



November 2021

E-UPDATE FROM CSSRC ~ You are receiving this email as a subscriber of the Colorado School Safety Resource Center's (CSSRC) listserv. E-Updates from the CSSRC will contain the most current information about the Center's activities and resources, as well as other school safety efforts throughout the state of Colorado and relevant national resources. **Please forward this to others on your email list who have an interest in supporting safe and positive schools in Colorado. They may register for this listserv on our website www.Colorado.gov/CSSRC.**

THE DIRECTOR'S CORNER

Dear Colleagues: Thank you to everyone who was able to join us for all or part of the October Safe Schools Summit. We had 274 folks who participated in the opening keynote address. We are still reviewing the evaluations but it looks like most participants found the information helpful. I appreciated the hard work of all the presenters and of course, the CSSRC staff. Thanks to Governor Polis who gave a supportive message to attendees on the first afternoon.

We have already booked the Adams 12 Five Star Conference Center for **next year's Summit on October 20th and 21st** as we look forward to seeing many of you in-person. We will still offer a virtual option for those that can't make the trip to the metro area. If you have any suggestions for two dynamite keynote speakers, I'd love to hear them.

Please don't forget the virtual **Suicide Prevention Symposium we are offering this Thursday, November 4th**. Dr. John Ackerman will address best practices for postvention and Mr. Brandon Johnson will discuss supporting mental wellness for minority students. The afternoon will be best practice strategies for addressing suicide in your school or district followed by a how-to session on utilizing the CSSRC Suicide Assessment Toolkit for mental health providers. The registration information is below.



Wishing you all a lovely Thanksgiving celebration with your family and friends. I am hopeful that the upcoming holiday season will unite us all.

Kindest regards,

Chris Harms

christine.harms@state.co.us

303.912.6915

COLORADO SAFETY RESOURCE CENTER TRAINING

CSSRC Virtual Trainings are back!

- The Center staff have decided to continue these workshops periodically on Monday and Friday afternoons. This will also be an opportunity for school staff to preview new workshops available at your schools.
- **Please see the November offerings on the training calendar.**
- You can sign up for the workshops [here](#)!

Suicide Prevention Symposium **REGISTRATION IS OPEN**

- The annual Youth Suicide Prevention & Intervention Symposium will be held virtually on **Thursday, November 4, 2021.**
- This is co-sponsored by the CSSRC and the [Office of Suicide Prevention](#).
- Keynote speakers will be **Brandon Johnson** from [SAMHSA](#), who will address minority youth mental health issues; and **John Ackerman**, who is the Suicide Prevention Coordinator for the [Center for Suicide Prevention and Research at Nationwide Children's Hospital](#) who will discuss postvention in schools.
- The afternoon will be devoted to creating a suicide strategy in your district and the CSSRC Youth Suicide Assessment and Intervention Toolkit for mental health providers who want to be trained to use the new instruments.
- The day's agenda is [here](#).
- Register [here](#). **There is no cost but you must be registered to receive the link.**

Student/Staff Summit **REGISTRATION IS OPEN**

- **Student/Staff Safety Summit will be held virtually on Tuesday, December 7th.**
- We invite groups of middle and high school students with faculty members to attend. Last year's Summit was a huge success and our youth council has planned this one too.
- **Staff are invited to register with one adult for every six students. Multiple groups from individual schools may attend.**
- Dorothy Espelage, PhD. will be the plenary speaker.
- Dr. Espelage will discuss youth bullying and harassment and the link to domestic violence later in life.
- The agenda can be accessed [here](#).
- The registration link is [here](#).

CSSRC STOP Grant: Threat Assessment Training & Implementation **Still Recruiting**

- The CSSRC is recruiting more schools for threat assessment training and implementation.
- We need sites where CSSRC staff have NOT trained in threat assessment as well as a few where we have trained in the past.
- The lift for school sites is minimal – just training evaluations to complete along with the training and a brief collection of data every six months.
- If you believe you might be interested later in the process, please call to get your district/school on the list now. **We are already scheduling workshops into February!**
- Staff can be paid stipends for the training and data collection under the grant if training is conducted outside of regular working hours.
- If your school is interested in being one of the 30 sites, below is more information.
 - [Application](#) (clicking the link will create the download)
 - [Application Letter](#)
 - [MOU](#)
- Please complete the application and return it to Christine.harms@state.co.us or call Chris if you have any questions. (303.912.6915). We are now scheduling for Winter and Spring.

Upcoming CSSRC Statewide Workshops - **SAVE THE DATES:**

- **Cybersafety/Bullying and Substance Abuse Prevention Speakers' Series January 11th, 18th and 25th virtually.**
 - Alex Rodriques, PhD. - **Cyber Safety** on Tuesday, January 11th at 11:30 AM
 - Lynn Riemer, ACT on Drugs - **Substances in the Community**, Tuesday January 18th at 11:30 AM
 - Sameer Hinduja, PhD. - **Cyberbullying** on Tuesday, January 25th at 11:30 AMThe presentations will be live at 11:30 AM. However, we will record them for school professionals and parents to review when convenient.
- **Positive School Discipline Symposium will be held on Wednesday, February 16th.** We are working on making this a hybrid event (in-person and virtual). More information will follow as presenters are confirmed.

CSSRC ONLINE COURSE OFFERINGS & ARCHIVED PRESENTATIONS

CSSRC online course links:

- [Link to CSSRC online course offerings](#)

CURRENT EVENTS AND ANNOUNCEMENTS

CSSRC's School Mental Health & School Safety Professionals' Groups

For the last few years, the CSSRC has facilitated informal meetings of school staff who oversee either suicide prevention and intervention or threat assessments in their buildings. We have been asked to set regular meetings for these professionals and separate them into two groups: **Suicide Prevention Professionals and Threat Assessment Professionals**. We will set these meetings for the second Tuesday of the month starting in September. The meetings will be virtual to allow more of our rural colleagues to join us. The calendar is below:

November 9, 2021 from 2:00 - 3:30	Suicide Prevention Professionals/Suicide Prevention Discussion
January 11, 2022 from 2:00 - 3:30	Threat Assessment Professionals/Threat Assessment Discussion
February 8, 2022 from 2:00 - 3:30	Suicide Prevention Professionals/Suicide Prevention Discussion
March 8, 2022 from 2:00 - 3:30	Threat Assessment Professionals/Threat Assessment Discussion
April 12, 2022 from 2:00 - 3:30	Suicide Prevention Professionals/Suicide Prevention Discussion
May 10, 2022 from 2:00 - 3:30	Threat Assessment Professionals/Threat Assessment Discussion

A calendar invite was sent for the meetings. If you did not receive an invite and you would like to attend, please send an email to Melissa.rubeo@state.co.us. We would be happy to add you to the list.

Your Feedback is Requested

- The [Colorado Department of Public Health and Environment \(CDPHE\) Office of Suicide Prevention \(OSP\)](#) is seeking your assistance with creating a resource to support improved sleep for Colorado's young people as a suicide prevention strategy.
- If you would like to provide any feedback to Aimee Resnick about the content of these resources, please use [this form](#). They are so appreciative of your time and expertise. For any questions, please email Aimee at Aimee.Resnick@state.co.us.

Meet the REMS TA Center Video

- The [Readiness and Emergency Management for Schools Technical Assistance Center \(REMSTA\)](#) has released a new video that you can share to help spread the word about the different resources and information they can provide.
- You can access the video [here](#).



CEI Launches Future Ready Families Website

- The [Colorado Education Initiative \(CEI\)](#) launched a new website [FutureReadyFamilies.org](#).
- "While CEI is dedicated to partnering with schools and districts in designing and building capacity for their work, many families seek guidance and a safe space to network about similar issues that CEI supports in schools."
- View the new website [here](#).

WEBINARS and OTHER ONLINE LEARNING COURSES for K-12 & IHE

NEW Youth Mental Health First Aid

- [Partners for Children's Mental Health \(PCMH\)](#) is holding this virtual training to "introduces participants to the unique risk factors and warning signs of mental health problems in adolescents, builds understanding of the importance of early intervention, and teaches individuals how to help an adolescent in crisis or experiencing a mental health challenge."
- **When: November 3, 2021, 8:30 am - 4:30 pm**
- View more information and register [here](#).

NEW Basic Elements of High-Quality Research: What to Look for in a Study

- The [Regional Educational Laboratory At WestEd \(RELWEST\)](#) is hosting a free webinar "on how to review research articles or evidence summaries in the context of evidence-based strategies required by the Every Student Succeeds Act (ESSA)."
- **When: November 3, 2021, 1:00 pm - 2:30 pm**
- **Who should attend:** "State and local education leaders and staff who read research or evidence summaries to inform their selection of evidence-based strategies."
- View more information and register [here](#).

Become a Safe2Tell Certified Trainer

- [Safe2Tell](#) is hosting a virtual training to become a certified trainer.
- **When: November 3, 2021, 8:30 am - 12:00 pm**
- **What:** "Participants will learn how to engage K-12 students in assemblies, the classroom and other avenues."
- Contact Mark Lanning by email Mark.Lanning@coag.gov to apply or with any questions.



Adult SEL: It Starts with Me (Virtual Workshop Series)

- The [Collaborative Classroom](#) is holding multiple webinars for Adult Social Emotional Learning (SEL)
- **Which and When:**
 - [Relationship Skills, November 4, 2021, 4:00 pm - 5:00 pm](#)
 - [Responsible Decision Making, November 18, 2021, 4:00 pm - 5:00 pm](#)
- View more information and register for the training by clicking on the title above.

NEW Never is Now: ADL's Summit on Antisemitism and Hate

- The [Anti-Defamation League \(ADL\)](#) is hosting their annual event on antisemitism, hate and bigotry.
- **When: November 7 - 9, 2021**
- **What:** "Tackling crucial conversations about hate and bigotry in today's world and creating a stronger, more inclusive movement for the future."
- View more information and register [here](#).



NEW How to Support Young People As They Make and Keep Friendships

- [Cultures of Dignity](#) is offering this one day, free webinar facilitated by speakers like "Rosalind Wiseman, Co-Founder of Cultures of Dignity, Nay Abernathy, Founder and Educator at The Dignity Effect, Taylor Pittman, Cultures of Dignity Youth Advisory Council, and Sara Davis, Cultures of Dignity Youth Advisory Council."
- **When: November 8, 2021, 5:30 pm**
- **What:** "The way young people learn to make friends affects their mental health now and the way they interact with people as adults."
- View more information and register [here](#).

NEW Renewing Balance from Within: Treating Complex Trauma, Attachment, and Dissociation

- The [Highlands Behavioral Health System](#) is hosting this webinar "on how to treat complex trauma, attachment, and dissociation."
- **When: November 12, 2021, 11:30 am - 1:00 pm**
- **What:** "Objectives:
 - How to identify and treat complex trauma and dissociation.
 - Understanding how dissociation affects the process of healing trauma.
 - Learning how to use a secure attachment system as a component to healing complex trauma."
- View more information [here](#).
- Register [here](#).

Current Behavioral Trends & Digital Updates with Safer Schools Together

- The [Colorado School Districts Self Insurance Pool \(CSDSIP\)](#) is partnering with [Safer Schools Together \(SST\)](#) to offer monthly trainings to allow you to "stay informed to keep students and staff safe."
- **When:**
 - Nov. 18th, 2021, 1:00 pm - 3:00 pm
 - Dec. 14th, 2021, 1:00 pm - 3:00 pm
 - Jan. 27th, 2022, 1:00 pm - 3:00 pm
 - Feb. 24th, 2022, 1:00 pm - 3:00 pm
 - March 31st, 2022, 1:00 pm - 3:00 pm
 - April 28th, 2022, 1:00 pm - 3:00 pm
- View more information and register for the different sessions [here](#).



NEW Restorative Practices in Schools Registration

- The [Colorado Department of Education \(CDE\)](#) is holding this virtual training to "provide an introduction to the philosophy of restorative practices in schools and help participants understand how restorative practices can address social aggression, conflict and community harm."
- **When: November 18 - 19, 2021, 8:00 am - 4:00 pm**
- View more information and register [here](#).

NEW Healing Colorado's Collective Trauma

- [Naropa University](#), [The Pocket Project](#), and [The Center for the Study and Prevention of Violence in the University of Colorado Boulder](#) have partnered for a free virtual workshop that will last two days.
- **When:** December 1 - 2, 2021, 9:00 am - 11:00 am
- **What:** "Honoring Shared Loss and Promoting Resilience"
- View more information and register [here](#).

Online Course: Addressing and Preventing Adult Sexual Misconduct in the School Setting

- The [Readiness and Emergency Management for Schools Technical Assistance Center \(REMSTA\)](#) has shared their new online course.
- This online course is free and takes between 30 and 45 minutes to complete.
- View more information on the course and how to take it [here](#).

Still Available at No-Cost LivingWorks Start Program - One-hour gatekeeper training

- The [Office of Suicide Prevention](#) of [CDPHE](#) is pleased to provide our partners across Colorado FREE access to the LivingWorks Start **suicide prevention gatekeeper training**. LivingWorks Start is a one-hour, online, interactive training program that gives you the skills and knowledge to keep family, friends, co-workers, and others safe from suicide. For more information, click [here](#).
- To access the training, click [here](#) and enter access code: OSP Gen. Please note that we have a limited number of licenses available for use available on a first come, first served basis. Please do not share the URL and access code outside of Colorado.
- LivingWorks Start works best with Google Chrome, Firefox, or Microsoft Edge browsers.
- It is not Internet Explorer compatible. If you have any questions or issues accessing the training, please contact Dymond Ruybal at Dymond.Ruybal@state.co.us.



Podcast: What is School Safety?

- The [National Center for School Safety](#) has shared their recorded podcast where "guest speakers describe the importance of having a comprehensive school safety plan; explain different perspectives on school safety; and highlight the connections between school safety strategies."
- You can access all recorded sessions [here](#).

OTHER COLORADO TRAININGS and EVENTS

2021 CSSP Annual Fall Conference

- The [Colorado Society of School Psychologists \(CSSP\)](#) is holding their annual fall conference in Vail for 2021.
- **When:** November 11 - 13, 2021.
- **What:** "This year's conference theme was inspired by how much change has occurred (and is still occurring) in our lives and in our profession over the past year and a half."
- Register and view more information [here](#).



Basic SRO Course

- The [National Association of School Resource Officers \(NASRO\)](#) "Basic School Resource Officer Course is a forty-hour (40) block of instruction designed for law enforcement officers and school safety professionals working in an educational environment and with school administrators."
- **When:** January 24 - 28, 2022
- **Where:** Fossil Ridge Public Safety Facility 13150 Quebec St. Thornton, CO 80602
- View more information and register [here](#).

CURRENT GRANT OPPORTUNITIES

Applications requested for the Expelled and At-Risk Student Services Grant program

- The [Colorado Department of Education \(CDE\)](#) is requesting applications for the [Expelled and At-Risk Student Services Grant \(EARSS\)](#).
- The purpose is to “fund grants for which the purposes are to provide education services and support services to expelled students, students at risk of being expelled, enrolled truant students and/or students at risk of being declared, or already are, habitually truant.”
- The deadline to apply is **November 3, 2021**.
- View more information and apply [here](#).

NEW The BEST Grant Process & Beyond

- The [Colorado Department of Education \(CDE\)](#) is sharing this Building Excellent Schools Today (BEST) grant opportunity for the 2022-2023 period.
- **Intent to apply using the Grant Manager registration must be submitted to CDE by November 30, 2021.**
- **Applications are due by February 4, 2022.**
- They are sharing a large amount of information including steps to take before applying for a BEST Grant, the grant process, and more.
- You can view all requirements and additional information [here](#).

NEW CDPHE Comprehensive Human Sexuality Education Program

- The [Colorado Department of Public Health and Environment \(CDPHE\)](#) has released this grant opportunity for Colorado public schools, school districts, board of cooperative services, charter schools, or institute charter schools.
- **Applications are due March 15, 2022.**
- “The purpose of this funding is to support schools/districts in current or future comprehensive human sexuality education.”
- View more information and begin the application process [here](#).

Virtual Q&A sessions with JustGrants

- [JustGrants](#) will be holding weekly Q&A sessions to provide technical assistance and support for using their system.
- “Sessions focus on Entity Management and Post-Award Management for DOJ award recipients.”
- View more information and sign up for future sessions [here](#).

Nourish Colorado Grants Available

- [Nourish Colorado](#) formerly LiveWell Colorado has changed quite a bit and we encourage you to view the new program and information [here](#).



RESOURCES and INFORMATION for Pre K-12 SCHOOLS

Free Mental Health Support Services Available **WONDERFUL NEW RESOURCE for Colorado Educators**

- “The [University of Colorado’s Department of Psychiatry](#) has developed a cache of services for Colorado educators, administrators and support staff to help them navigate this school year, including a well-being support line, an online support program, an “ask a therapist phone line” and individual and group support services.”
- View more information [here](#).

Back-to-School Supports for Providers

- The [Colorado Department of Human Services \(CDHS\)](#) is able to fund three great, no-cost resources that can offer immediate assistance to those feeling the pressure of a new school year:
 - [Early Childhood Mental Health Support \(ECMH\) Line](#)
 - [Educator Well-being Support Line](#)
 - [Colorado Crisis Services](#)
- Learn more about each resource by clicking on the title.

RESOURCES and INFORMATION for INSTITUTIONS OF HIGHER EDUCATION

NEW Prevention and Treatment of Anxiety, Depression, and Suicidal Thoughts and Behaviors Among College Students

- The [Substance Abuse and Mental Health Services Administration \(SAMHSA\)](#) has released this guide that “reviews literature on treating college students’ mental health concerns, such as anxiety, depression, and suicidal thoughts and behaviors; distills the research into recommendations for practice; and provides examples of the ways that these recommendations can be implemented.”
- Access the guide [here](#).

Follow the Colorado School Safety Resource Center on Twitter

- For the latest school safety information between monthly E-Updates, follow [@CoSSRC](#) on Twitter.
- Featuring daily updates on new research, resources, upcoming trainings, and Center activities.



[Follow us on Twitter](#)

THE CSSRC IS AVAILABLE to any pre-K through higher education school to assist in your school safety planning. Our mission is to provide **no-cost consultation, resources, training and technical assistance** that can help you create a safe, positive, and successful school. We can customize a variety of trainings for your school safety and crisis planning teams or your school staff as you plan and train this school year. We invite you to continue monitoring our website (www.Colorado.gov/CSSRC) for the latest school safety information and upcoming trainings. **Call us at: 303-239-4435.**



COLORADO
School Safety Resource Center
Department of Public Safety

Thank you for supporting safe and positive schools in Colorado!

Colorado School Safety Resource Center

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Supporting Safe and Positive Colorado Schools