

As part of our shared efforts to strengthen mental health supports in Colorado schools, the Colorado Department of Education's Project AWARE is partnering with the SOS Signs of Suicide team. The partnership will provide complimentary licenses for each school site for evidence-based suicide prevention programming for both students and staff that can be utilized during the 2025-2026 and 2026-2027 school years.

Choose one or both of these complimentary programs:

- **SOS Signs of Suicide:** Designed for grades 6-12, this 45-minute video-based classroom lesson teaches students how to identify signs of depression and suicide in themselves and their peers and how to seek help. No formal training is required for the adult delivering the lesson.
 - To explore the SOS portal and view available resources for students, staff, and families, simply click [here](#) and use the following login:
Username: Mindwise Demo **Password:** SOS*signs*of*Suicide26
- **SOS for School Staff:** A one-hour, self-guided interactive online training that gives every adult in your school the skills to recognize and support students at risk for suicide.

Again, one or both of these licenses are available **at no cost** for each middle and high school site and may be activated at any time **between now and September 19, 2025**. You will have access to the programming for the 25/26 and 26/27 school years. Complimentary licenses for two programs are contingent upon the availability and are being awarded on a first come first served basis.

This opportunity aligns with the CDE Project AWARE statewide goal to increase the capacity for quality evidence-based mental health services and suicide prevention efforts that are culturally responsive and trauma-informed in Colorado school communities. By equipping students and staff with the tools to recognize warning signs and seek help, we can build safer, more supportive environments for all learners.

If you're already familiar with SOS or know your school(s) would like to opt in, please complete this [Google Form](#). If you have any questions or would like to discuss how SOS can support your broader mental health efforts, feel free to reach out to me directly.

Be Well!

Michelle C. Hart

Suicide & Crisis Program Specialist

MindWise Innovations - www.MindWise.org / *Powered by Riverside Community Care*

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