



March 2021

E-UPDATE FROM CSSRC ~ You are receiving this email as a subscriber of the Colorado School Safety Resource Center's (CSSRC) listserv. E-Updates from the CSSRC will contain the most current information about the Center's activities and resources, as well as other school safety efforts throughout the state of Colorado and relevant national resources. Please forward this to others on your email list who have an interest in supporting safe and positive schools in Colorado. They may register for this listserv on our website www.Colorado.gov/CSSRC.

THE DIRECTOR'S CORNER

Dear Colleagues: I hope you have all weathered the cold temperatures and snow. I know most of us are wishing for spring however, some additions to our snowpack are welcome as we are still suffering drought conditions. Weather aside, I wanted to share some updates with you here:

- **October Safe Schools Summit: [CALL FOR PROPOSALS](#)**
 - Please save the dates of **October 21st and 22nd**. The Summit will be virtual again this year and at **no cost** for all. Our limit is 500 participants.
 - Our plenary sessions:
 - **David Schonfeld**, Executive Director of the National School Crisis and Bereavement Center will address the group on supporting students through grief and loss
 - **Kent MacLennan**, Executive Director of Rise Above Colorado will share how to create a social norming campaign to prevent substance use
 - Everyone will have the **opportunity to attend eight (8) different workshops** over the course of the two days. Workshops will be designed for school staff, mental health professionals and/or emergency responders.
 - **Call for Proposals:** If you or someone you know has a school safety workshop that would be appreciated by the participants, **please complete this [quick form](#)** and submit it to the CSSRC Program Assistant, Melissa Rubeo: Melissa.rubeo@state.co.us
- **Colorado School Safety Specialist Academy:**
 - The Academy will be held virtually the **week of June 7th – 11th** from 8:00 AM until 12:30 PM.
 - We will be posting the **application for the Academy in the April E-Update**. We are asking candidates to be those tasked with school safety responsibilities for your school or district.
 - This first cohort will be **limited to 25 participants** and will require a completed application and a short letter or email from their supervisor confirming their school safety responsibilities in the school/district. *No more than one candidate per school will be selected.*
 - Candidates will be reviewed on a **first-come, first-served basis** and notified no later than April 30, 2021 of their selection.
- **Healthy Kids Colorado 2019 Survey Results - [Dashboard Link](#)**
 - [Teen Vaping: What Parents Need to Know](#) from the **Journal of the American Medical Association**.
 - **National Jewish has a vaping program just for teens. [My Life, My Quit.](#)**

Kindest regards,

Chris Harms

christine.harms@state.co.us

303.912.6915

COLORADO SCHOOL SAFETY RESOURCE CENTER TRAINING - Workshop is ON!

Resiliency for Educators: Techniques for Self-Care and Peer Support, Train-the-Education Virtual Training

- **REMS TA Center's Resilience Strategies for Educators: Techniques for Self-Care and Peer Support Train-the-Educator (TtE) Virtual Training by Request will be held on Thursday, March 18th**
- Hosted by the [CSSRC](#) in collaboration with the [REMS TA Center](#)
- Learn about resilience strategies following emergency events and how to engage in and teach others about this critical topic.
- These resilience strategies are aimed at helping educators and school staff increase their ability to work more effectively with students impacted by stress, loss, and trauma brought on by emergency events, such as community or family violence, and economic hardship.
- Participants will leave the training with the knowledge and hands-on skills needed to implement steps to prevent compassion fatigue. They will also leave with a detailed action plan that includes specific steps and timelines for implementation and application at the school district or school-site level.
- Intended audience: School district and school administrators, educators, counselors, school psychologists, school social workers, and support staff. Also applicable for local mental/behavioral health practitioners and other community partners.
- **When: Virtually on Thursday, March 18th, from 8:00 AM until noon**
- **Cut off for registration is Monday, March 15, 2021 at 3:00 PM.**
- [View the flyer here!](#)
- **How: Registration link is [here](#).**
- **Cost: No cost**



SAVE THE DATE - Annual IHE Summer Safety Symposium

- This is the annual summer symposium initially designed for staff of institutions of higher education (IHE) by the [Colorado School Safety Resource Center](#) but K-12 staff who attend find much that pertains to them as well. All are welcome!
- **When: Virtually on Tuesday, June 15th, from 8:00 AM until 3:45 PM**
- **What: Four Plenaries including-**
 - Sarah J. Powell, Ph.D., the Emergency Manager for Temple University, Philadelphia, PA. Dr. Powell will address the group on the Neuroscience of Stress including the stress of the COVID pandemic.
 - Jason R. Kilmer, Ph.D., cannabis researcher at the University of Washington who will speak on the impact of marijuana on young adults.
 - Jennifer Landhuis, M.S., Director of the Stalking Prevention, Awareness and Resource Center (SPARC) will address Stalking on College Campuses.
 - Margaret Ochoa, J.D. and Brad Stiles, M.A. from CSSRC will discuss other policies vital to concurrent students enrolled on college campuses.
- [Draft Agenda](#)
- **Registration:** Will open in April and will be FREE.



CSSRC Virtual Trainings Continue on Mondays and Fridays in March and April

- We have released the March and April virtual training dates on the training calendar, which can be accessed [here](#).
- These courses are no-cost and, once you complete the evaluation at the end, you will receive a certificate for continuing education hours!
- Although designed for individual attendees, if a school or district would like to offer any of these courses to their staff simultaneously, please contact the listed presenter and details can be

arranged.

- You can contact the center with any questions or concerns by calling 303.239.4435 or by emailing cdps_school_safety_center@state.co.us.

STILL RECRUITING CSSRC STOP Grant: Threat Assessment Training & Implementation

- **The CSSRC is recruiting more sites** for threat assessment training and implementation
- We need sites where CSSRC staff have NOT trained in threat assessment as well as a few where we have trained in the past.
- The lift for school sites is minimal – just training evaluations to complete along with the training and a brief collection of data every six months.
- We also realize that adding another project to your school’s work may be overwhelming right now. Please know that the grant project continues until 9/30/2022. If you believe you might be interested later in the process, please call to get your district/school on the list now.
- **Staff can be paid stipends for the training and data collection under the grant if training is conducted after regular working hours.**
- This final training phase of the grant will extend from September 2020 through August 2021.
- CSSRC staff have been **working with the Governor’s Office of Information Technology and will be piloting a secure, on-line protocol with the sites.** Schools will be able to store their assessments and track the at-risk students’ Response Management Support Plans with automatic notifications for review meetings, among other features. This will be available free of charge to districts even when the grant work is completed.
- **If your school is interested in being one of the 30 sites, below is more information.**
 - [Application](#)
 - [Application Letter](#)
 - [MOU](#)
- Please complete the application and return it to Christine.harms@state.co.us or call Chris if you have any questions. (303.912.6915). We are now scheduling for the Spring, 2021.

SAVE the DATE: 2021 Colorado Safe Schools Summit

- The annual Colorado Safe Schools Summit will be held **virtually** on **October 21 & 22, 2021.**
- This is co-sponsored by the CSSRC, [the Center for the Study and Prevention of Violence at CU, Boulder](#) and [Safe2Tell](#).
- Those that submitted proposals last year when we switched to a speakers’ series will be contacted to see if you would like to present in 2021.
- There will be no charge and since it is virtual, everyone across the state can attend!
- **The Call for Workshop Proposals can be [accessed here](#).**



Center for the Study and
Prevention of Violence
UNIVERSITY OF COLORADO BOULDER

Please Remember: Practicing Your EOPs

- We want to remind you of the Center’s mandate from the Governor’s office which is to **report that all districts have exercised their EOPs (emergency operations plans) within the last year. We have reached a 69% threshold but we are trying for 96%.**
- We appreciate your help with this. If you have an update to the survey sent out previously, please make those adjustments here. [CSSRC Needs Assessment - School Survey](#)
- If you would like a CSSRC staff member to run a **virtual tabletop drill** to satisfy this goal, please contact Brad Stiles at brad.stiles@state.co.us or (303) 349-1549.
- We would be happy to assist!

CSSRC ONLINE COURSE OFFERINGS & ARCHIVED PRESENTATIONS

CSSRC online course links:

- [Link to CSSRC online course offerings](#)

CURRENT EVENTS AND ANNOUNCEMENTS

NEW Bike to School Day

- [Bike to School Day](#) is being held with the [Colorado Department of Transportation](#) and [Safe Routes to School](#) on **May 5, 2021**, after missing last year due to COVID-19!
- There will not be physical mailings this year, but you can download resources for use [here](#).

NEW 2021 Epidemiological Profiles Released

- The [State Epidemiological Outcomes Workgroup \(SEOW\)](#) recently published its 2021 Epidemiological Profiles highlighting state-level data on the consumption, protective and risk factors, and harmful effects of alcohol, marijuana, opioids and tobacco.
- The profiles outline and visualize data in multiple ways, including identifying the extent of problematic use in different regions of the state. A Demographics Profile provides context about Colorado as a whole in order to better inform interpretation of the data through a health equity lens.
- To access the 2021 Epidemiological Profiles, visit the [SEOW website](#).

School Justice Roundtable Meeting

- On October 15, 2020, the [Colorado Attorney General's Office](#) brought together educators, school district officials, parent- and student-led community organizations, restorative justice practitioners, academic researchers, community-based service providers, state government leaders, and other interested community members committed to addressing school justice issues.
- The Roundtable focused on how school discipline policies and practices—notably, an overreliance on punitive measures such as suspension, expulsion, or criminal arrest and citation rather than an emphasis on healing-centered restorative approaches—reduce the likelihood of graduation and place students on a path toward revolving involvement with the criminal justice system. The Attorney General's Office convened the Roundtable as part of our commitment to improving the criminal justice system and to determine how best Colorado can address concerns related to school justice.
- **Please find a copy of the report [here](#).**



WEBINARS and OTHER ONLINE LEARNING COURSES for K-12 & IHE

NEW Engaging the Political Pendulum and its Impact on National Security

- This workshop is provided by the [Counterterrorism Education Learning Lab \(CELL\)](#)
- **When: March 1, 2021, 7:00 pm - 8:00 pm**
- **What:** "How will the Biden administration impact domestic extremism, foreign policy, and the pandemic?"
- There are only a few free tickets still available.
- Register [here](#).

NEW Who's Doing What?: The Epidemiology of Adolescent Substance Use

- This webinar is being hosted by the [Hilton Adolescent SBIRT Project](#).
- **When: March 4, 2021, 10:00 am**
- **What:** "We will discuss the substances most often used by youth, look at trends in youth substance use over time, and discuss the protective role of family and positive social supports."
- Register [here](#).

NEW Addressing the Intersection of Substance Use and Suicide: Strategies for Prevention, Intervention, and Treatment

- This webinar is being hosted by the [Hilton Adolescent SBIRT Project](#).
- **When: March 10, 2021, 12:00 pm**
- **What:** "This webinar describes suicide risk among those who misuse substances



and details multiple strategies for joint prevention, intervention, and treatment in the community and in various service settings.”

- Register [here](#).

NEW SBIRT and Sexual & Gender Minority (SGM) Youth

- This webinar is being hosted by the [Hilton Adolescent SBIRT Project](#).
- **When: March 16, 2021, 10:00 am**
- **What:** “This webinar provides an overview of the unique needs and challenges sexual and gender minority youth experience, discusses health disparities associated with alcohol and substance use, and reviews strategies for integrating adolescent screening, brief intervention, and referral to treatment (SBIRT) appropriately into care.”
- Register [here](#).

NEW Adolescents, Young Adults and Opioid Use: When Is It a Problem? What to Do?

- This webinar is being hosted by the [Hilton Adolescent SBIRT Project](#).
- **When: March 25, 2021, 12:00 pm**
- **What:** “This webinar will explore 1) vulnerabilities to developing an opioid addiction 2) warning signs that a young person is misusing a prescription 3) conversations (that take 3 minutes or less) that can help prevent misuse of medication and 4) various options for treatment with the pros and cons of each.”
- Register [here](#) for the upcoming event or watch recorded previous events..

NEW Mental Health Technology Transfer Center Network MHTTC Virtual Trainings

- [Mental Health Technology Transfer Center Network \(MHTTC\)](#) is hosting a large variety of webinars and trainings that include but are not limited to:
 - Advanced Topics in Strengthening Youth/Young Adult Peer Support: Youth Peer Support Specialists' Role in Crisis Intervention and Postvention
 - Staying Connected with Students and Youth during COVID-19 Part 1: Why Social Connection is Important for Mental Health
 - Supporting LGBTQ+ Youth in Schools: Improving the school experiences of LGBTQ+ students
 - The Relationship between Loneliness, Isolation, and Social Distancing
 - Coping and Self-Care through Trauma
 - Healing School Communities in the Context of Racial Violence: Where do we go from here? - Session 2
- View more webinars and trainings and register for them [here](#) on their [training calendar](#)

NEW Substance Use Interventions for Adolescents and Transitional Age Youth

- This webinar is being hosted by the [Hilton Adolescent SBIRT Project](#).
- **When: April 7, 2021, 1:00 pm**
- **What:** “In this free webinar, participants will learn an approach to conduct proper screening, brief intervention and referral to treatment for young adults (ages 18-25) at risk for substance use disorders”
- Register [here](#).

Still Available at No-Cost LivingWorks Start Program - One-hour gatekeeper training

- The [Office of Suicide Prevention](#) of [CDPHE](#) is pleased to provide our partners across Colorado FREE access to the LivingWorks Start **suicide prevention gatekeeper training**. LivingWorks Start is a one-hour, online, interactive training program that gives you the skills and knowledge to keep family, friends, co-workers, and others safe from suicide. For more information, click [here](#).
- To access the training, click [here](#) and enter access code: OSP Gen. Please note that we have a limited number of licenses available for use available on a first come, first served basis. Please do not share the URL and access code outside of Colorado.

- *LivingWorks Start works best with Google Chrome, Firefox, or Microsoft Edge browsers.
- It is not Internet Explorer compatible. If you have any questions or issues accessing the training, please contact Dymond Ruybal at Dymond.Ruybal@state.co.us.

OTHER COLORADO TRAININGS and EVENTS

NEW Helping Teens Thrive...Together

- This virtual event is being held by the [Jefferson Center](#)
- **When: March 6, 2021, 10:00 am - 12:00 pm**
- **What:** "Joining to participate in engaging sessions and activities focused on communication, skill building and connectedness to prevent suicide."
- View more information and register [here](#).

Motivational Interviewing Training

- This training is offered by [EPIC](#) with the [Division of Criminal Justice](#).

- **When:**

- **Intro to Motivational Interviewing:**
 - **March 22, 23, 25, 26;**
 - **April 5, 6, 8, 9;**
 - **May 10, 11, 13, 14, 24, 25, 27, 28;**
 - **June 21, 22, 24, 25;**
- **Advanced Motivational Interviewing:**
 - **March 8, 9, 11, 12;**
 - **April 19, 20, 22, 23;**
 - **June 7, 8, 10, 11;**



COLORADO
 Division of Criminal Justice
 Department of Public Safety

- **What:**

- **Intro to Motivational Interviewing:** "Motivational Interviewing is a collaborative conversation style for strengthening a person's own motivation and commitment to change. It involves the strategic use of technical skills within a supportive context to facilitate movement towards one's goals. This introductory, interactive course will lay the foundation for participants to be able to identify meaningful behavior change goals and apply skills that will help unlock their client's change potential."
- **Advanced Motivational Interviewing:** "Building on the foundation established in MI 101, participants will gain deeper understanding and application of specific strategies and supportive environmental factors that enhance a change process. This workshop heavily focuses on practicing and providing/receiving timely feedback of principles and concepts learned throughout both MI 101 and 102."

- You can create your EPIC training account and register for the training [here](#).

QPR Train the Trainer - Suicide Gatekeeper Training

- This training is being hosted by the [Alliance for Suicide Prevention](#)

- **When:**

- **March 22, 2021**
- **April 14, 2021**
- **June 11, 2021**

- **What:** "Learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help in the 90-minute training for adults"

- **Cost: \$510**

- You can obtain more information or register by emailing Kimberly Pratt at kim@suicideprevent.org.

- **Please note that the CSSRC offers this training to schools for only the cost of the materials**
- **Please call the Center at 303-239-4435 for more information**

The Summer - Still Virtual

- [The I Love U Guys Foundation](#) will be hosting the virtual event, and their primary audience is “Law enforcement, school personnel, victim advocates, mental health professionals, emergency and risk managers, school safety teams and all first responders.”
- You can view more information and register for the July 11 event [here](#).



NATIONAL TRAININGS and EVENTS

NEW 2021 Virtual STAR-Center Conference

- The conference is titled “Preventing Suicide in Children and Youth: Building Resilience in the Face of Adversity” and is being held by [UPMC Western Psychiatric Hospital, Department of Psychiatry](#).
- **When: May 14, 2021, 8:30 am - 3:30 pm**
- **What:** “Annual conferences strive to disseminate what we have learned about best practice clinical care into practical guidelines for educational and community settings.”
- View more information and register [here](#).

NEW Global Implementation Summit

- For the first time, [IMPACT Learning and Leading Group](#) is holding the K-12 Global Implementation Virtual Summit.
- **When: May 25 - 27, 2021**
- **What:** “brings together the global education community to share and discuss the who, why, where, when, and how of strategic implementation and its direct application toward obtaining the results promised by evidence-based practices.”
- View more and register [here](#).

CURRENT GRANT OPPORTUNITIES

Botvin LifeSkills Training (LST) High School Program Implementation

- [The Center for the Study and Prevention of Violence \(CSPV\)](#) at the [University of Colorado Boulder](#) is offering a grant to implement this program.
- “LST High School is a 10-session social and emotional skill-building, as well as a substance abuse (including vaping) and violence prevention curriculum.”
- **Applications are due March 10, 2021.**
- You can view more information and necessary materials [here](#).

NEW Suicide Prevention for School Districts Grant Opportunity

- The [Office of Suicide Prevention](#) is offering this Request for Applications (RFA) as a competitive funding opportunity to enhance comprehensive suicide prevention and crisis response for public schools and school districts.
- The purpose is to provide funding for public schools and school districts to implement crisis and suicide prevention strategies, with priority given to public schools or school districts that have not received suicide prevention training previously.
- Application details can be found [here](#), and the **deadline to apply is April 16, 2021.**
- If interested in applying, please join (or watch later) the [Information session on March 2nd](#) at Noon.



Nourish Colorado Grants Available

- [Nourish Colorado](#) formerly LiveWell Colorado has changed quite a bit and we encourage you to view the new program and information [here](#).



RESOURCES and INFORMATION for Pre K-12 SCHOOLS

NEW Suicide Prevention Materials

- [The Office of Suicide Prevention](#) within the [Colorado Department of Public Health and Environment](#) has a number of materials to share.
- To order Man Therapy and other suicide prevention materials, please fill out and send [this form](#) to CDPHE_Suicide Prevention@state.co.us
- To order [QPR](#), [safeTALK](#) or [MHFA](#) materials click the embedded link within each name.

NEW Safe2Tell Youtube Channel

- [Safe2Tell](#) has updated their [Youtube channel](#) with playlists and new content.
- In addition to the new content and information, Safe2Tell will be offering a giveaway of free swag packages to 5 winners that subscribe by March 5.
- Email Mark Lanning directly with your username and school/district if you subscribed to be entered, Mark.Lanning@coag.gov

NEW School Transportation's Role in the Fight Against Human Trafficking

- This virtual briefing was provided by [Busing on the Lookout](#) in January 2021.
- "Busing on the Lookout's goal is to saturate the school transportation community with our free, industry-specific anti-trafficking training materials."
- You can view the virtual briefing from January 2021 [here](#).
- You can view more information and resources on Busing on the Lookout's website [here](#).



NEW Gaggle Therapy

- [Gaggle Therapy](#) matches students with counselors licensed in Colorado to offer weekly therapy sessions.
- Each therapy session takes place over a secure HIPAA compliant video call, making it easy and accessible for students to meet with their therapist.
- Students can meet with therapists from home or school and can schedule appointments for after school, evenings, or weekends, so they don't have to miss class and valuable learning time.
- There are no out-of-pocket costs for students to use Gaggle Therapy, connecting mental health services with students who may not be able to access it otherwise
- See their flyer [here](#).
- Please Contact: Tina Shanks for more information: (210) 860-2565 or tina@gaggle.net

NEW Summer Food Service Program (SFSP)

- The [Summer Food Service Program \(SFSP\)](#) within the [Colorado Department of Education](#) provides an opportunity to continue offering nutritious meals at no cost to families during the summer when youth no longer have access to school meals.
- "The Summer Food Service Program (SFSP) provides free breakfast, lunch, snack and supper to youth in Colorado all summer long. Anyone 18 years of age and younger is welcome to eat a meal with their friends at participating sites throughout the summer."
- View more information on the program and how to participate [here](#).



Event Recording: Managing Stress and Anxiety

- Earlier this year, [NIMH](#) conducted a livestream event on managing stress and anxiety.
- Krystal Lewis, Ph.D., a licensed clinical psychologist at NIMH, discussed coping techniques on how to maintain your mental health during the pandemic and when to get professional help.
- She ended the discussion with a brief guided imagery. If you need a quick break, take a look.
- The link is [here](#).

Follow the Colorado School Safety Resource Center on Twitter

- For the latest school safety information between monthly E-Updates, follow [@CoSSRC](#) on Twitter.
- Featuring daily updates on new research, resources, upcoming trainings, and Center activities.



[Follow us on Twitter](#)

THE CSSRC IS AVAILABLE to any pre-K through higher education school to assist in your school safety planning. Our mission is to provide **no-cost consultation, resources, training and technical assistance** that can help you create a safe, positive, and successful school. We can customize a variety of trainings for your school safety and crisis planning teams or your school staff as you plan and train this school year. We invite you to continue monitoring our website (www.Colorado.gov/CSSRC) for the latest school safety information and upcoming trainings. **Call us at: 303-239-4435.**



COLORADO
School Safety Resource Center
Department of Public Safety

Thank you for supporting safe and positive schools in Colorado!

Colorado School Safety Resource Center

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Supporting Safe and Positive Colorado Schools