

**COLORADO** School Safety Resource Center

Department of Public Safety

# 2021 Colorado Safe Schools Summit October 21 & 22, 2021

Virtual Event

In collaboration with:



CENTER FOR THE STUDY AND PREVENTION OF VIOLENCE







WHEREAS, education is paramount to the future of our state and nation; and

WHEREAS, excellence in education and academic achievement is dependent on safe, secure, and respectful learning environments; and

WHEREAS, it is important for community leaders - public, private, law enforcement, fire safety, emergency management, business and non-profit - to join with educators and the Colorado School Safety Resource Center to help ensure that our schools remain safe and positive environments that are conducive to learning; and

*WHEREAS, the observance of Safe Schools Month serves to remind us of the importance of safe school environments;* 

THEREFORE, I, Jared Polis, Governor of the state of Colorado, do hereby proclaim October 2021 as

#### SAFE SCHOOLS MONTH

in the state of Colorado.



GIVEN under my hand and the Executive Seal of the state of Colorado, this first day of October, 2021

Jared Polis Governor

### THANK YOU to our sponsor





# Core Values

#### Vision

As a member-owned insurance pool, we will be a superior provider of insurance coverages and risk management resources for our members.

#### Mission

We will be the leader by providing to our Members a broad spectrum of insurance. We will act with integrity and treat our members equitably and with respect. We will provide reliable, effective and useful risk management consulting services and training to our Members.



# History of The Pool

Created by Colorado School Districts, for Colorado School Districts

The origins of the Colorado School Districts Self Insurance Pool (CSDSIP) date back to 1981, when Colorado state regulators authorized the organization's creation. Initially comprised of the Littleton, Cherry Creek, Denver, Windsor, Del Norte and Siebert school districts, CSDSIP's formation was a direct response to shortcomings in the commercial insurance market.

Within four years, membership jumped to 70 school districts, and the CSDSIP Board of Directors initiated a capital contribution campaign to build up the organization's reserves. Bolstered by the resulting financial stability, which continues through today, CSDSIP turned its focus to developing additional and enhanced products, services and training that fulfill its Members' varied needs.

In 1997, CSDSIP became a self-administered pool – a move that provided heightened control over processes, costs and operations. Meanwhile, the organization formalized the practice of returning excess contributions to Members via dividends or reduced contribution levels. Reinforced by its sound financial footing and proven operational expertise, the organization spent the first years of the 21st century sharpening service efforts, refining product offerings and ensuring the financial stability of our Members.

If you are interested in more information about CSDSIP, <u>contact us</u> today.

# Thursday, October 21, 2021 Schedule At-a-Glance

7:30 AM – 7:45 AM	Welcome and Introductions
	Christine Harms MS, Director, Colorado School Safety Resource Center, Colorado Department of Public Safety
	Beverly Kingston, Ph.D., Director and Senior Research Associate, Center for the Study and
	Prevention of Violence, University of Colorado, Boulder
	Breahna Miller, Risk Control Consultant, Colorado School District Self Insurance Pool
7:45 AM – 9:15 AM	Plenary: Helping Children Who Are Grieving
	David Schonfeld, M.D., FAAP
	Executive Director of the National Center for School Crisis & Bereavement

9:15 AM – 9:25 AM Break

Time	Option 1 Schools	Option 2 Mental Health	Option 3 Emergency Responders
9:25 AM – 10:40 AM	Using Data to Make Measurable Systemic Change	By the Numbers: The State of Middle School Bullying in Colorado	Due Process for Students
	Rocio "Row" Padilla, District 49	Adam Collins, Alicia Bowyer, and Lauren Cikara, CDE	Jeff Genger, Adams 12
10:40 AM – 10:50 AM	BREAK	BREAK	BREAK
10:50 AM – 12:05 PM	Safe Communities Safe Schools: Using Practical Tools when Implementing a Comprehensive Approach to School Safety	Health Inequities and the Impact of COVID-19: Results from the 2020 Healthy Kids Colorado Survey Supplement Cohort Study	Designing and Conducting Tabletop Exercises for Your School
	Beverly Kingston and Amanda Matthews, CSPV	Emily Fine & Christine Mulitauopele, CDPHE	Brad Stiles, CSSRC
12:05 PM – 12:35 PM	LUNCH	LUNCH	LUNCH
12:35 PM – 1:50 PM	More Than Sex and STI's: Anti- Oppressive, Comprehensive Human Sexuality Education (CHSE)	Implementing Suicide Postvention Policies in Your School/District	Human Trafficking of Youth in Colorado: What Does It Look Like and How Do We Respond?
	Deja Moore and Re Gupta, CDPHE	Lena Heilmann and Kirstin Hoagland, CDPHE	Kara Napolitano, Laboratory to Combat Human Trafficking
1:50 PM – 2:00 PM	BREAK	BREAK	BREAK
2:00 PM – 3:15 PM	Strategies for Building Ongoing Collaborative Responses to Traumatic Events at School Kris Schell, Centennial Mental Health; Lonnie Brungardt, Merino Jr/Sr High School; and Megan Wolf, NE BOCES	Social Emotional Learning Within the Context of the MTSS Framework Bill Brown, CDE	Second Chance – Addressing Youth Tobacco and Electronic Nicotine Use through Non-Punitive Approaches Amanda Nichols, RMC Health
3:15 PM – 3:20 PM		Remarks from Governor Polis	

# Friday, October 22, 2021 Schedule At-a-Glance

7:30 AM – 7:45 AM	Welcome and Introductions Christine Harms MS, Director, Colorado School Safety Resource Center, Colorado Department of Public Safety Stacey Jenkins, Director, Safe2Tell
7:45 AM – 9:15 AM	Plenary: Closing the Gap—Perceptions & Reality of Youth Substance Use Kent MacLennan, M.Ed., Executive Director of Rise Above Colorado

9:15 AM – 9:25 AM Break

Time	Option 1 Schools	Option 2 Mental Health	Option 3 Emergency Responders
9:25 AM – 10:40 AM	Lessons Learned and Best Practice Strategies for Engaging Youth and Parent Voice in Schools	Advocates for ALL Youth	High Functioning Safe2Tell Teams
	Brittney Fraumeni, PCMH	Jill Kaar, University of Colorado Anschutz Medical Campus	Mark Lanning, Safe2Tell
10:40 AM – 10:50 AM	BREAK	BREAK	BREAK
10:50 AM – 12:05 PM	Filling The Gap: Intervention for Youth Who Use Abusive Behaviors in Relationships	PREPaRE'ing with Fidelity	Transforming School Discipline Through a Trauma Informed Lens
	Jesse Hansen, CDPS, Monica Bies, UC Denver, and Margaret Ochoa, CSSRC	Shannon Devlin, and Michelle Scallon Weld RE4	Royce Tranum, San Juan BOCES
12:05 PM – 12:35 PM	LUNCH	LUNCH	LUNCH
12:35 PM – 1:50 PM	How a Sense of Belonging In School Increases Engagement for At-Risk Youth	Actualizing Support for Gender Expansive & LGBTQIA+ Students: What's in the Toolbox?	SRO Data Collection- Define Your Narrative Through Data Commander Tim Reed and
	Rebecca Knighton and Andrea Pulskamp, CDE	Zoya Sarow, One Colorado	Officer Kelly Jacobsen, Westminster Police Department
1:50 PM – 2:00 PM	BREAK	BREAK	BREAK
	Sustainable Wellness: What Is It and How Do We Do It?	Families are Overwhelmed	Today's Marijuana and the Adolescent Brain
2:00 PM – 3:15 PM	Sarah Killion and Frannie Warren, Aurora Public Schools	Tiffany Jones, Anne Williford, and Devin Duncan, CSU School of Social Work	Jesse Hinckley, MD University of Colorado, and Julie Dreifaldt, One Chance to Grow Up (formerly Smart Colorado)

# Thursday, October 21, 2021 Session Details

#### 7:30 AM – 7:45 AM Welcome and Introductions

Christine Harms, Director, CSSRC, Colorado Department of Public Safety Beverly Kingston, Ph.D., Director and Senior Research Associate, Center for the Study and Prevention of Violence, University of Colorado, Boulder Breahna Miller, Risk Control Consultant, Colorado School District Self Insurance Pool

7:45 AM – 9:15 AM **Plenary** 

### Helping Children Who Are Grieving

### David Schonfeld, M.D., FAAP

### Executive Director, National Center for School Crisis & Bereavement

This session will provide practical advice on how to support grieving students in general. A wide range of topics will be covered, including what not to stay, considerations related to grief across different cultures, how to initiate conversations with grieving students, identifying and addressing guilt, appropriate academic accommodations, managing grief triggers, commemoration and memorialization after school crisis, and addressing grief during the holidays. The unique challenges of supporting students still impacted by grief from the COVID-19 pandemic, as well as free resources for addressing these challenges from the Coalition to Support Grieving Students, will be shared.

9:15 AM – 9:25 AM Break

### 9:25 AM - 10:40 AM First Breakout Session

### 1. Using Data to Make Measurable Systemic Change Presenter: Rocio "Row" Padilla, District 49

This session will focus on data collection methods used at Remington Elementary School to measure the effectiveness of behavioral supports. We will focus on how behavioral data can be used to create systemic change and support the implementation of Restorative Practice, Social Emotional Learning, Positive Behavioral Interventions and Supports (PBIS). This session is for those who want to learn how to use data to identify behavioral needs, create goals, and improve school climate.

# 2. By the Numbers: The State of Middle School Bullying in Colorado Adam Collins, Alicia Bowyer, and Lauren Cikara, CDE

Since the adoption of Colorado's Anti-Bullying law (HB-1254) ten years ago, districts and schools have adopted policies, programs, and conducted trainings to help reduce the incidents of bullying in their schools. This session will highlight results from two complementary efforts: the Healthy Kids Colorado Survey (HKCS) and Smart Source. Smart Source is an inventory of best practices in school health that districts and schools use to help inform next steps in navigating bullying prevention efforts. We will also review current statewide bullying prevention efforts and practices that are supported by the CDE Bullying Prevention and Education Grant.

# 3. Due Process for Students

### Jeff Genger, Adams 12

This workshop is going to cover the different steps of Due Process. We will talk about the idea of Reasonable Suspicion v. Probable Cause. We will cover TLO v. New Jersey. We will look at many case studies that will provide strategies to provide solid due process practices when the situation presents itself in a school setting.

### 10:50 AM – 12:05 PM Second Breakout Session

# 1. Safe Communities Safe Schools: Using Practical Tools when Implementing a Comprehensive Approach to School Safety

### Beverly Kingston and Amanda Matthews, CSPV

The SCSS model seeks to build schools' capacity in creating safe environments for students and staff. This presentation will review some of the tools included in the model designed to support practitioners in both visualizing their current school safety systems and integrating data into action planning. Using these processes and tools, schools find consensus on where they should move to action to address needs and gaps related to school climate, culture, and safety. It is crucial that prevention efforts engage school communities in strategic, data-driven, and collaborative processes.

# 2. Health Inequities and the Impact of COVID-19: Results from the 2020 Healthy Kids Colorado Survey Supplement Cohort Study

### Emily Fine & Christine Mulitauopele, CDPHE

In this session, we will share youth health outcomes and behaviors from the 2020 Healthy Kids Colorado Survey (HKCS) Supplement: COVID-19, specifically identifying health disparities among young people, contextualizing the disparities using an equity lens, and highlighting the collaborative effort of the Colorado School of Public Health (CSPH), Colorado Department of Public Health and Environment, and local school communities in data to action stories.

### 3. Designing and Conducting Tabletop Exercises for Your School Brad Stiles, CSSRC

In order to enrich your school's safety it is imperative to test your emergency plans through exercising. This workshop will walk you through the steps necessary to create and conduct your own tabletop exercises. We will create materials during the workshop to jumpstart your exercise programming and you will receive a toolkit and other resources to assist you in future exercise development.

12:05 PM - 12: 35 PM**Lunch** 

### 12:35 PM – 1:50 PM Third Breakout Session

1. More Than Sex and STI's: Anti-Oppressive, Comprehensive Human Sexuality Education (CHSE) Deja Moore and Renu (Re) Gupta, CDPHE

CHSE is known to improve youth sexual health and reduce unintended pregnancy, but what about suicide, bullying, and sexual violence? This session will explore how CHSE policies and instruction, with a focus on anti-oppressive CHSE that centers a racial equity and social justice framework, can be used to mitigate risks. Presenters will discuss the research behind CHSE, core components of instruction, and available resources to support implementation such as inclusive policy assessments and adapted curricula tools to meet the needs of queer youth, youth of color, youth experiencing disabilities, and others traditionally left out of sex education.

### 2. Implementing Suicide Postvention Policies in Your School/District Lena Heilmann and Kirstin Hoagland, CDPHE

This workshop will provide an overview of best practices regarding suicide postvention (after a suicide attempt or suicide death) policies for your school/district using evidence-informed resources, such as the SAMHSA "After a Suicide: A Toolkit for Schools, 2nd ed." Lena and Kirstin will lead a mini workshop toward the end of this session for attendees to begin working collaboratively on a postvention policy template. There will be time for discussion and sharing of lived experiences and lessons learned.

### 3. Human Trafficking of Youth in Colorado: What Does It Look Like and How Do We Respond? Kara Napolitano, Laboratory to Combat Human Trafficking

This presentation will explore the root causes of labor and sex trafficking of youth in Colorado, as well as the myriad of intersecting identities, vulnerabilities, and social and systemic inequalities that can lead to trafficking. Survivors of trafficking may also be victims of child abuse or domestic violence, they may be experiencing homelessness, mental illness or substance misuse. Understanding root causes and complex trauma is key to recognizing the crime in its many forms. Participants will learn: How to identify human trafficking situations; How to connect to local resources and develop protocols to protect youth and; Mandatory reporting requirements.

### 1:50 PM – 2:00 PM Break

### 2:00 PM – 3:15 PM Fourth Breakout Session

### Strategies for Building Ongoing Collaborative Responses to Traumatic Events at School Kris Schell, Centennial Mental Health; Lonnie Brungardt, Merino Jr/Sr High School; and Megan Wolf, NE BOCES

This workshop will provide an overview of the strategies and processes used in an ongoing collaborative effort between Centennial Mental Health Center's Prevention Team; NE Colorado BOCES staff; NE Colorado BOCES Member School staff and the Colorado School Safety Resource Center to develop a Coordinated School Response Protocol for schools experiencing traumatic events.

### 2. Social Emotional Learning Within the Context of the MTSS Framework Bill Brown, CDE

Both research and evidence-based practice clearly show the strong connection between Social Emotional Learning (SEL), behaviors and academic learning. Social-emotional skills are critical for students' learning, their readiness for college and careers, and their future success. SEL is part of establishing a positive school climate and culture and is highly compatible with the MTSS/PBIS Framework. This presentation will provide participants with basic knowledge about SEL and how SEL can be implemented across a layered continuum of supports (MTSS).

### 3. Second Chance – Addressing Youth Tobacco and Electronic Nicotine Use through Non-Punitive Approaches

### Amanda Nichols, RMC Health

Second Chance is a free, on-line, interactive, and self-directed alternative to suspension program funded by the Colorado Department of Public Health and Environment that schools use to respond to young people who violate tobacco policy at school, or tobacco law in the community. According to Stanford University, youth who vape are 5-7 times more likely to be infected with Covid-19, putting those who vape at higher risk of contracting the virus. In this workshop, participants will learn about Second Chance and its effectiveness, and identify ways to implement the program at their school.

# 3:15 PM – 3:20 PM Remarks from Governor Jared Polis

Introduction by Executive Director Stan Hilkey, CDPS

END OF DAY

# Friday, October 22, 2021 Session Details

7:30 AM – 7:45 AM Welcome and Introductions Christine Harms, Director, CSSRC, Colorado Department of Public Safety Stacey Jenkins, Director, Safe2Tell

7:45 AM – 9:15 AM Plenary

Closing the Gap—Perceptions & Reality of Youth Substance Use

Kent MacLennan, M.Ed.,

Executive Director, Rise Above Colorado

There are challenges and opportunities that face Colorado youth and the professionals who serve them. Closing the Gap is an interactive lesson that facilitates critical thinking about substance use data and the ways in which our perceptions influence teen substance misuse prevention. In this session we'll be balancing hope and concern as we look at key substance use data (including our 2020 Rise Above Colorado Youth Survey and new Healthy Kids Colorado Survey data collected during the pandemic), identifying opportunities to advance positive community norms and bring youth perceptions more closely in line with reality.

9:15 AM – 9:25 AM Break

9:25 AM – 10:40 AM First Breakout Session

1. Lessons Learned and Best Practice Strategies for Engaging Youth and Parent Voice in Schools Brittney Fraumeni, PCMH

This workshop will review the importance of engaging youth and parent voice in school activities and policy development. In addition to best practice strategies, presenters will provide recommendations on how schools can utilize focus groups to gain feedback on current initiatives as well as opportunities for development. Lessons learned from pilot work with Colorado high schools will also be shared.

2. Advocates for ALL Youth: A Universal, School-based Intervention to Improve Mental Health & Wellbeing Among 6th Grade Students

### Jill Kaar, University of Colorado Anschutz Medical Campus

This workshop will review the following aspects: program development, ALLY facilitator training, and implementation of the program. I will first describe the gap in available programs to meet the need of an "up-stream" primary prevention model and then discuss how through a theory-driven process we have developed a program that has demonstrated equitable improvements in key mental health constructs among all racial-ethnic groups.

### 3. High Functioning Safe2Tell Teams Mark Lanning, Safe2Tell

You've heard of Safe2Tell. Maybe you've even put up a poster in your school. Now what? Participants will learn about best practices and strategies to have a strong Safe2Tell culture and climate at your school/district and with your multidisciplinary teams. Best practice messaging, exemplar disposition reports, and enhancing adult paradigms will be discussed.

10:40 AM - 10:50 AM **Break** 

#### 10:50 AM – 12:05 PM Second Breakout Session

1. Filling The Gap: Intervention for Youth Who Use Abusive Behaviors in Relationships Jesse Hansen, Monica Bies, Stand Up Colorado and Margaret Ochoa, CSSRC

Intervention in and prevention of relationship violence (RV) in youth is critical, both to stop immediate harm and to stem the progression of violence. Youth are a unique population with distinctive needs, and there are limited intervention options for them. Few providers serve this population because there are no specific standards for treating youth. Many of these youth have experienced trauma in their own lives. This workshop highlights relevant research, new best practice guidelines, and resources developed to help fill the gap in available services; as well as appropriate interventions, both in the community and in schools. Opportunity for discussion will be provided.

### 2. PREPaRE'ing with Fidelity

### Shannon Devlin and Michelle Scallon, Weld RE4

Dr. Devlin & Principal Michelle Scallon will share a hierarchical, structural model for school safety and crisis response plan implementation, pertinent to a number of potential school-related tragedies. Windsor High School (WHS) practices are inclusive of the NASP PREPaRE model, Incident Command Structure (NIMS & CSSRC), The I Love U Guys Foundation Standard Response Protocol and Standard Reunification Method(s); and, the WHS pioneered 'Wizard Alert' response model and procedures. Participants will be provided with a blueprint, and subsequently empowered to improve climate and culture by moving plans into practice, with respect to preparing, responding, recovering and reengaging staff and students, physically & psychologically.

### 3. Transforming School Discipline Through a Trauma Informed Lens Royce Tranum, San Juan BOCES

This workshop will offer a roadmap for schools looking to change their approach to behavior and discipline, creating culture more focused on belonging, and anchored in relationships. Kemper Elementary school was part of a Breakthrough Series Collaborative with the National Child Traumatic Stress Network where we learned about a series of both domains and strategies to understand the impact of trauma on both students and staff as well as strategies and action steps to implement a more responsive behavior management system in our school. This workshop is designed to share those with the participants by sharing our journey with you.

 $12{:}05\ \text{PM}-12{:}\,35\ \text{PM}$  Lunch

#### 12:35 PM – 1:50 PM Third Breakout Session

1. How a Sense of Belonging In School Increases Engagement for At-Risk Youth Rebecca Knighton and Andrea Pulskamp, CDE

This session will explore the connection between engagement, self-efficacy, and hope in young people; as well as dig into the research surrounding the powerful impact of developmental relationships and connections with trusted adults to improve student outcomes, decrease their risk behaviors, and set them on a path to thrive in life. Through the implementation of school climate best practice strategies, schools can build a positive, supportive, and engaging learning environment that supports all aspects of safety (physical, social-emotional, identity, and academic), creates a sense of belonging for all, and increases engagement and academic achievement.

### 2. Actualizing Support for Gender Expansive & LGBTQIA+ Students: What's in the Toolbox? Zoya Sarow, One Colorado

This presentation will include a review of how to support the identity & expression of Gender Expansive (Trans, Non-Binary, Enby & Gender Non-Conforming) students. With a focus of developing a toolbox for validation & affirmation, we will get into the details of how to use pronouns and expand language. There will also be introductory information and resources for starting and supporting a Gender & Sexuality Alliance (GSA), to further a school's *aquantiship* (a more collaborative version of allyship) with all LGBTQIA+ students.

### 3. SRO Data Collection- Define Your Narrative Through Data

### Commander Tim Reed and Officer Kelly Jacobsen, Westminster Police Department

Every day, School Resource Officers in Colorado make positive impacts and have positive interactions with students and their communities. Now is the time to tell our story. Learn how to easily capture and report those positive impacts without creating a reporting burden on officers. Access to this data is essential for police leadership, schools administrators, school boards and our communities.

### 1:50 PM – 2:00 PM Break

### 2:00 PM – 3:15 PM Fourth Breakout Session

### 1. Sustainable Wellness: What Is It and How Do We Do It? Sarah Killion and Frannie Warren, Aurora Public Schools

Educators face a unique combination of stressors that are inversely related to individual well-being, school climate and the social-emotional skillsets of their students. These intense feelings have led to occupational burnout and a consistently high rate of turnover in the US public education system. Since 2019, Aurora Public Schools has prioritized the Sustainable Wellness Team, which supports holistic wellness initiatives for students, educators and caregivers. This workshop seeks to share information on the team's evolution, demonstrate how supportive wellness practices improve job satisfaction and student outcomes, as well as provide useful applications for urban, suburban and rural school communities.

### 2. Families are Overwhelmed

### Tiffany Jones and Anne Williford, CSU School of Social Work

We will report on findings from a survey of School Mental Health Providers (SMHP) about the differential impact that the COVID-19 outbreak is having on low-income students, students of color, including students who are immigrants or refugees, and their families. The findings suggest that COVID-19 has had a tremendous impact on families overall, especially among populations who were experiencing hardships prior to the current outbreak. Findings are discussed in light of addressing disengagement and educational inequities for students of color, including ways to prevent the widening of racial disparities in educational outcomes we expect to see resulting from the pandemic.

### 3. Today's Marijuana and the Adolescent Brain

# Dr. Jesse Hinckley, MD University of Colorado and Julie Dreifaldt, Once Chance to Grow Up (formerly Smart Colorado)

Our expert panel will provide Colorado educators, community organizations, school mental and behavioral health professionals, and emergency responders a strong foundation of what today's marijuana is and the devastating effects on our kids. We will highlight the importance of THC potency and the damaging effects on adolescent brain development as well as review the evidence of THC and mental health concerns for Colorado youth. We review the variety of appealing and easily hidden products available in the CO legalized marijuana market. Our panel will also provide the perspective of being involved in policy and regulation in the legalized recreational marijuana landscape. A 15-minute Q & A will be included in this presentation.

#### END OF DAY

# Plenary Speakers

## Kent MacLennan, M.Ed

The founding executive director of Rise Above Colorado, a statewide drug prevention nonprofit that empowers teens to a life free of addiction. Since 2009 he has overseen local public service messaging, fundraising and community outreach efforts to reduce substance use among Colorado teens. Kent has more than 25 years of progressive leadership experience in the nonprofit sector, including Young Americans Center for Financial Education, the University of Denver, Wilfrid Laurier University and Up With People. He also has direct experience working with the teenage demographic, having taught social studies for two years at Pomona High School in Arvada, Colorado.

Kent holds a bachelor of science in foreign service from Georgetown University and a master of education from the University of Denver. He lives in Broomfield, Colorado with his wife and three children who provide an in-home adolescent learning lab.

### David Schonfeld, M.D., FAAP

Dr. Schonfeld is a developmental-behavioral pediatrician who founded the National Center for School Crisis and Bereavement (www.schoolcrisiscenter.org) at Children's Hospital Los Angeles. For 30 years, he's supported schools after crises, including the COVID-19 pandemic, shootings in Parkland, FL; Santa Clarita & Corning, CA; Newtown, CT; Benton, KY; Las Vegas, NV; Marysville, WA; Osaka, Japan; Aurora & Platte Canyon, CO; Chardon, OH; & Townville, SC; hurricanes Maria (San Juan), Sandy (NYC/NJ), Katrina (New Orleans), & Ike (Galveston); tornadoes in Joplin, MO & Alabama; wildfires in Butte & Sonoma Counties, CA; Sevierville, TN; and the Sichuan earthquake. His school-based research (e.g., funded by NICHD, NIMH, NIDA, MCHB, WT Grant) involves children's understanding of and adjustment to serious illness and death and school-based interventions to promote adjustment and risk prevention. He is a member of the National Biodefense Science Board and former Commissioner for the National Commission on Children and Disasters and the Sandy Hook Advisory Commission.

# Presenters - Workshop & Breakout Speakers in Alphabetical Order

### Monica Bies, MSW

Monica is the Child and Youth Programs Manager at the University of Colorado Center on Domestic Violence. She has 20+ years working in partnership with K-12 Schools to ensure safe and inclusive settings where all youth can thrive. Monica also works as an Affiliate Faculty Member in the Department of Social Work at Metropolitan State University of Denver.

### Alicia Bowyer, MPH

Alicia is the Recruitment and Outreach Coordinator with the Colorado School of Public Health School and Youth Survey Team. With a background in psychology, communications, and youth behavioral health, Alicia is passionate about adolescent mental health. She currently works to support schools and districts in obtaining high quality health and wellness data, understanding results, and putting it into meaningful action within programs and policies.

### **Bill Brown, LCSW**

A licensed School Social Worker through the Colorado Department of Education and the Affective Needs/Serious Emotional Disability Specialist for the Exceptional Student Services Unit at the Colorado Department of Education, Bill has 12 years of experience working as a therapist in community mental health systems and 13 years of experience in education. He worked nine years as an elementary school social worker, two years as a middle school social worker and two years at the district level as a Behavior Interventionist. He has been certified as a Behavior Specialist for the Developmental Disability population and the Traumatic Brain Injury Population. At the school level, Bill has coordinated the implementation of MTSS and PBIS.

### Lonnie Brungardt, MS

Lonnie has been in education for 25 years, and principal of Merino High School for fourteen. He is also a retired Captain in the Kansas Army National Guard with 21 years of service, including deployment in support of Desert Storm/Shield, Operation Enduring Freedom.

### Lauren Cikara, MS

The Senior Manager, K-12 Initiatives at Active Minds. She currently works nationally supporting mental health advocacy and programming in high schools. Previously she was the Recruitment & Outreach Manager at the Colorado School of Public Health. She is a founding member of the Pikes Peak Safe @ Schools Coalition and has been working to support bullying prevention efforts across Colorado since the passage of Colorado's Anti-Bullying law. Her background is in student leadership, health education, policy and advocacy, and diversity and equity initiatives.

### Adam Collins, PhD

Adam Collins is a trained school psychologist who earned his doctorate from the University of Nebraska-Lincoln with a research focus on bullying. Having co-authored multiple book chapters and articles, Dr. Collins is currently the Statewide Bullying Prevention Manager at the Colorado Department of Education where he leads the bullying prevention efforts of over 100 schools across the state.

### Shannon Devlin, PhD

Dr. Devlin is the owner of Grit & Grace Consultation, LLC and author of crisis response tool, 'Crisis Response Organization: Prepare, Respond, Recover & Re-engage', providing training to school safety leaders nationwide. She is also the full-time School Psychologist at Windsor High School, within the Weld RE-4 School District, located in Windsor, Colorado. As a nationally renowned speaker and trainer, Dr. Devlin takes her 'boots on the ground' expertise, investing her time in empowering school district leaders to move plans into action as it pertains to safety, security, and threat assessment.

# Julie Dreifaldt

Julie passionately advocates for all kids and equips parents and trusted adults to educate and inform about today's marijuana. She speaks locally and nationally to health professionals, policymakers, parents and youth serving organizations sharing Colorado's lessons learned about the rapidly changing marijuana landscape. Julie has her BA in English and History and is a parent to three teenagers.

# **Emily Fine**

Emily works as the School and Youth Survey Manager at the Colorado Department of Public Health & Environment (CDPHE). In this role, Emily manages the state's unified approach to school and youth health surveys to support the health and well-being of young people. She enjoys working closely with data analysts and prevention experts at CDPHE, the Colorado School of Public Health, other state departments, local public health, schools, nonprofits, and the CDC.

# Brittney Fraumeni, PhD

Brittney Fraumeni is a Senior Researcher with Partners for Children's Mental Health. Her past research has focused on child and adolescent development and outcomes in the school setting, as well as the association between parenting style and various outcomes throughout the lifespan. Outside of work, Brittney enjoys reading as much as possible, traveling with her husband, testing vegan recipes, and obsessing over her two cats.

# Jeff Genger

Jeff has worked at Adams 12 Five Star Schools for seven years. He is an experienced School Security, Safety, and Emergency Management Professional with a demonstrated history of working in government and emergency services for over 23 years. He is skilled in Crisis Management, Emergency Management, Fire Services, Law Enforcement, Emergency Medical Services (EMS), and Training Facilitation and Program Development.

# Renu (Re) Gupta

Re is the Sexual Violence Prevention & Community Crime Victim Services Programs Coordinator at the Colorado Department of Public Health and Environment. A first-generation daughter of immigrants and solo-mom, Re brings experience in compensatory youth development, socioemotional literacy and pubertal/sexual health education, trauma informed practices, and ethnography-focused approaches to community-led violence prevention work. And some pretty sweet dance moves, too.

# Jesse Hansen, MPH

Jesse serves as the Program Coordinator for the Domestic Violence Offender Management Board (DVOMB) in the Division of Criminal Justice, Colorado Department of Public Safety (CDPS). With a background in policy and research, Jesse has worked for the Office of Domestic Violence and Sex Offender Management (ODVSOM) in different capacities related to the development and implementation of Standards for the evaluation, assessment, and treatment of offenders. In his previous position as the Staff Researcher and Statistical Analyst, he conducted research, synthesized correctional literature, and worked toward integrating research-informed and evidence-based practices into programs related to the management and treatment of both sex and domestic violence offenders. Jesse serves as the CDPS representative on the Sex Offender Management Board and the DVOMB representative on the Colorado Domestic Violence Fatality Review Board. Additionally, he has presented nationally at the Domestic Violence Symposium, the Association for Domestic Violence Intervention Programs (ADVIP), the Association for the Treatment of Sexual Abusers (ATSA) Conference, and the National Adolescent Perpetration Network (NAPN) Conference. He has co-authored several publications on juveniles who commit sexual offenses and the management of domestic violence offenders. Prior to joining CDPS, Jesse served as a Captain in the United States Army.

### Lena Heilmann, PhD, MNM

Dr. Heilmann is the Suicide Prevention Strategies Manager with the Colorado Office of Suicide Prevention at CDPHE. She coordinates various youth suicide prevention efforts, including a state Garrett Lee Smith (GLS) youth suicide prevention grant. Lena lost her sister Danielle to suicide in 2012, which is why Lena is so passionate about this work.

## Jesse Hinckley, MD, PhD

Dr. Hinckley graduated magna cum laude with his bachelor of science in neuroscience from Brigham Young University in 2005. After a short stent as a data analyst for the Combined DNA Index System (CODIS) at Myriad Genetics, he matriculated into the Medical Scientist Training Program at the University of Iowa. Dr. Hinckley transferred to the University Of Colorado School Of Medicine in 2008, and he graduated with his MD and PhD in Human Medical Genetics and Genomics in 2015. Upon graduation, Dr. Hinckley remained at the University of Colorado, where he completed his general psychiatry residency and child and adolescent psychiatry fellowship. Dr. Hinckley joined the faculty at the University of Colorado thereafter. He is an assistant professor in the Division of Addiction Research, Treatment, & Prevention within the Department of Psychiatry. Dr. Hinckley currently serves as the Director of Adolescent Psychiatric Services for the Addiction Research and Treatment Services program and is co-founder and co-director of the Addiction Biology Lab at the University. Dr. Hinckley's primary research interests include better understanding how and why adolescents transition from experimentation with substances to problematic substance use and substance use disorders. He is particularly interested in better understanding the biology of how cannabis use affects the developing adolescent. Dr. Hinckley and his wife are foster parents, adding to his understanding and appreciation of how substance use affects teenagers and their families. Dr. Hinckley is the recipient of multiple awards, including the National Institute on Drug Abuse and American Academy of Child and Adolescent Psychiatry Resident Training Award in Substance Use Disorders, and is currently conducting research as a recipient of the AACAP Physician Scientist Program in Substance Use K12 Career Development Award. Dr. Hinckley is passionate about public education and improving access to care for adolescents. He currently serves as the legislative liaison for the Colorado Child and Adolescent Psychiatry Society. Outside of professional responsibilities, Dr. Hinckley is an avid choral musician, wildlife photographer, and bibliophile.

### Kirstin Hoagland, MPH

Kirstin is the Prosocial Connection Specialist at CDPHE. She coordinates youth suicide prevention and bullying programs, along with prosocial and connectedness initiatives, including a school crisis grant funded through SB18-272.

### Off. Kelly Jacobsen

Officer Jacobsen has worked for the Westminster Police Department since 2007. Kelly has served as a School Resource Officer for WPD, servicing schools in Jefferson County R1 Schools, Adams 12 Five Star Schools, and currently in a Charter School. Officer Jacobsen is an instructor for National Association of School Resource Officers (NASRO), serves on the executive board for Colorado Association of School Resource Officers (CASRO) and Colorado School Safety Resource Center.

# Tiffany Jones, PhD

Dr. Jones is an Assistant Professor in the School of Social Work at Colorado State University. She worked for seven years in community mental health as a school-based art therapist in the diverse communities of Los Angeles. Her research aims to build bridges between research and practice through community partnerships and participatory methods. Her work focuses on racial justice in positive youth development, school climate and social emotional learning in community and school settings.

### Jill Kaar, PhD

As a behavioral epidemiologist, Dr. Kaar studies how health behaviors (i.e., sleep, diet, and activity), impact the health (i.e., obesity, type 2 diabetes (T2D), early risk factors for cardiovascular disease) and well-being (i.e., indicators of mental health, depression, anxiety) of children and adolescents. She uses observational methods via both quantitative and qualitative methodologies to first identify key associations with health behaviors and disease risk, and then use these findings to guide intervention strategies with potential for widespread dissemination and implementation. Her primary research focus is examining the mediating effect of sleep duration on the relationship between health behaviors, diet and activity, and overall health in children and adolescents.

### Sarah Killion, PhD

Dr. Killion is a School Psychologist and Sustainable Wellness Coach for Aurora Public Schools. Previously, she was a School Psychologist in Denver Public Schools for 10+ years while also holding multiple leadership roles on the special education and crisis teams. As a Visiting Assistant Professor at the University of Denver, Sarah taught graduate courses in special education, assessment and consultation. Her dissertation explored the effects of mindfulness practices on educator perceptions of self-efficacy and school climate. Finally, Sarah has been a supervisor for graduate students, conducted trainings/presentations and authored publications for various mental health organizations including CSSP, APA and NASP.

## **Beverly Kingston, PhD**

The director of the University of Colorado Boulder's Center for the Study and Prevention of Violence, Dr. Kingston has been working with schools and communities on comprehensive approaches to school safety and violence prevention since 1995. She has designed, conducted and led several multi-million dollar school and community initiatives and research studies including a federally funded randomized trial focused on school safety with 46 middle schools. Dr. Kingston has published articles on using comprehensive public health models to address youth violence, school safety, neighborhood social factors, and health and the built environment.

### Rebecca Knighton, MA

Ms. Knighton is an MTSS Specialist with the Colorado Department of Education. She has a background in middle school general education behavior intervention, gifted education, and systems-level change. She has led professional development at the school, district, and state levels in PBIS, MTSS, and in understanding students' social, emotional, and behavioral needs. She is currently pursuing a PhD, studying teachers who are highly skilled at connecting with and engaging chronically disengaged students.

### Mark Lanning, MA

The Training and Outreach Specialist for Safe2Tell Colorado, Mark started his career in youth development as a secondary educator. In his role with Safe2Tell Colorado, Mark is passionate about creating high functioning Safe2Tell teams and cultures.

### Amanda Matthews, MSW

The Manager of Organizational Development and Implementation at the University of Colorado Boulder's Center for the Study and Prevention of Violence, Ms. Matthews supports the implementation of researchbased practices that promote safe and healthy environments for youth, schools, and communities. Her main areas of work include improving systems for culture and climate as well as threat assessment, bystander response and reporting, and information sharing. She grounds her work in strong relationships, implementation science, and data-driven approaches.

### Deja Moore, MPH

Deja is the Comprehensive Human Sexuality Education Program Coordinator at the Colorado Department of Public Health and Environment. As an Afro-Hispanic Trans woman of color, she brings lived experience to the table and has served her communities at the local and state level by providing psychosocial support, sexual health education, and STI/HIV policy praxis with a harm-reduction, trauma informed, and community centered anti-racist approach.

## Christine Mulitauopele, MPH

Ms. Mulitauopele joined the Colorado School of Public Health in 2018 and currently serves as the Research Program Director for the Healthy Kids Colorado Survey and Smart Source. In this position, she oversees project-related activities to ensure successful administrations of both survey efforts used to inform adolescent and school health throughout the state. Prior to joining the Colorado School of Public Health, she managed Smart Source at the Colorado Education Initiative. Christine has a master's degree in public health from Johns Hopkins School of Public Health where she conducted various studies in childhood nutrition and school health.

### Kara Napolitano, MA

Ms. Napolitano is the Research and Training Manager at the Laboratory to Combat Human Trafficking (LCHT) based in Denver, Colorado. Kara holds an MA in International Development with concentration in International Human Rights Law from the University of Denver. Before completing her education, she spent eight years working and volunteering in Africa, the Middle East, and Asia, working mostly with education-based NGOs in post-conflict areas. She was appointed to the Governor's Colorado Human Trafficking Council Prevention Task Force in 2018. For the last several years she has led training and education efforts at LCHT, training more than 12,000 professionals in healthcare, child welfare and law enforcement across rural and urban Colorado.

### Katie Nelson, MEd

Katie is Principal at Kemper Elementary School, began her teaching career as a Special Educator where she fell in love with students with challenges. Katie then served as the Assistant Principal at Kemper for 3 years before becoming the Principal in 2021. She is an energetic and passionate school leader who seeks to create a climate of connection among her staff, students and families.

### Amanda Nichols, MA

Amanda Nichols is a Professional Learning Facilitator. She works on RMC Health's substance use and behavioral health initiatives, which focus on building skills and capacity for public health and youth-serving professionals to address youth substance use, as well as working with schools to design systems for prevention, intervention, and quit support for vaping, marijuana, and other substances. Amanda also works on developing and facilitating trainings statewide to increase health educator capacity to implement skills-based health education. Amanda has presented on a wide range of topics, including substance use prevention, school health teams, health education, and systems-level social emotional learning. She earned her Master's at the University of Colorado in Educational Equity and Cultural Diversity and her Bachelor's in Urban Studies and Creative Nonfiction writing at the University of Pittsburgh.

## Margaret Ochoa, JD

Margaret is the Child Sexual Abuse Prevention Specialist for the Colorado School Safety Resource Center. She provides resources for school personnel, students, and their communities to identify, prevent, and respond to sexual abuse and assault. Since she joined the team in 2016, she has trained thousands of youth-serving professionals on understanding and responding to the sexual behaviors of children, identifying and responding to sexually predatory behavior, satisfying statutory obligations to report abuse, and juvenile sexting and dating violence prevention. Related to these safety concerns, Ms. Ochoa also trains on Cyber Safety and Threat Assessment. Previously, Ms. Ochoa worked as an Assistant County Attorney in Jefferson County, Colorado, where she represented the Department of Human Services in all aspects of child protection.

# Rocio (Row) Padilla, MA

Row Padilla has been the school counselor at Remington Elementary School since 2007. She graduated from the University of Colorado at Colorado Springs with a B.A. in Biology and an M.A. in Counseling and Human Service with an emphasis in school counseling. Since being introduced to Restorative Practice, Row believes it's a transformative practice that allows her to be of better service to her students, parents, and staff. She is a Restorative Practice trainer within District 49 and is passionate about restorative practice, social emotional learning, and behavioral support to make a difference in the lives of those she works with.

## Andrea Pulskamp, MPA

As the State Transformation Specialist for the Colorado Department of Education, Andrea supports districts in creating positive school climates that lead to student sense of belonging and improved academic outcomes. Andrea works with districts to identify the needs of their students, staff, and families, recognize disparities in data, implement effective strategies, and engage in continuous improvement. Andrea believes that sense of belonging is foundational to the academic promise of a school.

### Comdr. Tim Read

A law enforcement officer with over 26 years of experience, Commander Read has served in a variety of roles including six years as Westminster Police Department's School Resource Officer Sergeant. Tim is a dedicated public servant committed to building relationships with the community and service.

# Zoya Sarow

Zoya is One Colorado's Youth & Community Engagement Manager. They have background in Higher Education & working specifically with increasing Colorado First-Gen high school student's access to college information & resources. Zoya is a member of House of Flora, a Vogue Kiki House centered on QTBIPOC, Trans & Non-Binary wellness and artistic expression. Their identity and membership in Denver's Queer Community informs the work Zoya does with community building, anti-oppressive frameworks, and radical re-imagination as the leading values. They are from Five Points & grew up attending DPS schools. Continuing to engage with youth communities at all intersections of them, is incredibly important to Zoya.

# Michelle Scallon, MA

To Principal Michelle Scallon, Safety and Security are priority in maintaining a solid school environment at Windsor High School. Mrs. Scallon is a life-long child advocate, presently in her tenth year as Principal of WHS, and her 38th year in education. Michelle's motto, 'it's not rocket science, its relationships' guides her daily in all she accomplishes as a leader. She is a strong proponent of building relationships with staff, students and community members. As such, Mrs. Scallon and her WHS team have come alongside all Windsor first-responding agencies to engage in Table Top exercises, continually testing and subsequently revamping procedures and protocols to fulfill our commitment to the safety of our school and larger community. Mrs. Scallon testifies to the importance of acquiring evidence-based information and taking action to engage staff, students, and community members in the most current practices and protocol.

### Kris Schell, MSW

Kris has a 35-year tenure as a school social worker in northeast Colorado, including serving on the District Safety Committee and Student Support Services Team. She joined Centennial Mental Health Center in February 2020.

### Brad Stiles, MA

Brad served for eight years in the U.S. Army as a Military Policeman and Combat Tactics instructor before transitioning to the Jefferson County Sheriff's Office as a Deputy Sheriff. Brad was assigned many duties with the Sheriff's Office, to include serving as a Field Training Instructor, a Crime Scene Technician, as a member of the Honor Guard, as an Academy Instructor and as a Planning section member with the Jefferson County Incident Management Team (Type 3). As the Emergency Response Outreach Consultant, Brad has provided training to thousands on a variety of school safety topics.

### Royce Tranum, LCSW

Royce is presently a Behavioral Health Coordinator, and has been working as a mental health professional in schools for over 20 years. Royce works with school staff, teams and administration to collaboratively develop responsive behavioral health programming for students in schools. She is passionate about supporting schools to provide well informed and responsive care to students and families who are experiencing challenges.

## Frannie Warren, MBA

Frannie Joined Aurora Public Schools in 2018 as a District Wellness Coordinator. In this role, she supports the school wellness teams in creating healthier school environments for the students, staff, and community. Throughout her time at Aurora Public Schools, Frannie has discovered her passion for supporting employees and creating systems that increase employee engagement and retention through wellness opportunities. In November of 2020, she received her Masters of Human Resources Management. Previous to this role, she oversaw the health and outdoor education programs at the Boys & Girls Club of Metro Denver as the Director of Healthy Lifestyles.

### Anne Williford, PhD

Dr. Williford is an Associate Professor in the School of Social Work at Colorado State University. As a former school social worker, she has devoted her research career to identifying factors that reduce violence exposure, suicide risk, and other mental health concerns among youth and determining best practices in school settings to promote positive youth development. In partnership with school and district administrators, educators, and school mental health professionals, Dr. Williford has conducted several large-scale intervention studies testing the effects of school-based preventive interventions.

# Megan Wolf, EdS

Megan has 17 years of experience in education (seven as an elementary classroom teacher and ten as a school psychologist).