including learning more about the work we support across the state; what a comprehensive suicide prevention is; recent trends in Colorado suicide-related data; the importance of centering equity and lived experience in prevention efforts; youth-specific suicide prevention strategies; and helpful resources to share with Colorado communities.

16. Handle With Care

Option 4 - Mental Health

Presenter: Stephanie Crawford and Zac Hess, Douglas County Schools

The Handle with Care Initiative started in WV through a partnership of the WV Children's Justice Task Force and the U.S. Attorney's Office for the Southern District of WV. Douglas County has formed and facilitates a thriving HWC program. This session will share a trauma informed approach that supports a child who may be experiencing a traumatic event and best practices for having Handle with Care within the schools. Lessons learned and tips will be shared regarding program implementation, challenges, and positive experiences. Perspectives from education, mental health, and law enforcement will be offered.

17. Overdose in Colorado: Prevention and Reflections

Option 5 - Emergency Responder

Presenter: Sam Bourdon and Jericho Dorsey, Colorado Department of Public Health and Environment

No community in Colorado has been left untouched by substance use and overdose. Substance use doesn't exist in a causal vacuum but is instead influenced by intersecting biological, psychological, and social factors. This presentation will provide an overview of Colorado's recent overdose and substance use trends while specifically addressing how to implement strategies such as harm reduction and evidence-based education with young people to reduce the risks associated with drug use. Participants will also learn how to administer and access naloxone, and organizations will receive an overview of overdose prevention resources at the state level, including the Naloxone Bulk Purchase Fund.

18. Designing and Conducting Tabletop Exercises for your School

Option 6 - Emergency Responder

Presenter: Brad Stiles, Colorado School Safety Resource Center

In order to enrich your school's safety it is imperative to test your emergency plans through exercising. This workshop will walk you through the steps necessary to create and conduct your own tabletop exercises. We will create materials during the workshop to jumpstart your exercise programming and you

will receive a toolkit and other resources to assist you in future exercise development.

12:00 PM - 12:45 PM **Lunch**

12:45 PM - 1:45 pm **Fourth Breakout Session**

19. A Punch in the Arm

Option 1 - School Staff

Presenter: Colleen Gibley-Reed, CU Anschutz

The term microaggression was coined by American psychiatrist and Harvard University professor, Chester M. Pierce in 1970 to name relatively slight, subtle, and often unintentional offenses that cause harm. Join us as we unpack different microaggressions, why they are problematic and how they impact members of historically marginalized groups. We will also discuss how to take action when you hear microaggressions from yourself or others in an effort to demonstrate allyship.

20. Lines in the Sand: Identifying and Addressing Boundary Violations – An Overview

Option 2 - School Staff

Presenter: Sadie Rose-Pace, Illuminate Colorado

A discussion of Illuminate Colorado's Lines in the Sand: Identifying and Addressing Boundary Violations. Clear boundaries and limits are something we learn over time, through interaction and accepted patterns of behavior. How do we ensure that when our boundaries, or those of children and youth are violated, we stop a negative pattern of behavior from being normalized? Through education, vigilance and clear communication, we can minimize opportunity for child and youth victimization. Lines in the Sand: Identifying and Addressing Boundary Violations was developed to add to the spectrum of Child Sexual Abuse prevention courses available in the community.

21. Crisis Response Guidelines for K-12 and Institutions of Higher Education

Option 3 - Mental Health

Presenter: Brad Stiles & Ron Lee, Colorado School Safety Resource Center

After convening experts from across the state who have dealt with unimaginable crises in educational settings, the Colorado School Safety Resource Center (CSSRC) recently released new Crisis Guidelines to help K-12 schools and institutions of higher education prepare for and respond to large-scale emergencies. The new Crisis Guidelines incorporate recommendations based on lessons learned from school tragedies in Colorado and across the country in an effort to prepare others for the possibility of one of these events. The guidelines also incorporate the input of K-12 and higher education school security experts, mental health providers, and crisis responders.

22. Engage-Calm-Distract: Understanding and Responding to Children in Distress

Option 4 - Mental Health

Presenter: Lynn Garst, Colorado Department of Public Health & Environment

Supporting children in distress can pose particular challenges for teachers and staff, whether responding to a disaster, a school emergency, an individual student crisis, or even in daily interactions. Children have unique physical differences, developmental needs, and distress reactions that educators may find difficult to address and can trigger even experienced teachers' own emotions, interfering with their information processing and decision-making abilities. Engage-Calm-Distract provides foundational material on pediatric distress and information on applying developmentally appropriate strategies, activities, and resources to reduce distress reactions through engaging, calming, and distracting children and their caregivers.

23. Basics of Restorative Practices

Option 5 - Emergency Responder

Presenter: Kati Garner, Colorado School Safety Resource Center

This session will cover the background of restorative practices and what they are. We will also identify the purpose of restorative practices and why they should be used in the school community and classroom. Participants will be given different strategies that they can use in the classroom and throughout the building.

24. Human Trafficking of Youth in Colorado: How We Can Create a Community Response to Human Trafficking in Rural and Urban Colorado

Option 6 - Emergency Responder

Presenter: Kara Napolitano and Camerron Resener, Laboratory to Combat Human Trafficking (LCHT)

The common narrative around human trafficking of youth is that it involves kidnapping and happens only to young females. We have to change this narrative because simply put, we are missing the issues. Law enforcement, educators, social workers, parents and foster parents must be trained to 'see' trafficking when it's happening right in front of them. In three rural regions of Colorado, we are building community-tailored responses to trafficking by inundating them with training; breaking down silos and building trust between systems; and cultivating sustainable partnerships. Join us to learn how we are supporting equitable and sustainable community responses to exploitation.

1:45 PM - 2:00 PM **Break**

2:00 PM - 3:00 PM **Fifth Breakout Session**

25. Further Upstream: Suicide Prevention in Elementary Schools

Option 1 - School Staff

Presenter: Matt Hofmeister, Sources of Strength

There is a stark lack of suicide prevention programming at the elementary level. This session will introduce participants to the Sources of Strength elementary model which brings the evidence-based protective factor framework of Sources of Strength to a universal elementary classroom-based curriculum. The elementary model enables Colorado schools to move further upstream in this life saving work and provide a continuity of care and a shared prevention framework for K-12 populations. The session will provide an overview of the strength-based prevention model and introduce participants to safe and effective strategies for engaging elementary age students in mental health promotion and suicide prevention efforts. The session will make use of presentation slides, audience participation, question and answer, and self-reflection strategies for audience engagement.

26. Human Trafficking of Youth in Colorado: How We Can Create a Community Response to Human Trafficking in Rural and Urban Colorado

Option 2 - School Staff

Presenter: Kara Napolitano and Camerron Resener, Laboratory to Combat Human Trafficking (LCHT)

The common narrative around human trafficking of youth is that it involves kidnapping and happens only to young females. We have to change this narrative because simply put, we are missing the issues. Law enforcement, educators, social workers, parents and foster parents must be trained to 'see' trafficking when it's happening right in front of them. In three rural regions of Colorado, we are building community-tailored responses to trafficking by inundating them with training; breaking down silos and building trust between systems; and cultivating sustainable partnerships. Join us to learn how we are supporting equitable and sustainable community responses to exploitation.

27. Overdose in Colorado: Prevention and Reflections

Option 3 - Mental Health

Presenter: Sam Bourdon and Jericho Dorsey, Colorado Department of Public Health and Environment

No community in Colorado has been left untouched by substance use and overdose. Substance use doesn't exist in a causal vacuum but is instead influenced by intersecting biological, psychological, and social factors. This presentation will provide an overview of Colorado's recent overdose and substance use trends while specifically addressing how to implement strategies such as harm reduction and evidence-based education with young people to reduce the risks associated with drug use. Participants will also learn how to administer and access naloxone, and organizations will receive an overview of overdose prevention resources at the state level, including the Naloxone Bulk Purchase Fund.

28. The Dangerous Truth About Today's Marijuana: Johnny Stack's Life and Death Story

Option 4 - Mental Health

Presenter: Laura Stack, Johnny's Ambassadors

Laura Stack's 19-year-old son, Johnny, died by suicide on November 20, 2019, after becoming delusional from dabbing high-THC marijuana concentrates. Soon afterward, Laura started a 501c3, Johnny's Ambassadors, to educate parents and teens about the dangers of today's high-THC marijuana on adolescent brain development, mental illness, and suicide. In this session, Laura will share the story of Johnny's marijuana addiction. Laura's real-life story is backed by recent scientific-based research on harms to youth who use today's ultra-potent THC products.

29. Improving Your School's Culture and Climate Around Safe2Tell

Option 5 - Emergency Responder

Presenter: Brett Cogswell, Safe2Tell

This presentation will focus on the founding principles of Safe2Tell which are to educate, encourage, equip, and empower students to make reports about things they may see or hear that cause them concern. We use these principles to foster a culture of empowerment surrounding Safe2Tell in school communities.

30. Title IX Basics for SROs

Option 6 - Emergency Responder

Presenter: Rebekah Ottenbreit, Colorado Department of Education

This session is aimed at clearing up misunderstandings regarding school and district Title IX roles and the role of School Resource Officers (SRO's). Participants will receive a basic overview of school and district responsibilities under Title IX of the Education Amendments of 1972, including what is covered under the Title IX umbrella of "sex-based discrimination" and the Title IX definition of "sexual harassment." Schools and districts have the responsibility to respond to sex-based harassment and prevent its reoccurrence, and they fulfill these responsibilities through local policies and procedures. This session will cover some of the ways schools and districts structure their Title IX response, with a specific focus on the differences between school and district Title IX responsibilities and the role of the SRO. This session will address common misunderstandings, pitfalls, and look fors.

3:00 PM

Adjournment

Ensure you complete the evaluation at the end of each session to receive your certificate of completion!

Thank you!

Plenary Speakers

Ben Cort

Ben's passion for recovery, prevention and harm reduction comes from his own struggle with substance abuse. Sober since 6/15/96, Ben has been a part of the recovery movement in almost every way imaginable; from a recipient to a provider to a spokesperson.

Mr. Cort is a board member for NALGAP (National Association of Lesbian, Gay Bisexual, Transgender treatment providers and their allies), a Board member at SAM (Smart Approaches to Marijuana) and faculty at numerous institutes. He is a published author (Weed) HisTED talk, "Surprising Truths about Legalizing Cannabis," has been viewed over 4 million times. Ben is CEO of The Foundry Steamboat Springs

Adam Dodge J.D.

As the founder of EndTAB (End Technology-Enabled Abuse), Adam's work is characterized by his dedication to addressing the existing and future threats posed by technology to youth and victims of gender-based violence. He has written and presented extensively on cyberstalking, technology-enabled abuse, non-consensual pornography and co-authored the first victim safety guide on the emerging threat of 'deepfake' pornography.

At EndTAB, Mr. Dodge spends a great deal of his time delivering innovative technology-enabled abuse training and presentations to organizations, nonprofits and governments around the world.

Anna Mueller, Ph.D.

Anna S. Mueller, PhD, is the Luther Dana Waterman Associate Professor in the Department of Sociology at Indiana University. She is the Principal Investigator of the Social Worlds & Youth Well-being Study which is a project that aims to identify effective, equitable, and sustainable strategies to prevent suicide in schools and their communities. In 2020, she was named one of Science News's Top 10 Early Career Scientists to Watch.

Her research on youth suicide has received numerous awards for its contribution to knowledge, including the Edwin Shneidman Early Career Award from the American Association of Suicidology. Her work is supported by grant funding from the National Institute of Mental Health, the American Foundation for Suicide Prevention, and the Western Colorado Community Foundation. She is passionate about helping schools, families, and communities find better ways to prevent suicide and to heal after suicide losses.

John Nicoletti, Ph.D.

Dr. Nicoletti has 40+ years providing service to numerous local state and national law enforcement and School Districts. Dr. Nicoletti's area of specialty includes, threat assessment, de-escalation of conflict and trauma recovery.

Most recently Dr. Nicoletti and the DeAngelis Foundation received a Grant from the Department of Homeland Security to provide training to school districts and college campuses on detecting and disrupting targeted violence and violent extremism. Dr. Nicoletti's publications include *Violence Goes to School*, and *Violence Goes to College*. He was a co-author of a document on assisting chiefs of police on safeguarding mental health after a mass casualty event. Dr. Nicoletti has responded to or assisted with over 12 mass violence events.

Presenters - Workshop & Breakout Speakers in Alphabetical Order

Sam Bourdon

Sam Bourdon is the Harm Reduction Grant Fund Coordinator at Colorado Department of Public Health and Environment and supports six Colorado communities as they work to reduce the harms associated with substance use and diversion from the criminal legal system. Sam's background includes direct service harm reduction, and she is passionate about advocating for the dignity, autonomy, and empowerment of people who use drugs.

Kristin Canan

As the current Clinical Director of EDCare, Kristin is an experienced leader in clinical program development, eating disorder treatment, trauma healing, suicide prevention, addiction recovery, and crisis intervention. Kristin has developed and directed eating disorder, substance use, and mental health programs at all levels of care across the United States and has spoken at national and international conferences. She also currently serves as a clinical assistant professor to ensure other professionals have the skills, resources, and support they need to effectively be able to show up for individuals through the journey of finding the healing every person deserves. Kristin believes that when we can listen to the inherent wisdom of our bodies and redevelop a trusting relationship with them that allows us to meet our needs in a different way. Deep healing is truly possible.

Brett Cogswell

Brett Cogswell is the trainer and outreach coordinator for Safe2Tell. She worked as a teacher in Denver Public Schools for 11 years. She is excited about her new role with Safe2Tell and the opportunity to work with teachers, administrators, and district personnel throughout the state of Colorado on this important topic of school safety through Safe2Tell training and outreach. Brett is passionate about creating a culture of empowerment surrounding Safe2Tell in school communities.

Chelsie Covey

Chelsie Covey is a recruitment & outreach coordinator for the Healthy Kids Colorado Survey and Smart Source at the Colorado School of Public Health. In this role, she supports school districts throughout survey administration, and provides training and technical assistance to schools and communities to help them put their data to use.

Stephanie Crawford

Dr. Crawford-Goetz is a school psychologist and licensed psychologist who has been working in schools for two decades. She serves as the Director of Mental Health for the Douglas County Schools. Stephanie is a proud graduate of Oklahoma State University with a Bachelor's of Science degree in Psychology, a Masters of Science degree in Applied Behavioral Studies, and a Ph.D. in Educational Psychology with a

Specialization in School Psychology. She also holds a principal certification from Lamar University in Texas.

Jericho Dorsey

Jericho Dorsey is the Naloxone Bulk Fund Coordinator at the Colorado Public Health and Environment Department. He works to increase access to naloxone in Colorado communities. Jericho grew up in Denver and is passionate about increasing equity in public health and harm reduction efforts.

Emily Fine

Emily Fine works as the School and Youth Survey Manager at the Colorado Department of Public Health & Environment (CDPHE). In this role, Emily works to center the voices of young people in youth health surveillance.

Brian Gard

Brian Gard has served 11 years as the Director of Safety for National Heritage Academies. In this role he oversees nearly 100 K- 12 schools in 9 states and he serves on the State of Michigan's School Safety Task Force and Commission.

Mr. Gard was runner up for Director of the Year award from Campus Safety Magazine. Prior to his career at the National Heritage Academies he spent 12 years as a police officer at Grand Rapids Police Department as well as five years on the response team and in the training bureau, on patrol and several other areas. He holds a Master of Management from Aquinas College.

Kati Garner

Kati Garner attended the University of Wyoming and obtained a Bachelor's degree in Secondary Education Social Studies. She taught high school history in Southwest Kansas before obtaining her Masters of Education in School Counseling and Licensed Professional Counseling from Southwestern Oklahoma State University. After working as a School Counselor in Southwest Kansas, , Ms. Garner returned to Colorado and joined the counseling staff at Grand Junction High School.

Before coming to CSSRC, she worked as the Mental Health and Crisis Coordinator for Mesa County Valley School District 51 in Grand Junction where she oversaw threat assessments, bullying, suicide risk assessments, and crisis response and acted as the district's Safe2Tell representative. She is a National Association of School Psychologists (NASP) PREPaRE Certified Trainer and a Mental Health First Aid Certified Trainer. As the Northwest Regional Training Consultant for the Colorado School Safety Resource Center, Ms. Garner provides services across the western half of the state.

Lynn Garst

Lynn Garst, M.Ed. serves as the Pediatric Disaster Coordinator at the Colorado Department of Public Health & Environment, helping improve the capability and capacity of the state to support children in disasters. During forty years in children's

mental health, he has worked in school, hospital, and community mental health settings focused on developing and improving treatment services to children, youth, and families.

A recognized expert in children and disasters, Mr. Garst has served in the leadership of the National Child Traumatic Stress Network and is the principal author of “Engage-Calm-Distract: Understanding and Responding to Children in Distress.”

Colleen Gibley-Reed

Colleen Gibley-Reed, MSW, LCSW, is the lead regional training coordinator for the Child Welfare Training System and is housed at the Northeast Regional Training Center in Fort Collins. Colleen is responsible for cultivating and managing effective working relationships with the counties in her region in an effort to respond to their professional development needs, as well as ensuring smooth training delivery experiences for learners and providers.

Prior to working for the Kempe Center, Colleen spent nineteen years with the Larimer County Department of Human Services. Her child welfare experience includes work in family preservation, ongoing child protection, foster and kinship care, staff training, and practice coaching. Colleen earned her BS in human development and family studies from Colorado State University in 1994 and an MSW with a clinical concentration in child welfare from the University of Denver in 2010. Colleen is designated as a licensed clinical social worker in the State of Colorado. In addition to working for the Kempe Center, she is currently an adjunct faculty member for the University of Denver, teaching at the Graduate School of Social Work.

Sarah Goodrum

Sarah Goodrum, Ph.D. is a Senior Research Associate in Violence Prevention with the Center for the Study and Prevention of Violence at the University of Colorado Boulder. Her co-authored Report on the Arapahoe High School Shooting, funded by The Denver Foundation, examined the lessons learned on violence prevention in schools. Dr. Goodrum has also co-authored reports for the National Institute of Justice on a comprehensive approach to school safety and the Colorado Attorney General's Office on the Colorado School Safety Guide.

Goodrum's other publications have appeared in the Journal of Threat Assessment and Management, Behavioral Sciences & the Law, Law & Social Inquiry, Symbolic Interaction, Sociological Spectrum, Sociological Focus, Criminal Justice Review, and International Journal of Social Research Methodology: Theory & Practice. Her book *After Homicide: Victims' Families in the Criminal Justice System* chronicles the experiences of families of murder victims from death notification to the trial, is available through Lynne Rienner Publishers (2019).

Lena Heilmann

Lena Heilmann (she/hers), Ph.D., M.N.M. is the Suicide Prevention Strategies Manager with the Colorado Office of Suicide Prevention at the Colorado Department of Public Health and Environment. She coordinates various youth and

young adult suicide prevention efforts, including a state Garrett Lee Smith (GLS) youth suicide prevention grant. Lena also leads the Office's postvention efforts, including supporting individuals and communities after experiencing a suicidal crisis, a suicide attempt, and deaths by suicide. Lena lost her sister Danielle to suicide in 2012, which is why she is so passionate about this work.

Zac Hess

Mr. Hess was in public education for over 15 years as a district administrator, middle school assistant principal, classroom teacher, and coach. Currently, he is the owner/CEO of Zac Hess-Strategic Prevention, LLC. His goal is to support schools and school districts with organizational strategic implementation and prevention best practices for adult and student mental and physical wellness. He believes that when communities prioritize well-being, the adults gain the capacity, skills and resources necessary to support themselves, as well as the children in that community.

Matt Hofmeister

Matt Hofmeister, LCSW, is a parent, foster parent, traveler, and live music fanatic. He has worked as a social worker for 15 years in community mental health, child protection, restorative justice, and school based mental health services. His passion in the field is to support adult wellness and a revisioning of how we, as a culture, view and interact with the concept of mental health and well being.

James Hott

The Maryland Center for School Safety currently employs James "Jim" Hott as a School Safety Specialist. In addition to having regional responsibility for over 150 Maryland schools, Jim is the agency lead for the yearly School Safety Conference and the co-creator and co-developer for the Maryland Model SRO/SSE training program. Jim is a certified Police Instructor through the Maryland Police and Correctional Training Commissions.

Before that, Jim served the citizens of Cumberland, MD for 26 years as a Police officer. He is an experienced Criminal Investigator Patrol Sergeant, School Resource Officer, and DARE Officer. While at the Cumberland Police Department, Jim also created the Cumberland Police Youth Summer camp and managed the camp until he retired. In 2015 Jim was honored to be recognized as the Maryland D.A.R.E. Officer of the Year.

John-Michael Keyes

Mr. Keyes has represented The "I Love U Guys" Foundation to districts, departments, agencies and organizations around the US and Canada. The Foundation offers proven school safety and crisis response programs that are being used in over 40,000 schools across the country.

Meghan Kimball

Meghan Kimball, EDS is Nationally Certified School Psychologist who currently is serving in the role of a Student Safety Coordinator for Denver Public Schools. She also coordinates the DPS District Crisis Recovery Team (DCRT) and supports the

coordination of suicide and violence prevention initiatives. She is a QPR Instructor, and serves on her district's Department Leadership Team.

Ron Lee

Ronald Lee, PsyD joined the CSSRC as the School Outreach Consultant in 2021. He brings over 25 years of experience working in public schools as a trained psychologist and educational administrator. These job positions included school psychologist, safety coordinator, special education assistant director, mental health services director, and security coordinator. Throughout his career, Dr. Lee has had primary duties building and training comprehensive school safety procedures and programs, as well as supporting K-12 school teams in those areas as a district administrator.

Jane Lineman

Jane Lineman, PhD and Alicia Franks Gibson, EdS are Nationally Certified School Psychologists in the role of Student Safety Coordinators with Denver Public Schools. Collectively, they have more than 30-years' experience supporting school communities. In their current role, they support suicide and threat prevention and response practices, discrimination prevention and response procedures, mandated reporting, and professional development on safety practices.

Kara Napolitano

Kara Napolitano is the Research and Training Manager at the Laboratory to Combat Human Trafficking (LCHT) based in Denver, Colorado. Kara holds an MA in International Human Rights Law from the University of Denver. She spent eight years working in Africa, the Middle East, and Asia, working with education-based NGOs in post-conflict areas. She was appointed to Governor's Colorado Human Trafficking Council Prevention Task Force in 2018 and the Equitable Access Task Force in 2022. For the last few years she has led training and education efforts at LCHT, training more than 20,000 professionals across rural and urban Colorado.

Margaret Ochoa

Margaret Ochoa, J.D., is the Child Sexual Abuse Prevention Specialist for the Colorado School Safety Resource Center. In that role, she provides resources for school personnel, students, and their communities to identify, prevent, and respond to sexual abuse and assault. She has trained thousands of youth-serving professionals on understanding and responding to the sexual behaviors of children, identifying and responding to sexually predatory behavior, satisfying statutory obligations to report abuse, juvenile sexting and dating violence prevention, and related topics.

Previously, Ms. Ochoa worked as an Assistant County Attorney in Jefferson County, Colorado. She was primarily responsible for dependency and neglect proceedings, and advised the Department of Social Services in every aspect of child protection. She earned her law degree from the University of Nebraska-Lincoln, as well as her Bachelor's Degree in Journalism.

Rebekah Ottenbreit

Rebekah Ottenbreit works as an English Language Development Specialist and as the Title IX State Coordinator at the Colorado Department of Education. In these roles, she supports Colorado schools and districts in fulfilling their responsibilities under Title IX of the Education Amendments of 1972 and in their development and implementation of English Language Development programming. Rebekah has worked in education for over 25 years and speaks three languages.

Chelsea Pool

Ms. Pool's experiences as a professional in education include 16 years of working with youth in Pueblo, District 60. Most of her career has been in the general education classroom, where she feels she has made the greatest impact. She has taught Kindergarten and third through fifth grade students, working closely with the gifted and talented population, as well as becoming the lead teacher of two ESS/ID programs.

She completed the Master of Arts Program in Educational Leadership, through Adams State College. After having the opportunity to do more administrative work for a couple years, she decided to return to the classroom. Implementing all that she learned through her master's program with young people she reports was a wonderful experience. By the end of the school year, her students were ready to take on the world.

Lisle Reed

Lisle Reed has been the Whole Child Initiatives Coordinator for Adams 12 Five Star Schools for the past six years. She started her career in public service in the U.S. Navy as a Chinese Translator and Training and Education Coordinator. After honorable discharge and subsequently moving to Colorado, Lisle quickly discovered a passion for working with youth, and spent eight years in Mapleton Public Schools as a 7-12 Leadership and Social Studies teacher and then a K-8 Assistant Principal.

In her current role, she oversees the district's Student and Family Outreach Program, McKinney-Vento Homeless Education Program, and Child Welfare Education Program, as well as Health & Wellness Initiatives and Restorative Practices. Lisle holds an M.Ed. in Educational Leadership from Colorado State University and is a certified Restorative Practitioner as well as a Positive Youth Development and Sources of Strength trainer.

Camerron Resener

Camerron Resener is the Human Trafficking Training and Technical Assistance Lead for the Colorado Human Trafficking Council where she writes curriculum and develops training alongside human trafficking subject matter experts, facilitates the Equitable Access Task Force, and works with communities to build capacity when addressing human trafficking. She has worked on human trafficking and anti-violence issues since 2009 with a variety of organizations in both direct services and think tank, earning degrees in Psychology from the University of Virginia and a

Masters in International Human Rights with concentrations in Human Trafficking and Research from the University of Denver..

Sadie Rose-Pace

Sadie Rose Pace was born and raised in Southwest Colorado. After a decade in victim advocacy she is delighted to work with communities in providing prevention support. She finds value in bringing a rural perspective to a conversation often dominated by a metro presence. Sadie Rose believes that through open dialogue our communities can creatively problem solve to discover the best solution for their unique populations.

Brittany Sims

Ms. Sims is a licensed professional counselor and certified eating disorder specialist working in the field of eating disorders since 2011. She has had the opportunity to work with Eating Disorder Warriors ranging from early childhood to mature adulthood at all levels of care. Brittany received her Bachelor's Degree in Sociology at the University of Colorado at Boulder and her Master's Degree in Counseling Psychology and Counselor Education at the University of Colorado at Denver (Go Buffs!).

Laura Stack

Laura Stack, MBA, CSP, CPAE is the Founder & CEO of the 501(c)3 nonprofit, Johnny's Ambassadors. Prior to her advocacy work, Laura was a 30-year award-winning professional speaker, spokesperson, and author with eight best selling productivity books. The devastating loss of her son by suicide gives Laura a powerful voice and a platform for change. Laura sees it as her responsibility to share Johnny's warning about his marijuana use to save other young lives. Laura's platform now brings marijuana education, awareness, and prevention curriculum around the globe to raise awareness of youth THC use, mental illness, and suicide. She presents live and virtual keynotes, breakout sessions, and training for parents, teens, schools, coalitions, and drug prevention conferences. By sharing Johnny's own warning about marijuana, Laura helps parents understand and talk to their children about the potential harms of today's marijuana. She is determined to start a movement to bring teen marijuana use, mental illness, and suicide into the spotlight and get adolescents to #StopDabbing.

Brad Stiles

Brad served for eight years in the U.S. Army as a Military Policeman and Combat Tactics instructor, before transitioning to the Jefferson County Sheriff's Office, as a Deputy Sheriff. Brad was assigned to many duties within the Sheriff's Office to include serving as a Field Training Instructor, a Crime Scene Technician, as a member of the Honor Guard, as an Academy Instructor and as a Planning Section member with the Jefferson County Incident Management Team (Type 3). As the Emergency Response Outreach Consultant at the Colorado School Safety Resource Center,, Brad has provided training to thousands on a variety of school safety topics.

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