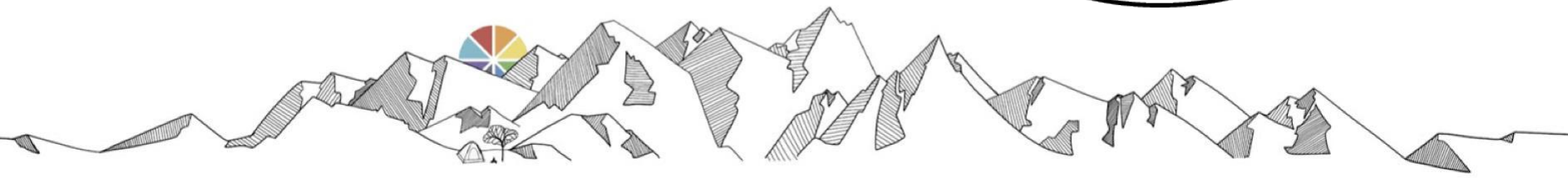
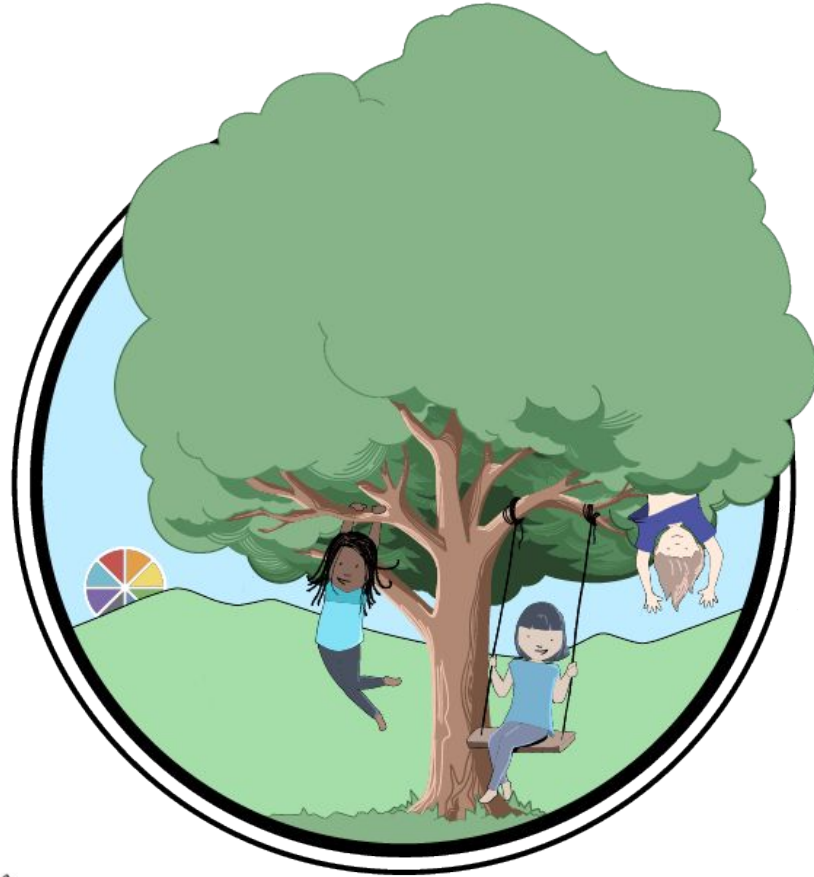




## Further Upstream: Suicide Prevention in Elementary Schools



**WHAT IS SOMETHING YOU'RE  
LOOKING FORWARD TO OR  
FEELING HOPEFUL FOR THIS YEAR?**

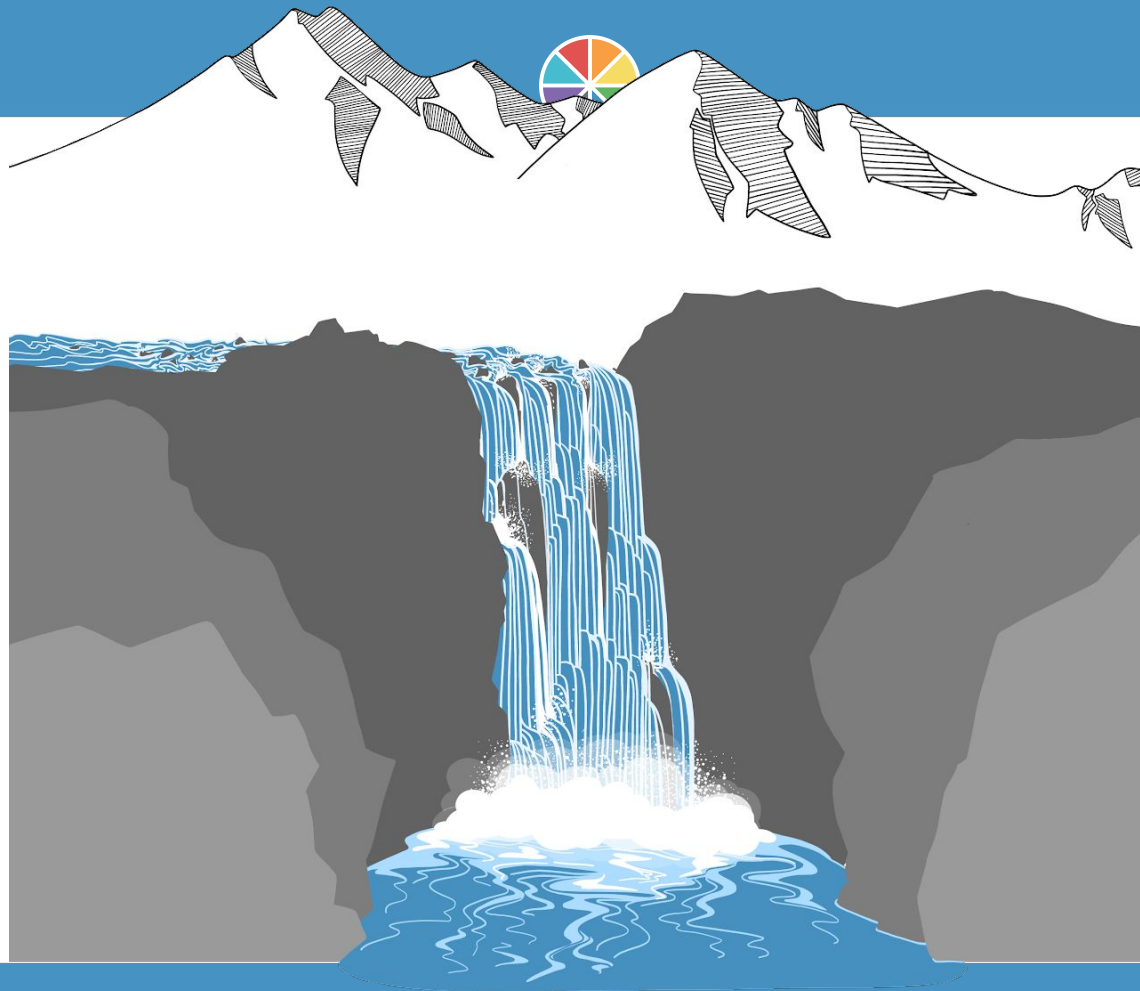


**NAME ONE THING YOU ARE  
GRATEFUL FOR TODAY**



Our Vision is:



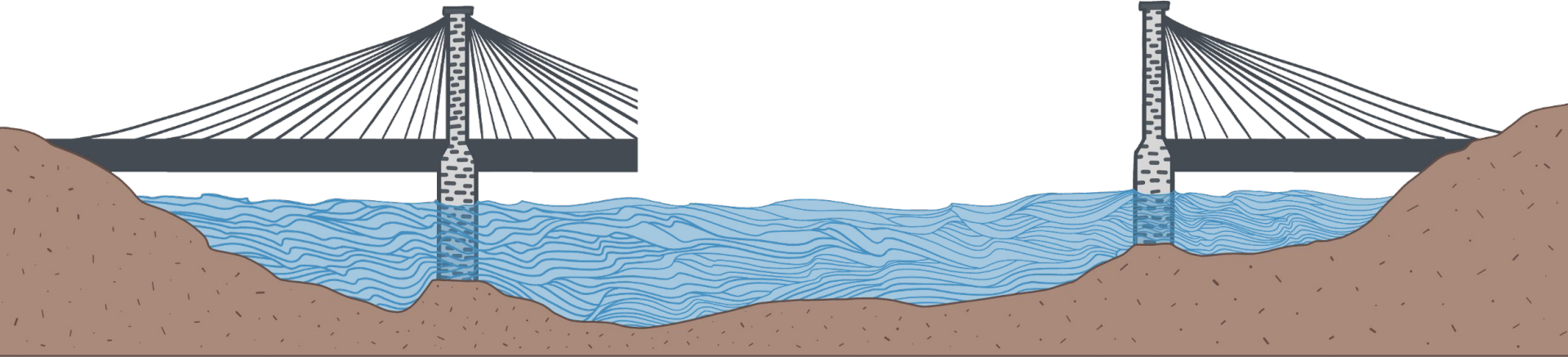


UPSTREAM PREVENTION



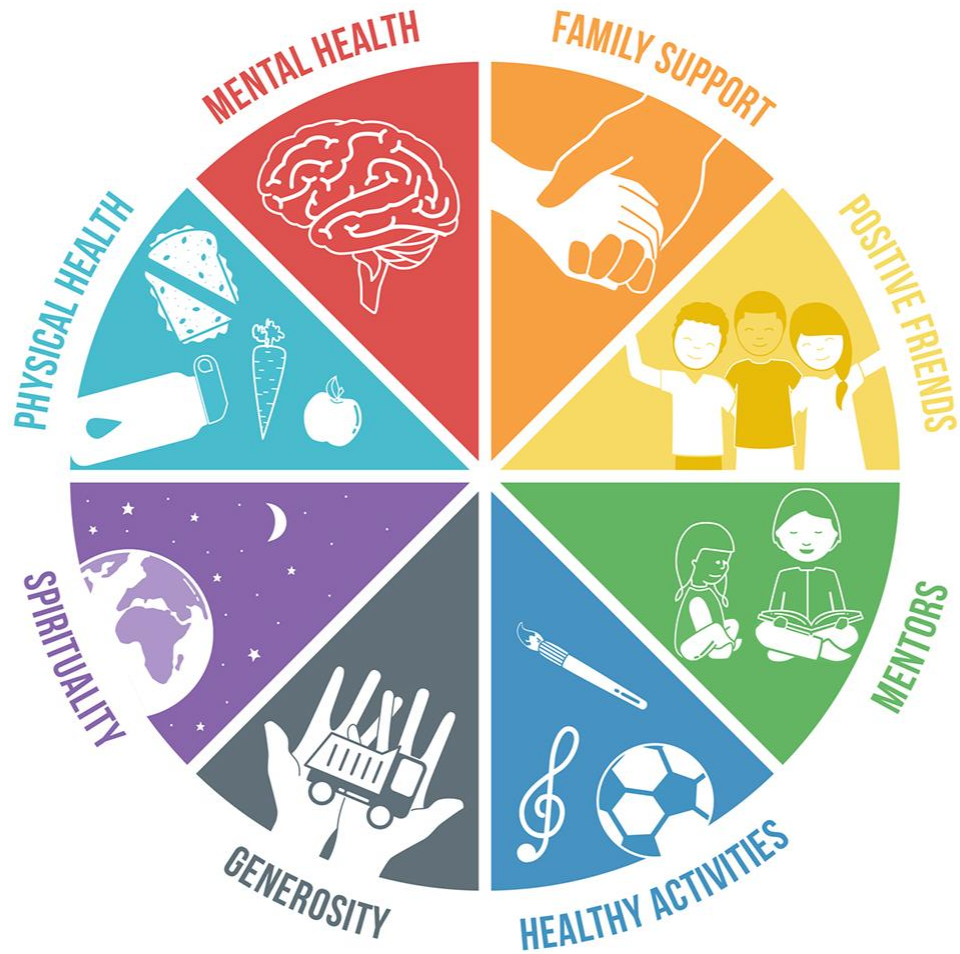
# BRIDGING THE GAPS PREVENTION

**STRENGTH  
BASED**

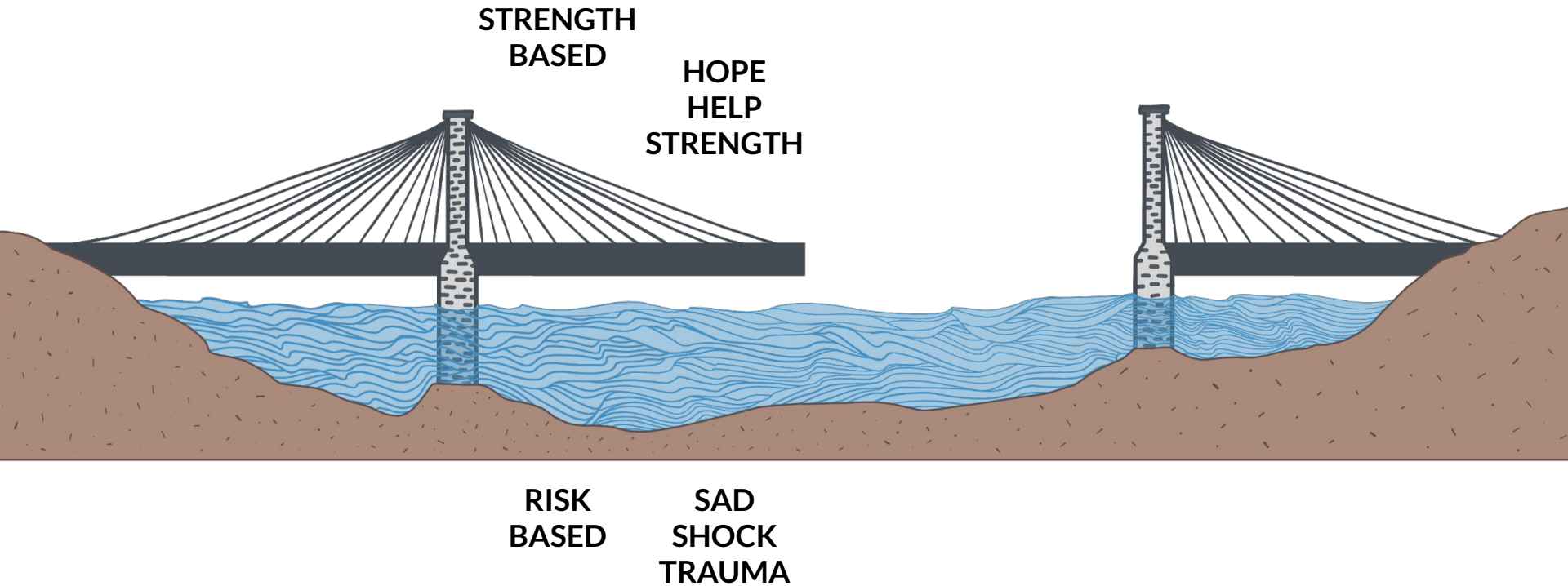


**RISK  
BASED**



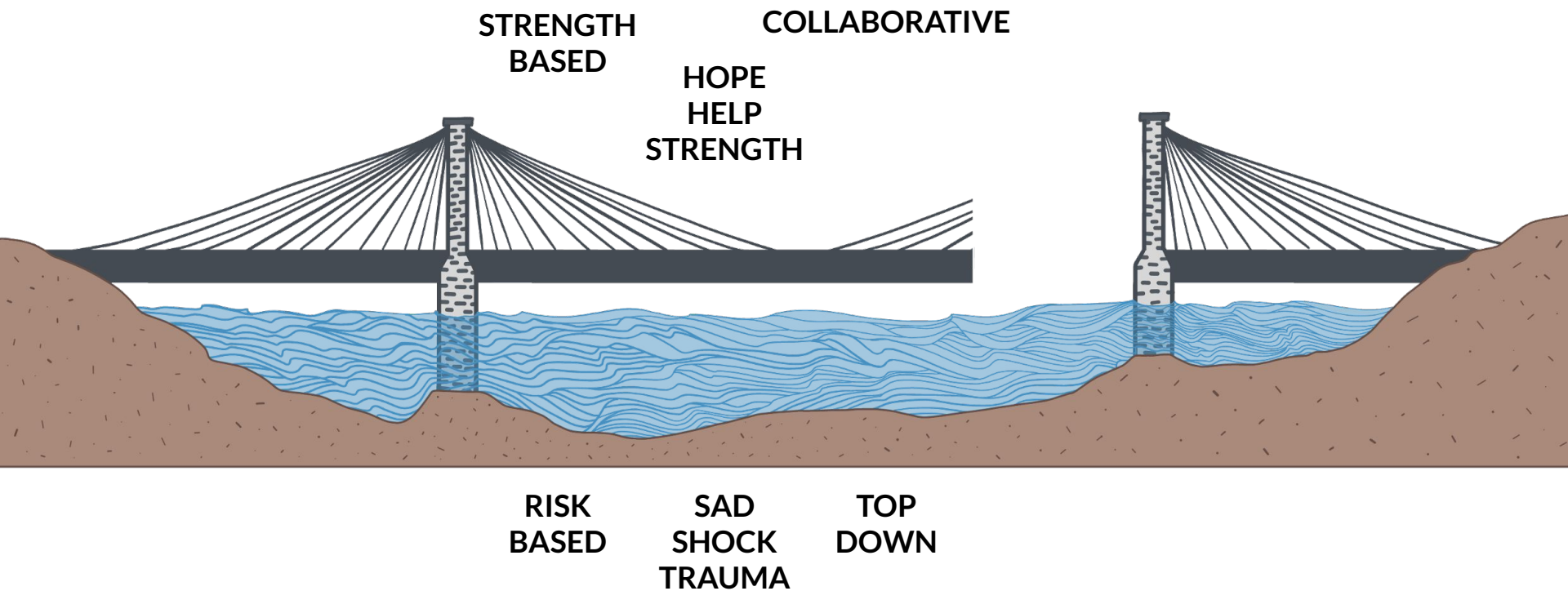


# BRIDGING THE GAPS PREVENTION

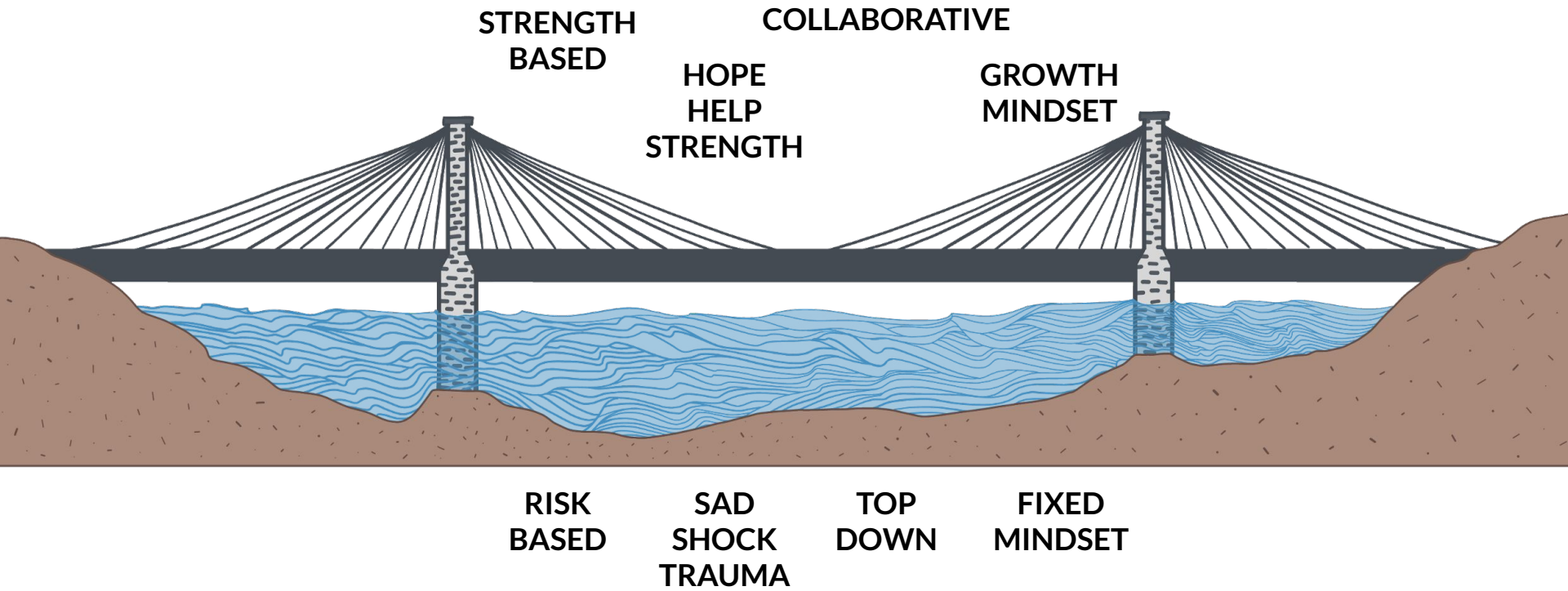




# BRIDGING THE GAPS PREVENTION



# BRIDGING THE GAPS PREVENTION



# SOURCES OF STRENGTH ELEMENTARY MODEL

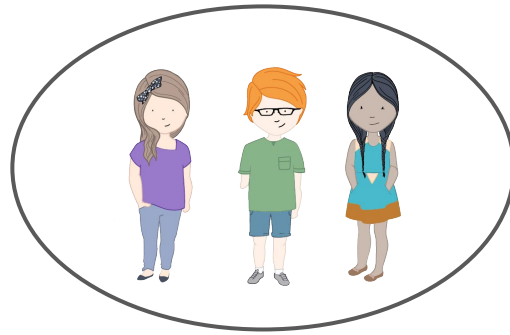
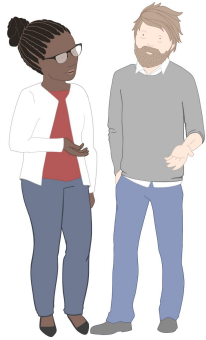
**Coaching  
Meetings**

+

**Classroom  
Curriculum**

=

**Positive  
Social Norming**



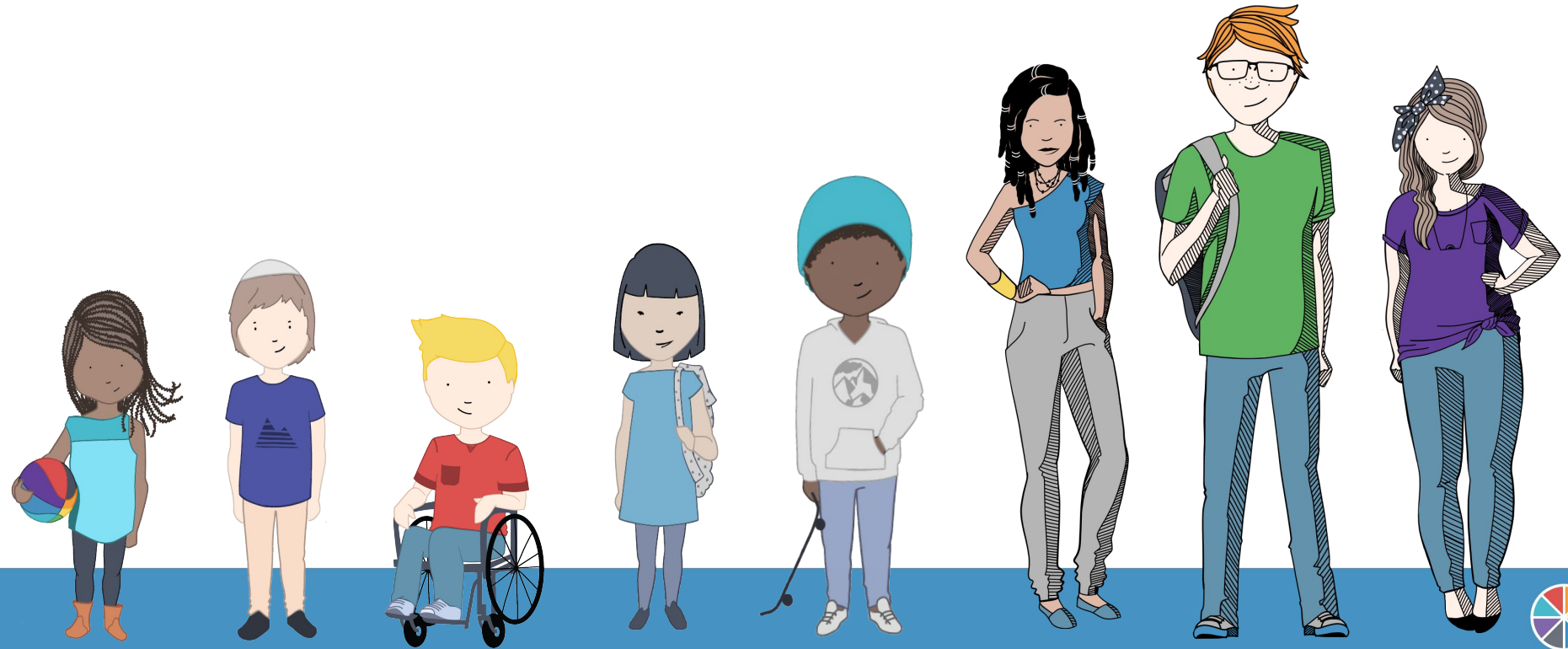
**Staff Wellness  
Personal Reflection**

**Engaging, Interactive,  
Applicable Activities**

**Positive  
Culture Change**



# A CONSISTENT K-12 APPROACH



# SOURCES OF STRENGTH ELEMENTARY MODEL

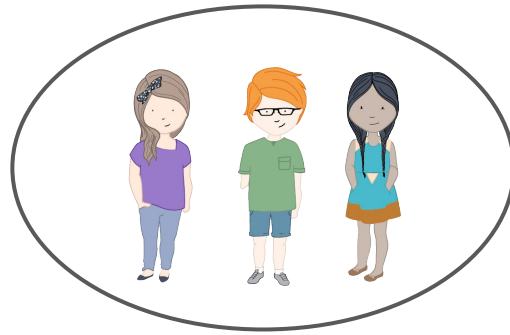
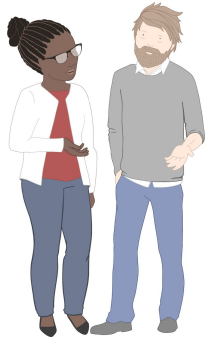
**Coaching  
Meetings**

+

**Classroom  
Curriculum**

=

**Positive  
Social Norming**



**Staff Wellness  
Personal Reflection**

**Engaging, Interactive,  
Applicable Activities**

**Positive  
Culture Change**





# THREE B'S



# SOURCES OF STRENGTH ELEMENTARY MODEL

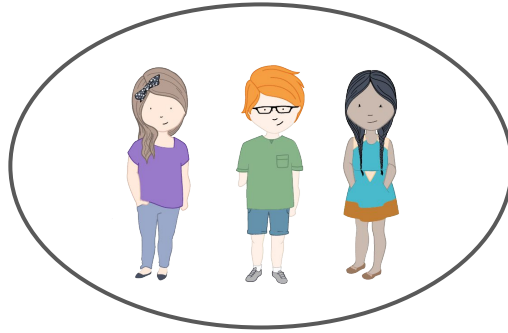
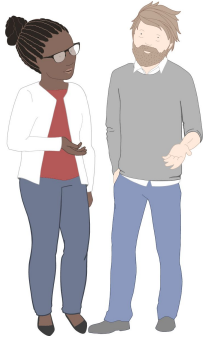
**Coaching  
Meetings**

+

**Classroom  
Curriculum**

=

**Positive  
Social Norming**



**Staff Wellness  
Personal Reflection**

**Engaging, Interactive,  
Applicable Activities**

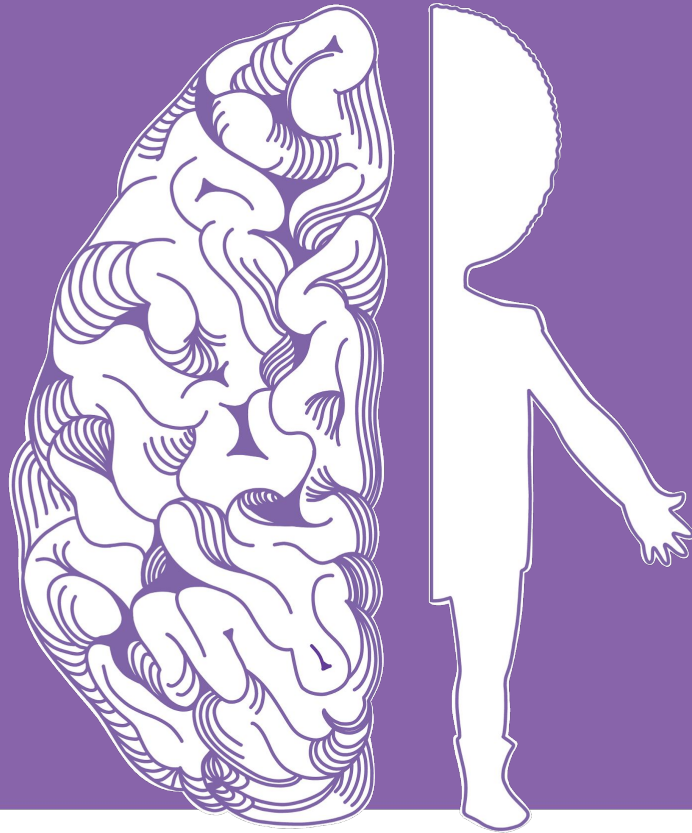
**Positive  
Culture Change**



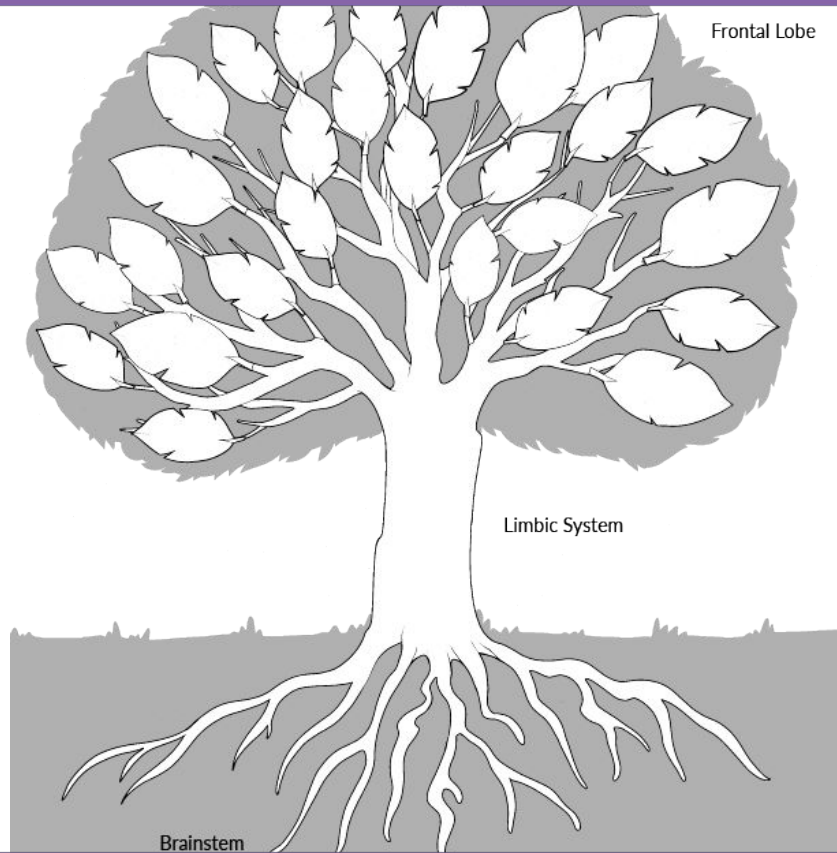


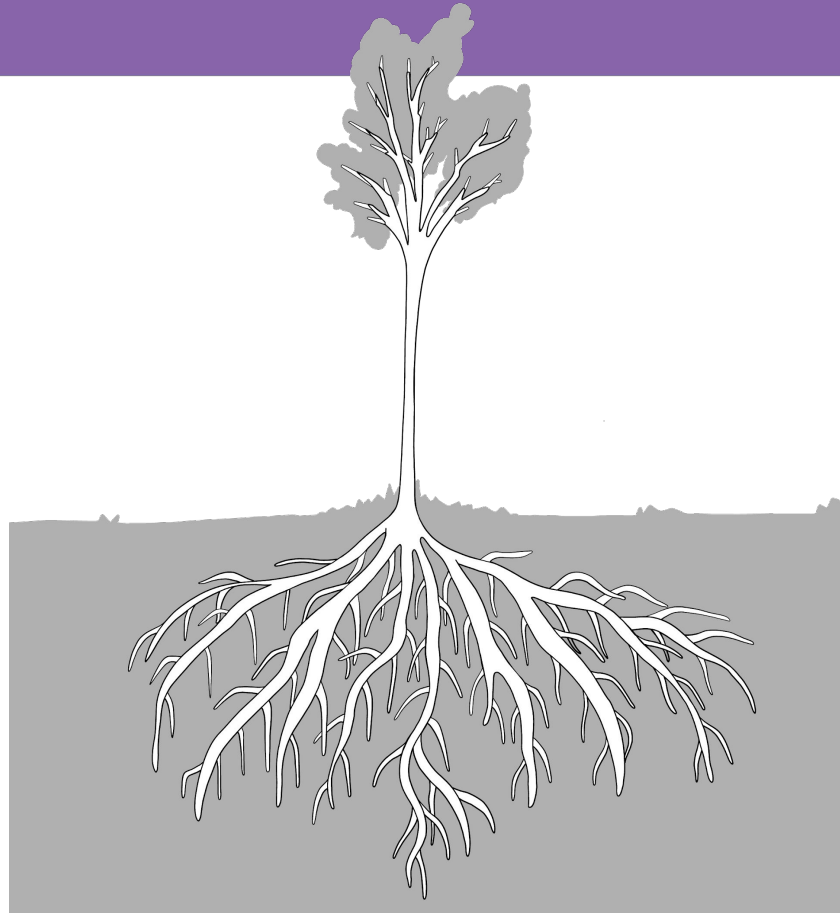


# BRAIN AND BODY SCIENCE



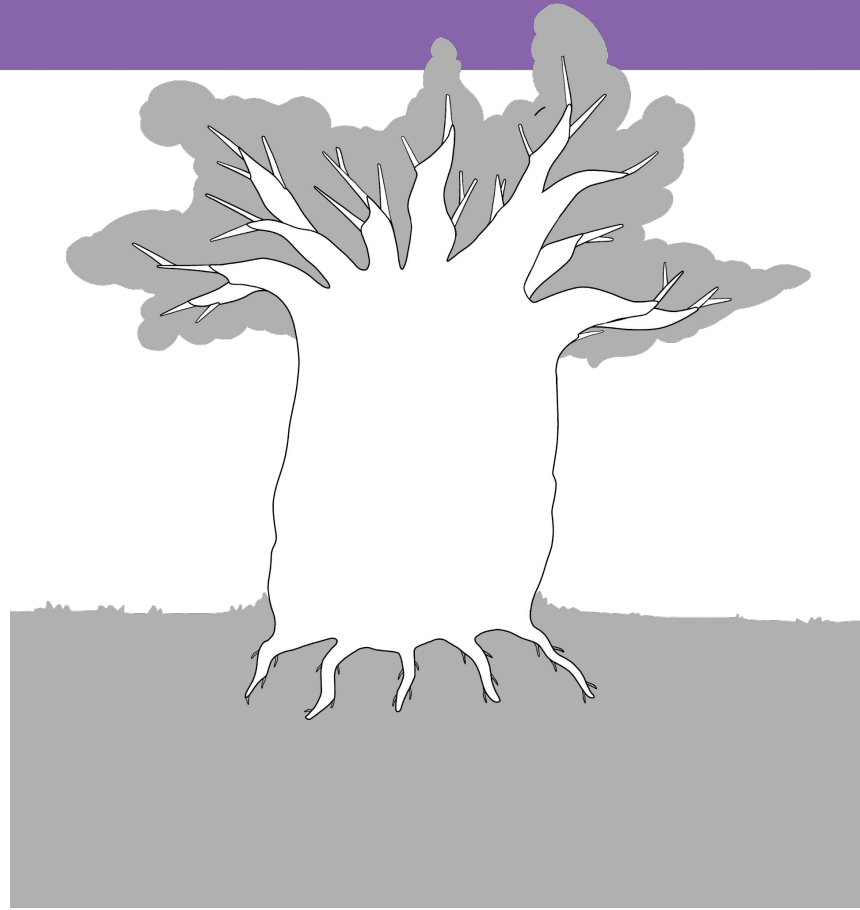
# THE BRAINTREE





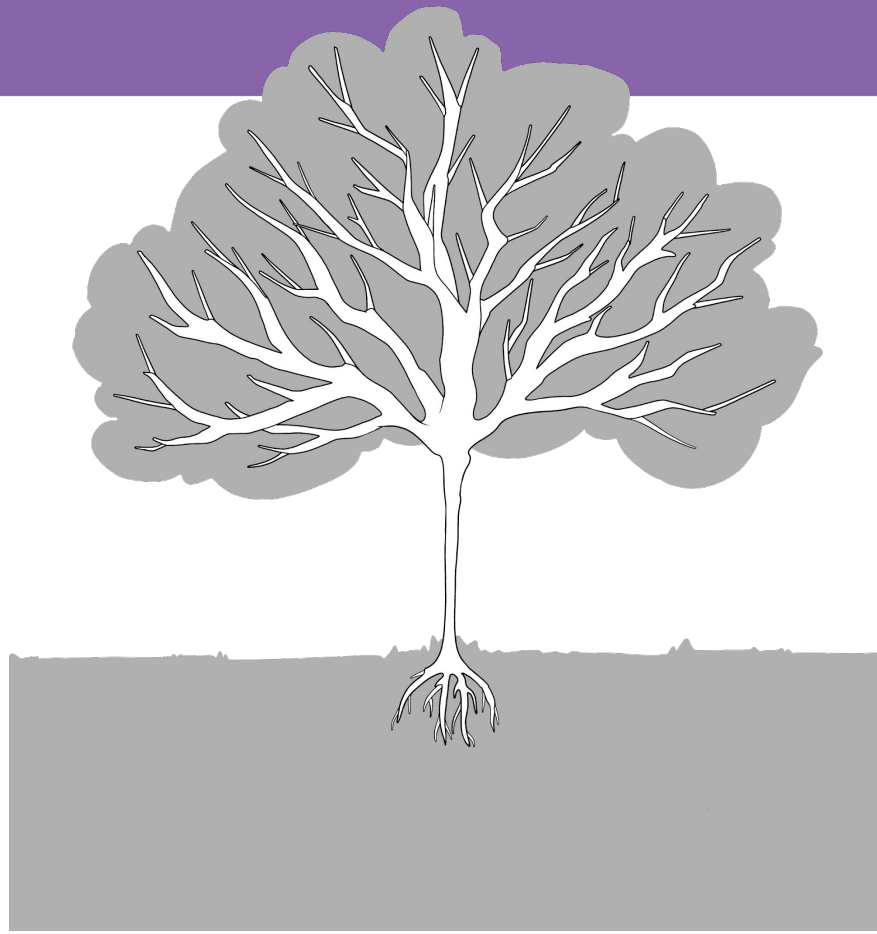
## THE LOPSIDED TREE: GIANT ROOTS





## THE LOPSIDED TREE: GIANT TRUNK

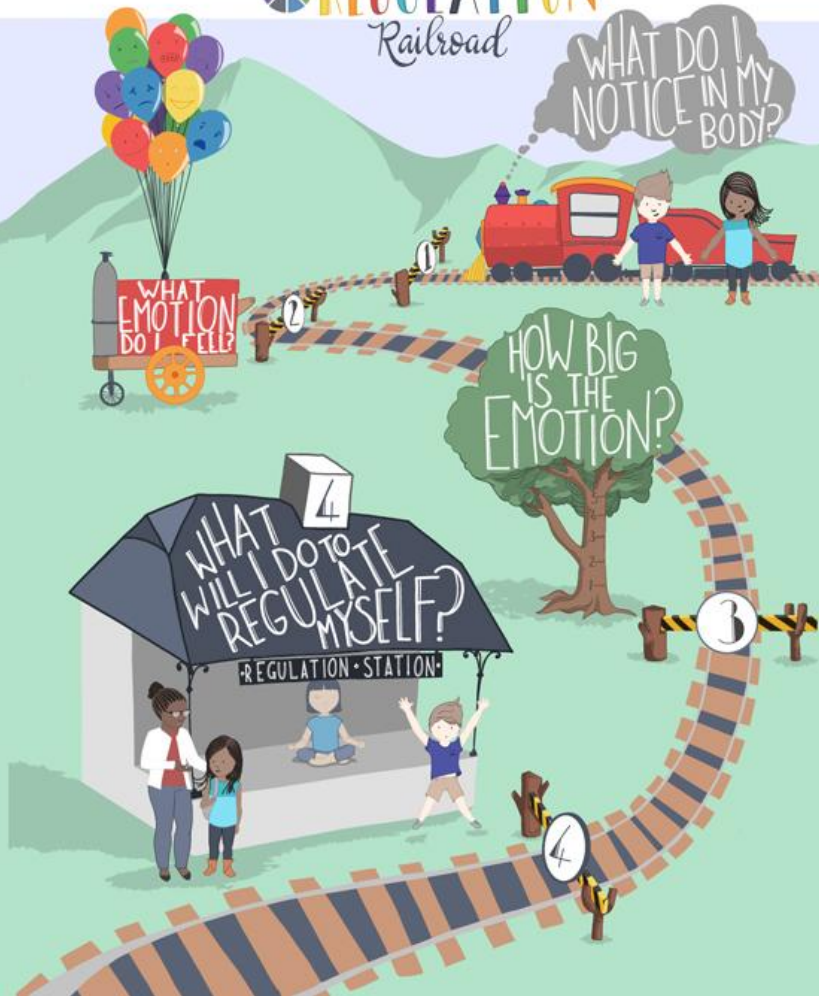




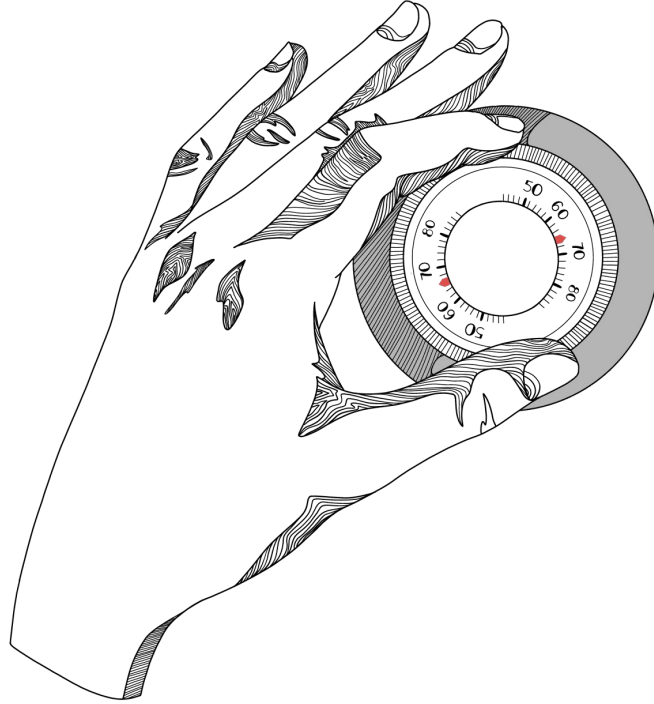
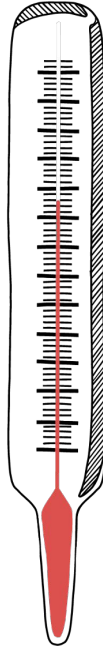
## THE LOPSIDED TREE: GIANT BRANCHES



# REGULATION Railroad



# THERMOMETER VS THERMOSTAT





## CONNECTING TO HELP 4.2B

“When I was a boy and I would see scary things in the news, my mother would say to me, 'Look for the helpers. You will always find people who are helping.'”

**Fred Rogers**



OUR STRENGTHS  
=  
MENTAL HEALTH





BUILDING BELOW THE WATERLINE

