



Colorado High School Activities Association

“Seeking Excellence in Academics, Activities and Athletics”



MEMBER  
SINCE 1924

14855 E. 2<sup>nd</sup> Ave.  
Aurora, CO 80011  
(303) 344-5050  
Fax (303) 367-4101  
[www.chsaa.org](http://www.chsaa.org)

## Colorado High School Activities Association Concussion Policy

Any athlete who exhibits signs, symptoms, or behaviors consistent with a concussion (such as loss of consciousness, headache, dizziness, confusion, or balance problems) shall be immediately removed from participation and shall not return to play until cleared by a licensed healthcare practitioner (MD, DO, Nurse Practitioner, or Physician Assistant).

Any health care professional or CHSAA coach may identify concussive signs, symptoms or behaviors of a student athlete during any type of athletic activity. Once concussive signs are identified, only a licensed healthcare practitioner (as defined above) can clear the athlete to return to play.

An online NFHS Concussion Course or an in-person concussion education seminar is required for all CHSAA coaches. These educational courses will aid in identifying symptoms of a concussion and the procedure to follow when these symptoms are recognized. The online course is available at [www.nfhslearn.com](http://www.nfhslearn.com). For more information regarding the management of concussions, please visit the CHSAA Sports Medicine Website at <http://www.chsaa.org/sports/medicine/>.