



Virtual Student/Staff Summit 2021

Tuesday – December 7, 2021

Hosted by the Colorado School Safety Resource Center

AGENDA

9:30 am - 9:45 am

Welcome

Christine R. Harms, Director, Colorado School Safety Resource Center
Introduction of YES² Team
Margaret Ochoa, Child Sexual Abuse Prevention Specialist and
Ron Lee, School Outreach Consultant, CSSRC

9:45 am - 11:00 am

PLENARY: Associations Among Adolescent Bullying, Sexual Harassment, & Relationship Violence

Dorothy Espelage, Ph.D.

University of North Carolina at Chapel Hill

Adolescent bullying continues to be a major focus of scholarship across the globe with 1,585 published articles in the last decade. This workshop will include discussion of the longitudinal studies of the bully-sexual violence pathway (Bully-SV pathway) where bullying serves as a precursor for sexual violence (e.g., sexual harassment, sexual coercion, sexual assault) and teen dating violence via individual and socio-contextual mediators. Potential mechanisms underlying the bully-sexual violence pathway include social dominance orientation, exposure to sexual education, and alcohol use etc. Several school-based intervention approaches have evidenced marginal success in reducing rates of bullying and SV by targeting factors undergirding both behaviors and these will be reviewed in this webinar.

11:00 am - 11:10 am **BREAK**

11:10 am - 12:10 pm **How Adults Make School Welcoming**

Ron Lee, Psy.D., Facilitator

YES² Students: Annabelle, Isaac, Meron, and Tess

This panel of YES² students will discuss their observations of school staff behaviors that create a feeling of connectedness in schools. Conversely, they will give advice on what *doesn't* work, in their experiences. Dr. Lee will moderate this amplification of the youth perspective, which will aid participants in promoting successful simple day-to-day interactions, as well as formal programming, to improve culture and climate in their own schools and districts.

12:10 pm - 12:40 pm **LUNCH**

12:40 pm - 1:40 pm **Healthy Relationships**

Margaret Ochoa, J.D., Facilitator

YES² Students: Isabel and Hope

Healthy relationships are the foundation of all violence prevention efforts. This workshop will help students determine whether the relationships in their lives (with family, friends, and romantic partners) are the best they can be. Participants will discuss unhealthy interactions and their consequences, and learn where to seek resources if they spot warning signs.

1:40 pm - 1:50 pm **BREAK**

1:50 pm - 2:50 pm **Individual Wellness**

Kati Garner, MA, Facilitator

YES² Students: Hannah

Within the pandemic environment, students are grieving and feeling more isolated than ever. Add the disruptions of TikTok challenges and adult divisions, and it is clear that it's time to take a break and infuse some wellness practices. Kati and the YES² Team will introduce and practice some mindfulness strategies to ground ourselves as we navigate into the holidays and 2022.

2:50 pm - 3:00 pm **WRAP UP**

Please complete your evaluations and email them to

Melissa.Rubeo@state.co.us

Thank you for participating and spending your day with us.

Watch for the next Student/Staff Summit next December.

Take care!



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Presenters in Alphabetical Order

Dorothy L. Espelage, Ph.D.

Dorothy L. Espelage, Ph.D., is William C. Friday Distinguished Professor of Education at the University of North Carolina. She is the recipient of the APA Lifetime Achievement Award in Prevention Science and the 2016 APA Award for Distinguished Contributions to Research in Public Policy, and is a Fellow of APS, APA, and AERA. She was recently elected to the National Academy of Education and awarded the SPR Prevention Science Award in 2020. She earned her Ph.D. in Counseling Psychology from Indiana University in 1997. Over the last 22 years, she has authored over 230 peer-reviewed articles, seven edited books, and 80 chapters on bullying, homophobic teasing, sexual harassment, dating violence, and gang violence. Her research focuses on translating empirical findings into prevention and intervention programming and she has secured over 15 million dollars of external funding. She advises members of Congress and Senate on bully prevention legislation. She conducts regular webinars for CDC, NIH, and NIJ to disseminate research. She has conducted randomized clinical trials to evaluate K-12 social-emotional learning programs to reduce youth aggression, peer-led interventions to address sexual violence and suicidal behaviors, and virtual reality-based bully prevention programs. Findings of her research are guiding state, national, and international efforts to prevent youth violence and promote positive school climates. She authored a 2011 White House Brief on bullying among LGBTQ youth and attended the White House Conference in 2011, and has been a consultant on the stopbullying.gov website and consultant to the National Anti-bullying Campaign, Health Resources and Services Administration (HRSA) in the U.S. Department of Health and Human Services (HHS). She has presented multiple times at the Federal Partnership to End Bullying Summit and Conference. She is a consultant to the National Institutes of Health Pathways to Prevention Initiative to address bullying and youth suicide. Dr. Espelage has appeared on many television news and talk shows, including The Today Show; CNN; CBS Evening News; The Oprah Winfrey Show, Anderson, Anderson 360 and has been quoted in the national print press, including Time Magazine, USA Today, People, Boston Globe, and the Wall Street Journal. Her dedicated team of undergraduate and graduate students are committed to the dissemination of the research through various mechanisms.

Kati Garner, M.Ed

Kati Garner attended the University of Wyoming and obtained a Bachelor's degree in Secondary Education Social Studies. She taught high school history for three years in Southwest Kansas before obtaining her Masters of Education in School Counseling and Licensed Professional Counseling from Southwestern Oklahoma State University. After working as a School Counselor in Southwest Kansas for six years, Ms. Garner returned to Colorado in 2016 and joined the counseling staff at Grand Junction High School. She most recently worked as the Mental Health and Crisis Coordinator for Mesa County Valley School District 51 in Grand Junction where she oversaw threat assessments, bullying, suicide risk assessments, and crisis response and acted as the district's Safe2Tell representative. She is a National Association of School Psychologists (NASP) PREPaRE Certified Trainer and a Mental Health First Aid Certified Trainer. As the Northwest Regional Training Consultant for the Colorado School Safety Resource Center, Ms. Garner provides services across the western half of the state.

Ron Lee, Psy.D.

Dr. Lee has worked as a school psychologist and school administrator in Colorado public schools for 28 years. As a school psychologist, he was primarily responsible for direct mental health service support for students, families, and staff in a high school setting. These services included suicide risk assessment, threat assessment, crisis response & recovery, and special education. As a school administrator, he held various district-level positions; including director of mental health services, coordinator of school safety, district truancy officer, assistant director of special education, racial equity trainer, manifestation determination facilitator, and district security coordinator. In his current role as School Outreach Consultant for the CSSRC, he provides training and support for K-12 schools and higher education in regards to various concerns involving psychological safety. He earned his doctorate degree in clinical psychology from the University of Denver, and his Bachelor of Science degree in education and psychology from Tufts University. He is licensed in the state of Colorado as a clinical psychologist, school psychologist, and K-12 school administrator.



COLORADO
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Department of Public Safety

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Margaret Ochoa, J.D.

Margaret Ochoa is the Child Sexual Abuse Prevention Specialist for the Center. She provides resources for school personnel, students, and their communities to identify, prevent, and respond to sexual abuse and assault. Since she joined the team in 2016, she has trained thousands of youth-serving professionals on understanding and responding to the sexual behaviors of children, identifying and responding to sexually predatory behavior, satisfying statutory obligations to report abuse, and juvenile sexting and dating violence prevention. Related to these safety concerns, Ms. Ochoa also trains on Cyber Safety and Threat Assessment. Previously, Ms. Ochoa worked as an Assistant County Attorney in Jefferson County, Colorado, where she represented the Department of Human Services in all aspects of child protection.