

July 2019

E-UPDATE FROM CSSRC ~ You are receiving this email as a subscriber of the Colorado School Safety Resource Center's (CSSRC) listserv. E-Updates from the CSSRC will contain the most current information about the Center's activities and resources, as well as other school safety efforts throughout the state of Colorado and relevant national resources. **Please forward this to others on your email list who have an interest in supporting safe and positive schools in Colorado. They may register for this listserv on our website www.Colorado.gov/CSSRC**.

THE DIRECTOR'S CORNER

Exciting NEW Positions Available with the CSSRC team:

Do you want to make a difference in the safety of students in your rural area of the state while networking with various districts and agencies? Does meeting with different people every day, providing training and consultation while traveling close to home appeal to you? If so, one of these positions might be just right for you!

In June, the JBC approved a supplemental budget to the Colorado School Safety Resource Center for the purpose of hiring four regional training consultants to serve rural districts across Colorado this school year.

Attached are the links to each of the four positions. They are divided by the four quadrants of the state: Northwest, Southwest, Northeast, and Southeast. We felt it more important to find the right people before we decide where they will be housed. They will also be provided a state vehicle so that they can service their region easily.

We are looking for **experienced mental health professionals** who can assist school threat assessment teams and cover other prevention topics, but will also learn about emergency preparedness so that they can help schools with topics such as tabletop exercises and functional drills.

Please share this with anyone you think might be appropriate and would like to join our team!

CDPS School Safety Regional Training Consultant (NW Colorado)

CDPS School Safety Regional Training Consultant (NE Colorado)

CDPS School Safety Regional Training Consultant (SE Colorado)

CDPS School Safety Regional Training Consultant (SW Colorado

Chris Harms

COLORADO SCHOOL SAFETY RESOURCE CENTER TRAINING

Stress Debriefing Train-the-Trainer Registration is NOW OPEN!

- After a critical incident has occurred on your school campus, having a psychoeducational protocol that
 mental health professionals can use to help the rest of the staff process the event can be extremely
 helpful. Staff from the Colorado School Safety Resource Center have been trained in such a protocol
 and they would like to share their knowledge and experience with other mental health providers.
- When: Tuesday, August 20, 2019
- Where: Colorado Department of Public Safety campus at 690 Kipling, Lakewood 80215
- Cost: \$50
- Registration is available here.
- This workshop is limited to 20 mental health professionals.
- For more information about this workshop, please call either Chris Harms (303.239.4534) or Dustin Hunter (303.239.4533). Thank you!

Digital Threat Assessment Workshops Registration is NOW OPEN!

- After the successful three-hour introduction to Digital Threat Assessment mining social media for
 possible school threats at the February regional training, the Colorado School Safety Resource Center
 and the <u>Colorado School District Self Insurance Pool</u> will be hosting three one-day workshops
 conducted by <u>Safer Schools Together</u>.
- When:
 - Wednesday, September 25, 2019 BASIC DIGITAL THREAT ASSESSMENT (max 50)
 - Thursday, September 26, 2019 ADVANCED DIGITAL THREAT ASSESSMENT (max 50 with the prerequisite of BASIC DIGITAL THREAT ASSESSMENT with certificate)
 - Friday, September 27, 2019 TRAIN-THE-TRAINER DIGITAL THREAT ASSESSMENT (max 25 with the prerequisite of both BASIC and ADVANCED with certificates)
- Where: Colorado School District Self Insurance Offices 6857 South Spruce Street, Centennial, CO 80112
- Cost: Basic \$120; Advanced \$120; Train-the-Trainer \$240
- Please access the flyer here.

2019 Colorado Safe Schools Summit - Registration is NOW OPEN!

- When: Thursday & Friday, October 24th and 25th
- Where: Adams 12 Five Star Schools Conference Center
- What: Four wonderful keynoters and 24 fabulous workshops
- Keynoters include:
 - O **Dorothy Espelage, Ph.D.**, a leading research expert in bullying and harassment from the University of Florida
 - Howie Shapiro, FBI and Jenny Presswalla, U.S. Department of Homeland Security will present on Preventing Targeted Violence and Extremism in Schools
 - Finessa Ferrell, a national expert on school climate
 - Lynn Riemer, ACT on Drugs
- Sponsored by the <u>Colorado School Safety Resource Center</u>, the <u>Center for the Study and Prevention</u> <u>of Violence at CU-Boulder</u>, and <u>Safe2Tell</u>.
- Register here.
- The agenda will be available in the August E-Update with all of the workshops!

COLORADO SCHOOL SAFETY RESOURCE CENTER NEWS and UPDATES

Updates to the CSSRC Threat Assessment Protocol

- The Center has been facilitating a Threat Assessment Working Group. At the most recent meeting, a cross analysis of threat assessment documents from Colorado and other states was reviewed.
- Although the working group does not expect to adopt a common protocol, efforts have been made to
 assist districts in covering all the necessary information to protect students and hopefully minimize
 risks for the district.
- During this analysis, staff from the CSSRC have made changes to the protocol (originally based on the work of Adams County school districts and the Center) that we have been using for training.
- If your team(s) has been previously trained by CSSRC staff (Brad and Dustin) and you would like more information about the updates to the protocol or additional training, please contact one of the trainers. brad.stiles@state.co.us (303.239.4321) or dustin.hunter@state.co.us (303.239.4533)

CSSRC Youth Advisory Board Applications

- The Center staff has decided that instead of a youth advisory council this coming year, we will offer additional regional trainings for school staff and students as we did in academic year 2018-19.
- Stay tuned for more information about upcoming one-day workshops for students and staff together.
- Thank you!

CURRENT EVENTS AND ANNOUNCEMENTS

NEW Instructor position

- This position is with the <u>University of Colorado Anschutz Medical Campus Department of Pediatrics</u>, Kempe Center for Child Abuse and Neglect.
- The position was initially posted on May 28, 2019.
- View more information and apply <u>here</u>.

Mental Health and Safety Coordinator Job Opening

- This position is with the Weld RE-4 School District
- The position is available on 7/18/2019
- View more information and apply <u>here</u>.

Programs from The Conflict Center

<u>The Conflict Center (TCC)</u> is carrying out its conflict management and violence prevention work through the following universal and primary prevention approaches, serving people of all ages from diverse organizations, schools, and communities. As we prepare for the next school year, consider these programs as part of your intentional, inclusive, positive school cultures.

- Restorative Practices Programs provide schools with the tools and systems necessary to change traditional punitive disciplinary practices through a comprehensive Five Strategy Approach that includes Assessment, Planning, Training, Coaching, and Evaluation. All strategies are geared toward building sustainable classroom management and disciplinary approaches that are effective and equitable, and engage staff and students in processes that build safer, more productive school communities. The ultimate goal of RP is to build the capacity of school staff and leaders to maintain, sustain, and institutionalize restorative practices into school policies by integrating its practice in the classroom, discipline system and overall school culture.
- Skill Building Series Programs teach conflict and anger management skills for improved self-management enabling youth and adults to make positive choices to reduce physical, verbal, and emotional violence in all aspects of their lives. Skill building programs are offered regularly at TCC's building and can also be customized for school and community-based groups. TCC works with all youth, including those who have been identified by juvenile courts and schools as being at risk of delinquency due to high-risk behaviors, teaching emotional intelligence, conflict management, decision making, and problem solving skills. The eight-week teen series includes parent involvement in every other session. Youth classes are designed to help participants to make positive and non-violent choices as they respond to stress and conflict in school, family, and the workplace and, when applicable, prevent further involvement in the criminal or juvenile justice systems.
- Social Norming surveys students about their own actions and what they think their peers are doing.
 Utilizing the results, TCC works with youth leadership to create awareness campaigns and skill building that promote a positive peer culture that supports healthy relationships. Current campaigns are designed to reduce and prevent teen dating violence and sexual assault and build positive norms about healthy relationships.
- Hot Spot Mapping uses surveys, mapping tools, and student leadership to help schools to identify safe
 and unsafe areas in their schools, identify which staff members students feel most comfortable talking to,
 and helps schools to build on these assets. Data is analyzed according to age, race, and gender to identify
 patterns and possible solutions. The goal of Hot Spot Mapping is to empower youth and school staff to
 work together to address areas in and around their school with strategies to increase safety and build on
 the assets within their school.

You can contact Beth Yohe, Executive Director of The Conflict Center, by phone 303.865.5625 or by email beth.yohe@conflictcenter.org

Healthy Kids Colorado Survey (HKCS) WE NEED YOU!

- This fall, schools can participate in the <u>Healthy Kids Colorado Survey (HKCS)</u> and <u>Smart Source</u>.
- The HKCS is an anonymous and voluntary youth survey, serving as Colorado's only representative data on youth health behaviors, social-emotional indicators, and protective factors.
- Smart Source is an inventory of school health best practices, completed by school staff.
- Both surveys are conducted by the Colorado School of Public Health. Any school can participate in both surveys and will receive \$100 for participating in Smart Source. HKCS and Smart Source are complementary efforts.
- Many districts leverage results to monitor trends, apply for grants, inform district policies and practices, and evaluate health programs.
- For more info about participating in HKCS, please email: hkcs@ucdenver.edu
- For more info about participating in Smart Source, please email: smartsource@ucdenver.edu

CSSRC ONLINE COURSE OFFERINGS & ARCHIVED PRESENTATIONS

Coming Soon: CSSRC online course links coming soon:

- The Center is pleased to announce two additions to our library of 15 free online courses. "Informed Supervision for Schools" and "Youth & Marijuana" will be released in July!
 - "Informed Supervision" is an aid to school staff charged with overseeing students who have acted out in a sexually abusive or offensive manner, and
 - "Youth & Marijuana" helps staff and parents understand the history of the commercial marijuana industry in Colorado, the risks it presents to youth, and resources to assist them.
- Please check them out and let us know if they are helpful to you! I
- If you have suggestions for online trainings that would be helpful to you or your staff, contact the Center at 303.239.4435.

What All School Staff Need to Know About Suicide

- This course, released in 2018, is designed for all School Staff to help recognize warning signs and risk factors for suicide, and report a student of concern to a school mental health professional as soon as possible.
- Once completed, staff will receive a certificate for continuing education hours.
- The course can be accessed here.

Sexting: What You Need to Know

The Center's online course for juveniles, <u>Sexting: What You Need to Know</u>, has been available since May of last year.

- A Facilitator's Guide to break down the course and teach it in units is now downloadable, free of charge, on our website. Specifically, the guide divides the lesson into topics including healthy relationships, an analysis of the juvenile sexting law, and risks and consequences of the behavior.
- Accompanying screencasts, pdfs, and activities are included.
- A comprehensive listing of available resources for educators can be found on the Center's website, under "Supplemental Course Resources", on the course web-page here.

To view all online courses, click on the link below.

- Link to CSSRC online course offerings
- Click here to see Live Streams of previous keynote addresses

WEBINARS and OTHER ONLINE LEARNING COURSES for K-12 & IHE

NEW Celebrating Pride: A Conversation with Nancy Kates on Brother Outsider

- This webinar is from <u>Facing History and Ourselves</u>.
- It originally aired on June 13, 2019.

- "In this webinar, we will discuss how to use the documentary to explore Bayard Rustin's identity as a
 gay man of color trying to affect change in the twentieth century, his work as the organizer of the
 March on Washington, and his legacy in the civil rights movement today."
- View the recorded webinar here.

OTHER COLORADO TRAININGS and EVENTS

The Briefings School Safety Symposium

- The 3 day event is being hosted by The I Love U Guys Foundation.
- When: July 7 10, 2019
- Where: Adams 12 Five-Star Schools Conference Center, 1500 E 128th Ave, Thornton, CO 80241
- What: "This 3 day Symposium examines lessons learned from traumatic events and reveals new, preemptive school safety measures growing in multiple realms."
- View more information and register here.

NEW Sources of Strength Train the Trainer

- This training is offered by the <u>Colorado Office of Suicide Prevention</u> and the <u>Colorado Office of</u> Behavioral Health.
- When and Where:
 - July 9 12, 2019, El Paso County
 - O July 29 August 1, 2019, Larimer County
- What: "The Sources of Strength Train the Trainer (T4T) Advanced Skills Session Training offers in-depth and personalized instruction in the Sources of Strength training and program."
- See more information and register here.

2019 CASRO School Safety Conference

- The Colorado Association of School Resource Officers (CASRO) 2019 Conference registration is open.
- When: July 16 18, 2019
- Where: Double Eagle Hotel & Casino, 442 East Bennett Avenue, Cripple Creek, CO 80813
- View the agenda here.
- Register here.

Collaborative Assessment and Management of Suicidality (CAMS)

- This training is offered by the Office of Suicide Prevention.
- When and where: July 30, 2019, Pueblo, CO
- What: "The CAMS training is intended for those who provide continuing treatment care to those at-risk for suicide."
- View more information and register here.

2019 CO-MTSS Summit

- This event is being held by the <u>Colorado Department of Education (CDE)</u>.
- When: August 1 2, 2019
- Where: DoubleTree by Hilton Grand Junction, 743 Horizon Drive, Grand Junction, CO 81506
- What: "The theme is A View from the Top: Bringing it All Together!"
- View more information and register here.

NEW Question, Persuade, Refer (QPR) Suicide Prevention: Train the Trainer

- This training is provided by North Range Behavioral Health.
- When: August 12, 2019, 8:00 am 4:30 pm.
- Where: Littler Prevention Campus 2350 3rd Street Rd., Greeley, CO 80631
- What: QPR T4T provides participants a 3-year certification that allows them to provide the 90-minute, Question, Persuade, Refer (QPR) suicide prevention gatekeeper training to any audience.

- Registration deadline July 29, 2019.
- For more information or to register email Kimberly.Pratt@northrange.org

Positive Behavioral Interventions and Supports (PBIS) Within an MTSS Framework Across the Tiers-Refresher Training

- This training is offered by the Office of Learning Supports at the Colorado Department of Education and the San Juan BOCES.
- When: August 23, 2019, 8:00 am 3:30 pm
- Where: TBD
- What: "A refresher training opportunity to jump start the rescale of PBIS in the Southwest Region."
- Register here.

Applied Suicide Intervention Skills Training (ASIST)*

- This training is sponsored by <u>Douglas County School District</u>, <u>Douglas County Sheriff's Office</u>, <u>Douglas/Arapahoe Suicide Prevention Alliance (DASPA)</u>, <u>Douglas County Government—Philip S Miller</u> Grant, Rotary Club Castle Pines, and many other community sponsors.
- When: September 10-11 and October 23-24
- Where: Douglas County Sheriff's Office Highlands Ranch Substation, 9250 Zotos Drive, Highlands Ranch, CO 80129 (Highlands Ranch Pkwy/Ridgeline)
- **What:** Two-day workshop in suicide intervention skills. Learn and practice this life-saving intervention model that is widely used by professionals and the general public.
- View the flyer here.
- Register by emailing Phyllis Harvey PHarvey@dcsheriff.net

NEW SafeTALK - Suicide Alertness Training

- This training is sponsored by the <u>Douglas County Sheriff's Office</u>, <u>Rotary Club Castle Pines</u>, <u>Denver Springs</u>, <u>LivingWorks</u>, and <u>Douglas/Arapahoe Suicide Prevention Alliance (DASPA)</u>.
- When: safeTALK, 2019, 11:30 am 3:00 pm
- Where: Lone Tree Police Department Juniper Training Room 9220 Kimmer Dr., Lone Tree, CO 80124
- See flyer here.
- What: "safeTALK, about three hours in duration, is a training that prepares anyone over the age of 15 to identify persons with thoughts of suicide and connect them to suicide first aid resources."
- Register by emailing Phyllis Harvey PHarvey@dcsheriff.net.

Bridging the Divide 2019

- This event is being held by the <u>Suicide Prevention Coalition of Colorado (SPCC)</u>, the <u>American Foundation for Suicide Prevention Colorado Chapter</u>, <u>Speak Up Reach Out</u>, the <u>Colorado Department of Public Health and Environment (CDPHE)</u>, <u>Sources of Strength</u>, <u>Highlands Behavioral Health System</u>, and <u>Rocky Mountain MIRECC for Suicide Prevention</u>.
- When: September 27, 2019
- Where: Drake Center, 802 W Drake Rd, Fort Collins, CO 80526
- What: This event will explore the theme "Enhancing Community Impact and Engagement in Suicide Prevention."
- View more information and register here.

Zero Suicide Academy

- This two day training is provided by the Zero Suicide Institute.
- When: October 14-15, 2019
- Where: University of Colorado Anschutz Medical Campus, 13001 E 17th Pl, Aurora, CO 80045
- What: "Participants will learn how to incorporate best and promising practices to improve

^{*}Please note - the CSSRC can also conduct the ASIST training for the cost of materials at your district (about \$42/staff)

identification, treatment, and engagement in care for individuals at risk for suicide."

• See more information and register here.

The Great Colorado ShakeOut

- This event is being held by the Colorado Earthquake Hazard Mitigation Council.
- When: October 17, 2019
- Where: Wherever you are!
- What: "The ShakeOut has also been organized to encourage you, your community, your school, or your
 organization to review and update emergency preparedness plans and supplies, and to secure your
 space in order to prevent damage and injuries."
- View the letter from the Colorado Earthquake Hazard Mitigation Council for Superintendents here.
- Register your participation here.

No Place for Hate 2019-2020

- This initiative was developed by the Anti-Defamation League (ADL).
- "The Initiative is designed to rally an entire school around the goal of creating a welcoming community committed to stopping all forms of bias and bullying."
- The initiate is currently open to K-12 schools in Colorado, Wyoming and New Mexico.
- You can view more information on the initiative <u>here</u>.
- Register your school <u>here</u>.

NATIONAL TRAININGS and EVENTS

Public Policy Institute (PPI)

- This training is offered by the <u>National Association of School Psychologists (NASP)</u> and the <u>George</u> Washington (GW) University Graduate School of Education and Human Development.
- There are three different trainings available:
 - O 3-Day Basic Training July 15 17, 2019, "focuses on how federal and state education policy and grassroots advocacy shapes positive learning environments for all students." View more information here.
 - 5-Day Advanced Training July 15 19, 2019, "In addition to all of the offerings included in the 3-day training, 5-day training participants will explore the theme in greater depth." View more information here.
 - 2-Day Special Topic Focus July 18 19, 2019, "Previous PPI attendees (starting in 2010) are eligible to attend the 2-Day Special Topic PPI. They are also welcome to join the Capitol Hill Day (July 17)." View more information here.

SAVE THE DATE 2020 Blueprints Conference - National Conference Held Locally!

- Blueprints "helps you easily identify evidence-based programs that help young people reach their full
 potential. Get ahead of serious challenges that influence children's success with programs that have
 the highest standards for promoting prosocial behavior, academic success, emotional well-being,
 physical health and positive relationships." Blueprints programs are rated by the Center for the Study
 and Prevention of Violence at CU, Boulder.
- This is sponsored by <u>Blueprints</u>, <u>Functional Family Therapy</u>, and <u>MST Services</u>.
- April 27 29, 2020
- Where: Westin, Westminster, Colorado
- You can view the 2018 presentations here.

CURRENT GRANT OPPORTUNITIES

NEW Secretary DeVos Announces School Safety Grant Opportunities

• These grant opportunities are from the <u>U.S. Department of Education</u>

- There are 3 different opportunities, click on the title to learn more about the individual grant:
 - Project Prevent Grant Program: "This program helps Local Education Agencies (LEAs) enhance their ability to identify, assess and serve students exposed to pervasive violence"
 - School Climate Transformation Grant Program: "This \$40 million grant competition provides funds to LEAs to develop, enhance, or expand systems of support for schools implementing strategies to improve learning conditions and promote positive school culture for all students."
 - Mental Health Service Professional Demonstration Grant Program: "This \$15 million grant competition promotes partnerships between colleges or universities and high-need school districts in order to expand the pipeline of trained school-based mental health services providers."

NEW Project Prevent

- This grant is from the Office of Elementary and Secondary Education, Department of Education.
- "The Department of Education (Department) is issuing a notice inviting applications for fiscal year (FY)
 2019 for the Project Prevent grant program, Catalog of Federal Domestic Assistance (CFDA) number
 84.184M"
- Important dates:
 - o Applications Available: June 5, 2019.
 - O Deadline for Transmittal of Applications: July 15, 2019.
 - O Deadline for Intergovernmental Review: September 13, 2019.
- You can access more information here.

LiveWell Grants Available

- <u>LiveWell Colorado</u> currently has a variety of grants available for schools.
- You can view a list of current funding opportunities here.

RESOURCES and INFORMATION for Pre K-12 Schools

Breaking Through: A Mental Health Conversation with Colorado Kids

- "In this podcast, youth mental health advocates from across the state come together with Camille
 Harding, the division director of <u>Community Behavioral Health for the Colorado Department of Human
 Services</u> and Kim Posey to discuss the mental health challenges that today's youth face and how their
 parents can be better informed to support them. The first episode of the four-part series reveals how
 kids deal with anxiety and depression and their thoughts on recent youth suicide in Colorado. "
- You can access the podcast here.

Mind Matters: The Body's Response to Opioids

- This resource comes from the National Institute on Drug Abuse for Teens (NIDA for Teens)
- This document "explains what opioids are, how they affect the brain and body, and the ways that people misuse them."
- You can access the information here.

INSTITUTIONS OF HIGHER EDUCATION

Student Anxiety Continues to Rise, Part 1: The Data

- This information is provided by The National Center for Campus Public Safety (NCCPS).
- "The two-page release, <u>Anxiety Disorder on College Campuses: The New Epidemic (PDF)</u> found that nationally the percent of students who reported being diagnosed or treated for anxiety disorder in the last 12 months doubled between 2008 and 2016 from 10 to 20 percent."
- "This confirms <u>annual findings (PDF)</u> from the Association for University and College Counseling Center Directors that anxiety continues to be the most frequent concern amongst college students."
- To find additional facts and statistics about anxiety disorder and depression in teens, college students, and young adults, please visit the Association of America.

Follow the Colorado School Safety Resource Center on Twitter

- For the latest school safety information between monthly E-Updates, follow @CoSSRC on Twitter.
- Featuring daily updates on new research, resources, upcoming trainings, and Center activities.



Follow us on Twitter

THE CSSRC IS AVAILABLE to any pre-K through higher education school to assist in your school safety planning. Our mission is to provide *no-cost consultation, resources, training and technical assistance* that can help you create a safe, positive, and successful school. We can customize a variety of trainings for your school safety and crisis planning teams or your school staff as you plan and train this school year. We invite you to continue monitoring our website (www.Colorado.gov/CSSRC) for the latest school safety information and upcoming trainings. Call us at: 303-239-4435.



Thank you for supporting safe and positive schools in Colorado!

Colorado School Safety Resource Center 700 Kipling Street #1000 Denver, CO 80215 303.239.4435

Fax: 303.239.4510

Email: CDPS School Safety Center@state.co.us

Website: www.Colorado.gov/SchoolSafetyResourceCenter or www.Colorado.gov/CSSRC

Supporting Safe and Positive Colorado Schools