

October 2020

E-UPDATE FROM CSSRC ~ You are receiving this email as a subscriber of the Colorado School Safety Resource Center's (CSSRC) listserv. E-Updates from the CSSRC will contain the most current information about the Center's activities and resources, as well as other school safety efforts throughout the state of Colorado and relevant national resources. Please forward this to others on your email list who have an interest in supporting safe and positive schools in Colorado. They may register for this listserv on our website www.colorado.gov/CSSRC.

THE DIRECTOR'S CORNER

October is Colorado Safe Schools Month



Please click on the graphic above to get the link to see the entire Proclamation!

Please join us for the Speakers Series to celebrate Colorado Safe Schools Month! Thank you for all the work you each do to keep our Colorado students and schools safe,

Chris Harms
christine.harms@state.co.us
303.912.6915

COLORADO SCHOOL SAFETY RESOURCE CENTER TRAINING

Colorado Safe Schools Month - VIRTUAL SPEAKERS' SERIES

- Open to EVERYONE!
- Speakers confirmed:
 - Friday, October 2, 2020 at 2:00: Marc Schoen, Ph.D., UCLA Author of "Your Survival Instinct is Killing You"
 - Friday, October 9, 2020 at 2:00: Jason Kilmer, Ph.D. Professor and marijuana researcher from the University of Washington
 - Friday, October 16, 2020 at 2:00: Nick Thompson, LCSW Host of a podcast for parents of adolescents called "Perspective for Parents"
 - Friday, October 23, 2020 at 2:00: Madelyn Gould, Ph.D., Columbia University, international expert on suicide contagion among adolescents
- Where: From the comfort of your own office, classroom, or home.
- Fee: NO-COST to celebrate Colorado and National Safe Schools Month!
- View agenda and presenter biographies <u>here</u>.
- Register <u>here</u>.

CSSRC Suicide Assessment Toolkit Symposium - Registration Open

- Hosted by the Colorado School Safety Resource Center, the <u>Office of Suicide Prevention</u> in the <u>Colorado Department of Public Health and Environment</u>, and the <u>Colorado Department of Education</u>.
- Terri Erbacher, Ph.D., one of the authors of *Suicide in Schools*, will walk participants through the CSSRC Suicide Assessment Toolkit based on her book.
- When: Thursday, November 19, 2020 from 8:00 AM until noon
- Where: Virtually
- Fee: No cost
- How: Simply register and you will receive the link and resources for the workshop a week before
- Register <u>here!</u>

Student/Staff Safety Summit - Save the Date

- Previously, the CSSRC has hosted student/staff summits across the state. By going virtual, any middle school and/or high school students and their staff can participate.
- We are the keynote speakers and workshops have been finalized.
- It will be an opportunity to hear speakers talk on school safety and then participate in workshops with other students to address issues of safety important to you.
- When: Thursday, December 10, 2020 from 10:00 until 2:00.
- Where: Virtually.
- View the agenda here.
- Fee: No cost!
- **How:** Simply register and you will receive the link and resources for the workshops a week before.
- **Registration** is available here!

Child Sexual Abuse Prevention Symposium - Registration is Now Open!

- This is hosted every other year by the CSSRC.
- The Center is in the process of confirming four plenary sessions with national and local experts.
- When: Thursday, February 4, 2021
- Where: Virtually
- Confirmed speakers:
 - Dr. Charol Shakeshaft, Virginia Commonwealth University (Educator Sexual Misconduct)
 - Dr. Amber Morczek, Nevada State College (Impact of Pornography on Youth)
 - Katelyn Jenkin, Colorado Bureau of Investigation (Internet Luring Tactics/Online Dangers)
- Fee: No cost!
- View the agenda <u>here</u>.
- **How:** Registration is now open here!

CSSRC Virtual Trainings Continue on Mondays and Fridays

- We have released October and November virtual training dates on the training calendar, which can be accessed here.
- These courses are no-cost and, once you complete the anonymous evaluation at the end, you will receive a certificate for continuing education hours!
- Although designed for individual attendees, if a school or district would like to offer any of these courses to their staff simultaneously, please contact the listed presenter and details can be arranged.
- You can contact the center with any questions or concerns by calling 303.239.4435 or by emailing schoolsafetycenter@cdps-m.state.co.us.

STILL RECRUITING CSSRC STOP Grant: Threat Assessment Training & Implementation

- The CSSRC is recruiting 30 more sites for threat assessment training and implementation
- We need sites where CSSRC staff have NOT trained in threat assessment as well as a few where we

- have trained in the past.
- The lift for school sites is minimal just training evaluations to complete along with the training and a brief collection of data every six months.
- Staff can be paid stipends for the training and data collection under the grant.
- This final training phase of the grant will extend from September 2020 through August 2021.
- CSSRC staff have been working with the Governor's Office of Information Technology and will be
 piloting a secure, on-line protocol with the remaining sites. Schools will be able to store their
 assessments and track the at-risk students' Response Management Plans with automatic
 notifications for review meetings among other features.
- If your school is interested in being one of the 30 new sites, below is more information.
 - Application
 - Application Letter
 - MOU
- Please complete the application and return it to Christine.harms@state.co.us or call Chris if you have any questions. (303.912.6915). We are now scheduling for January and February 2021.

NEW CSSRC Regional Training Consultants' Introductory Videos

- In case you haven't met them:
 - Kati Garner covers the **Northwest** region of the state. Her contact information is <u>kati.garner@state.co.us</u> or call (303) 909-3672.
 - Please see Kati's video intro <u>here</u>
 - Jamie Soucie assists with the **Northeast** region of the state. Her contact information is jamie.soucie@state.co.us or call (720) 498-9645.
 - Please see Jamie's video intro here

CSSRC ONLINE COURSE OFFERINGS & ARCHIVED PRESENTATIONS

CSSRC online course links:

• Link to CSSRC online course offerings

CURRENT EVENTS AND ANNOUNCEMENTS

NEW School Psychology Specialist Education Evaluation Specialist CDE

- The <u>Colorado Department of Education (CDE)</u> has a new School Psychology Specialist Education Evaluation Specialist Krista Klabo, Ed.S. NCSP.
- "School based mental health professionals can learn about updates from CDE and upcoming training opportunities, get to know the new School Psychology and Special Education Evaluation Specialist, learn about available resources, and provide feedback on current issues in the field."
- Krista is hosting virtual meetings for all the CDE regions through November.
- You can register for your region's meeting here.

NEW Cost Covered Virtual Mental Health First Aid Trainings

- These opportunities are provided by the <u>Colorado Behavioral Health Council (CBHC)</u> and <u>Mental Health First Aid Colorado</u>.
- "Mental Health First Aid Colorado (MHFACO) has a unique, time-sensitive opportunity to provide cost covered trainings for Youth and Adult Mental Health First Aid classes through December 2020."
- For more information or to schedule a training, email pwarren@mhfaco.org.

NEW 2021 National Radon Poster Contest for Students

- The Radon Poster Contest is through the <u>Colorado Department of Public Health and Environment</u> (<u>CDPHE</u>) and is open to any students ages 9 14.
- View more information on the contest and how to test your home for radon here.

NEW 2019 YRBS Results and Data Available Now

- This information is compiled by the Centers for Disease Control (CDC)
- "The <u>Youth Risk Behavior Surveillance System (YRBSS)</u> monitors six categories of health-related behaviors that contribute to the leading causes of death and disability among youth and adults"
- View more information on the system and the 2019 data here.
- Colorado's version Healthy Kids Colorado results were released in August. Please see the announcement below for links to the Colorado data.

NEW ADL's Virtual Walk Against Hate

- The Anti-Defamation League (ADL) is hosting the Walk Against Hate virtually this year.
- "Join people from across the country in stepping up solo, with your family, with your classmates or co-workers or congregations or other community groups — to make your voice heard in celebrating diversity and challenging hate."
- When: October 18, 2020, 9:00 am
- View more information and register here.

NEW School Mental Health Professionals' Survey Results

- At the end of last school year, a number of you assisted the researchers in the <u>School of Social Work</u> at <u>Colorado State University</u> who were asking for feedback from school mental health professionals and school/district administrators on the impact that COVID-19 was having on students and families.
- They were particularly interested in understanding how the COVID-19 pandemic might have disproportionately been impacting students of color and low-income students.
- Just this week CSU released the results of that survey.
- The information is very interesting and helpful. However, please keep in mind that the survey sample was a rather small number.
- You can access the survey report <u>here</u>.

Suicide Prevention Month PSA

- The PSA was created by the Office of Behavioral Health Strategies in the <u>Denver Department of Public Health & Environment</u> in observance of National Suicide Prevention Month.
- You can view the PSA here:
 - One minute version: https://youtu.be/0lbugc3WscE
 - o Full Five minute version: https://youtu.be/8bG_J21nyy0

2019 Healthy Kids Colorado Survey Data Released and NEW video

- The Healthy Kids Colorado Survey is handled by the <u>Colorado Department of Public Health and Environment (CDPHE)</u>
- You can view the 2019 survey results here.
- Healthy Kids Colorado Survey (HKCS) and Colorado Healthy Schools Smart Source (Smart Source), are
 Colorado's widely-administered surveys on the health and well-being of young people and school
 health policies and practices that support youth health.
- Data from HKCS and Smart Source are complementary and can be used together to provide a more complete picture of youth and school health.
- Check out this video to learn more!

Comprehensive School Climate Inventory (CSCI)

- This survey comes from <u>Ramapo for Children</u>
- "The CSCI is our multi-dimensional needs assessment that provides detailed feedback on how students, school personnel, and families perceive the quality and character of their school. Whether instruction takes place at school or at home, a school community's sense of safety, belonging, and engagement remains ever critical to the school climate improvement process as well as students'

- social, emotional, and academic development."
- If you'd like to learn more, contact Amanda Weitzel, School Support Manager at inquiries@ramapoforchildren.org.

Meetings of CDE COVID-19 Policy Implications Stakeholder Group

- The Colorado Department of Education (CDE) held the first stakeholder meeting on August 26, 2020.
- This meeting focused on introductions of group participants as they discussed the impact of the COVID-19 pandemic and the resulting disruption to the 2019-20 school year.
- For background information on the stakeholder group and an anticipated schedule of meetings, visit the COVID-19 Policy Implications Stakeholder webpage.
- Next meetings:
 - October 14, 2020, 1:00 5:00 p.m.
 - Oct 14 Live Stream
 - o October 29, 2020, 1:00 5:00 p.m.
 - Oct 29 Live Stream

Guidelines from CDPHE and CDE for opening schools

- This <u>case and outbreak guidance</u>, the <u>guidance</u> for the fall opening of schools, <u>CDE's toolkit for the</u>
 2020-21 school year, and guidance from local public health agencies provide districts with the
 information they need to start the school year in a way that makes sense for their local communities.
- A shorter executive summary of the school case and outbreak guidance is linked here.
- CDPHE will update guidance as additional information becomes available.

WEBINARS and OTHER ONLINE LEARNING COURSES for K-12 & IHE



- NEW Foundational Trauma-Informed Strategies
 - This webinar series is hosted by the <u>Colorado Department of Education (CDE)</u> and <u>Resilient Futures</u>
 - When: Multiple dates for elementary and secondary educators.
 - What: "An interactive professional development series focused on increasing capacity and sustainability for integrating trauma-informed, culturally-responsive (TICR) best practices, in ways that meet the needs of all students in the community"
 - View more information on the series, dates, and register here.

NEW The Struggle for Racial Justice and Voting

- This webinar is hosted by <u>Facing History and Ourselves</u>
- When: October 7, 2020, 7:00 PM ET, 6:00 PM CT, 5:00 PM MT, 4:00 PM PT
- What: "Please join us for a dialogue with Dr. Carol Anderson; professor, historian, and National Book Critics Circle Award winner, exploring the history of the fight for African Americans' voting rights as part of the struggle for racial justice in the United States."
- View more and register here.

NEW Changing the World One Word at a Time: Read Aloud and Conversation with Meg Medina

- This webinar is being held by the Anti-Defamation League (ADL)
- When: October 14, 2020, 1:00 pm
- What: "Ms. Medina will read and discuss "Mango, Abuela and Me" and "Hablar" her essay which is part of "The Talk: Conversations About Race, Love and Truth," a new collection of essays by children's book authors."
- View more and register here.

NEW Human Trafficking in Colorado 101

- This webinar is held by the Laboratory to Combat Human Trafficking
- When: October 15, 2020, <u>11:30 am 1:00 pm</u> or <u>7:30 pm 9:00 pm</u>

- What: "This human trafficking awareness training will cover federal and local laws, root causes of trafficking, identification and complexities of disclosure, and local resources to support survivors."
- View more information and register for the morning or evening by clicking the above listed times.

NEW Creating High functioning S2T Teams

- <u>Safe2Tell</u> is hosting this webinar on October 16, 2020.
- Participants will learn about best practices in paradigms, technical operations, and training and outreach of Safe2Tell.
- Register here.



NEW Recorded Webinar: Colorado House Bill 20-1113

- <u>Safe2Tell</u> hosted this webinar on September 17, 2020, to enable attendees "to learn more about Safe2Tell and inform new processes to further align with K-12 early intervention best practices."
- You can view the webinar here.

NEW Restorative Practices in Schools Fall Training Institute 2020

- The institute is being held virtually by <u>Restorative Solutions</u>.
- When: November 9 17, 2020
- What: "From everyday tools for the classroom to school and district-wide implementation strategies, learn about how to achieve dramatic results with Restorative Practices."
- View more information on the different sessions and register here.

NEW Recorded Webinar: Preventing Suicide and Self-Harm Among Black Youth

- Webinar by The <u>Children's Safety Network</u>
- Although Black youth have historically not been considered at high risk for suicide and self-harm, current trends now challenge that.
- In 2019, The Congressional Black Caucus reported that "the suicide death rate among Black youth has been found to be increasing faster than any other racial/ethnic group."
- You'll find the webinar linked here.

Returning to School: Supporting Students, Educators, and School Communities

- The Boston Children's Hospital is providing three learning opportunities:
 - Welcoming Students Back to School: Strategies to Support Social Emotional Skills
 - Creating a Community of Care for Educators in Schools: A Guided Reflection
 - Educators in Conversation: Centering Healing Justice in Schools
- You can view more information on the different workshops and how to participate <u>here</u>.

Start Training

- This training is offered by LivingWorks.
- "LivingWorks Start is a one-hour, online, interactive training program that gives you the skills and knowledge to keep family, friends, co-workers, and others safe from suicide."
- You can view more information and access the program here.

OTHER COLORADO TRAININGS and EVENTS

NEW Are You Prepared for a Disaster?

- These trainings are offered by <u>LISTOS</u>.
- "This first-of-its-kind program was developed in Spanish originally, and then later translated into English. This means all materials are culturally and linguistically appropriate for the Spanish-speaking community."
- "LISTOS offers individual family trainings, trainings held in churches, schools, community events, including disaster preparedness education discussions in non-written languages to indigenous communities."

• View more information on potential training topics here.

Single Officer Response Training

- This training is provided by <u>The Jeffco DeAngelis Foundation</u>
- When:
 - October 4 5, 2020, 8:00 am 5:00 pm
 - December 6 7, 2020, 8:00 am 5:00 pm
- Where: Frank DeAngelis Training Center 6625 West 45th Place, Wheat Ridge



- What: "This class provides officers options to either interrupt or interdict an active shooter event. After successful completion of this course, attendees will be well versed in reading and manipulating environments, gathering and understanding information, and employing effective tactics to save lives in an active shooter incident."
- Only sworn law enforcement officials may participate.
- View more information and register here.

2020 National School-Based Health Care Convention - Cancelled

NATIONAL TRAININGS and EVENTS

2020 Blueprints Conference - Cancelled

CURRENT GRANT OPPORTUNITIES

NEW PDG B-5 Child Care Start-Up and Expansion Micro Grants are now available

- This grant is from the Office of Early Childhood through the Colorado Department of Human Services
- "You do not have to be a licensed child care program to receive a micro grant, but you do have to be working toward applying for a permanent child care license."
- View important information and documentation requirements <u>here</u>.

NEW Community Engagement Grants

- The grant opportunities come from <u>Restorative Justice Colorado</u>.
- All applications are due October 15, 2020. Funding decisions will be announced by Nov 1, 2020.
- You can view more information and requirements here.

NEW Botvin LifeSkills Training (LST) High School Program Implementation

- The Center for the Study and Prevention of Violence (CSPV) at the University of Colorado Boulder is offering a grant to implement the evidence-informed Botvin LifeSkills Training (LST) High School program with Colorado students in grade 9.
- The grant covers costs to implement the LST program for one year including teacher training, teacher stipends or substitute-teacher reimbursement for trainings, as well as teacher and student materials.
- Application deadline is December 20, 2020
- View more information here.

NEW New Practitioner Mini-Grants

- The mini-grants are through the Colorado Society of School Psychologists
- "The CSSP Mini-Grant program is designed to support new practitioners and is entirely dependent on private donations and proceeds from the CSSP silent auction/raffle held at the annual fall conference. For the 2020-2021 school year, \$800 is available for mini-grants, with the maximum amount awarded per grant of \$400."
- View more information and requirements here.



NEW Suicide Prevention & Crisis Response Training Application

• This funding and training is through the Office of Suicide Prevention.



 "As specified in the legislation, priority will be given to schools or districts that have not previously received funding to provide staff suicide prevention or crisis response training."

• View more information and apply here.

Colorado Safe Routes to School Grant Funding - Grant Application Update to Match Requirement

- Colorado Safe Routes to School is "distributing approximately \$7 million to successful applicants for infrastructure and non-infrastructure projects supporting communities in providing students and families with safe, accessible means of active transportation to and from school."
- Applications are due before **November 4, 2020.**
- They are looking forward to reviewing applications for Colorado Safe Routes to School grant funding starting November 5th!
- Shortly after releasing their call for FY 21 Safe Routes to School (SRTS) Projects, the decision was made to earmark approximately \$2M of \$7M available for grants to support communities experiencing hardships due to COVID.
- Specifically and for the first time ever, CDOT will accept applications from communities meeting the criteria outlined below without the normally required 20% match.
- View more information and apply <u>here</u>.

LiveWell Grants Available

- LiveWell Colorado currently has a variety of grants available for schools.
- You can view a list of current funding opportunities here.

.iveWel

RESOURCES and INFORMATION for Pre K-12 SCHOOLS

NEW Back to School 2020 Resources

- These resources are from <u>Cultures of Dignity</u> and they have created resources for parents, educators and youth.
- Parent resources available are webinars, articles, and the brand new Distance Learning Playbook for Parents. View the parent resources here.
- Educator resources include "lesson plans, remote learning best practices, webinar recordings, blogs, and our new curriculum Owning Up Upper Elementary Curriculum and Owning Up Middle School Curriculum" (the curriculum information is also below).
- Youth resources include "student blogs and our Tiny Guides to quickly comprehend core social and emotional concepts, understand their impact on you and your relationships, and equip you with tools to put them into action."

NEW Online Referrals Available With Second Wind Fund

- Second Wind Fund "has built an innovative program that matchs children and youth ages 19 and younger, who are at-risk of suicide and don't have the means or adequate insurance for the necessary mental health treatment, with a licensed therapist in their local community or potentially via teletherapy."
- Previously you could only refer individuals by phone, but now referrals are available online as well.
- "Referrals for SWF funded therapy must come from a school mental health staff or another qualified referral source (QRS) who is a mental health professional."

Page 8 of 10





NEW Preparing for Emergencies

- The National Child Traumatic Stress Network (NCTSN) has created a number of resources including:
 - Help Kids Cope,
 - o Family Preparedness Wallet Cards and Fact Sheet,
 - o Family Preparedness: Thinking Ahead,
 - Preparing Your Organization to Respond to Disasters and Terrorism
 - Creating School Active Shooter/Intruder Drills
 - o Building Community Resilience for Children and Families
 - o Trauma-Informed School Strategies during COVID-19
- Each individual resource is linked in their respective title.

Medicaid Funds Expanded for Mental Health Services in Schools

- Does your district participate in the School Health Services Program?
- To learn more about the School Health Services Program and how your districts can access federal matching funds for medically allowable services
- Please visit the School Health Services Program webpage or contact Marissa. Visscher@state.co.us.

OWNING UP Upper Elementary Online Curriculum Now Available

- Created during the time of COVID, <u>Cultures of Dignity</u> is making available tools to help educators work with elementary students in managing themselves. The Owning Up Upper Elementary Curriculum guides young people to:
 - Develop healthy friendships
 - Understand the influence of social media on their identity and conflicts
 - Identify the dynamics that lead to discrimination and bigotry and how to address them effectively
 - Build skills to regulate emotions and know when and how to ask for help from a trusted adult
- You can view more information on the curriculum here.

CASBHC Releases SBHC Guide to School Re-entry in COVID-19

- This information comes from the Colorado Association for School-Based Health Care (CASBHC)
- The guide was created to "support SBHCs as they navigate their operational plans for the 2020-21 school year."
- You can view the guide <u>here</u>.

Preparing to Welcome Students Back to School

- This information comes from <u>Facing History and Ourselves</u>.
- "This back-to-school resource collection is designed to help you lay the foundation of community and care with your students for the school year ahead."
- "Included are teacher reflection prompts and suggested strategies within each section to help you prepare to greet your students."
- View more information here.

Ten Essential Actions to Improve School Safety

- This publication comes from the <u>Community Oriented Policing Services (COPS)</u>.
- "The COPS Office School Safety Working Group, which is composed of representatives from eight
 national law enforcement organizations, has identified 10 essential actions that can be taken by
 schools, school districts, and law enforcement agencies to help prevent critical incidents involving the
 loss of life or injuries in our nation's schools and to respond rapidly and effectively when incidents do
 occur."
- View the publication here.



RESOURCES and INFORMATION for INSTITUTIONS OF HIGHER EDUCATION

CCASA Higher Education Title IX Crosswalk

- This toolkit was developed by the Colorado Coalition Against Sexual Assault (CCASA)
- "We are here to provide technical assistance on how to use this tool, as well as on navigating the changes from the new Title IX Final Rule."
- Contact CCASA by email info@ccasa.org for access to the toolkit and training on how to use it.

Follow the Colorado School Safety Resource Center on Twitter

- For the latest school safety information between monthly E-Updates, follow <u>occossrc</u> on Twitter.
- Featuring daily updates on new research, resources, upcoming trainings, and Center activities.



Follow us on Twitter

THE CSSRC IS AVAILABLE to any pre-K through higher education school to assist in your school safety planning. Our mission is to provide *no-cost consultation, resources, training and technical assistance* that can help you create a safe, positive, and successful school. We can customize a variety of trainings for your school safety and crisis planning teams or your school staff as you plan and train this school year. We invite you to continue monitoring our website (www.Colorado.gov/CSSRC) for the latest school safety information and upcoming trainings. Call us at: 303-239-4435.



Thank you for supporting safe and positive schools in Colorado!

Colorado School Safety Resource Center 700 Kipling Street #1000 Denver, CO 80215 303.239.4435

Fax: 303.239.4510

Email: CDPS School Safety Center@state.co.us
Website: www.Colorado.gov/CSSRC

Supporting Safe and Positive Colorado Schools