

August 2021

E-UPDATE FROM CSSRC ~ You are receiving this email as a subscriber of the Colorado School Safety Resource Center's (CSSRC) listserv. *E-Updates from the CSSRC will contain the most current information about the Center's activities and resources, as well as other school safety efforts throughout the state of Colorado and relevant national resources. Please forward this to others on your email list who have an interest in supporting safe and positive schools in Colorado. They may register for this listserv on our website www.Colorado.gov/CSSRC.*

THE DIRECTOR'S CORNER

I hope you all had a restful summer! The summer certainly went quickly for the Colorado School Safety Resource Center staff as we've been busy preparing for the new school year. Please take note of all the trainings listed below.



We are still working on hiring our new School

Outreach Consultant. We expect to have an announcement soon.

Shortly we will send a letter to all superintendents and BOCES directors. We hope they will share that with all their district's administrators.

Please don't hesitate to call the Center for assistance. All of the consultations and direct training either virtually or in-person at your locations are provided at no cost. We serve any and all schools in Colorado, public, charter and private schools too.

Wishing you all a safe and successful school year!

Kindest regards, *Chris Harms* <u>christine.harms@state.co.us</u> 303.912.6915

COLORADO SAFETY RESOURCE CENTER TRAINING

CSSRC Virtual Trainings are resuming!

- Virtual training on Mondays and Fridays resume in August.
- You can begin signing up for the workshops <u>here</u>!

REGISTRATION IS OPEN: 2021 Colorado Safe Schools Summit

- The annual Colorado Safe Schools Summit will be held virtually on October 21 & 22, 2021.
- This is co-sponsored by the CSSRC, <u>the Center for the Study and Prevention of Violence</u> <u>at CU, Boulder</u> and <u>Safe2Tell</u>.
- There will be no charge and since it is virtual, everyone across the state can attend!
- Keynote speakers will be:
 - **Dr. David Schonfeld,** Executive Director of the National School Crisis & Bereavement Center who will speak on helping students with grief and loss.
 - **Kent MacLennan**, Executive Director of Rise Above Colorado who will speak on using social norms for substance abuse prevention.



Center for the Study and Prevention of Violence UNIVERSITY OF COLORADO **BOULDER**

- Twenty-four workshops have been chosen and can be seen on the agenda.
- The agenda is <u>here</u>.
- Register to attend the event <u>here</u>.

REGISTRATION IS OPEN - Suicide Prevention Symposium

- The annual Youth Suicide Prevention & Intervention Symposium will be held virtually on **Thursday**, **November 4, 2021.**
- This is co-sponsored by the CSSRC, the Office of Suicide Prevention and CDE.
- Keynote speakers will be Brandon Johnson from <u>SAMHSA</u> who will address minority youth mental health issues and John Ackerman who is the Suicide Prevention Coordinator for the <u>Center for</u> <u>Suicide Prevention and Research at Nationwide Children's Hospital</u> who will discuss postvention in schools.
- The afternoon will be devoted to creating a suicide stratagy in your district and the CSSRC Youth Suicide Assessment and Intervention Toolkit for mental health providers who want to be trained to use the new instruments.
- The day's agenda is <u>here</u>.
- Register <u>here</u>.

Still Recruiting - CSSRC STOP Grant: Threat Assessment Training & Implementation

- The CSSRC is recruiting more sites for threat assessment training and implementation.
- We need sites where CSSRC staff have NOT trained in threat assessment as well as a few where we have trained in the past.
- The lift for school sites is minimal just training evaluations to complete along with the training and a brief collection of data every six months.
- If you believe you might be interested later in the process, please call to get your district/school on the list now.
- Staff can be paid stipends for the training and data collection under the grant if training is conducted outside of regular working hours. Train this summer and staff receive stipends!
- Don't miss this opportunity: CSSRC staff have been working with the Governor's Office of Information Technology and will be piloting a secure, on-line protocol with the sites. Schools will be able to store their assessments and track the at-risk students' Response Management Support Plans with automatic notifications for review meetings, among other features. This will be available free of charge to districts even when the grant work is completed.
 - $\circ~$ If your school is interested in being one of the 30 sites, below is more information.
 - Application
 - Application Letter

• <u>MOU</u>

• Please complete the application and return it to <u>Christine.harms@state.co.us</u> or call Chris if you have any questions. (303.912.6915). We are now scheduling for the Spring, 2021.

SAVE THE DATES:

- Student/Staff Safety Summit will be held virtually on Tuesday, December 7th. We invite groups of middle and high school students with faculty members to attend. Last year's Summit was a huge success and we look forward to our youth council planning this one too. Watch for more information.
- Cybersafety and Substance Abuse Prevention Speakers' Series January 11th, 19th and 26th virtually. We are finalizing the dates for Sameer Hinduja, Cyberbullying Research Center; Lynn Riemer, ACT on Drugs; and Alex Rodriques, private practitioner and cybersafety expert. The presentations will be live at 11:30 AM however, we will record them for school professionals and parents to review when convenient.
- **Positive School Discipline Symposium will be held on February 16th.** We are working on making this a hybrid (in-person and virtual). More information will follow as presenters are confirmed.

CSSRC ONLINE COURSE OFFERINGS & ARCHIVED PRESENTATIONS

CSSRC online course links:

• Link to CSSRC online course offerings

CURRENT EVENTS AND ANNOUNCEMENTS

NEW Your Feedback is Requested

- The <u>Colorado Department of Public Health and Environment (CDPHE)</u> <u>Office of Suicide Prevention</u> (<u>OSP</u>) is seeking your assistance with creating a resource to support improved sleep for Colorado's young people as a suicide prevention strategy.
- If you would like to provide any feedback to Aimee about the content of these resources, please use <u>this form</u>. They are so appreciative of your time and expertise. For any questions, please email Aimee at Aimee.Resnick@state.co.us.

NEW Youth Awareness Week

 The <u>Colorado Department of Human Services (DHS)</u> has shared that Youth Awareness Week is being held from September 7 - 10, 2021.



COLORADO Department of Human Services

- "The purpose of Youth Awareness Week is to emphasize positive youth voice and to celebrate the influence youth have in our State and local communities"
- This year's theme is Inclusion and Acceptance. You can view more information on this flyer.
- More information will be shared as Youth Awareness Week gets closer.

NEW Academic Initiative: Students Invent2Prevent (I2P) Violence

- The <u>U.S. Department of Homeland Security</u> created this initiative "to empower young people to participate in civic engagement through the development of projects focused on preventing targeted violence in their schools and local communities."
- You can view the program <u>here</u>.
- If you are interested in learning more, contact Jeanne Veraska, Education Project Specialist at jeanne@edventurepartners.com and/or Tony Sgro, CEO at tony@edventurepartners.com directly.

BJS Releases Report on Indicators of School Crime and Safety: 2020

• The <u>Department of Justice's Bureau of Justice Statistics</u> and the <u>Department of Education's National</u> <u>Center for Education Statistics</u> recently released the *Report on Indicators of School Crime and Safety:* 2020—Executive Summary and Indicator 2: Incidence of Victimization at School and Away From School.

This report is the 23rd in a series of annual publications produced jointly by BJS and NCES. It provides
official estimates of school crime and safety from a variety of data sources, including national surveys
of students, teachers, principals and post-secondary institutions. *Indicator 2: Incidence of
Victimization at School and Away From School* includes data from BJS's National Crime Victimization
Survey. Learn more here

Decision Regarding 2021 School Access For Emergency Response (SAFER) Grant Program

- The Division of Homeland Security and Emergency Management (DHSEM) has shared the awards for the SAFER Grant Program.
- View the award decision <u>here</u>.

Letter to Educators on Title IX's 49th Anniversary

- <u>President Biden's administration</u> has released the below letter to educators on the anniversary of Title IX.
- You can view the letter <u>here</u>.

School Mental Health & School Safety Professionals' Groups

For the last few years, the CSSRC has facilitated informal meetings of school staff who oversee either suicide prevention and intervention or threat assessments in their buildings. We have been asked to set regular meetings for these professionals and separate them into two groups: **Suicide Prevention Professionals and Threat Assessment Professionals**. We will set these meetings for the second Tuesday of the month starting in September. The meetings will be virtual to allow more of our rural colleagues to join us. The calendar is below:

September 14, 2021 from 2:00 - 3:30	Suicide Prevetion Professionals/Suicide Prevention Discussion
October 12, 2021 from 2:00 - 3:30	Threat Assessment Professionals/Threat Assessment Discussion
November 9, 2021 from 2:00 - 3:30	Suicide Prevention Professionals/Suicide Prevention Discussion
January 11, 2022 from 2:00 - 3:30	Threat Assessment Professionals/Threat Assessment Discussion
February 8, 2022 from 2:00 - 3:30	Suicide Prevention Professionals/Suicide Prevention Discussion
March 8, 2022 from 2:00 - 3:30	Threat Assessment Professionals/Threat Assessment Discussion
April 12, 2022 from 2:00 - 3:30	Suicide Prevention Professionals/Suicide Prevention Discussion

A calendar invite will be sent to all those currently on the list to participate. Others are welcome to join the groups by sending an email to <u>Melissa.rubeo@state.co.us</u>. Please specify which group you are interested in attending although you are welcome to join both.

Thank you!

WEBINARS and OTHER ONLINE LEARNING COURSES for K-12 & IHE

NEW P4S: Supporting Student Mental Health With Medicaid Funds

- The <u>Education Commission of the States</u> is hosting this webinar series to "explore how states can use Medicaid funds to expand their mental health supports in K-12 schools."
- When: August 4, 2021, 1:00 pm
- View more information and register <u>here</u>.

NEW Integrating Suicide Prevention into the SBIRT Model

- <u>The Adolescent Screening Brief Intervention & Referral to Treatment (SBIRT)</u> is holding this webinar that "describes suicide as a public health problem and explains how suicide screening and intervention can be integrated into the SBIRT model."
- When: August 5, 2021, 1:00 pm and August 30, 2021, 12:00 pm
- View more information and register <u>here</u>.

NEW Question, Persuade, Refer (QPR) Free Training

- The <u>Partners for Children's Mental Health</u> is hosting a virtual training on Question, Persuade, Refer (QPR) for anyone over the age of 18 that is interested.
 Where
- When:
 - <u>August 6, 2021</u>, 9:30 am 11:00 am
 - <u>August 18, 2021</u>, 4:00 pm 5:30 pm
- View more information and register by clicking on the dates above.

NEW Addressing the Intersection of Substance Use and Suicide: Strategies for Prevention, Intervention, and Treatment

- <u>The Adolescent Screening Brief Intervention & Referral to Treatment (SBIRT)</u> is holding this webinar that "describes suicide risk among those who misuse substances and details multiple strategies for joint prevention, intervention, and treatment in the community and in various service settings."
- When: August 17, 2021, 1:00 pm
- View more information and register here.

NEW Wildfire Preparedness Training

- The <u>Colorado School District Self Insurance Pool (CSDSIP)</u> is hosting a 90-minute comprehensive Wildfire Preparedness Webinar in partnership with <u>Anchor Point Wildland Fire Solutions</u>, a Colorado-based company, with over 20 years of experience developing and supporting risk-based wildfire solutions throughout our state.
- Wildfire looms as a potential threat to property in Colorado, and the danger is only getting more serious. Between the lightning-pace grassfire burns on the plains, the notorious forest fires in the mountains, and severe smoke damage that can occur even when a building is spared, wildfire poses a threat to the vast majority of Colorado schools.
- When:
 - August 17, 2021 Register for this event
 - September 14, 2021 <u>Register for this event</u>

Still Available at No-Cost LivingWorks Start Program - One-hour gatekeeper training

• The <u>Office of Suicide Prevention</u> of <u>CDPHE</u> is pleased to provide our partners across Colorado FREE access to the LivingWorks Start **suicide prevention gatekeeper training.** LivingWorks Start is a one-hour, online, interactive training



Children's Mental Health

gatekeeper training. LivingWorks Start is a one-hour, online, interactive training program that gives you the skills and knowledge to keep family, friends, co-workers, and others safe from suicide. For more information, click <u>here.</u>

- To access the training, click <u>here</u> and enter access code: OSP Gen. Please note that we have a limited number of licenses available for use available on a first come, first served basis. Please do not share the URL and access code outside of Colorado.
- LivingWorks Start works best with Google Chrome, Firefox, or Microsoft Edge browsers.
- It is not Internet Explorer compatible. If you have any questions or issues accessing the training, please contact Dymond Ruybal at Dymond.Ruybal@state.co.us.

OTHER COLORADO TRAININGS and EVENTS

NEW Cognitive Behavioral Intervention for Trauma in Schools (CBITS)

- The <u>Colorado Department of Education (CDE)</u> is offering this Free virtual CBITS training for school based mental health teams (minimum of two people per team). Each team member must register independently. This training is an all-day virtual training (8:30am 3:30pm) with 5 hours of pre-homework that is required in order to participate. Each date is limited to 15 people maximum.
- When:
 - August 2, 2021
 - August 3, 2021
 - August 5, 2021
 - August 6, 2021
 - August 9, 2021
 - August 10, 2021
- What: "CBITS uses cognitive-behavioral techniques (e.g., psychoeducation, relaxation, social problem solving, cognitive restructuring, and exposure)."
- View more information <u>here</u> and register <u>here</u>

NEW Colorado OSP Recertification/Booster Training Registration

- <u>Sources of Strength</u> and the <u>Office of Suicide Prevention within the Colorado Department of Public</u> <u>Health and Environment (CDPHE)</u> is offering this booster training for those who have previously attended a Train-the-Trainer Skills Session.
- When: August 23 24, 2021
- What: "The BT4T is designed to be a hands-on, engaging, and fun transition out of virtual delivery of Sources of Strength and back to in-person training in this new reality."
- View more information and register <u>here</u>.

NEW 2021 CSSP Annual Fall Conference

- The <u>Colorado Society of School Psychologists (CSSP)</u> is holding their annual fall conference in Vail for 2021.
- When: November 11 13, 2021.
- What: "This year's conference theme was inspired by how much change has occurred (and is still occurring) in our lives and in our profession over the past year and a half."
- View more information <u>here</u> and the registration will open later in the year.

NATIONAL TRAININGS and EVENTS

NEW Teen CERT

- The <u>Readiness and Emergency Management for Schools Technical Assistance Center (REMS TA)</u> shared the availability to join the Teen Community Emergency Response Team (CERT) Program.
- "During the training, you will learn to: put out small fires, conduct light search and rescue, assist those who are injured, set up medical treatment areas, assist emergency responders, identify and anticipate hazards, reduce fire hazards in the home and workplace, and help reduce survivor stress."





View more information <u>here</u>.

CURRENT GRANT OPPORTUNITIES

FY 2021 Preventing School Violence: BJA's STOP School Violence Program

- The <u>Bureau of Justice Assistance (BJA)</u> is seeking applications for funding under the Student, Teachers, and Officers Preventing (STOP) School Violence Grant Program to prevent violence in a K-12 school setting.
- "The STOP School Violence Grant Program is designed to improve K-12 school security by providing students and teachers with the tools they need to recognize, respond quickly to, and help prevent acts of violence and ensure a positive school climate."
- Closing Date August 18, 2021
- View more information <u>here</u>.

Nourish Colorado Grants Available

• <u>Nourish Colorado</u> formerly LiveWell Colorado has changed quite a bit and we encourage you to view the new program and information <u>here</u>.



RESOURCES and INFORMATION for Pre K-12 SCHOOLS

NEW National Minority Mental Health Awareness Month Resource Highlight

 The <u>Substance Abuse and MentalHealth Services Administration</u> (<u>SAMHSA</u>) collaborated with <u>HHS Office of Minority Health</u> (<u>OMH</u>) to develop the Behavioral Health Implementation Guide for the National Standards for Culturally and Linguistically Appropriate Services in Health and Health Care (Behavioral Health Guide).



- "This Behavioral Health Guide underscores the ways in which the National CLAS Standards can improve access to behavioral health care, promote quality behavioral health programs and practice, and ultimately reduce persistent disparities in mental health and substance use treatment for underserved minority communities. "
- View the guide <u>here</u>.

Free Resources for Distance Learning During COVID-19

- The team at <u>Study.com</u> recently developed several comprehensive guides for students, parents, and teachers providing useful info on strategies to navigate distance learning during COVID-19. These four guides can be incredibly beneficial for students, parents, and teachers looking to make distance learning more manageable:
 - Homeschool Resources for Special Needs Students during COVID-19
 - Grads Guide to Getting Hired during COVID-19
 - Dealing with Stress in College during COVID-19
 - Success Tips for Online College during COVID-19

Threat Assessment and Reporting Resources to Prevent School Violence

- <u>SchoolSafety.gov</u> has released information on a set of key strategies to consider, as well as specific resources to aid in the implementation of threat assessment and suspicious activity reporting initiatives at K-12 schools.
- You can view the information specifically on threat assessment <u>here</u>.

School Safety: Research on Gathering Tips and Addressing Threats

- The <u>National Institute of Justice (NIJ)</u> shared an article on research on gathering tips and addressing threats.
- "New research suggests that schools should have a systematic and coordinated approach in place to gather and process information on threats, respond appropriately, and document the response."
- View the article <u>here</u>.

RESOURCES and INFORMATION for INSTITUTIONS OF HIGHER EDUCATION

Free Resources for Distance Learning During COVID-19

- The team at <u>Study.com</u> recently developed several comprehensive guides for students, parents, and teachers providing useful info on strategies to navigate distance learning during COVID-19. These four guides can be incredibly beneficial for students, parents, and teachers looking to make distance learning more manageable:
 - Homeschool Resources for Special Needs Students during COVID-19
 - Grads Guide to Getting Hired during COVID-19
 - Dealing with Stress in College during COVID-19
 - Success Tips for Online College during COVID-19

Follow the Colorado School Safety Resource Center on Twitter

- For the latest school safety information between monthly E-Updates, follow <u>@CoSSRC</u> on Twitter.
- Featuring daily updates on new research, resources, upcoming trainings, and Center activities.
- Follow us on Twitter

THE CSSRC IS AVAILABLE to any pre-K through higher education school to assist in your school safety planning. Our mission is to provide *no-cost consultation*, *resources, training and technical assistance* that can help you create a safe, positive, and successful school. We can customize a variety of trainings for your school safety and crisis planning teams or your school staff as you plan and train this school year. We invite you to continue monitoring our website (www.Colorado.gov/CSSRC) for the latest school safety information and upcoming trainings. Call us at: 303-239-4435.



Thank you for supporting safe and positive schools in Colorado!

Colorado School Safety Resource Center 700 Kipling Street #1000 Denver, CO 80215 303.239.4435 Fax: 303.239.4510 Email: <u>CDPS_School_Safety_Center@state.co.us</u> Website: <u>www.Colorado.gov/CSSRC</u>

Supporting Safe and Positive Colorado Schools