



December 2021

E-UPDATE FROM CSSRC ~ You are receiving this email as a subscriber of the Colorado School Safety Resource Center's (CSSRC) listserv. E-Updates from the CSSRC will contain the most current information about the Center's activities and resources, as well as other school safety efforts throughout the state of Colorado and relevant national resources. **Please forward this to others on your email list who have an interest in supporting safe and positive schools in Colorado. They may register for this listserv on our website www.Colorado.gov/CSSRC.**

THE DIRECTOR'S CORNER

Dear Colleagues: When I talk to school professionals both in Colorado and across the nation, one thing that keeps coming up is concern for the mental wellness of students, staff and parents. With the holiday season upon us, this time of the year can either contribute to mental wellness or further exacerbate conditions like anxiety and depression.

My hope for everyone is an opportunity to spend some quality time doing whatever it is that relaxes you. I hope school staff will take a real and much-deserved break from school. I hope students spend time with family and friends re-energizing. For parents, I hope you do not burden yourselves with feeling that you have to make the holidays perfect.



One resource that I recently discovered is the [Child Mind Institute](#). They offer webinars and other wonderful resources for students, staff and parents, all at no cost.

For those needing additional support, services are available at no cost:

School staff can take advantage of the free services of the [Colorado Educator Support](#) services being offered by the University of Colorado Hospital.

Finally, yet importantly, the [I Matter Colorado](#) program offers free mental health services for Colorado students.

I wish you all a happy and healthy holiday season,

Chris Harms

christine.harms@state.co.us

303.912.6915

COLORADO SAFETY RESOURCE CENTER TRAINING

Student/Staff Summit **HURRY and Register - the Student/Staff Summit is almost here!**

- **Student/Staff Safety Summit will be held virtually on Tuesday, December 7th.**
- We invite groups of middle and high school students with faculty members to attend. Last year's Summit was a huge success and our youth council has planned this one too.
- **Staff are invited to register with one adult for every six students. Multiple groups from individual schools may attend.**
- Dorothy Espelage, PhD. will be the plenary speaker.
- Dr. Espelage will discuss youth bullying and harassment and the link to domestic violence later in life.
- The agenda can be accessed [here](#).
- The registration link is [here](#).

CSSRC STOP Grant: Threat Assessment Training & Implementation **Still Recruiting**

- The CSSRC is recruiting more schools for threat assessment training and implementation.
- We need sites where CSSRC staff have NOT trained in threat assessment as well as a few where we have trained in the past.
- The lift for school sites is minimal – just training evaluations to complete along with the training and a brief collection of data every six months.
- If you believe you might be interested later in the process, please call to get your district/school on the list now. **We are already scheduling workshops into February!**
- Staff can be paid stipends for the training and data collection under the grant if training is conducted outside of regular working hours.
- If your school is interested in being one of the 30 sites, below is more information.
 - [Application](#) (clicking the link will create the download)
 - [Application Letter](#)
 - [MOU](#)
- Please complete the application and return it to Christine.harms@state.co.us or call Chris if you have any questions. (303.912.6915). We are now scheduling for Winter and Spring.

Cybersafety/Bullying and Substance Abuse Prevention Speakers' Series - **Registration is OPEN!**

- This speaker series will be virtual and will include the following presenters:
 - Alex Rodrigues, PhD. - **Cyber Safety** on Tuesday, **January 11th at 11:30 AM**
 - Lynn Riemer, ACT on Drugs - **Substances in the Community**, Tuesday **January 18th at 11:30 AM**
 - Sameer Hinduja, PhD. - **Cyberbullying** on Tuesday, **January 25th at 11:30 AM**
- The presentations will be live at 11:30 AM. However, we will record them for school professionals and parents to review when convenient.
- Register [here](#).

Positive School Discipline Symposium

- This is planned to be a hybrid event (in-person and virtual).
- **When: February 16, 2022**
- No cost and lunch will be provided (please have breakfast before you arrive and bring your own coffee/tea as common containers are not permitted at the site)
 - In-person: Lowry Center 1061 Akron Way Building 697, Denver, CO 80230
- Five plenary sessions will include:
 - Kim Bevill - how physical activity impacts student behavior
 - Kerri Quinn - creating a restorative & trauma sensitive climate
 - Two school panels sharing their successes and more!
- Register [here](#).

CSSRC Virtual Trainings will resume in January

- The Center staff have decided to continue these workshops periodically on Monday afternoons. This will also be an opportunity for school staff to preview new workshops available at your schools.
- You can sign up for the January and February workshops [here](#)!

CSSRC ONLINE COURSE OFFERINGS & ARCHIVED PRESENTATIONS

CSSRC online course links:

- [Link to CSSRC online course offerings](#)

CURRENT EVENTS AND ANNOUNCEMENTS

CSSRC's School Mental Health & School Safety Professionals' Groups

For the last few years, the CSSRC has facilitated informal meetings of school staff who oversee either suicide prevention and intervention or threat assessments in their buildings. We have been asked to set regular meetings for these professionals and separate them into two groups: **Suicide Prevention Professionals and Threat Assessment Professionals**. We set these meetings for the second Tuesday of the month starting in September. The meetings will be virtual to allow more of our rural colleagues to join us. The calendar is below:

January 11, 2022 from 2:00 - 3:30	Threat Assessment Professionals/Threat Assessment Discussion
February 8, 2022 from 2:00 - 3:30	Suicide Prevention Professionals/Suicide Prevention Discussion
March 8, 2022 from 2:00 - 3:30	Threat Assessment Professionals/Threat Assessment Discussion
April 12, 2022 from 2:00 - 3:30	Suicide Prevention Professionals/Suicide Prevention Discussion
May 10, 2022 from 2:00 - 3:30	Threat Assessment Professionals/Threat Assessment Discussion

A calendar invite was sent for the meetings. If you did not receive an invite and you would like to attend, please send an email to Melissa.rubeo@state.co.us. We would be happy to add you to the list.

NEW I Matter

- The [Colorado Department of Human Services \(CDHS\) Office of Behavioral Health \(OBH\)](#) has launched "a program to promote youth emotional and mental health."
- [Colorado House Bill 21-1258](#) established this temporary behavioral health services program to provide access to mental health and substance use disorder services for youth, including addressing needs that may have resulted from the COVID-19 pandemic. The program is open to youth 18 years of age or younger or 21 years of age or younger if receiving special education services.
- The program provides up to 3 free behavioral health sessions for youth in Colorado and reimburses participating providers, which are licensed clinicians from agencies and independent contractors.
- View the I Matter program information [here](#).

NEW How to Advocate for Your School Resource Officers

- The [National Association of School Resource Officers \(NASRO\)](#) has released this new information on how to advocate for your School Resource Officers.
- View the information [here](#).

Your Feedback is Requested

- The [Colorado Department of Public Health and Environment \(CDPHE\) Office of Suicide Prevention \(OSP\)](#) is seeking your assistance with creating a resource to support improved sleep for Colorado's young people as a suicide prevention strategy.
- If you would like to provide any feedback to Aimee Resnick about the content of these resources, please use [this form](#). They are so appreciative of your time and expertise. For any questions, please email Aimee at Aimee.Resnick@state.co.us.

Meet the REMS TA Center Video

- The [Readiness and Emergency Management for Schools Technical Assistance Center \(REMSTA\)](#) has released a new video that you can share to help spread the word about the different resources and information they can provide.
- You can access the video [here](#).



CEI Launches Future Ready Families Website

- The [Colorado Education Initiative \(CEI\)](#) launched a new website FutureReadyFamilies.org.
- “While CEI is dedicated to partnering with schools and districts in designing and building capacity for their work, many families seek guidance and a safe space to network about similar issues that CEI supports in schools.”
- View the new website [here](#).

WEBINARS and OTHER ONLINE LEARNING COURSES for K-12 & IHE

Healing Colorado’s Collective Trauma

- [Naropa University](#), [The Pocket Project](#), and [The Center for the Study and Prevention of Violence in the University of Colorado Boulder](#) have partnered for a free virtual workshop that will last two days.
- **When: December 1 - 2, 2021, 9:00 am - 11:00 am**
- **What:** “Honoring Shared Loss and Promoting Resilience”
- View more information and register [here](#).

NEW Student and Staff Safety: Addressing the Significant Rise in Mental Health Needs and Violence

- [Campus Safety](#) is offering this webinar to “provide updates on what schools across the nation have seen so far and how to mitigate risks moving forward.”
- **When: December 2, 2021, 12:00 pm - 1:30 pm**
- View more information and register [here](#).

NEW Culturally Relevant Approaches to Prevent Suicide among American Indian and Alaska Native Youth

- The [Children’s Safety Network \(CSN\)](#) is hosting this webinar because “preventing suicide by using a culturally relevant, contextually driven, comprehensive approach is a high priority for those working to address this health disparity.”
- **When: December 8, 2021, 12:00 pm - 1:00 pm**
- View more information and register [here](#).

NEW Understanding Youth Suicide

- [The Adams 12 school district](#) is hosting the final part of their Building Healthy Communities event series with Understanding Youth Suicide.
- **When: December 9, 2021, 6:00 pm - 7:30 pm**
- View more information and register [here](#).



Current Behavioral Trends & Digital Updates with Safer Schools Together

- The [Colorado School Districts Self Insurance Pool \(CSDSIP\)](#) is partnering with [Safer Schools Together \(SST\)](#) to offer monthly trainings to allow you to “stay informed to keep students and staff safe.”
- **When:**
 - Dec. 14th, 2021, 1:00 pm - 3:00 pm
 - Jan. 27th, 2022, 1:00 pm - 3:00 pm
 - Feb. 24th, 2022, 1:00 pm - 3:00 pm
 - March 31st, 2022, 1:00 pm - 3:00 pm
 - April 28th, 2022, 1:00 pm - 3:00 pm
- View more information and register for the different sessions [here](#).



NEW Creating a Safe School and Community Environment for Youth, Part 1: Strategies and Solutions

- [The Office of Juvenile Justice and Delinquency Prevention's National Training and Technical Assistance Center \(OJJDP's NTTAC\)](#), with [OJJDP](#), is hosting this upcoming webinar.
- **When: December 16, 2021, 12:00 pm – 1:30 pm**
- **What:** “Presenters will explain what safe and affirming behaviors look like versus rejecting behaviors and how to instill in children an appreciation and respect for one another's differences and help them develop empathy, conflict resolution and critical thinking skills.”
- View more information and register [here](#).

Online Course: Addressing and Preventing Adult Sexual Misconduct in the School Setting

- The [Readiness and Emergency Management for Schools Technical Assistance Center \(REMSTA\)](#) has shared their new online course.
- This online course is free and takes between 30 and 45 minutes to complete.
- View more information on the course and how to take it [here](#).

Still Available at No-Cost LivingWorks Start Program - One-hour gatekeeper training

- The [Office of Suicide Prevention](#) of [CDPHE](#) is pleased to provide our partners across Colorado FREE access to the LivingWorks Start **suicide prevention gatekeeper training**. LivingWorks Start is a one-hour, online, interactive training program that gives you the skills and knowledge to keep family, friends, co-workers, and others safe from suicide. For more information, click [here](#).
- To access the training, click [here](#) and enter access code: OSP Gen. Please note that we have a limited number of licenses available for use available on a first come, first served basis. Please do not share the URL and access code outside of Colorado.
- LivingWorks Start works best with Google Chrome, Firefox, or Microsoft Edge browsers.
- It is not Internet Explorer compatible. If you have any questions or issues accessing the training, please contact Dymond Ruybal at Dymond.Ruybal@state.co.us.



Podcast: What is School Safety?

- The [National Center for School Safety](#) has shared their recorded podcast where “guest speakers describe the importance of having a comprehensive school safety plan; explain different perspectives on school safety; and highlight the connections between school safety strategies.”
- You can access all recorded sessions [here](#).

OTHER COLORADO TRAININGS and EVENTS

Basic SRO Course

- The [National Association of School Resource Officers \(NASRO\)](#) “Basic School Resource Officer Course is a forty-hour (40) block of instruction designed for law enforcement officers and school safety professionals working in an educational environment and with school administrators.”

- **When: January 24 - 28, 2022**
- **Where:** Fossil Ridge Public Safety Facility 13150 Quebec St. Thornton, CO 80602
- View more information and register [here](#).

CURRENT GRANT OPPORTUNITIES

The BEST Grant Process & Beyond

- The [Colorado Department of Education \(CDE\)](#) is sharing this Building Excellent Schools Today (BEST) grant opportunity for the 2022-2023 period.
- **Intent to apply using the Grant Manager registration must be submitted to CDE by November 30, 2021.**
- **Applications are due by February 4, 2022.**
- They are sharing a large amount of information including steps to take before applying for a BEST Grant, the grant process, and more.
- You can view all requirements and additional information [here](#).

NEW 50 States. 50 Grants. 5000 Voices

- The [It Gets Better Project](#) announced this grant opportunity.
- **Applications are due February 10, 2022**
- “Potential projects might include launching a school Gender and Sexuality Alliance (GSA), a mural highlighting heroes of the LGBTQ+ history movement, or a school float in a local Pride parade. We want to support a wide range of creative and exciting projects, so let your imaginations run wild.”
- View more information on the grant and requirements [here](#).

IT GETS BETTER PROJECT.

CDPHE Comprehensive Human Sexuality Education Program

- The [Colorado Department of Public Health and Environment \(CDPHE\)](#) has released this grant opportunity for Colorado public schools, school districts, board of cooperative services, charter schools, or institute charter schools.
- **Applications are due March 15, 2022.**
- “The purpose of this funding is to support schools/districts in current or future comprehensive human sexuality education.”
- View more information and begin the application process [here](#).

Virtual Q&A sessions with JustGrants

- [JustGrants](#) will be holding weekly Q&A sessions to provide technical assistance and support for using their system.
- “Sessions focus on Entity Management and Post-Award Management for DOJ award recipients.”
- View more information and sign up for future sessions [here](#).

Nourish Colorado Grants Available

- [Nourish Colorado](#) formerly LiveWell Colorado has changed quite a bit and we encourage you to view the new program and information [here](#).



RESOURCES and INFORMATION for Pre K-12 SCHOOLS

NEW Auschwitz Legacy Fellows Application Opportunity

- The Auschwitz-Birkenau Memorial Foundation and the Mizel Museum is sharing this opportunity for seven Colorado High School teachers “ to educate students on what Auschwitz was with the ultimate goal of developing an understanding of what leads to genocide.”
- View more information and apply [here](#)

NEW Colorado Department of Public Health and Environment (CDPHE) Covid-19 Vaccine Resources for Youth Ages 5-17

- The [Colorado Department of Public Health and Environment \(CDPHE\)](#) is releasing this information because children ages 5 to 17 are eligible for the Pfizer COVID-19 vaccine.
- You can access a toolkit for promoting the COVID-19 vaccine with parents of 5-12 year olds, including parent/guardian consent forms, talking points, and promotion flyers [here](#).

NEW Physical Security Resources

- [SchoolSafety.gov](#) has released this “one-pager to provide information on a variety of physical security resources to assist school administrators, safety personnel, and other members of the school community in preventing and preparing for potential threats.”
- View the one-pager [here](#).

NEW Ventilation Guidance Available for Schools

- [The Colorado Department of Education \(CDE\)](#) has shared their Toolkit and Resources for 2021 School Guidance with new information from the [Colorado Department of Public Health and Environment \(CDPHE\)](#) on ventilation.
- “Improving ventilation and increasing air exchanges and filtration can assist with the dilution of any contaminants that may be in the airspace.”
- View the guidance [here](#).

RESOURCES and INFORMATION for INSTITUTIONS OF HIGHER EDUCATION

Prevention and Treatment of Anxiety, Depression, and Suicidal Thoughts and Behaviors Among College Students

- The [Substance Abuse and Mental Health Services Administration \(SAMHSA\)](#) has released this guide that “reviews literature on treating college students’ mental health concerns, such as anxiety, depression, and suicidal thoughts and behaviors; distills the research into recommendations for practice; and provides examples of the ways that these recommendations can be implemented.”
- Access the guide [here](#).

Follow the Colorado School Safety Resource Center on Twitter

- For the latest school safety information between monthly E-Updates, follow [@CoSSRC](#) on Twitter.
- Featuring daily updates on new research, resources, upcoming trainings, and Center activities.



[Follow us on Twitter](#)

THE CSSRC IS AVAILABLE to any pre-K through higher education school to assist in your school safety planning. Our mission is to provide **no-cost consultation, resources, training and technical assistance** that can help you create a safe, positive, and successful school. We can customize a variety of trainings for your school safety and crisis planning teams or your school staff as you plan and train this school year. We invite you to continue monitoring our website (www.Colorado.gov/CSSRC) for the latest school safety information and upcoming trainings. **Call us at: 303-239-4435.**



COLORADO
School Safety Resource Center
Department of Public Safety

Thank you for supporting safe and positive schools in Colorado!

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Supporting Safe and Positive Colorado Schools