

September 2020

E-UPDATE FROM CSSRC ~ You are receiving this email as a subscriber of the Colorado School Safety Resource Center's (CSSRC) listserv. E-Updates from the CSSRC will contain the most current information about the Center's activities and resources, as well as other school safety efforts throughout the state of Colorado and relevant national resources. Please forward this to others on your email list who have an interest in supporting safe and positive schools in Colorado. They may register for this listserv on our website www.colorado.gov/cssrc.

THE DIRECTOR'S CORNER

Greetings: I hope those of you who have started school are off to a successful new year! Here are some resources I wanted to highlight.

- We know a continuing concern is the **mental wellness of our students**. Here are some helpful resources for your district:
 - o Mental Health Colorado's <u>School Mental Health Toolkit</u>
 - o Kaiser Permanente's Planning for the Next Normal at School
 - Online Suicide Prevention Training AT NO COST for staff, parents and high school students— Please see the START program below.
- For any new superintendents or safety directors: <u>Ten Essential Actions to Improve School Safety</u>
- The Colorado School Safety Resource Center staff continue to provide any of our trainings virtually.
 - Please contact our Program Assistant by email <u>Melissa.Rubeo@state.co.us</u> to schedule any specific training for your staff or call 303-239-4435.
 - Here is the link to our <u>training calendar</u> for scheduled trainings that anyone may attend.
- STOP Grant/Threat Assessment training If your school/district is interested:
 - The grant includes stipends for school staff
 - Participating schools will have access to a safe and free online portal to house threat assessment documents
 - o For more information use this link or please contact Christine.harms@state.co.us or 303-912-6915.
- The National Association of School Psychologists has prepared a <u>helpful reference sheet</u> for completing threat assessments in a virtual world.
- The Division of Fire Prevention and Control have two documents to assist with:
 - COLORADO PUBLIC & CHARTER SCHOOL PHYSICAL ENVIRONMENT GUIDANCE
 - o COLORADO PUBLIC & CHARTER SCHOOL FIRE & EVACUATION DRILL GUIDANCE

Kindest regards

Chris Harms

christine.harms@state.co.us
303.912.6915

COLORADO SCHOOL SAFETY RESOURCE CENTER TRAINING

CSSRC Virtual Trainings

- We have released September and October virtual training dates on the training calendar, which can be accessed <u>here</u>.
- These courses are no-cost and, once you complete the anonymous evaluation at the end, you will receive a certificate for continuing education hours!

- Although designed for individual attendees, if a school or district would like to offer any of these courses to their staff simultaneously, please contact the listed presenter and details can be arranged.
- You can contact the center with any questions or concerns by calling 303.239.4435 or by emailing Melissa.Rubeo@state.co.us.
- One of the virtual courses (9/21) being offered in the upcoming months is designed to give parents
 tips on dealing with mental health symptoms they may be seeing during COVID. Self care will also be
 discussed to give parents tools to care for themselves and those close to them. Please share with
 your networks! Register here.

i love u guys

The I Love U Guys Foundation/SRP Updates - Registration is OPEN

- The Colorado School Safety Resource Center is pleased to host our colleagues from the <u>I Love U Guys (ILUG) Foundation</u> for this one-day training.
- The newly released updated SRP 2021 includes 5 specific actions: Hold, Secure, Lockdown, Evacuate, and Shelter. The Standard Reunification Method (SRM) provides schools, school districts and the responding law enforcement officers and first responders proven methods to reunite students with their parents or guardians following a crisis or emergency.
- In addition, John-Michael Keyes will touch on the following:
 - Executing safety drills while social distancing.
 - Crisis communications and ICS training.
 - The "I Love U Guys" Foundation's new COVID Dashboard: Understanding the COVID-19 situation in your school district.
- When: Thursday, September 17, 2020, 8:30 am 12:30 pm
- Where: Virtually
- Fee: No cost
- How: Simply register and you will receive the link and any resources a week before the workshop
- Register <u>here!</u>

Colorado Safe Schools Summit - CONVERTED TO A VIRTUAL SPEAKERS' SERIES

- Open to EVERYONE!
- Speakers confirmed to date:
 - Friday, October 2, 2020 at 2:00: Marc Schoen, Ph.D., UCLA Author of "Your Survival Instinct is Killing You"
 - Friday, October 9, 2020 at 2:00: Jason Kilmer, Ph.D. Professor and Marijuana Researcher from the University of Washington
 - Friday, October 16, 2020 at 2:00: Nick Thompson, LCSW Host of a podcast for parents of adolescents called "Perspective for Parents"
 - Friday, October 23, 2020 at 2:00: Madelyn Gould, Ph.D., Columbia University, International Expert on Suicide Contagion Among Adolescents
- Where: From the comfort of your own office, classroom, or home.
- Fee: NO-COST to celebrate Colorado and National Safe Schools Month!
- View agenda and presenter biographies here.
- Registration is now open. Register here.

CSSRC Suicide Assessment & Intervention Toolkit Symposium - Registration Open

- Hosted by the Colorado School Safety Resource Center, the <u>Office of Suicide Prevention</u> in the <u>Colorado Department of Public Health and Environment</u>, and the <u>Colorado Department of Education</u>.
- Terri Erbacher, Ph.D., one of the authors of *Suicide in Schools*, will walk participants through the CSSRC Suicide Assessment Toolkit based on her book.
- When: Thursday, November 19, 2020 from 8:00 AM until noon
- Where: Virtually
- Fee: No cost

- How: Simply register and you will receive the link and resources for the workshop a week before
- Register <u>here!</u>

Student/Staff Safety Summit - Save the Date

- Previously, the CSSRC has hosted student/staff summits across the state. By going virtual, any middle school and/or high school students and their staff can participate.
- We are still finalizing the keynote speaker(s) and workshops.
- It will be an opportunity to hear a national speaker talk on school safety and then participate in workshops with other students to address issues of safety important to you.
- When: Thursday, December 10, 2020 from 10:00 until 2:00.
- Where: Virtually.
- Fee: No cost!
- **How:** Simply register and you will receive the link and resources for the workshops a week before.
- Registration will open in September. Please stay tuned!

Child Sexual Abuse Prevention Symposium - Save the Date

- This is hosted every other year by the CSSRC.
- The Center is in the process of confirming four plenary sessions with national and local experts.
- When: Thursday, February 4, 2021
- Where: Virtually (Registration will be open later this fall)
- Confirmed speakers:
 - o Dr. Charol Shakeshaft, Virginia Commonwealth University (Educator Sexual Misconduct)
 - o Dr. Amber Morczek, Nevada State College (Impact of Pornography on Youth)
 - Katelyn Jenkin, Colorado Bureau of Investigation (Internet Luring Tactics/Online Dangers)
- Fee: No cost!
- **How:** Registration coming soon.

CURRENT EVENTS AND ANNOUNCEMENTS

NEW 2019 Healthy Kids Colorado Survey Data Released

- The Healthy Kids Colorado Survey is handled by the <u>Colorado Department of Public Health and</u> Environment (CDPHE)
- You can view the updated survey results here.

NEW Comprehensive School Climate Inventory (CSCI)

- This survey comes from Ramapo for Children
- "The CSCI is our multi-dimensional needs assessment that provides detailed feedback on how students, school personnel, and families perceive the quality and character of their school. Whether instruction takes place at school or at home, a school community's sense of safety, belonging, and engagement remains ever critical to the school climate improvement process as well as students' social, emotional, and academic development."
- If you'd like to learn more, contact Amanda Weitzel, School Support Manager at inquiries@ramapoforchildren.org.

NEW First Meeting of CDE COVID-19 Policy Implications Stakeholder Group

- The Colorado Department of Education (CDE) held the first stakeholder meeting on August 26, 2020.
- "This first meeting will focus on introductions of group participants as they discuss the impact of the COVID-19 pandemic and the resulting disruption to the 2019-20 school year."
- "For background information on the stakeholder group and an anticipated schedule of meetings, visit the COVID-19 Policy Implications Stakeholder webpage."

NEW Town Hall Meeting

- This virtual town hall meeting is with the <u>Colorado League of Charter Schools</u>
- When: September 4, 2020, 9:00 am

- What: "Henry Sobanet, Chief Financial Officer of the CSU System, will be presenting on state budget outlook and what that might mean for future education funding."
- View more information and register here.

NEW Launching Colorado Healthy Schools Collaborative

- The Colorado Healthy School Collaborative (CHSC) is through the <u>Colorado Department of Education</u>
 Office of Health and Wellness
- First virtual convening will be on September 16, 2020 from 9:30 am 12:00 pm.
- View more information and register here.

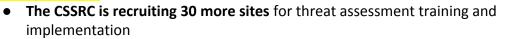
NEW Virtual Walk Against Hate

- This virtual walk is being held by the <u>Anti-Defamation League (ADL)</u>
- When: October 18, 2020, 9:00 am
- What: "Join people from across the country in stepping up solo, with your family, with your classmates or co-workers or congregations or other community groups — to make your voice heard in celebrating diversity and challenging hate."
- View more information and register here.

Guidelines from CDPHE and CDE for opening schools

- This <u>case and outbreak guidance</u>, the <u>guidance</u> for the fall opening of schools, <u>CDE's toolkit for the 2020-21 school year</u>, and guidance from local public health agencies provide districts with the information they need to start the school year in a way that makes sense for their local communities.
- A shorter executive summary of the school case and outbreak guidance is linked <u>here</u>.
- CDPHE will update guidance as additional information becomes available.

STILL RECRUITING CSSRC STOP Grant: Threat Assessment Training & Implementation





- We need sites where CSSRC staff have NOT trained in threat assessment as well as a few where we have trained in the past.
- The lift for school sites is minimal just training evaluations to complete along with the training and a brief collection of data every six months.
- Staff can be paid stipends for the training and data collection under the grant.
- This final training phase of the grant will extend from September 2020 through August 2021.
- CSSRC staff have been working with the Governor's Office of Information Technology and will be
 piloting a secure, on-line protocol with the remaining sites. Schools will be able to store their
 assessments and track the at-risk students' Response Management Plans with automatic
 notifications for review meetings among other features.
- If your school is interested in being one of the 30 new sites, below is more information.
 - Application
 - Application Letter
- Please complete the application and return it to <u>Christine.harms@state.co.us</u>

FCC Designates '988' As 3-Digit Number For National Suicide Prevention Hotline

- The <u>Federal Communications Commission (FCC)</u> adopted rules to establish 988 as the new, nationwide, 3-digit phone number for Americans in crisis to connect with suicide prevention and mental health crisis counselors.
- You can view more information on this here.

COVID-19 Research Participation Request

• The <u>SHSU Center for Assessment, Research, and Educational Safety (CARES)</u> is inviting higher education leaders across the US to participate in a research study related to institutional responses

- to COVID-19.
- The project "uses a crowdsourcing data collection method (IdeaScale) to examine decision making processes and ideas for responding to the COVID-19 pandemic."
- You can participate in the potential year long research project and learn more <u>here</u>.

COLORADO PUBLIC & CHARTER SCHOOL FIRE & EVACUATION DRILL GUIDANCE

- This guidance is provided by the <u>Colorado Division of Fire Prevention and Control (DFPC)</u>
- "The threat of natural and man-made emergencies does not recede just because we are facing new and difficult challenges related to this pandemic; therefore, it is just as important, if not more so, as it has always been to prepare our loved ones to respond promptly and adequately to these emergencies."
- You can view the guidance here.

KN95 Masks for Colorado Schools

- The <u>Colorado Department of Education (CDE)</u> reported that Governor Polis "announced that Colorado will provide educators with medical-grade masks. This offer includes any staff who work directly with students at public schools, private schools, charters, BOCES, districts, and facility schools."
- You can view more information on the program here.

Opening Enrollment for the School Climate Leadership Certification (SCLC)!

- This program is provided by Ramapo for Children
- The two year program will cover:
 - "Consensus building, community mapping, and stakeholder engagement



- Collecting, analyzing and leveraging school climate data
- o Developing collaborative action plans grounded in principles of continuous improvement
- Implementing research-based improvement strategies"
- You can inquire more about the program <u>here</u>.

CSSRC ONLINE COURSE OFFERINGS & ARCHIVED PRESENTATIONS

CSSRC online course links:

• Link to CSSRC online course offerings

WEBINARS and OTHER ONLINE LEARNING COURSES for K-12 & IHE

NEW Virtual OPR Suicide Prevention

- The <u>Center for Mental Health</u> is offering a virtual Question, Persuade, Refer (QPR) Suicide Prevention Training.
- When: September 1, 2020, 12:00 pm 1:30 pm
- You can access the training information here.
- If you would like them to arrange a team-specific training session, please contact <u>rberndt@centermh.org</u>

NEW School Preparedness Leadership Group (SPLG) Meeting on Opioids, Drug-related Emergencies, and Substance Abuse Prevention.

- This virtual meeting is being held by the <u>U.S. Department of Education Office of Safe and Supportive Schools</u> (OSSS) and its <u>Readiness and Emergency Management for Schools and Technical Assistance Center</u> (REMS TA).
- When: September 3, 2020, 2:00 pm 3:00 pm
- What: "Along with providing an overview of opioid misuse and adolescent substance use and
 planning for opioid overdoses, we will share information on school-based prevention and
 intervention methods and resources that are available for schools to use as they plan for, prevent,

and work to reduce drug and substance abuse within their communities."

• Register here.

NEW Social-Emotional Learning for an Antiracist Future: A Conversation with Dr. Dena Simmons

- This webinar is offered by Facing History and Ourselves
- When: September 3, 2020, 7:00 pm 8:00 pm
- What: "During this webinar, we will:
 - Explore how educators can empower students to work towards healing and social change
 - Learn how Facing History engages educators in a critical examination of social-emotional learning with an equity and justice lens"
- View more information and register here.

NEW Student Mental Health During COVID-19: How to Prepare as Schools Reopen

- This webinar is being offered by **Stanford University**
- When: September 4, 2020, 11:00 am 12:00 pm
- What: "The webinar is geared toward emergency managers, public health professionals (state and local health departments), and school administrators who are working together to create school reopening and response plans."
- View more information and register here.

NEW Promoting Safe2Tell in COVID: Resources for Digital and In-Person Outreach



- This webinar is being offered by <u>Safe2Tell</u>
- When: September 4, 2020, 9:00 am
- What: "We'll cover the core messaging of Safe2Tell, take a peek at how COVID has impacted Safe2Tell statewide data, and then look at local partner and Safe2Tell resources."
 - View more information and register here.

NEW Preventing Suicide and Self-Harm Among Black Youth

- The <u>Children's Safety Network (CSN)</u> is offering this webinar and "will focus on the epidemiology of suicide and self-harm among Black youth, identify evidence-based and informed strategies for prevention, risk and protective factors, barriers to prevention and resources available to providers."
- When: September 10, 2020, 4:00 pm 5:00 pm edt
- View more information and register for the webinar <u>here</u>.

NEW Colorado Remembers 9/11

- This webinar is being held by the Counterterrorism Education Learning Lab (CELL).
- When: September 10, 2020, 7:00 PM to 8:00 PM.
- What: "Impact of U.S. Presidential Election on National Security Featuring The Honorable Eliot Engel, The Honorable Ed Royce and Tom Sanderson".
- View more information and register here.

NEW Virtual Presentation for U.S. Secret Service NTAC's Mass Attacks in Public Spaces - 2019

- This pre-recorded event was presented by <u>the U.S. Secret Service</u>, <u>National Threat Assessment</u> <u>Center (NTAC)</u> on August 6, 2020, 1:00 pm 4:00 pm EDT, and the recording is being rebroadcast.
- When: September 15, 2020, 11:00 am.
- What: This presentation shared "findings from its latest study on targeted violence titled, Mass Attacks in Public Spaces 2019 (MAPS 2019)."
- View more information and register here.

NEW Returning to School: Supporting Students, Educators, and School Communities

- The Boston Children's Hospital is providing three learning opportunities:
 - o Welcoming Students Back to School: Strategies to Support Social Emotional Skills

- Creating a Community of Care for Educators in Schools: A Guided Reflection
- Educators in Conversation: Centering Healing Justice in Schools
- You can view more information on the different workshops and how to participate <u>here</u>.

NEW Start Training

- This training is offered by <u>LivingWorks</u>.
- "LivingWorks Start is a one-hour, online, interactive training program that gives you the skills and knowledge to keep family, friends, co-workers, and others safe from suicide."
- You can view more information and access the program here.
- Individuals in Colorado ONLY that would like to attend may do so at no cost by using access code:
 OSP Gen. This code cannot be shared outside of Colorado.

Jeffco DeAngelis Foundation LiveStream Event - Recorded

- This event was originally recorded on June 29th and "focused on exploring key questions school districts should be addressing as they prepare to potentially welcome back students this fall in light of COVID 19."
- You can access the free recording <u>here</u>.

OTHER COLORADO TRAININGS and EVENTS

Strengthening Colorado Families and Communities Virtual Conference - Accepting Proposals

- This event is hosted by the Colorado Department of Human Services (CDHS) and Illuminate Colorado.
- When: September 28-30, 2020
- What: "The Conference Planning Committee is currently seeking submissions to address the following areas: Innovation Space, Working Together to Maximize Resources, Getting to Anti-Racist Practice, Supporting Workforce Care, and Best Practices."
- Submit your proposal <u>here</u>.

NEW Single Officer Response Training

- This training is provided by <u>The Jeffco DeAngelis Foundation</u>
- When:
 - October 4 5, 2020, 8:00 am 5:00 pm
 - December 6 7, 2020, 8:00 am 5:00 pm
- Where: Frank DeAngelis Training Center 6625 West 45th Place, Wheat Ridge
- What: "This class provides officers options to either interrupt or interdict an active shooter event. After successful completion of this course, attendees will be well versed in reading and manipulating environments, gathering and understanding information, and employing effective tactics to save lives in an active shooter incident."
- Only sworn law enforcement officials may participate.
- View more information and register <u>here</u>.

CPR/AED, First Aid, Remote/Online Training

- These remote trainings for both groups and individuals are provided by <u>Heartsmart Inc.</u>
- Contact Heartsmart to arrange group training or to obtain your student packet.
- View the flyer <u>here</u> for more information.

2020 National School-Based Health Care Convention - Cancelled

NATIONAL TRAININGS and EVENTS

2020 Blueprints Conference - Cancelled

CURRENT GRANT OPPORTUNITIES

NEW Colorado Safe Routes to School Grant Funding

 <u>Colorado Safe Routes to School</u> is "distributing approximately \$7 million to successful applicants for infrastructure and non-infrastructure projects supporting communities in providing students and



families with safe, accessible means of active transportation to and from school."

- Applications are due before November 4, 2020.
- View more information and apply here.

Funding for Innovative Community Policing Projects

- The Department of Justice's Office of Community Oriented Policing Services (COPS Office) announced "\$2.2 million in grant funding through the COPS Community Policing Development (CPD) Microgrants Program to advance innovative community policing projects across the country."
- While there are not any grants for Colorado, there are quite a few grants available for other states.
- View the list and more information <u>here</u> so you can be ready for the next round of funding.

LiveWell Grants Available

- LiveWell Colorado currently has a variety of grants available for schools.
- You can view a list of current funding opportunities here.



RESOURCES and INFORMATION for Pre K-12 SCHOOLS

NEW Medicaid Funds Expanded for Mental Health Services in Schools

- Does your district participate in the School Health Services Program?
- To learn more about the School Health Services Program and how your districts can access federal matching funds for medically allowable services please visit the School Health Services Program webpage or contact Marissa. Visscher@state.co.us.

NEW OWNING UP Upper Elementary Online Curriculum Now Available

• Created during the time of COVID, <u>Cultures of Dignity</u> is making available tools to help educators work with elementary students in managing themselves. The Owning Up Upper Elementary Curriculum guides young people to:



- Develop healthy friendships
- Understand the influence of social media on their identity and conflicts
- Identify the dynamics that lead to discrimination and bigotry and how to address them effectively
- Build skills to regulate emotions and know when and how to ask for help from a trusted adult
 - You can view more information on the curriculum here.

NEW CASBHC Releases SBHC Guide to School Re-entry in COVID-19

- This information comes from the Colorado Association for School-Based Health Care (CASBHC)
- The guide was created to "support SBHCs as they navigate their operational plans for the 2020-21 school year."
- You can view the guide here.

NEW Preparing to Welcome Students Back to School

- This information comes from <u>Facing History and Ourselves</u>.
- "This back-to-school resource collection is designed to help you lay the foundation of community and care with your students for the school year ahead."
- "Included are teacher reflection prompts and suggested strategies within each section to help you prepare to greet your students."
- View more information here.

NEW Ten Essential Actions to Improve School Safety

- This publication comes from the <u>Community Oriented Policing Services (COPS)</u>.
- "The COPS Office School Safety Working Group, which is composed of representatives from eight national law enforcement organizations, has identified 10 essential actions that can be taken by schools, school districts, and law enforcement agencies to help prevent critical incidents involving the loss of life or injuries in our nation's schools and to respond rapidly and effectively when incidents do



occur."

• View the publication here.

Return to School Best Practice Recommendations Whether In-Person or Virtually

- These resources have been compiled by CSSRC from Kati Garner's "After COVID" workshop.
- Please feel free to contact Kati if you would like to have the workshop for your staff kati.garner@state.co.us; 303-909-3672

Resources for School MentalHealth Professionals

- At a July meeting of School and Mental Health Professionals these resources were shared.
- They are based on current best practice recommendations from CDE, NASP, other national education organizations, and ideas from Colorado colleagues.

Additional SEL Resources to Reopen School

- This resource comes from the Collaborative for Academic, Social, and Emotional Learning (CASEL).
- "There are four SEL Critical Practices that each offer 3-5 supporting activities. Within each activity, users are guided through Essential Questions, Actions to Prepare & Implement, and Tools to Support the Actions. Each Critical Practice ends with guidance to Sustain the work."
- You can access the free resource here.

How can we be sure we are honoring the dignity of educators as we reopen schools?

- This conversation was started by <u>Cultures of Dignity</u>.
- "We talk a lot about dignity in Communiquette and are often inspired by our colleague Donna Hicks who breaks down dignity into 10 Essential Elements."
- You can view more information here.

Reducing Vaping Among Youth and Young Adults

- From the <u>Substance Abuse and Mental Health Services Administration (SAMHSA)</u>.
- "This guide supports health care providers, systems, and communities seeking to prevent vaping."
- You can download the free resource here.

COVID-19 Strategies for Schools

- These strategies come from the Metro Denver Partnership for Health. "Colorado children need to get back to school. The Metro Denver Partnership for Health (MDPH) is pleased to provide evidence-informed guidance to our region's school superintendents to support their efforts in reopening school safely."
- You can find the link here.

RESOURCES and INFORMATION for INSTITUTIONS OF HIGHER EDUCATION

NEW CCASA Higher Education Title IX Crosswalk

- This toolkit was developed by the Colorado Coalition Against Sexual Assault (CCASA)
- "We are here to provide technical assistance on how to use this tool, as well as on navigating the changes from the new Title IX Final Rule."
- Contact CCASA by email <u>info@ccasa.org</u> for access to the toolkit and training on how to use it.

Follow the Colorado School Safety Resource Center on Twitter

- For the latest school safety information between monthly E-Updates, follow @CoSSRC on Twitter.
- Featuring daily updates on new research, resources, upcoming trainings, and Center activities.



Follow us on Twitter

THE CSSRC IS AVAILABLE to any pre-K through higher education school to assist in your school safety planning. Our mission is to provide *no-cost consultation, resources, training and technical assistance* that can help you create a safe, positive, and successful school. We can customize a variety of trainings for your school safety and crisis planning teams or your school staff as you plan and train this school year. We invite you to continue monitoring our website (www.Colorado.gov/CSSRC) for the latest school safety information and upcoming trainings. Call us at: 303-239-4435.



Thank you for supporting safe and positive schools in Colorado!

Colorado School Safety Resource Center 700 Kipling Street #1000 Denver, CO 80215

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Email: <u>CDPS School Safety Center@state.co.us</u>
Website: <u>www.Colorado.gov/CSSRC</u>

Supporting Safe and Positive Colorado Schools