

April 2021

E-UPDATE FROM CSSRC ~ You are receiving this email as a subscriber of the Colorado School Safety Resource Center's (CSSRC) listserv. *E-Updates from* the CSSRC will contain the most current information about the Center's activities and resources, as well as other school safety efforts throughout the state of Colorado and relevant national resources. *Please forward this to others on your email list who have an interest in supporting safe and positive schools in Colorado. They may register for this listserv on our website* <u>www.Colorado.gov/CSSRC</u>.

THE DIRECTOR'S CORNER

We were all saddened and outraged by the tragedy that took place in Boulder on Monday, March 22nd. We mourn the victims and recognize the trauma this has caused all Coloradans. We urge everyone to take care of themselves, their loved ones, friends and neighbors. Please see the resources gathered <u>here</u>.

- SAFER grant
 - This is the School Access for Emergency Response or the <u>interoperability grant</u>. You'll remember in 2018 this was first proposed with six cycles of \$5M each. This is cycle number 4. The Technical Assistance sessions are scheduled for April 16, 2021, at 9:30 a.m. and April 22, 2021, at 10:30 a.m. Attendance is not required. Please feel free to forward this information and the technical assistance call invitations to whomever in your organization will be responsible for applying. At any time during the application period, if you need assistance please call Austin Geddis @ 303.239.4198.
 - More information about the grant and application materials can be found below under "Current Grant Opportunities" and at the <u>DHSEM website.</u>
- Colorado School Safety Specialist Academy Applications are Available
 - The Academy will be held virtually the **week of June 7**th **11**th from 8:00 AM until 12:30 PM.
 - The **application for the Academy can be found** <u>here</u>. We are asking candidates to be those tasked with school safety responsibilities for your school or district.
 - This first cohort will be **limited to 25 participants** and will require a completed application which includes a signature from your supervisor confirming your school safety responsibilities in the school/district. *No more than one candidate per school building will be selected.*
 - Candidates will be reviewed on a **first-come**, **first-served basis** and notified no later than April 30, 2021 of their selection.

• CSSRC's Youth Council - Youth Engaged in School Safety or YES²

- In next month's E-Update we will include application materials for the 2021-22 school year.
- We are looking for high school students who are interested in school safety to help plan the 2021 Student/Staff Summit and promote safety in their schools.
- Students are paid a \$15/hour stipend for meetings and Summit participation along with mileage reimbursement.
- Please start thinking about eligible students.
- Thank you!

Kindest regards, *Chris Harms* <u>christine.harms@state.co.us</u> 303.912.6915

COLORADO SAFETY RESOURCE CENTER TRAINING

SAVE THE DATE - Annual IHE Summer Safety Symposium

- This is the annual summer symposium initially designed for staff of institutions of higher education (IHE) by the <u>Colorado School Safety Resource Center</u> but K-12 staff who attend will find much that pertains to them as well. All are welcome!
- When: Virtually on Tuesday, June 15th, from 8:00 AM until 3:45 PM
- What: Four Plenaries including-
 - Sarah J. Powell, Ph.D., the Emergency Manager for Temple University, Philadelphia, PA. Dr. Powell will address the group on the Neuroscience of Stress including the stress of the COVID pandemic.
 - Jason R. Kilmer, Ph.D., cannabis researcher at the University of Washington who will speak on 0 the impact of marijuana on young adults.
 - Jennifer Landhuis, M.S., Director of the Stalking Prevention, Awareness and Resource Center (SPARC) will address Stalking on campuses.
 - Margaret Ochoa, J.D. and Brad Stiles, M.A. from CSSRC will discuss other policies vital to concurrently enrolled and other minors on college campuses.
- Draft Agenda

Prevention of Violence

UNIVERSITY OF COLORADO BOULDER

Registration: Is FREE and the link is here.

SAVE the DATE: 2021 Colorado Safe Schools Summit

- The annual Colorado Safe Schools Summit will be held virtually on October 21 & 22, 2021.
- This is co-sponsored by the CSSRC, the Center for the Study and Prevention of Violence at CU. • Boulder and Safe2Tell.
- Those that submitted proposals last year when we switched to a speakers' series will be contacted to see if you would like to present in 2021.



COLORADO School Safety Resource Center

Department of Public Safety

- There will be no charge and since it is virtual, everyone across the state can attend!
- Center for the Study and The Call for Workshop Proposals can be accessed here. • • Deadline to submit proposals is May 10, 2021.

Please Remember: Practicing Your EOPs

- We want to remind you of the Center's mandate from the Governor's office which is to report that all districts have exercised their EOPs (emergency operations plans) within the last year. We have reached a 69% threshold but we are trying for 96%.
- We appreciate your help with this. If you have an update to the survey sent out previously, please make those adjustments here. CSSRC Needs Assessment - School Survey
- If you would like a CSSRC staff member to run a virtual tabletop drill to satisfy this goal, please ۲ contact Brad Stiles at brad.stiles@state.co.us or (303) 349-1549.
- We would be happy to assist! •

NOW SCHEDULING FOR SUMMER WORKSHOPS - CSSRC STOP Grant: Threat Assessment Training & Implementation

- The CSSRC is recruiting more sites for threat assessment training and implementation.
- We need sites where CSSRC staff have NOT trained in threat assessment as well as a few where we ۲ have trained in the past.
- The lift for school sites is minimal just training evaluations to complete along with the training and a ۲ brief collection of data every six months.
- We also realize that adding another project to your school's work may be overwhelming right now. Please know that the grant project continues until 9/30/2022. If you believe you might be interested later in the process, please call to get your district/school on the list now.
- Staff can be paid stipends for the training and data collection under the grant if training is conducted

outside of regular working hours. Train this summer and staff receive stipends!

- This final training phase of the grant will extend from September 2020 through August 2021.
- CSSRC staff have been working with the Governor's Office of Information Technology and will be piloting a secure, on-line protocol with the sites. Schools will be able to store their assessments and track the at-risk students' Response Management Support Plans with automatic notifications for review meetings, among other features. This will be available free of charge to districts even when the grant work is completed.
- If your school is interested in being one of the 30 sites, below is more information.
 - Application
 - <u>Application Letter</u>
 - <u>MOU</u>
- Please complete the application and return it to <u>Christine.harms@state.co.us</u> or call Chris if you have any questions. (303.912.6915). We are now scheduling for the Spring, 2021.

CSSRC Virtual Trainings Continue on Mondays and Fridays in April and May

- We have released the April and May virtual training dates on the training calendar, which can be accessed <u>here</u>.
- These courses are no-cost and, once you complete the evaluation at the end, you will receive a certificate for continuing education hours!
- Although designed for individual attendees, if a school or district would like to offer any of these courses to their staff simultaneously, please contact the listed presenter and details can be arranged.
- You can contact the center with any questions or concerns by calling 303.239.4435 or by emailing <u>cdps_school_safety_center@state.co.us</u>.

CSSRC ONLINE COURSE OFFERINGS & ARCHIVED PRESENTATIONS

CSSRC online course links:

• Link to CSSRC online course offerings

CURRENT EVENTS AND ANNOUNCEMENTS

NEW Youth Partnership for Health Youth Consultant Application

• The <u>Colorado Department of Public Health and Environment (CDPHE</u>) has opened the application process for their Youth Partnership for Health which is a youth advisory council for community stakeholders.

COLORADO

Department of Public Health & Environment

- Applications are due April 9, 2021.
- View more information on the program <u>here</u>.
- Complete the application <u>here</u>.

NEW CDPHE'S Community Advisory Board

- The <u>Colorado Department of Public Health and Environment (CDPHE</u>) has opened the application for their Community Advisory Board.
- Applications are due April 16, 2021.
- View more on the Community Advisory Board <u>here</u>.
- Complete the application <u>here</u>.

NEW Funding for Healthy Buildings and Indoor Air Quality Upgrades

- <u>Campus Safety</u> released this article on "how schools & universities can use CARES Act funding to pay for upgrades to their HVAC systems and other technology solutions to make their campuses safer."
- View the article <u>here</u>.

NEW Recruitment for the 2021 HKCS and Smart Source is underway

• The <u>Colorado School of Public Health, University of Colorado Anschutz Medical Campus</u> is recruiting

for the next Healthy Kids Colorado Survey.

- *"Who can participate?* Middle and high schools can participate in both the HKCS and Smart Source. Elementary schools can participate in Smart Source
- When is the survey administration window? Both surveys are administered during the fall semester of 2021. We encourage schools to complete the HKCS between Labor Day and Thanksgiving. Schools have until the end of the fall semester to complete both the HKCS and Smart Source.
- Are there incentives? Yes! Monetary stipends are available for participating schools. Additionally, schools that complete both surveys by November 1st will be entered into a drawing."
- Email the CSPH School & Youth Survey Team at <u>CSPHSurveyTeam@cuanschutz.edu</u> for more information.

NEW JED High School: A Comprehensive Mental Health Initiative

• The <u>JED Foundation</u> is looking to engage some Colorado high schools in this mental health initiative.



- JED High School is a public health, systematic approach districts/schools can use to assess and strengthen their policies, programs, and systems that support emotional well-being and suicide prevention for students.
- JED High School is an adaptation of <u>JED Campus</u>, a national, higher education initiative implemented in over 350 colleges and universities.
- JED High School is an 18 to 24-month program and will help districts/schools assess and enhance their efforts in the following key areas:
 - 1) developing life skills
 - 2) promoting social connectedness and positive school climate
 - 3) encouraging help-seeking behavior
 - 4) improving recognition and response to signs of distress and risk
 - 5) ensuring student access to effective mental health treatment
 - 6) establishing and following crisis management procedures
 - 7) promoting means safety.
- JED tailors their strategic planning process to each school/district using an approach that promotes equitable implementation.
- The cost for this program is \$25,000/year. However, JED has some scholarship funds available and are working to develop philanthropic support in Colorado.
- For more information, please check out <u>this flye</u>r or contact: Suzanne Button, Ph.D., Senior Clinical Director, High School Programing. Please call: (Main) 212-647-7544 or (Direct) 845-389-1861 or <u>suzanne@jedfoundation.org</u>.

Bike to School Day

- <u>Bike to School Day</u> is being held with the <u>Colorado Department of Transportation</u> and <u>Safe Routes to</u> <u>School</u> on **May 5, 2021**, after missing last year due to COVID-19!
 - There will not be physical mailings this year, but you can download resources for use <u>here</u>.

2021 Epidemiological Profiles Released

- The <u>State Epidemiological Outcomes Workgroup (SEOW)</u> recently published its 2021 Epidemiological Profiles highlighting state-level data on the consumption, protective and risk factors, and harmful effects of alcohol, marijuana, opioids and tobacco.
- The profiles outline and visualize data in multiple ways, including identifying the extent of problematic use in different regions of the state. A Demographics Profile provides context about Colorado as a whole in order to better inform interpretation of the data through a health equity lens.
- To access the 2021 Epidemiological Profiles, visit the <u>SEOW website</u>.

WEBINARS and OTHER ONLINE LEARNING COURSES for K-12 & IHE

NEW Sexual Assault Awareness Month (SAAM) Event

- Those who attended the Child Sexual Abuse Prevention Symposium will recall the excellent work presented by the <u>18th Judicial District's DA's Office</u>. They are offering a Sexual Assault Awareness Month series of discussions on the following topics:
 - April 1st Internet Luring and How to Protect Yourself from Internet Predators
 - April 8th Debunking the Myths of Human Trafficking
 - April 15th What Parents Need to Know about Child Sexual Abuse
 - April 22nd Drug and Alcohol Facilitated Sexual Assaults and a Survivor's Rights in Colorado
 - April 29th Supporting a Survivor of Sexual Assault & the Advocates who are There to Help.
- View the flyer <u>here</u>.
- Register <u>here</u>.

Substance Use Interventions for Adolescents and Transitional Age Youth

- This webinar is being hosted by the <u>Hilton Adolescent SBIRT Project</u>.
- When: April 7, 2021, 1:00 pm
- What: "In this free webinar, participants will learn an approach to conduct proper screening, brief intervention and referral to treatment for young adults (ages 18-25) at risk for substance use disorders".
- Register <u>here</u>.

NEW Question, Persuade, Refer (QPR) Trainings

- <u>Partners for Children's Mental Health (PCMH)</u> is hosting free Question, Persuade, Refer (QPR) trainings in April and May for anyone 18+ interested in learning about suicide warning signs, prevention strategies, and how to support youth having thoughts of suicide.
- When:
 - April 16, 2021, 9:00 am 10:30 am
 - May 5, 2021, 4:00 pm 5:30 pm
 - May 12, 2021, 12:00 pm 1:30 pm
- Register by clicking on the date above.

NEW Safe2Tell Train the Trainer

- Safe2Tell is hosting a train the trainer webinar and has released the application.
- When: April 23, 2021, 8:30 am 12:00 pm
- What: "Graduates will learn about Safe2Tell Core Messaging, receive lessons and extensions differentiated for different ages, and learn about infusing a culturally responsive framework into Safe2Tell in order to have a high functioning Safe2Tell team and culture."
- Click <u>here</u> to have the application automatically download as a Word document.
- For more information or to send the completed application contact Mark Lanning by email <u>Mark.Lanning@coag.gov</u>

NEW Human Trafficking Training for Educators and School Staff

- The <u>Laboratory to Combat Human Trafficking</u> and <u>SARA House</u> are hosting two trainings on "how human trafficking is impacting our state and region."
- When:
 - April 27, 2021, 8:00 am
 - April 27, 2021, 3:30 pm
- View more information and register by clicking above on the am or pm session.

Mental Health Technology Transfer Center Network MHTTC Virtual Trainings

• <u>Mental Health Technology Transfer Center Network (MHTTC)</u> is hosting a large variety of webinars

and trainings that include but are not limited to:

- Advanced Topics in Strengthening Youth/Young Adult Peer Support: Youth Peer Support Specialists' Role in Crisis Intervention and Postvention
- Staying Connected with Students and Youth during COVID-19 Part 1: Why Social Connection is Important for Mental Health
- Supporting LGBTQ+ Youth in Schools: Improving the school experiences of LGBTQ+ students
- The Relationship between Loneliness, Isolation, and Social Distancing
- Coping and Self-Care through Trauma
- Healing School Communities in the Context of Racial Violence: Where do we go from here? Session 2
- View more webinars and trainings and register for them <u>here</u> on their <u>training calendar</u>.

NEW Digital Abuse Awareness Livestream Event

- <u>EndTAB</u> is in the process of finishing the planning for this event which will take place in October and it is free to Colleges and Universities worldwide.
- "From deepfakes to cyberstalking, digital abuse is affecting the daily lives of students everywhere. Adam Dodge, founder of EndTAB, is at the forefront in teaching universities, nonprofits, governments, and mental health professionals about the fast-evolving frontier of digital abuse."
- You can view and submit the interest form <u>here</u>.

Still Available at No-Cost LivingWorks Start Program - One-hour gatekeeper training

- The <u>Office of Suicide Prevention</u> of <u>CDPHE</u> is pleased to provide our partners across Colorado FREE access to the LivingWorks Start suicide prevention gatekeeper training. LivingWorks Start is a one-hour, online, interactive training program that gives you the skills and knowledge to keep family, friends, co-workers, and others safe from suicide. For more information, click <u>here.</u>
- To access the training, click <u>here</u> and enter access code: OSP Gen. Please note that we have a limited number of licenses available for use available on a first come, first served basis. Please do not share the URL and access code outside of Colorado.
- LivingWorks Start works best with Google Chrome, Firefox, or Microsoft Edge browsers.
- It is not Internet Explorer compatible. If you have any questions or issues accessing the training, please contact Dymond Ruybal at <u>Dymond.Ruybal@state.co.us</u>.

OTHER COLORADO TRAININGS and EVENTS

Motivational Interviewing Training

- This training is offered by <u>EPIC</u> within the <u>Division of Criminal Justice</u> at the <u>Colorado Department of</u> <u>Public Safety.</u>
- When:
 - Intro to Motivational Interviewing:
 - April 5, 6, 8, 9;
 - May 10, 11, 13, 14, 24, 25, 27, 28;
 - June 21, 22, 24, 25;
 - Advanced Motivational Interviewing:
 - April 19, 20, 22, 23;
 - June 7, 8, 10, 11;
- What:
 - Intro to Motivational Interviewing: "Motivational Interviewing is a collaborative conversation style for strengthening a person's own motivation and commitment to change. It involves the strategic use of technical skills within a supportive context to facilitate movement towards one's goals. This introductory, interactive course will lay the foundation for participants to be able to identify meaningful behavior change goals and apply skills that will help unlock their client's change



potential."

- Advanced Motivational Interviewing: "Building on the foundation established in MI 101, participants will gain deeper understanding and application of specific strategies and supportive environmental factors that enhance a change process. This workshop heavily focuses on practicing and providing/receiving timely feedback of principles and concepts learned throughout both MI 101 and 102."
- You can create your EPIC training account and register for the training <u>here</u>.

QPR Train the Trainer - Suicide Gatekeeper Training

- This training is being hosted by the Alliance for Suicide Prevention
- When:
 - April 14, 2021
 - June 11, 2021
- What: "Learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help in the 90-minute training for adults
- Cost: \$510
- You can obtain more information or register by emailing Kimberly Pratt at kim@suicideprevent.org.
- Please note that the CSSRC offers this training to schools for only the cost of the materials
- Please call the Center at 303-239-4435 for more information

The Summer BRIEFING- Still Virtual

- <u>The I Love U Guys Foundation</u> will be hosting this event virtually, and their primary audience is "Law enforcement, school personnel, victim advocates, mental health professionals, emergency and risk managers, school safety teams and all first responders."
- You can view more information and register for the July 11 event here.



NATIONAL TRAININGS and EVENTS

NEW 2021 Virtual STAR-Center Conference

- The conference is titled "Preventing Suicide in Children and Youth: Building Resilience in the Face of Adversity" and is being held by <u>UPMC Western Psychiatric Hospital, Department of Psychiatry</u>.
- When: May 14, 2021, 8:30 am 3:30 pm
- What: "Annual conferences strive to disseminate what we have learned about best practice clinical care into practical guidelines for educational and community settings."
- View more information and register <u>here</u>.

NEW Global Implementation Summit

- For the first time, <u>IMPACT Learning and Leading Group</u> is holding the K-12 Global Implementation Virtual Summit.
- When: May 25 27, 2021
- What: "brings together the global education community to share and discuss the who, why, where, when, and how of strategic implementation and its direct application toward obtaining the results promised by evidence-based practices."
- View more and register <u>here</u>.

CURRENT GRANT OPPORTUNITIES

NEW Student Wellness Grant

- The <u>Colorado Department of Education (CDE)</u> has released the application for the Student Wellness Grant.
- "This grant program exists to support evidence-based practices and the implementation of Whole School, Whole Community, Whole Child approaches as a strategy to improve the health and well-being

of children and youth in Colorado schools."

- Applications are due April 2, 2021
- View more information and requirements <u>here</u>.

NEW Highway Safety Office Request for Applications FY 22-24

- The <u>Highway Safety Office</u> within the <u>Colorado Department of Transportation (CDOT</u>) has released the request for applications for FY 2022 2024.
- Applications are due April 5, 2021.
- "The funds for this grant opportunity are available through the Fixing America's Surface Transportation (FAST) Act authorizes and provides funds for the federal surface transportation programs including highway safety programs."
- View more information and requirements <u>here</u>.

NEW 21st Century Community Learning Centers (21st CCLC) Grant Program

- This funding opportunity is available through the Colorado Department of Education (CDE)
- "This three-year grant allows eligible applicants to establish or expand community learning centers that provide students with academic enrichment opportunities, along with activities designed to complement the students' regular academic program. CDE will award approximately \$5.75 million to centers across the state."
- The grant applications are due Friday, April 14, 2021 by 11:59pm.
- View forms and more information <u>here</u>.

NEW Suicide Prevention Grant Funds

- The <u>Office of Suicide Prevention (OSP)</u> has released two grant opportunities "to enhance comprehensive suicide prevention and crisis response for public schools and school districts."
- The two grant opportunities are:
 - Comprehensive Suicide Prevention
 - Suicide Prevention Staff Training
- Applications are due April 16, 2021.
- Important documents:
 - o <u>Final RFA</u>
 - <u>RFA Cover Sheet</u>
 - Application Checklist
 - Application Narrative
 - <u>Budget Template</u>
 - Financial Risk Assessment Questionnaire
 - Contact Form

NEW Virtual Grant Writing Training

- This virtual training is offered by the Colorado Department of Education (CDE)
- When:
 - April 23, 2021, 10:00 am 4:00 pm
 - April 30, 2021, 10:00 am 4:00 pm
- What: "In this free one-day grant writing training, attendees will learn about CDE's competitive grant processes as well as helpful tips for writing fundable proposals. Attendees will also complete hands-on exercises to put grant writing skills to use."
- View more information <u>here</u> and register by clicking on the event date above.

NEW School Access For Emergency Response (SAFER) Grant Announcement

<u>Announcement</u>

The Division of Homeland Security and Emergency Management is happy to announce the availability of funds through the School Access For Emergency Response (SAFER) Grant Program created by the Colorado State Legislature's SB18-158. The SAFER Program provides funding for interoperable

communication hardware, software, equipment maintenance, and training to allow for seamless communications between existing school communications systems and first responder communications systems.

<u>Application and Review Process</u>

All eligible applications received by the **due date of May 11, 2021** will be reviewed by the Grant Selection Committee (GSC). GSC members will review submitted applications each week throughout the application period to stay on track with the time table put forth in the legislation, so please submit your application as soon as possible. Please see the application for complete instructions on submitting your application.

• Technical Assistance, Q&A

DHSEM-SER will hold two technical assistance calls to allow applicants to ask questions and get help with their applications. They will be held on **April 16, 2021, at 9:30 a.m. and April 22, 2021, at 10:30 a.m.** Attendance is not required. Please feel free to forward this information and the technical assistance call invitations to whomever in your organization will be responsible for applying. At any time during the application period, **if you need assistance please call Austin Geddis @ 303.239.4198 or check the DHSEM website.**

• Supporting Documents

- SAFER Grant Application Handbook
- MOU SAFER Community Partner Interoperability Form
- SAFER Application for Schools Round Four
- SAFER Application for Public Communications Network Owners

NEW Fiscal Year (FY) 2021 Targeted Violence and Terrorism Prevention (TVTP)

- The <u>US Department of Homeland Security</u> has released a grant opportunity that "seeks to provide funding to applications that align with these objectives and that protect privacy, civil rights, and civil liberties. Applicants are required to conduct a rigorous needs assessment to outline what resources are already available in their area and what gaps need to be filled."
- Applications are due May 25, 2021.
- "Eligible Applicants:
 - Public and State controlled institutions of higher education
 - Native American tribal governments (Federally recognized)
 - State governments
 - Private institutions of higher education
 - Independent school districts
 - Nonprofits having a 501(c)(3) status with the IRS, other than institutions of higher education
 - Special district governments
 - County governments
 - City or township governments"
- View more information on the opportunity and requirements <u>here</u>.

Nourish Colorado Grants Available

<u>Nourish Colorado</u> formerly LiveWell Colorado has changed quite a bit and we encourage Transforming Four Systems you to view the new program and information <u>here</u>.

RESOURCES and INFORMATION for Pre K-12 SCHOOLS

NEW COVID-19 Guidance - Prom

- The <u>Colorado Department of Education (CDE)</u> has released new guidance related to hosting prom in the midst of the COVID-19 situation.
- You can view the guidance <u>here</u>.



NEW 100 School Districts

- This project by the <u>National Women's Law Center</u> and <u>Girls for Gender Equity</u> "promotes promising practices to enable schools to effect transformative change in preventing and responding to sexual harassment."
- View the project and information <u>here</u>.

NEW Help Students Connect and Reflect on the Year

- <u>Facing History and Ourselves</u> has released this new teaching idea "to give students space to process the disruptions of the last year and connect with loved ones."
- View the information and activities <u>here</u>.

NEW Suicide Prevention Materials

- <u>The Office of Suicide Prevention</u> within the <u>Colorado Department of Public Health and Environment</u> has a number of materials to share.
- To order Man Therapy and other suicide prevention materials, please fill out and send <u>this form</u> to CDPHE_Suicide <u>Prevention@state.co.us</u>
- To order <u>QPR</u>, <u>safeTALK</u> or <u>MHFA</u> materials click the embedded link within each name.

NEW Safe2Tell Youtube Channel

- <u>Safe2Tell</u> has updated their <u>Youtube channel</u> with playlists and new content.
- In addition to the new content and information, Safe2Tell will be offering a giveaway of free swag packages to 5 winners that subscribe by March 5.
- Email Mark Lanning directly with your username and school/district if you subscribed to be entered, Mark.Lanning@coag.gov

NEW School Transportation's Role in the Fight Against Human Trafficking

- This virtual briefing was provided by <u>Busing on the Lookout</u> in January 2021.
- "Busing on the Lookout's goal is to saturate the school transportation community with our free, industry-specific anti-trafficking training materials."



• You can view more information and resources on Busing on the Lookout's website <u>here</u>.

Gaggle Therapy

- <u>Gaggle Therapy</u> matches students with counselors licensed in Colorado to offer weekly therapy sessions.
- Each therapy session takes place over a secure HIPAA compliant video call, making it easy and accessible for students to meet with their therapist.
- Students can meet with therapists from home or school and can schedule appointments for after school, evenings, or weekends, so they don't have to miss class and valuable learning time.
- There are no out-of-pocket costs for students to use Gaggle Therapy, connecting mental health services with students who may not be able to access it otherwise
- See their flyer <u>here</u>.
- Please Contact: Tina Shanks for more information: (210) 860-2565 or tina@gaggle.net

NEW Summer Food Service Program (SFSP)

- The <u>Summer Food Service Program (SFSP)</u> within the <u>Colorado Department of Education</u> provides an opportunity to continue offering nutritious meals at no cost to families during the summer when youth no longer have access to school meals.
- "The Summer Food Service Program (SFSP) provides free breakfast, lunch, snack and supper to youth in Colorado all summer long. Anyone 18 years of age and younger is welcome to eat a meal with their friends at participating sites throughout the summer."
- View more information on the program and how to participate <u>here</u>.



Event Recording: Managing Stress and Anxiety

- Earlier this year, <u>NIMH</u> conducted a livestream event on managing stress and anxiety.
- Krystal Lewis, Ph.D., a licensed clinical psychologist at NIMH, discussed coping techniques on how to maintain your mental health during the pandemic and when to get professional help.
- She ended the discussion with a brief guided imagery. If you need a quick break, take a look.
- The link is <u>here.</u>

RESOURCES and INFORMATION for INSTITUTIONS OF HIGHER EDUCATION

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 - Private institutions of higher education
 - Independent school districts
 - Nonprofits having a 501(c)(3) status with the IRS, other than institutions of higher education
 - Special district governments
 - County governments
 - City or township governments"
- View more information on the opportunity and requirements <u>here</u>.

NEW College Drinking Resources

- The <u>Substance Abuse and Mental Health Services Administration (SAMHSA)</u> has released new resources to help prevent underage drinking on college campuses.
- You can view some of the resources below:
 - <u>College Drinking: Prevention Perspectives "Embracing Culture and Context to Prevent Underage</u> <u>Drinking"</u>
 - <u>College Drinking: Prevention Perspectives "Embracing Culture and Context to Prevent Underage</u> <u>Drinking" Discussion Guide</u>
 - <u>College Drinking: Prevention Perspectives "Lessons Learned at Frostburg State University"</u> <u>Discussion Guide</u>

Follow the Colorado School Safety Resource Center on Twitter

- For the latest school safety information between monthly E-Updates, follow <u>@CoSSRC</u> on Twitter.
 - Featuring daily updates on new research, resources, upcoming trainings, and Center activities.

Follow us on Twitter

THE CSSRC IS AVAILABLE to any pre-K through higher education school to assist in your school safety planning. Our mission is to provide *no-cost consultation, resources, training and technical assistance* that can help you create a safe, positive, and successful school. We can customize a variety of trainings for your school safety and crisis planning teams or your school staff as you plan and train this school year. We invite you to continue monitoring our website (www.Colorado.gov/CSSRC) for the latest school safety information and upcoming trainings. Call us at: 303-239-4435.



Thank you for supporting safe and positive schools in Colorado!

Colorado School Safety Resource Center 700 Kipling Street #1000 Denver, CO 80215 303.239.4435

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