

February 2021

E-UPDATE FROM CSSRC ~ You are receiving this email as a subscriber of the Colorado School Safety Resource Center's (CSSRC) listserv. E-Updates from the CSSRC will contain the most current information about the Center's activities and resources, as well as other school safety efforts throughout the state of Colorado and relevant national resources. Please forward this to others on your email list who have an interest in supporting safe and positive schools in Colorado. They may register for this listsery on our website www.colorado.gov/CSSRC.

THE DIRECTOR'S CORNER

Colorado School Safety Academy – We are thrilled with the response about the June **School Safety Specialist Academy**. I wanted to tell you a bit more about the participants we are planning to educate at this Academy. In many of our rural districts, as well as our charter and private schools, school safety responsibilities often become another assignment for a staff member who may have little to no school safety experience. With the best of intentions, some have called the Center and said, "I don't know where to start." These folks will benefit the most from the Academy.

CSSRC staff have taken the five preparedness missions of prevention, mitigation, protection, response and recovery and broken them down into the baseline knowledge we think district staff need to begin to develop a comprehensive school safety effort. Furthermore, we expect to continue to offer training after the initial Academy to these school safety specialists as they enhance their expertise.

One model I have observed that may work for other rural districts is to **designate a staff member from the local BOCES as this school safety specialist** to help all districts within the BOCES with their safety efforts. If this BOCES representative attends the Academy, they can go back and help organize safety teams, run tabletop drills and organize other safety training the specialist feels the districts need with help from the CSSRC and the other agency partners the specialist has met at the Academy.

If you have any questions as you are considering which staff member to send, feel free to give me a call so we can discuss whether the Academy will fulfill your school or district needs.

We are very excited to let you know that our new CSSRC website goes live tomorrow! Isaac Baah, our Resource Specialist, has worked hard to make it more attractive and easier to navigate. We have also updated the resources. So please, check it out! (cssrc.colorado.gov)

Finally, it saddens me when I get emails or phone calls from **safety vendors** working with Colorado schools asking the Center for information that I am sure the vendors then turn around and share with schools for a fee. Please know that if you are considering hiring a vendor for site assessments or other safety concerns, the CSSRC has trained staff who can provide many of these services at no charge. If you ask for something for which we are not qualified, we will tell you that and help you get a recommendation for a vendor from another district. We know your resources are limited, which is why we are always ready and willing to assist. All physical safety questions, including requests for site assessments, can go directly to Brad.stiles@state.co.us or call Brad at 303-349-1549.

Kindest regards,

Chris Harms
christine.harms@state.co.us
303.912.6915

COLORADO SCHOOL SAFETY RESOURCE CENTER TRAINING

NEW Resiliency for Educators: Techniques for Self-Care and Peer Support

- <u>CSSRC</u> in collaboration with the <u>REMS TA Center</u>
- Learn about resilience strategies following emergency events and how to engage in and teach others about this critical topic.
- These resilience strategies are aimed at helping educators and school staff increase their ability to work more effectively with students impacted by stress, loss, and trauma brought on by emergency events, such as community or family violence, and economic hardship.
- Participants will leave the training with the knowledge and hands-on skills needed to implement steps to prevent compassion fatigue. They will also leave with a detailed action plan that includes specific steps and timelines for implementation and application at the school district or school-site level.
- Intended audience: School district and school administrators, educators, counselors, school psychologists, school social workers, and support staff. Also applicable for local mental/behavioral health practitioners and other community partners.
- When: This has become tentative for March 18th, 8:00 noon but we will alert you ASAP. If we need to cancel the March date it will be rescheduled before the end of the academic year. Thanks for your patience!
- How: Registration will be released by the REMS TA Center
- Cost: No cost

SAVE THE DATE - Annual IHE Summer Safety Symposium

- This is the annual summer symposium initially designed for staff of institutions of higher education (IHE) by the <u>Colorado School Safety Resource Center</u> but K-12 staff who attend find much that pertains to them as well. All are welcome!
- When: Virtually on Tuesday, June 15th, Time TBD
- What: We are still finalizing the agenda but one plenary session will be conducted by Sarah
 Powell, the Emergency Manager for Temple University, Philadelphia, PA. Sarah will address the
 group on challenges and successful solutions to addressing COVID issues on college campuses.
- **Registration:** Will open in April and will be FREE.

CSSRC Virtual Trainings Continue on Mondays and Fridays in February and March

 We have released the February and March virtual training dates on the training calendar, which can be accessed <u>here</u>.



- These courses are no-cost and, once you complete the evaluation at the end, you will receive a certificate for continuing education hours!
- Although designed for individual attendees, if a school or district would like to offer any of these
 courses to their staff simultaneously, please contact the listed presenter and details can be
 arranged.
- You can contact the center with any questions or concerns by calling 303.239.4435 or by emailing cdps_school_safety_center@state.co.us.

STILL RECRUITING CSSRC STOP Grant: Threat Assessment Training & Implementation

- The CSSRC is recruiting more sites for threat assessment training and implementation
- We need sites where CSSRC staff have NOT trained in threat assessment as well as a few where we have trained in the past.
- The lift for school sites is minimal just training evaluations to complete along with the training and a brief collection of data every six months.
- We also realize that adding another project to your school's work may be overwhelming right now. Please know that the grant project continues until 9/30/2022. If you believe you might be interested later in the process, please call to get your district/school on the list now.
- Staff can be paid stipends for the training and data collection under the grant if training is

conducted after regular working hours.

- This final training phase of the grant will extend from September 2020 through August 2021.
- CSSRC staff have been working with the Governor's Office of Information Technology and will be
 piloting a secure, on-line protocol with the remaining sites. Schools will be able to store their
 assessments and track the at-risk students' Response Management Support Plans with automatic
 notifications for review meetings, among other features. This will be available free of charge to
 districts even when the grant work is completed.
- If your school is interested in being one of the 30 sites, below is more information.
 - Application
 - Application Letter
 - o MOU
- Please complete the application and return it to Christine.harms@state.co.us or call Chris if you have any questions. (303.912.6915). We are now scheduling for February and March, 2021.

SAVE the DATE: 2021 Colorado Safe Schools Summit

- The annual Colorado Safe Schools Summit will be held virtually on October 21 & 22, 2021.
- The call for proposals will come out this spring.
- Those that submitted proposals last year when we switched to a speakers' series will be contacted to see if you would like to present in 2021.
- There will be no charge and since it is virtual, everyone across the state can attend!
- Watch for more information in upcoming E-Updates.

Please Remember: Practicing Your EOPs

- We want to remind you of the Center's mandate from the Governor's office which is to report
 that all districts have exercised their EOPs (emergency operations plans) within the last year.
 We have reached a 69% threshold but we are trying for 96%.
- We appreciate your help with this. If you have an update to the survey sent out previously, please make those adjustments here. <u>CSSRC Needs Assessment - School Survey</u>
- If you would like a CSSRC staff member to run a **virtual tabletop drill** to satisfy this goal, please contact Brad Stiles at brad.stiles@state.co.us or (303) 349-1549.
- We would be happy to assist!

CSSRC ONLINE COURSE OFFERINGS & ARCHIVED PRESENTATIONS

CSSRC online course links:

• Link to CSSRC online course offerings

CURRENT EVENTS AND ANNOUNCEMENTS

NEW School Justice Roundtable Meeting

- On October 15, 2020, the <u>Colorado Attorney General's Office</u> brought together educators, school district officials, parent- and student-led community organizations, restorative justice practitioners, academic researchers, community-based service providers, state government leaders, and other interested community members committed to addressing school justice issues.
- The Roundtable focused on how school discipline policies and practices—notably, an overreliance on punitive measures such as suspension, expulsion, or criminal arrest and citation rather than an emphasis on healing-centered restorative approaches—reduce the likelihood of graduation and place students on a path toward revolving involvement with the criminal justice system. The Attorney General's Office convened the Roundtable as part of our commitment to improving the criminal justice system and to determine how best Colorado can address concerns related to school justice.
- Please find a copy of the report <u>here</u>.

WEBINARS and OTHER ONLINE LEARNING COURSES for K-12 & IHE

The School Climate Leadership Certification Program (SCLC)

- This program is run by the <u>National School Climate Center at Ramapo for Children.</u>
- The program "equips educational leaders with the knowledge base and competencies necessary to create and sustain a positive school climate."
- View more information and inquire about the program here.

Virtual Training by Request

• The Readiness and Emergency Management for Schools (REMS) Technical Assistance (TA) Center is now offering "versions of live training topics that are available for request by education agencies, including state education agencies, regional education agencies, school districts, schools and institutions of higher education to assist with their professional development efforts."

- Current training topics available:
 - Resilience Strategies for Educators: Techniques for Self-Care and Peer Support
 Train-the-Educator (4 hours) (The CSSRC is making plans to offer this in March. Please
 see the announcement above.)
 - Developing Emergency Operations Plans (EOPs) K-12 101 Train-the-Trainer (2.5 hours)
 - Developing Emergency Operations Plans (EOPs) K-12 101 Train-the-Educator (2 hours)
 - Developing Emergency Operations Plans (EOPs) IHE 101 Train-the-Educator (2 hours)
 - School Behavioral Threat Assessments: An Introduction (4 hours)
 - Conducting K-12 Site Assessments with SITE ASSESS (2.5 hours)
- You can access the training request form <u>here</u>.
- If you have any questions you can contact Lisa Scott on her cell (951) 481-8160 or by email at LScott@remstacenter.org.

Developing School Protocols: Support After A Suicide Loss

- This webinar is offered by <u>Partners for Children's Mental Health (PCMH)</u>.
- When: February 5, 2021, 9:00am 10:30am and February 12, 2021, 9:00am 10:30am
- What: "This course provides an overview of best practice guidelines and recommendations for suicide postvention policies and procedures within a school environment."
- View more and register <u>here</u>.

NEW Pinwheels for Prevention Campaign Colorado Webinar

 Illuminate Colorado has set a goal of distributing 40,000 FREE pinwheels, shipping not included, throughout Colorado. Join them for a webinar to hear about the campaign.

- When: February 18, 2021, 2:00 pm 3:00 pm
- What: This webinar is open to all including schools to "preview the awareness toolkit from Prevent Child Abuse America."
- You can register/rsvp to the webinar <u>here</u>.

NEW FAQs of Safe2Tell Webinar

- <u>Safe2Tell</u> is hosting a webinar to help answer common questions related to their program.
- When: February 23, 2021, 9:30 am 10:30 am.
- You can register for the webinar here.

Still Available at No-Cost LivingWorks Start Program

- The Office of Suicide Prevention of CDPHE is pleased to provide our partners across Colorado
 FREE access to the LivingWorks Start suicide prevention gatekeeper training. LivingWorks Start
 is a one-hour, online, interactive training program that gives you the skills and knowledge to
 keep family, friends, co-workers, and others safe from suicide. For more information, click here.
- To access the training, click here and enter access code: OSP Gen. Please note that we have a limited number of licenses available for use available on a first come, first served basis. Please do not share the URL and access code outside of Colorado.
- *LivingWorks Start works best with Google Chrome, Firefox, or Microsoft Edge browsers.
- It is not Internet Explorer compatible. If you have any questions or issues accessing the training,

please contact Dymond Ruybal at Dymond.Ruybal@state.co.us.

Using Mass Notification to Adapt to Evolving Campus Safety Challenges

- This webinar was pre recorded by <u>Campus Safety</u>
- "Discuss different ways campuses can use mass notifications to respond to evolving safety needs."
- View more information <u>here</u>.

OTHER COLORADO TRAININGS and EVENTS

Campus Safety Online Conference

- The <u>Campus Safety Online Summit</u> was held on <u>December 1 2, 2020</u>, and was sponsored by <u>NAPCO Security Technologies</u>, <u>Motorola Solutions</u>, <u>Aware Powered by GlobaFlyte</u>, <u>IPVideo</u> <u>Corporation</u>, and more.
- The sessions are currently available on demand at no cost.
- View more information and view the sessions here.

The Winter Briefings - Virtual

- The Winter Briefings have gone virtual for 2021.
- The I Love U Guys Foundation will be hosting the virtual event, and their primary audience is "Law enforcement, school personnel, victim advocates, mental health professionals, emergency and risk managers, school safety teams and all first responders."
- You can view more information and register for the February 4th or July 11 event here.

NEW Motivational Interviewing Training

- This training is offered by **EPIC** with the **Division of Criminal Justice**.
- When:
 - Intro to Motivational Interviewing:
 - **■** February 8, 9, 11, 12, 22, 23, 25, 26;
 - March 22, 23, 25, 26;
 - April 5, 6, 8, 9;
 - May 10, 11, 13, 14, 24, 25, 27, 28;
 - June 21, 22, 24, 25;
 - Advanced Motivational Interviewing:
 - March 8, 9, 11, 12;
 - April 19, 20, 22, 23;
 - June 7, 8, 10, 11;
- You can create your EPIC training account and register for the training <u>here</u>.

QPR Train the Trainer

- This training is being hosted by the Alliance for Suicide Prevention
- When:
 - o March 22, 2021
 - o April 14, 2021
 - June 11, 2021
- What: "Learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help."
- Cost: \$510
- You can obtain more information or register by emailing Kimberly Pratt at kim@suicideprevent.org.

NATIONAL TRAININGS and EVENTS

ADL's 2021 Student Essay Contest

- The Anti-Defamation League's (ADL) annual student essay contest has begun again!
- Submissions can be made by students in 7th 12th grade and the topic is A Tribute to Moral



i love u guys

- Courage: Standing Up Against Injustice.
- Submissions are due by February 18, 2021.
- You can view more information on the contest here.

Responsible Authority Proficiency in Incident Disclosure (RAPID) Training

- RAPID was developed by the <u>State University of New York</u>.
- This training is "a free, customizable and high quality training designed for colleges and universities to quickly, efficiently, and accurately train responsible authorities under the Clery Act, Title IX, and campus policy."
- View more information on RAPID here.
- Pre-register for the training that will be released in January 2021 <u>here</u>.

CURRENT GRANT OPPORTUNITIES

NEW Garrett Lee Smith (GLS) Campus Suicide Prevention Grant

- This grant opportunity was shared through the <u>Substance Abuse and Mental Health Services</u> <u>Administration (SAMHSA)</u>.
- "It is expected that this program will reduce the adverse consequences of SMI/SED and substance use disorders, including suicidal behavior, substance-related injuries, and school failure."
- Applications are due February 5, 2021.
- View more information and the application <u>here</u>.

NEW Botvin LifeSkills Training (LST) High School Program Implementation

- The Center for the Study and Prevention of Violence (CSPV) at the University of Colorado Boulder is offering a grant to implement this program.
- "LST High School is a 10-session social and emotional skill-building, as well as a substance abuse (including vaping) and violence prevention curriculum."
- Applications are due March 10, 2021.
- You can view more information and necessary materials here.

2021-22 BEST Grant Notification of Intent and Grant Manager Registration

- The <u>Colorado Department of Education (CDE)</u> shared that the Notification of Intent and Grant Manager Registration for FY2021-22.
- The application is due February 5, 2021.
- You can view more information on the grant <u>here</u>.

Nourish Colorado Grants Available

• <u>Nourish Colorado</u> formerly LiveWell Colorado has changed quite a bit and we encourage you to view the new program and information <u>here</u>.



RESOURCES and INFORMATION for Pre K-12 SCHOOLS

NEW Event Recording: Managing Stress and Anxiety

- Earlier this month, NIMH conducted a livestream event on managing stress and anxiety.
- Krystal Lewis, Ph.D., a licensed clinical psychologist at NIMH, discussed coping techniques on how to maintain your mental health during the pandemic and when to get professional help.
- She ended the discussion with a brief guided imagery. If you need a quick break, take a look.
- The link is here.

RESOURCES and INFORMATION for INSTITUTIONS OF HIGHER EDUCATION

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Follow the Colorado School Safety Resource Center on Twitter

- For the latest school safety information between monthly E-Updates, follow <u>@CoSSRC</u> on Twitter.
- Featuring daily updates on new research, resources, upcoming trainings, and Center activities.



Follow us on Twitter

THE CSSRC IS AVAILABLE to any pre-K through higher education school to assist in your school safety planning. Our mission is to provide *no-cost* consultation, resources, training and technical assistance that can help you create a safe, positive, and successful school. We can customize a variety of trainings for your school safety and crisis planning teams or your school staff as you plan and train this school year. We invite you to continue monitoring our website (www.Colorado.gov/CSSRC) for the latest school safety information and upcoming trainings. Call us at: 303-239-4435.



Thank you for supporting safe and positive schools in Colorado!

Colorado School Safety Resource Center 700 Kipling Street #1000 Denver, CO 80215 303.239.4435 Fax: 303.239.4510

Email: CDPS School Safety Center@state.co.us

Website: www.Colorado.gov/CSSRC

Supporting Safe and Positive Colorado Schools