

#### **June 2021**

E-UPDATE FROM CSSRC ~ You are receiving this email as a subscriber of the Colorado School Safety Resource Center's (CSSRC) listserv.

E-Updates from the CSSRC will contain the most current information about the Center's activities and resources, as well as other school safety efforts throughout the state of Colorado and relevant national resources. Please forward this to others on your email list who have an interest in supporting safe and positive schools in Colorado. They may register for this listserv on our website <a href="https://www.Colorado.gov/CSSRC">www.Colorado.gov/CSSRC</a>.

## THE DIRECTOR'S CORNER

# **Happy Summer!**

Wishing everyone some rest and relaxation this summer. I hope that we will be back to a more normal school year in August.

# **Updates from the Center:**

- The staff of the CSSRC will be holding the inaugural Colorado
   School Safety Academy the week of June 7<sup>th</sup>. We have 25 participants from all over the state and we look forward to feedback on their experiences along with suggestions as we plan to conduct this annually.
- One June 15<sup>th</sup> the **IHE Summer Safety Symposium** will feature four plenary sessions. Please see the registration information below.
- You will also find information below about the October Summit, November Suicide Symposium and other events coming this fall.
- Mark Pokorny, Environmental & Emergency Preparedness Manager at Metro State University and a
  member of the CSSRC Advisory Board, extended his offer of assistance with chemical storage, waste
  disposal, or dealing with any other potentially hazardous materials. In the past, there have been
  problems with chemicals in schools and he is aware of effective, inexpensive solutions to handle
  these issues. Simply email Mark for assistance: mpokorn1@msudenver.edu
- Finally, we sadly say a fond farewell to **Dustin Hunter** our School Outreach Consultant. Dustin and his wife are moving to the east coast to be closer to family. Dustin has been with us for four years and we will miss him and wish them both well!
- Join our CSSRC Team: Applications for the School Outreach Consultant will be accepted until 5:00 PM, June 7<sup>th</sup>.

**School Outreach Consultant** 

Kindest regards, *Chris Harms* <u>christine.harms@state.co.us</u> 303.912.6915

## COLORADO SAFETY RESOURCE CENTER TRAINING

# FAST Approaching: Annual IHE Summer Safety Symposium

- This is the annual summer symposium initially designed for staff of institutions of higher education (IHE) by the <u>Colorado School Safety Resource Center</u> but K-12 staff who attend will find much that pertains to them as well. All are welcome!
- When: Virtually on Tuesday, June 15th, from 8:00 AM until 3:45 PM
- What: Four Plenaries including-
  - Sarah J. Powell, M.A., the Emergency Manager for Temple University, Philadelphia, PA. Dr.
     Powell will address the group on the Neuroscience of Stress including the stress of the COVID pandemic.
  - Jason R. Kilmer, Ph.D., cannabis researcher at the University of Washington who will speak on the **impact of marijuana on young adults.**
  - Jennifer Landhuis, M.S., Director of the Stalking Prevention, Awareness and Resource Center (SPARC) will address stalking on campuses.
  - Margaret Ochoa, J.D. and Brad Stiles, M.A. from CSSRC will discuss other policies vital to concurrently enrolled and other minors on college campuses.
- Agenda
- Registration: Is FREE and the link is <a href="here">here</a>. However, you must be registered to get the link for the day's events.



# NOW SCHEDULING FOR SUMMER & FALL WORKSHOPS - CSSRC STOP Grant: Threat Assessment Training & Implementation

- The CSSRC is recruiting more sites for threat assessment training and implementation.
- We need sites where CSSRC staff have NOT trained in threat assessment as well as a few where we have trained in the past.
- The lift for school sites is minimal just training evaluations to complete along with the training and a brief collection of data every six months.
- We also realize that adding another project to your school's work may be overwhelming right now.
   Please know that the grant project continues until 9/30/2022. If you believe you might be interested later in the process, please call to get your district/school on the list now.
- Staff can be paid stipends for the training and data collection under the grant if training is conducted outside of regular working hours. Train this summer and staff receive stipends!
- This final training phase of the grant will extend through August 2021.
- Don't miss this opportunity: CSSRC staff have been working with the Governor's Office of Information Technology and will be piloting a secure, on-line protocol with the sites.
   Schools will be able to store their assessments and track the at-risk students' Response Management Support Plans with automatic notifications for review meetings, among other features. This will be available free of charge to districts even when the grant work is completed.
- If your school is interested in being one of the 30 sites, below is more information.
  - Application
  - Application Letter
  - o MOU
- Please complete the application and return it to <a href="mailto:Christine.harms@state.co.us">Christine.harms@state.co.us</a> or call Chris if you have any questions. (303.912.6915). We are now scheduling for the Spring, 2021.

# **CSSRC Virtual Trainings will Resume in August**

- We have discontinued virtual training in June and July.
- We will see you again in August!

#### **REGISTRATION IS OPEN: 2021 Colorado Safe Schools Summit**

- The annual Colorado Safe Schools Summit will be held virtually on October 21 & 22, 2021.
- This is co-sponsored by the CSSRC, the Center for the Study and Prevention of Violence at CU, Boulder and Safe2Tell.



- There will be no charge and since it is virtual, everyone across the state can attend!
- Keynote speakers will be:
  - Dr. David Schonfeld, Executive Director of the National School Crisis & Bereavement Center who will speak on helping students with grief and loss.
  - **Kent MacLennan**, Executive Director of Rise Above Colorado who will speak on using social norming for substance abuse prevention.



- Twenty-four workshops have been chosen and can be seen on the agenda.
- The agenda is <u>here</u>.
- Register to attend the event <u>here</u>.

# SAVE THE DATE - Suicide Prevention Symposium

- The annual Youth Suicide Prevention & Intervention Symposium will be held virtually on **Thursday**, **November 4, 2021.**
- This is co-sponsored by the CSSRC, the Office of Suicide Prevention and CDE.
- Keynote speakers will be Brandon Johnson from SAMHSA who will address minority youth mental health issues and John Ackerman who is the Suicide Prevention Coordinator for the Center for Suicide Prevention and Research at Nationwide Children's Hospital who will discuss postvention in schools.
- The afternoon will be devoted to creating a suicide stratagy in your district and the CSSRC Youth Suicide Assessment and Intervention Toolkit for mental health providers who want to be trained to use the new instruments.
- Draft agenda is <u>here</u>.

# **CSSRC ONLINE COURSE OFFERINGS & ARCHIVED PRESENTATIONS**

#### CSSRC online course links:

• Link to CSSRC online course offerings

## **CURRENT EVENTS AND ANNOUNCEMENTS**

**NEW** The <u>CDPHE Comprehensive Human Sexuality Education (CHSE) Program</u> is seeking new members for the CHSE Oversight Entity. Specifically looking for representatives for the following open positions:

- School-Based Health Centers or a School Nurse Representative
- K- 12 Educator Representative
- Interfaith Organization
- Organization Serving LGBTQ+ Youth
- Organization Serving the Needs of Youth with Disabilities
- Youth Representative

Applications are due June 3rd at 5pm and can be accessed here.

#### **NEW School Mental Health & School Safety Professionals' Groups**

For the last few years, the CSSRC has facilitated informal meetings of school staff who oversee either suicide prevention and intervention or threat assessments in their buildings. We have been asked to set regular meetings for these professionals and separate them into two groups: **Suicide Prevention Professionals and Threat Assessment Professionals**. We will set these meetings for the second Tuesday of the month starting in September. The meetings will be virtual to allow more of our rural colleagues to join us. The calendar is below:

September 14, 2021 from 2:00 - 3:30	Suicide Prevetion Professionals/Suicide Prevention Discussion
October 12, 2021 from 2:00 - 3:30	Threat Assessment Professionals/Threat Assessment Discussion
November 9, 2021 from 2:00 - 3:30	Suicide Prevention Professionals/Suicide Prevention Discussion
January 11, 2022 from 2:00 - 3:30	Threat Assessment Professionals/Threat Assessment Discussion
February 8, 2022 from 2:00 - 3:30	Suicide Prevention Professionals/Suicide Prevention Discussion
March 8, 2022 from 2:00 - 3:30	Threat Assessment Professionals/Threat Assessment Discussion
April 11, 2022 from 2:00 - 3:30	Suicide Prevention Professionals/Suicide Prevention Discussion

A calendar invite will be sent to all those currently on the list to participate. Others are welcome to join the groups by sending an email to <a href="Melissa.rubeo@state.co.us">Melissa.rubeo@state.co.us</a>. Please specify which group you are interested in attending although you are welcome to join both.

## Thank you!

# **NEW Teacher Programming Assessment Form**

- Members at the <u>University of Colorado Anschutz</u> campus were given a grant through the Office of Behavioral Management to focus on helping support teachers this upcoming academic year. We know it is the busiest time of year, and humbly ask that you take 5 to 10 minutes of your time during the next couple of weeks to fill out this survey. Two teachers who fill out the survey will receive a \$100 dollar amazon gift card. Anyone who submits prior to 6/4/2020 will be eligible for the gift cards.
- <u>Survey</u>: This <u>survey</u> will be anonymous, and all data collected will be used in aggregate. In the survey, you will be able to provide an email to be entered in the gift card sweepstakes.

# NEW 9-8-8 Listening Sessions in June

- Colorado's 9-8-8 Implementation Planning Committee will host two virtual listening sessions in June. The Committee is responsible for submitting a report to OBH in September advising on key capacity, funding, and communication issues as it prepares for 9-8-8's launch. Last year, the FCC adopted rules to establish 9-8-8 as the new, nationwide, 3-digit phone number for Americans in crisis to connect with suicide prevention and mental health crisis counselors by July 16, 2022. Please register using the links below to join one of the upcoming listening sessions and weigh in!
  - o June 9, 2021, 5:30 p.m
  - o June 10, 2021, 12:00 p.m
- Visit the Committee's webpage for more information. Send questions to christopherx.miller@state.co.us

#### **CCAPS Video Advocacy Project**

- The <u>Colorado Child and Adolescent Psychiatry Society</u> is seeking to "provide a forum for Colorado's kids to share their perspectives on what their mental health needs are in their own words and on their own terms."
- "Each student participant needs to return a media release form signed by their parents that allows us to utilize the content for the creation of this video project."
- View more information on the project and how to participate <u>here</u>.

# WEBINARS and OTHER ONLINE LEARNING COURSES for K-12 & IHE

# **NEW** Teaching for Equity and Justice Summit

- <u>Facing History and Ourselves</u> is offering multiple webinars "focused on supporting educators as they
  interrogate 'standard' perspectives and materials and seek to incorporate more culturally inclusive
  and equitable practices in their teaching."
- What and when:
  - <u>Teaching for Equity and Justice Summit</u>, July 13 15, 2021
    - "Through interactive and critically conscious pedagogy, educators will examine the history of American education, current systems of inequity, and gain the tools necessary to address these barriers to equity."
  - o Identity, Membership and Belonging: A Summit on Teaching Immigration, July 27 29, 2021
    - "We will consider how the choices and actions of immigrants have shaped ideas about freedom and democracy and influenced what it means to be American."
- Click on the webinar above to register.

# Still Available at No-Cost LivingWorks Start Program - One-hour gatekeeper training

- The Office of Suicide Prevention of CDPHE is pleased to provide our partners across Colorado FREE access to the LivingWorks Start suicide prevention gatekeeper training. LivingWorks Start is a one-hour, online, interactive training program that gives you the skills and knowledge to keep family, friends, co-workers, and others safe from suicide. For more information, click here.
- To access the training, click <a href="here">here</a> and enter access code: OSP Gen. Please note that we have a limited number of licenses available for use available on a first come, first served basis. Please do not share the URL and access code outside of Colorado.
- LivingWorks Start works best with Google Chrome, Firefox, or Microsoft Edge browsers.
- It is not Internet Explorer compatible. If you have any questions or issues accessing the training, please contact Dymond Ruybal at <a href="mailto:Dymond.Ruybal@state.co.us">Dymond.Ruybal@state.co.us</a>.

# OTHER COLORADO TRAININGS and EVENTS

# **Motivational Interviewing Training**

- This training is offered by <u>EPIC</u> within the <u>Division of Criminal Justice</u> at the <u>Colorado Department of</u> Public Safety.
- When:
  - Intro to Motivational Interviewing:
    - June 21, 22, 24, 25;
  - Advanced Motivational Interviewing:
    - June 7, 8, 10, 11;
- What:
  - Intro to Motivational Interviewing: "Motivational Interviewing is a collaborative conversation style for strengthening a person's own motivation and commitment to change. It involves the strategic use of technical skills within a supportive context to facilitate movement towards one's goals. This introductory, interactive course will lay the foundation for participants to be able to identify meaningful behavior change goals and apply skills that will help unlock their client's change potential."
  - Advanced Motivational Interviewing: "Building on the foundation established in MI 101,
    participants will gain deeper understanding and application of specific strategies and supportive
    environmental factors that enhance a change process. This workshop heavily focuses on
    practicing and providing/receiving timely feedback of principles and concepts learned throughout
    both MI 101 and 102."



- You can create your EPIC training account and register for the training here.
- EPIC's office is closing at the end of June so get your training before they are gone!

#### 10th Annual Restorative Practices in Schools Summer Training Institute

- Restorative Solutions is holding their annual event virtually this year!
- When:
  - June 7-8, 2021: Introduction to Restorative Practices in Schools;
  - June 10-11, 2021: Restorative Mediation & Conferencing;
  - June 14-15, 2021: Active Implementation & Evaluation;
- What: "Implementing restorative practices is about supporting the hearts and minds of your students, teachers, staff, and parents so they are focused on strengthening and repairing relationships to establish and maintain healthy and productive learning communities."
- View more information and register <u>here</u>.

## **Colorado Collaborative Youth Summit 2021**

- This training is being held by the <u>Colorado Department of Public Health and Environment (CDPHE)</u> and the <u>Rocky Mountain Public Health Training Center.</u>
- When: June 8 11, 2021
- What: "This event aims to strengthen collaboration efforts across organizations and funders; build skills to enhance implementation of evidence-based prevention practices, policies, and programs; and highlight successful efforts of community-led coalitions."
- View more information and register here.

#### **QPR Train the Trainer - Suicide Gatekeeper Training**

- This training is being hosted by the Alliance for Suicide Prevention of Larimer County.
- When:
  - o June 11, 2021
- What: "Learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help in the 90-minute training for adults
- Cost: \$510
- You can obtain more information or register by emailing Kimberly Pratt at <a href="kim@suicideprevent.org">kim@suicideprevent.org</a>.
   Please note that the CSSRC offers this training to schools for only the cost of the materials.
   Please call the Center at 303-239-4435 for more information

#### **NEW 2021 CSSP Virtual Summer Institute**

- The <u>Colorado Society of School Psychologists (CSSP)</u> is holding their Summer Institute virtually this year.
- When: June 17, 2021, 1:00 pm 4:30 pm
- What: Two presentations "Preventing targeted violence and violent extremism in schools using public health approaches and threat management approaches" and "Thinking Creatively About Strength-Based Behavioral Support"
- View more information and register here.

#### NEW 2021 Regional School Safety Conference

- The <u>Colorado Association of School Resource Officers (CASRO)</u> is hosting their annual Regional School Safety Conference on June 28 30, 2021.
- Where: DoubleTree by Hilton Grand Junction, 743 Horizon Dr., Grand Junction, CO 81506
- View more information and join the waitlist <u>here</u>.

#### The Summer BRIEFING- Still Virtual

- <u>The I Love U Guys Foundation</u> will be hosting this event virtually, and their primary audience is "Law enforcement, school personnel, victim advocates, mental health professionals, emergency and risk managers, school safety teams and all first responders."
- You can view more information and register for the July 11th event <a href="here">here</a>.



# **NATIONAL TRAININGS and EVENTS**

# **NEW 2021-2022 No Place for Hate Registration**

- The Anti-Defamation League (ADL) has opened their 2021-2022 No Place for Hate Registration site.
- Useful information:
  - <u>Frequently Asked Questions -</u> which contains the fee structure
  - How to Become a No Place for Hate School contains the required steps a school must complete within a school year
  - Questions to Consider provides a chance for school administrators to consider if their school staff is ready, consider other programs in their buildings, etc., prior to registering
  - <u>Training and Workshops</u> describes training and workshops are optional and discounted for NPFH schools
- View more information on the registration <u>here</u>.

# **NEW 2021 Youth Summit**

- The Coalition for Juvenile Justice (CJJ) is offering their annual Youth Summit in person and online.
- When: August 9 10, 2021
- What: "The Summit aims to cultivate and empower the next generation of leaders by providing them with the tools they need to leverage their passion and lived expertise."
- View more information and register here.

# **CURRENT GRANT OPPORTUNITIES**

## **Nourish Colorado Grants Available**

<u>Nourish Colorado</u> formerly LiveWell Colorado has changed quite a bit and we encourage
you to view the new program and information <u>here</u>.



# **RESOURCES and INFORMATION for Pre K-12 SCHOOLS**

#### **NEW** Revisions to Best Practice Recommendations for Drills

- In December of 2014 <u>National Association of School Psychologists</u> (NASP) and the <u>National Association of School Resource Officers</u> (NASRO) released their document Best Practice Considerations for Armed Assailant Drills in Schools. They have now released a revision.
- You can view the revised document <u>here</u>.

#### NEW Safe2Tell Summer Campaign

- <u>Safe2Tell</u> has shared their summer campaign titled "Summer Vibes Stayin Alive" to help spread the word about Safe2tell being available over the summer.
- Here is the letter regarding the campaign in Spanish and English.

#### **Free Operable Communications App and Workbook**

- <u>School Safety Network</u> is helping schools and school districts install on phones and desktops a free encrypted communications system developed by the Signal Technology Foundation and Signal Messenger.
- "It uses the Internet to send one-to-one and group messages, which can include files, voice notes,

- images and videos. It can also be used to make one-to-one and group voice and video calls, and the Android version can optionally function as an SMS app.
- Millions of people use Signal every day for free and instantaneous communication anywhere in the world.
- Schools use the system to conduct secure private online group school safety training sessions and exercises, and to coordinate emergency responses solely within the school or district. No usage information whatsoever is saved by Signal and the service is advertising-free.
- School Safety Network provides free learning materials for Signal users. The Basic School Safety
  Functional Exercise Workbook is first in a series of guides on how to use team communications to
  effectively respond to school emergencies.
- Visit <u>School Safety Network</u> to access Signal directly from the Signal Technology Foundation, download the Workbook, and to request free assistance from certified school safety trainers.
- Readers can contact School Safety Network Chair John Simmons directly for assistance by emailing him at john@schoolsafety.net."

#### **Distracted Driving Awareness Month Toolkit**

- The <u>Colorado Department of Transportation (CDOT)</u> created this toolkit to help you "take a stand against distracted driving by shining a light on the impact and impression distracted driving has on those around us."
- "In 2019, there were 15,510 driving-related crashes in Colorado, resulting in 4,361 injuries and 39 fatalities--that's 42 crashes each day. Despite the severe consequences of distracted driving, according to a 2020 survey of Colorado drivers, 92% reported driving distracted within the past seven days of responding"
- View the toolkit <u>here</u>.

#### Care Process Model for Pediatric Traumatic Stress

- The <u>National Child Traumatic Stress Network (NCTSN)</u> created "a brief screening and response
  protocol guiding the identification of and response to traumatic stress in children seen in healthcare
  and other pediatric settings, such as primary care clinics and Children's Advocacy Centers."
- View more information and the Care Process Model (CPM) here.

## Stand Stronger: Powerful and Practical Pandemic Insights to Increase High School Student Success

- The <u>Center for High School Success</u> has released a three page informational brochure that "features seven stand-out high school practices that made a difference this year and could be applied to increase student success next school year and beyond."
- View the brochure <u>here</u>.

#### **Equity Resources for Districts and BOCES**

- The <u>Colorado Department of Education (CDE)</u> has released information and resources for school districts and BOCES related to Equity, Diversity and Inclusion.
- Access the information and resources here.

## "Handle With Care" Model

- The West Virginia Center for Children's Justice has released the "Handle with Care" model.
- "If a law enforcement officer encounters a child during a call, that child's information is forwarded to the school before the school bell rings the next day. The school implements individual, class and whole school trauma-sensitive curricula so that traumatized children are "Handled With Care". If a child needs more intervention, on-site trauma-focused mental healthcare is available at the school."
- If a school or law enforcement agency is interested in adopting this model, please see the West Virginia website for more information.
- Staff from the CSSRC can also connect you to a colleague in another state that is using the model, if

you so desire. Simply call Chris Harms at 303-912-6915 or <a href="mailto:christine.harms@state.co.us">christine.harms@state.co.us</a>.

View a flowchart on the model here.

#### Roadmap to Reopening Safely and Meeting All Students' Needs

- The <u>Federal Department of Education</u> has released this roadmap that has portions on social
  emotional learning, mental health, special education, inclusive learning environments, inequities,
  staff well-being, and more.
- View more information <u>here</u>.

# RESOURCES and INFORMATION for INSTITUTIONS OF HIGHER EDUCATION

# Follow the Colorado School Safety Resource Center on Twitter

- For the latest school safety information between monthly E-Updates, follow <u>@CoSSRC</u> on Twitter.
- Featuring daily updates on new research, resources, upcoming trainings, and Center activities.



#### Follow us on Twitter

THE CSSRC IS AVAILABLE to any pre-K through higher education school to assist in your school safety planning. Our mission is to provide *no-cost consultation*, *resources, training and technical assistance* that can help you create a safe, positive, and successful school. We can customize a variety of trainings for your school safety and crisis planning teams or your school staff as you plan and train this school year. We invite you to continue monitoring our website (<a href="www.Colorado.gov/CSSRC">www.Colorado.gov/CSSRC</a>) for the latest school safety information and upcoming trainings. Call us at: 303-239-4435.



# Thank you for supporting safe and positive schools in Colorado!

Colorado School Safety Resource Center 700 Kipling Street #1000 Denver, CO 80215 303.239.4435 Fax: 303.239.4510

Email: CDPS School Safety Center@state.co.us

Website: www.Colorado.gov/CSSRC

**Supporting Safe and Positive Colorado Schools**