# 'FAMILIES ARE OVERWHELMED': THE IMPACT OF COVID-19 ON RACIAL INEQUITIES AND SCHOOL DISENGAGEMENT FROM THE PERSPECTIVES OF SCHOOL MENTAL HEALTH PROVIDERS

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# WELCOME

HOUSEKEEPING LET'S MAKE THIS A DISCUSSION ASK QUESTIONS THROUGHOUT! COMMENTS ARE WELCOME TWO PANDEMICS: Racism Covid-19

### EDUCATION DEBT: BIPOC STUDENTS ARE...

Less likely to:

- Be tracked into advanced classes
- Receive access to academic and social support
- Experience a culturally affirming education

More likely to:

- Be tracked into special education
- Be exposed to exclusionary discipline
- Attend schools with fewer resources

#### COVID-19 + Structural Racism =

- Higher death rates
- Increased risk for underlying conditions
- Worse environmental conditions
- Uninsured
- Working front line jobs where social distancing isn't possible

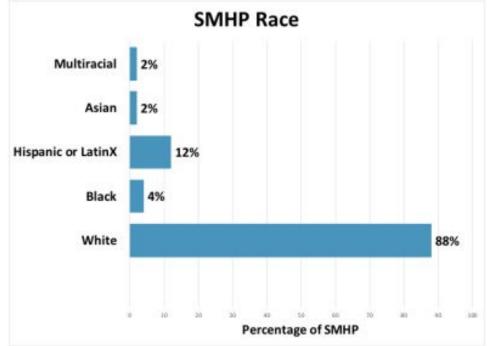
### THE EDUCATION DEBT IN YOUR CONTEXT

- In what ways do students of color experience your school/district? Is it different or similar to the way white students experience the school?
- How have you seen the education debt show up in your school/district for BIPOC students?
  - Academically?
  - Socially?
  - Emotionally?



### WE SURVEYED 58 SCHOOL MENTAL HEALTH PROFESSIONALS (SMHP) IN MAY 2020

- 57% School Social Workers, 22% School Psychologists, 10% School Counselors, and 13% other student support roles
- From 8 Colorado School Districts
- 53% Urban, 47% Suburban, 12% Rural
- 91% female, 5% male, 3% non-binary
- SMHP worked across all age groups



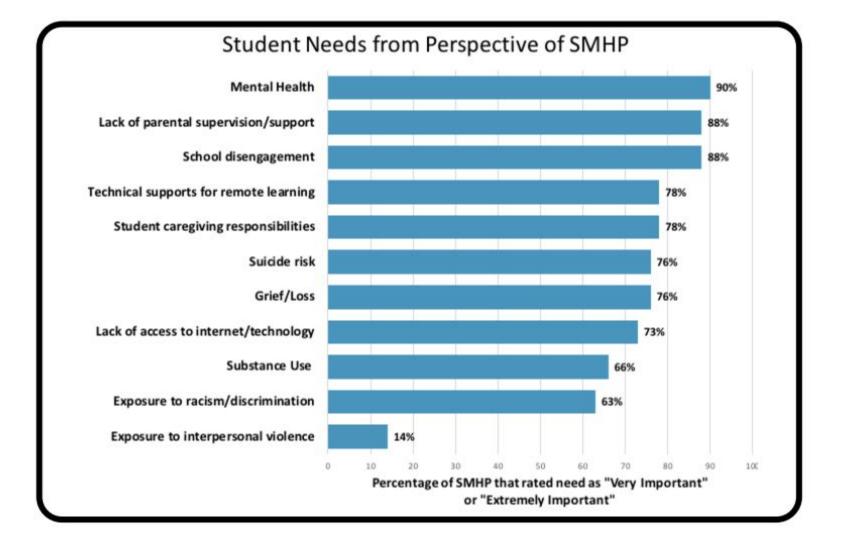
# STUDENT DISENGAGEMENT

9 out of 10 SMHP said that over 25% of the students they worked with were disengaged, and these students were disproportionately students of color

#### Factor related to disengagement

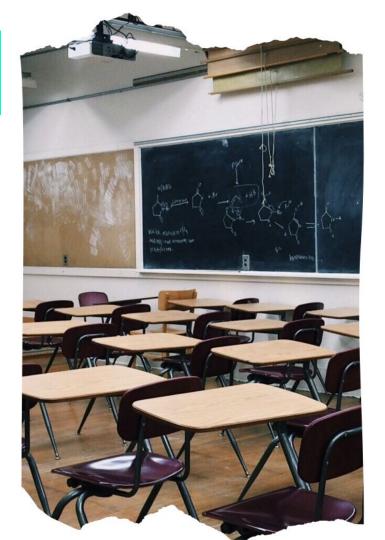
- Basic needs
- Technology needs
- Student and family needs

"Some of our families live in one or two bedroom apartments and have 4-6 kids trying to participate in virtual class meetings in the same room, often with the TV on and toddlers grabbing their materials."



### STUDENT NEEDS: YOUR PERSPECTIVE

- What have you seen over the last year are students' most pressing needs?
- Do needs differ by a student's
  - Race/ethnicity?
  - Socioeconomic status?
  - Gender identity?
  - Sexual orientation?
  - Other characteristics?



#### STUDENTS DISPROPORTIONATELY AT RISK

#### Immigrant students and families

"My undocumented students are dealing with a disproportionate level of COVID related stressors (un/underemployment, uninsured, no stimulus money, must take the risk of working a lot).

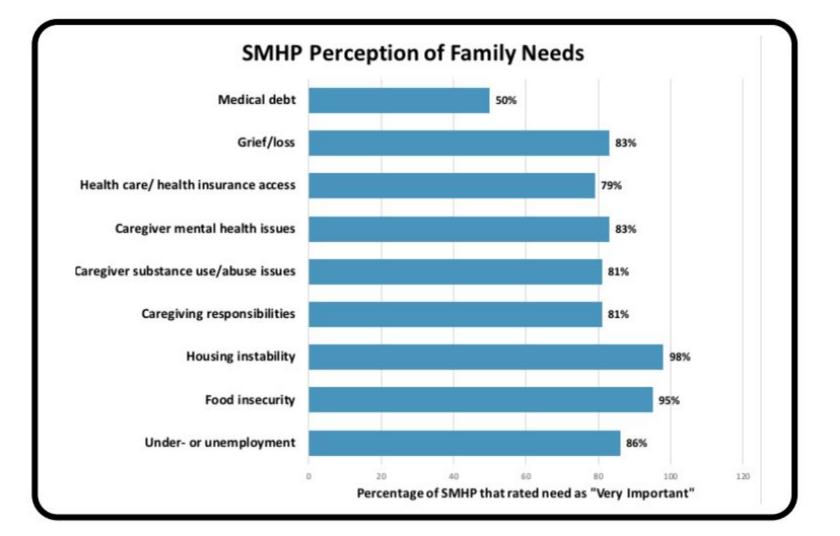
"I have 3 student families that are dealing with a parent/caregiver being sent back to Mexico."

Police were sent for wellness checks

#### **English Language Learners**

#### Students with IEP, Disabilities or Existing Mental Health issues





### FAMILY NEEDS: YOUR PERSPECTIVE

- What have you seen over the last year are families' most pressing needs?
- Do needs differ by a family's
  - Race/ethnicity?
  - Socioeconomic status?
  - Other characteristics?



AREAS OF RESILIENCE: **COMMUNITY & FAMILY CONNECTIONS** BETTER SCHOOL OUTCOMES FOR SOME PARENTAL INVOLVEMENT **RESPECT FOR SCHOOL PERSONNEL** 

### STUDENT AND FAMILY RESILIENCE: YOUR PERSPECTIVE

- How have you seen students and families get through the last year?
- What helped most in navigating this past academic year?
- What do you think will help most this school year to keep students and families engaged and support student success?



#### BIAS PRESENT IN SMHP'S PERCEPTIONS

SMHP pointed out many areas we need to target to support students:

- social support
- public services
- access to healthcare
- trauma informed care at school
- grief and loss

## INACTION = COMPLICITY

However, most SMHP did not consider the disproportionate burden of the pandemic for BIPOC students.

Call to Action:

- racial consciousness
- center cultural wealth
- address microaggressions and explicit racism within education



THANK YOU! CONTACT US: TIFFANY.JONES@COLOSTATE.EDU ANNE.WILLIFORD@COLOSTATE.EDU DEVIN.DUNCAN@COLOSTATE.EDU LINK TO THE PUBLISHED PAPER

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