

#### June 2020

*E-UPDATE FROM CSSRC* ~ You are receiving this email as a subscriber of the Colorado School Safety Resource Center's (CSSRC) listserv. *E-Updates from* the CSSRC will contain the most current information about the Center's activities and resources, as well as other school safety efforts throughout the state of Colorado and relevant national resources. *Please forward this to others on your email list who have an interest in supporting safe and positive* schools in Colorado. They may register for this listserv on our website www.Colorado.gov/CSSRC.

# THE DIRECTOR'S CORNER

*Greetings*: I know for most it was an uneventful end to the school year. However, **we wish all seniors well** as they set off on new adventures. We'd especially like to wish Monica Ochoa of D'Evelyn High School and Abagayle Hedges of Sterling High School, daughters of two of the CSSRC staff, congratulations and best wishes as they graduate too!

The CSSRC staff are still busy providing **virtual trainings** which will continue through the summer.

The Center was also planning to facilitate a working group on **trauma-informed drills.** However, with the COVID virus, Dustin Hunter has instead gathered resources for schools in conducting trauma-informed drills. You can access the information <u>here</u>.

We also urge you to join us for the virtual Summer Safety Symposium on June 11th. We are particularly excited that Cari Simon, J.D. will be updating everyone on the new Title IX guidelines for both K-12 and higher education. We hope you'll join us. You will be able to register <u>here</u>.

Wishing everyone a relaxing summer,

#### Chris Harms

#### **COLORADO SCHOOL SAFETY RESOURCE CENTER TRAINING**

#### **CSSRC Virtual Trainings**

- We are releasing June virtual training dates <u>here</u> and the training calendar can be accessed <u>here</u>.
- These courses are no-cost and, once you complete the anonymous evaluation at the end, you will receive continuing education hours!
- Although designed for individual attendees, if a school or district would like to offer any of these courses to their staff simultaneously, please contact the listed presenter and details can be arranged.
- You can contact the center with any questions or concerns by calling 303.239.4435 or by emailing <u>schoolsafetycenter@cdps-m.state.co.us</u>.

#### Institutions of Higher Education (IHE) Summer Safety Symposium - Appropriate for K-12 staff too!

- The School Safety Resource Center will hold the annual IHE Summer Safety Symposium.
- When: June 11, 2020 This event will be held virtually
- Presenters: Cari Simon, Kelli Frank, Thomas Ragland, Brad Stiles, Greg Busch & Sam Bogan
- **Plenaries:** Title IX/Clery Act and Colorado Protections for Students K-Higher Ed., Incels, Concurrent Enrollment Considerations of Minors on Campus, Drones: Concerns and Security Tools.
- Although designed for IHE staff, many of our K-12 colleagues have attended in the past and found the information valuable.
- You will be able to register <u>here</u>.

#### Colorado Safe Schools Summit - CONVERTED TO A SPEAKERS' SERIES

- Open to EVERYONE!
- Speakers confirmed to date:

- Friday, October 2, 2020 at 2:00: Marc Schoen, MD, UCLA Author of "Your Survival Instinct is Killing You"
- Friday, October 9, 2020 at 2:00: Jason Kilmer, Ph.D. Professor and Marijuana Researcher from the University of Washington
- Friday, October 16, 2020 at 2:00: Nick Thompson, LCSW- Host of a podcast for parents of adolescents called "Perspective for Parents"
- Friday, October 23, 2020 at 2:00: Madelyn Gould, PhD, Columbia University, International Expert on Suicide Contagion
- Where: From the comfort of your own office, classroom, or home.
- Link: Will be provided
- Fee: No-cost to celebrate Colorado and National Safe Schools Month

#### CSSRC Youth Advisory Board Applications APPLICATION DATE EXTENDED

- The Center is now accepting applications for our youth advisory council, **Youth Engaged for School Safety (YES2)**, for the 2020-2021 school year.
- YES2 consists of a group of students from across the state who are **entering grades 9-12 in 2020-2021**. Those applicants who are accepted will attend a (possibly virtual) orientation over the summer and meet three to four times throughout the year to discuss school safety topics and provide a youth voice to the work of the CSSRC.
- Meetings can be attended either in-person or electronically for participants who live outside of the Denver Metro area.
- Students will be reimbursed for expenses and paid a stipend (\$15/hour) for their participation.
- Applications are due June, 15, 2020.
- Students dedicated to improving school safety and school culture in the state of Colorado, please click here for more information and to apply.
  - O <u>APPLICATION</u>
  - PARENT OR GUARDIAN PERMISSION LETTER
  - O <u>REFERENCE FORM</u>
- You can view more information on YES2 and the application process <u>here</u>.
- Please contact Dustin Hunter at the Center with questions: <u>dustin.hunter@state.co.us</u> or 720.607.1027.

## **CURRENT EVENTS AND ANNOUNCEMENTS**

#### NEW SURVEY FOR SCHOOL MENTAL HEALTH PROFESSIONALS - Please help!

- Researchers in the <u>School of Social Work at Colorado State University</u> and are asking for feedback from school mental health professionals and school/district administrators who oversee student support/mental health services on the impact that COVID-19 is having on students and families.
- They are particularly interested in understanding how the COVID-19 pandemic may be disproportionately impacting students of color and low-income students.
- Their goal is to collect rapid cycle data that can be used by schools, school districts, policymakers, and funders to target support where needed as students transition back to school in the fall and over the course of the next academic year.
- This survey will be the <u>first of three surveys</u> that we will conduct over the next 12 months to see how students' needs shift over time and how schools are responding to support them. In order to link your survey data across time, they will create a unique identifier for you so that your survey responses can be linked, but will also protect your confidentiality.
- They will work to make sure that no one sees your survey responses.
- Results will only be reported in their aggregate; no one's individual responses will be identifiable.
- To complete the survey, please click on the following link or copy & paste it into your internet browser. We thank you in advance for your participation!
- The link to the survey can be found <u>here.</u>
- Thank you! For further information please contact either:

- Anne Williford (anne.williford@colostate.edu/303-250-8192) or
- Tiffany Jones (<u>tiffany.jones@colostate.edu</u>/970-491-3646)

**NEW** CDE Toolkit including State and Federal Guidance Available For Reopening Schools Safely in the Fall

- This guidance is provided by the <u>Colorado Department of Education (CDE)</u>
- <u>"Planning the 2020-21 School Year: Framework and Toolkit for School and District Leaders</u> covers health screenings, passing periods, cafeteria operations, and student transportation."

#### Ways to Help Spread the Word

- The <u>Colorado Department of Public Health and Environment (CDPHE)</u> is creating a social media campaign for young people to encourage physical distancing to help fight COVID-19.
- "Young people participating in physical distancing is so important to flattening the curve. We need to make sure everyone, including young people, take it as seriously as they need to. We need your help spreading the word and letting your peers know just how important this is."
- "We are putting together stay-at-home BINGO cards for you to fill out and post in your Instagram or Facebook Stories, using the hashtags #DoingMYPARTCO and #InActionHero. <u>The first one is here</u>."

# Parental/Guardian Guidelines for Helping Your Child/Children Cope With all the Changes Related to COVID-19

- <u>Parent/Guardian Guidelines for Helping Your Child/Children Cope With Changes Related to COVID-19</u> (English)
- Pautas para Padres/Tutores para Ayudar a su Hijo/Niños a Hacer Frente a Todos los Cambios relacionados con el COVID-19(Spanish)
- Activities for Parents of Elementary Students
- Coronavirus Tips & Resources for Parents, Children & Others
- Got kids under 5? Try these coronavirus-quarantine school resources for parents
- Best Online Education Resources for Kids and Families During Coronavirus School Closures
- How Parents Can Keep Kids Busy (and Learning) in Quarantine
- Talking to and supporting our children, students and ourselves during the pandemic
- <u>Talking to children about terrorist attacks and school and community shootings in the news</u>

## **CSSRC ONLINE COURSE OFFERINGS & ARCHIVED PRESENTATIONS**

CSSRC online course links:

• Link to CSSRC online course offerings

# WEBINARS and OTHER ONLINE LEARNING COURSES for K-12 & IHE

## NEW Colorado Department of Education

- The <u>Colorado Department of Education</u> would like to share some new video content that has been posted to the CDE <u>SED/Behavior</u> webpages. Click on the titles below to visit the webpages you can find the content under the What's New section.
- <u>Grief & Anxiety Webinar</u> In this time of COVD19, the potential for anticipatory grief is high. This Webinar will explore anticipatory grief in the context of the Grief and Growth Cycle. The Grief Cycle's relationship to resilience and coping strategies will be explored, providing actions steps that can be taken to support the journey through the grief cycle.
- <u>Remote Learning Instructional Strategies</u>

This video addresses instructional strategies and supports that can be implemented in the home setting for remote learning. Multiple options for both proactive and responsive strategies are shared as suggestions for application across grade levels. Examples of the challenges addressed include difficulty focusing or understanding assignment prompts and the impact of social isolation on functioning. Throughout the video, ideas for families to prevent or remedy these challenges are addressed.

#### • Direct Behavior Rating

This video will provide an overview of Direct Behavior Rating (DBR), specifically with a focus on the use of this process for behavioral data collection in remote learning. The process of DBR will be discussed in a step-by-step format and the applications for remote learning will be addressed. The video will also address goal setting and progress monitoring to evaluate the effectiveness of the plan in place. Viewers will be able to identify options for DBR as a behavioral data tracking tool across grade levels and school settings.

#### NEW LivingWorks Start

- This program comes from <u>LivingWorks</u> at a reduced price of \$20!
- "LivingWorks Start is the first step in the continuum of safety skills offered by LivingWorks. It is a 60 to 90-minute online program that anyone can take to recognize the signs of suicide and take life-saving action by connecting the vulnerable to hope and support. "
- View more information <u>here</u>.

#### NEW Signs Matter

- This program comes from the <u>Amercian Foundation for Suicide Prevention</u>.
- It is a new program for K-12 educators and can be found <u>here.</u>
- *"Signs Matter* was developed based on a combination of science and best practice. The program presents scientifically based information on a variety of topics related to youth suicide, alongside best practice recommendations drawn from experts in the mental health and education fields."
- Single licenses can be purchased for \$35 per license. Bulk rates are available too.

#### **NEW** Colorado Career Conversations from CEI

- Are you looking for professional development to collect continuing education credits before the end of the school year? The <u>Colorado Education Initiative</u> can help!
- Participate in a live, virtual <u>Colorado Career Conversations</u> training to build your skills, expand your network, and explore resources so you can help others as they navigate career choices.
- Trainings are FREE, fun, and all participants receive continuing education credits.
- There are tranings scheduled on a variety of dates, times, and training lengths to fit any schedule.
- Explore the <u>NEW calendar</u> to easily find a date that works best for you (and your team)!
- Don't miss out.
- Training workshops only run through the end of June!

#### **Behavioral Threat Assessment in the Virtual Environment**

- This webinar comes from the <u>National Association of School Psychologists (NASP)</u> and has panelists Dr. Christina Conolly, Psy.D, NCSP, Director for Psychological Services, Montgomery County Public Schools (MD); and Dr. Melissa Reeves, Ph.D., NCSP, LPC Associate Professor of School Psychology at Winthrop University (SC) and Senior Consultant, Sigma Threat Management and Associates.
- You can view the webinar <u>here</u>.

#### **OTHER COLORADO TRAININGS and EVENTS**

#### **QPR Train the Trainer – REGISTRATION NOW OPEN**

- This training is offered by North Range Behavioral Health.
- When: June 2, 2020, 8:00am 4:30pm
- Where: Littler Prevention Campus, 2350 3rd Street Rd., Greeley, CO 80631
- What: QPR is a nationally recognized, evidenced-based suicide gatekeeper program, supported by the Office of Suicide Prevention, that can be done in 60-90 minutes and teaches participants: The scope of the suicide problem, Myths and Facts of suicide, Warning signs of suicide, How to ask the "suicide" question, How to persuade someone to stay alive, How to refer people to local resources.
- For more information or to register: email <u>Kimberly.pratt@northrange.org</u>
- Please be aware this training is tentative based on current social distancing guidelines.

#### • Please note that the CSSRC has QPR certified trainers available to provide the course to your staff.

#### **NEW** 9th Annual Restorative Practices in Schools Summer Training Institute

- Sponsored by <u>Restorative Solutions, Inc.</u>
- Where: Pickens Technical College in Aurora, CO.
- Introduction to Restorative Practices in Schools: June 8-10, 2020

Monday - Wednesday (\$450) - Participants will explore the fundamental values and principles of restorative practices. They will have opportunities to learn and practice connection circles, restorative language and conversations, and restorative agreement meetings. Attendees receive CEU credits, resource materials, refreshments, a complimentary copy of the *The Little Book of Restorative Discipline* and continued consultation support.

- Restorative Mediation & Conferencing: June 11-12, 2020
   *Thursday & Friday (\$300)* - A two-day intensive workshop dedicated to restorative mediation and
   conferencing for school personnel who are regularly responsible for addressing discipline issues.
   Steps in each of these two formal processes will be covered. Coaches will be present during practice
   sessions and answer questions regarding integration with existing discipline practices. Participants
   will come away with the tools and knowledge to conduct both restorative mediations and
   conferencing. On-site opportunities for coaching may be made available upon request.
- Active Implementation & Evaluation: June 15-17, 2020 *Monday - Wednesday (\$450) -* This three-day workshop translates cutting-edge research from implementation science into practical tools to develop your own implementation and evaluation plan. Topics include: understanding organizational culture, identification of strengths and roadblocks, stakeholder participation and support, professional development recommendations, crafting restorative codes of conduct, staff and administrator evaluation rubrics, using restorative practices to address staff and student conflict, building a sustainable community of practice and developing an evaluation plan. Participants will come away with a full understanding of the best tools for implementation of restorative practices for the unique needs of their school and/or district.
- For more information about the 2020 Summer Training Institute or to register for one or more of these workshops, please visit this <u>website</u>.
- For more information, please contact: Randy Compton (<u>rcompton@restorativesolutions.us</u>) or 303-449-2737
- You can access the flyer <u>here</u>.

#### Colorado Advocacy in Action Conference SAVE THE DATE

- This annual event is presented by <u>Colorado Advocacy</u>, <u>Violence Free Colorado</u>, and <u>Colorado Coalition</u> <u>Against Sexual Assault (CCASA)</u>.
- When: June 10 12, 2020
- Where: This conference will be held virtually.
- What: "Anyone who works with survivors of sexual and domestic violence or in the prevention field is encouraged to attend."
- View more information <u>here</u>.

2020 National School-Based Health Care Convention - Cancelled

2020 CASRO School Safety Conference - Cancelled

#### **NATIONAL TRAININGS and EVENTS**

2020 Blueprints Conference - Cancelled

#### **CURRENT GRANT OPPORTUNITIES**

#### **Education Stabilization Fund Discretionary Grants**

• U.S. Secretary of Education, Betsy DeVos, announced more than \$300 million in discretionary grant funds will be available for states to use to create adaptable, innovative learning opportunities for K-12

and postsecondary learners in response to the COVID-19 national emergency.

- There are two types of model grants:
  - "The Education Stabilization Fund-Rethink K12 Education Models Grants (ESF-REM Grants) provide support to State educational agencies (SEAs) in States with the highest coronavirus burden to address specific educational needs of students, their parents, and teachers in public and non-public elementary and secondary schools in accordance with section 18001(a)(3) of the CARES Act."
  - "The Education Stabilization Fund-Reimagining Workforce Preparation Grants (ESF-RWP Grants) provide support to help States leverage the power of entrepreneurship to create new educational opportunities and pathways that help citizens return to work, small businesses recover, and new entrepreneurs thrive. These programs also build new capacity within the state to offer short-term postsecondary programs that are responsive to the needs of individuals to more rapidly adapt and evolve to ever changing workplace and community needs. This funding opportunity is offered under section 18001(a)(3) of Division B of the CARES Act."
- You can view more information on the grants and contact information <u>here</u>.
- The Office of Elementary and Secondary Education will host the REM pre-application webinar on **Wednesday, June 3** at 11:00 AM Mountain Time.

#### LiveWell Grants Available

- <u>LiveWell Colorado</u> currently has a variety of grants available for schools.
- You can view a list of current funding opportunities <u>here</u>.

#### **RESOURCES and INFORMATION for Pre K-12 Schools**

Safer Schools Together has a proven record of helping schools throughout North America in Violence & Bullying

- Behaviour Prevention and Intervention Strategies. Below are resources created by SST to assist you in your important work.
- Safer School Together (SST) COVID Toolkit
  - Informed Consent in Media Sharing
  - Increasing Safety in a Remote Learning World
  - How to Avoid Being Zoom-Bombed
  - Ethical Considerations for Remote Counseling
  - <u>Safe Remote Teaching Workflow Using Zoom</u>
  - Educational Video Resources to Increase Safety in the Remote Learning (Password: sst-zoomsafe)
  - <u>Updated Parent Resource: Raising Digitally Responsible Learners (now includes remote safety, privacy, and security in the remote learning world)</u>

**Distance Learning Suicide Prevention Checklists** 

- This information is provided by the <u>National Association of School Psychologists (NASP)</u>.
- "The need for physical distancing during the COVID-19 global pandemic may increase a sense of social isolation, influencing suicide risk."
- <u>NASP Resources for Suicide During Distance Learning</u>
  - Distance Learning Suicide Prevention Checklists - Preparing [ NASP | PDF 390 KB ]
  - Distance Learning Suicide Prevention Checklists - Conducting [NASP | PDF 390 KB ]
  - <u>Comprehensive School Suicide Prevention in a Time of Distance Learning [NASP | PDF 325.4 KB ]</u>

Parent Resource Video

• This <u>parent resource video</u> on modeling healthy ways to cope comes from <u>Smart Colorado</u>: "As families are stuck together in close quarters because of the COVID-19 pandemic, there's concern about how parents may be coping with increased feelings of sadness, fear or anxiety—and the impact on children if the parents turn to unhealthy use of alcohol or marijuana. We partnered with the <u>Colorado Child & Adolescent Psychiatry Society</u> on this video with tips for parents about modeling healthy ways to cope from a health expert."

Intimate Partner Violence and Child Abuse Considerations During COVID-19

- This resource is provided by the <u>Substance Abuse and Mental Health Services Administration</u> (<u>SAMHSA</u>).
- "As the COVID-19 pandemic continues, Americans are required to stay home to protect themselves and their communities. However, the home may not be safe for many families who experience domestic violence, which may include both intimate partners and children. Violence in the home has an overall cost to society, leading to potentially adverse physical and mental health outcomes."
- SAMHSA created this document to "address intimate partner violence and child abuse health concerns."
- View the document <u>here</u>.

Resources on the Coronavirus 2019 (COVID-19) for Education Agencies

- This information comes from the <u>U.S. Department of Education</u> Office of Safe and Supportive Schools (OSSS) and its <u>Readiness and Emergency Management for Schools and Technical Assistance Center</u> (REMS TA).
- <u>New COVID-19 Web page</u>: Find guidance, resources, training, and tools in one centralized location on COVID-19 and infectious disease planning activities. This page is updated on a regular basis in order to provide you with the most up-to-date information. We encourage you to bookmark this page and check in daily.
- <u>New COVID-19 forum</u>: Access and share resources, tools, questions, and information specific to COVID-19 on the REMS TA Center Community of Practice (CoP), a virtual space for education agencies to collaborate and learn from the experiences of others in the field. We encourage you to bookmark the CoP and log in daily.
- New COVID-19 publication titled "Ensuring Continuity of Teaching and Learning During Prolonged Absences, Dismissals, and Closures": Read about continuity of operations annexes, key considerations for continuity of teaching and learning, and educator tools to support distance education. We encourage you to download, read, and share this publication with your colleagues.
- <u>School EOPs In-Depth</u>: Planning for Infectious Diseases Online Course: Create a profile, and get started with this 30- to 45-minute virtual training on infectious disease planning. Designed to help you learn how to incorporate infectious disease planning into a school emergency operations plan (EOP), it allows you to take notes and download job aids, checklists, and reference guides as you navigate through informative course modules.
- Infectious Disease Planning Specialized Training Package: Download this package on infectious disease planning to support your professional development and training efforts online or in person. Designed as a 60-minute module, it contains a training presentation with speaker's notes, instructions, and a resource list. The target audience for this training includes anyone who may have a role in creating or enacting an Infectious Disease Annex and/or anyone who participates in the school EOP planning process, including state and school district emergency planning officials, school staff, community partners, and first responders.
- Emergency Exercises Package: Download this package to test your plans for an infectious disease outbreak and/or power outage via tabletop exercises, which were designed to last approximately 60 minutes each. This package contains a brief introduction to the exercises, a tabletop exercise scenario in a podcast form with accompanying script, links for more information on related topics, and instructions on how to complete the exercises. The target audience for these tabletop exercises includes anyone who may have a role or responsibility in developing protocols for, or responding to, an emergency at any level of K-12 education. This includes administrators, planning teams, response teams, or community partners, such as law enforcement, the fire department, or local emergency management agency."

# Follow the Colorado School Safety Resource Center on Twitter

• For the latest school safety information between monthly E-Updates, follow @CoSSRC on Twitter.

• Featuring daily updates on new research, resources, upcoming trainings, and Center activities.

# **E** Follow us on Twitter

THE CSSRC IS AVAILABLE to any pre-K through higher education school to assist in your school safety planning. Our mission is to provide *no-cost consultation, resources, training and technical assistance* that can help you create a safe, positive, and successful school. We can customize a variety of trainings for your school safety and crisis planning teams or your school staff as you plan and train this school year. We invite you to continue monitoring our website (<u>www.Colorado.gov/CSSRC</u>) for the latest school safety information and upcoming trainings. **Call us at: 303-239-4435**.



# Thank you for supporting safe and positive schools in Colorado!

Colorado School Safety Resource Center 700 Kipling Street #1000 Denver, CO 80215 303.239.4435 Fax: 303.239.4510 Email: <u>CDPS\_School\_Safety\_Center@state.co.us</u> Website: <u>www.Colorado.gov/CSSRC</u> Supporting Safe and Positive Colorado Schools