

January 2020

E-UPDATE FROM CSSRC ~ You are receiving this email as a subscriber of the Colorado School Safety Resource Center's (CSSRC) listserv. E-Updates from the CSSRC will contain the most current information about the Center's activities and resources, as well as other school safety efforts throughout the state of Colorado and relevant national resources. Please forward this to others on your email list who have an interest in supporting safe and positive schools in Colorado. They may register for this listserv on our website www.colorado.gov/cssrc.

THE DIRECTOR'S CORNER

Happy New Year!

I hope everyone enjoyed a restful and rejuvenating holiday season (I think that was possible, right?!) We've been back to an almost full staff since January 2nd and are gearing up for a productive spring. Please take note of the **CSSRC regional trainings** scheduled over the coming months listed below the Director's Corner.

We would also like to share summaries of the **December Student/Staff Safety Summits** we conducted in Hayden and Lamar earlier last month. The students were very engaged both days and hopefully took back some great suggestions on how they can help to improve safety in their buildings. You can view the summaries of the workshops here.

The Center also completed the **2019 Legislative Report**. Once it has been presented to the Education and Judiciary Committees of the Colorado General Assembly, it will be available on the CSSRC website.

BTW: We've had feedback that some districts are feeling slighted since they are rural and not being served by the new Regional Training Consultants (RTCs). A map of their regions can be accessed here. Please don't feel slighted. As you can imagine, with such a large state, we couldn't expect four RTC's to cover all 140 rural districts. If your district falls outside the RTC's regions, the remaining six-person staff at the Center in Denver are still prepared to travel to your location for any training or consultation your team may need. Just give us a call and we would be happy to come and help. 303.239.4435

We have had a very generous offer from a CSSRS Advisory Board member to assist with information about safe storage and disposal of your **chemicals and other hazardous wastes** on your school campuses. Please see the offer below under *Current Events and Announcements*. Thank you, Mark Pokorny!

We are still looking for the right person to service the **Southwestern region of the state.** Here is the posting for the position which will close on Friday, January 24th. Please share this with any potential recruits. Thank you!

Kindest regards,

Chris Harms

COLORADO SCHOOL SAFETY RESOURCE CENTER TRAINING

Student/Staff Safety Symposia:

- 2020 Western Slope Student/Staff Summit, Montrose: The Pavilion on Wednesday, April 15, 2020. Agenda coming soon! Register here.
- When: 9:30 AM until 2:30 PM
- What: This will be an opportunity for middle and high school students to hear a keynote address and then participate in breakout groups on topics of interest on school safety. It is an opportunity for students and adults to learn from one another and perhaps be motivated to work on a safety issue back in their buildings.
- Who: We ask the districts to have adults who will bring teams of 6 students (middle or high school)

to sign up. (If you have more teams at one school, check with Isaac and we should be able to accommodate them.) Students do not need to register as long as they are part of a registered adult's team of six.

2020 Western Slope Safety Staff Summit, Montrose

- This is our second time partnering with Montrose School Districts to host this event.
- When: Thursday, April 16, 2020
- Where: Montrose Pavilion Events Center and Botanical Gardens 1800 E Pavilion Pl, Montrose, CO 81401
- The agenda will be released soon.
- You will be able to register here.

Suicide Assessment & Intervention Symposium: Registration is Open

- The CSSRC will hold a one-day Suicide Symposium in collaboration with the Office of Suicide Prevention, Safe2Tell and the Colorado Department of Education (CDE).
- When: Wednesday, May 6, 2020 from 7:30 until 3:30 (Registration to start at 7:00 AM)
- Where: Lowry Conference Center, 1061 Akron Way, Denver, CO 80230
- Presenter: Dr. Terri Erbacher, Co-author of Suicide in Schools: A Practitioner's Guide
- What: Dr. Erbacher will walk through the process for supporting a suicidal student from screening to re-entry meetings. You won't want to miss this!
- You can register <u>here</u>.

NEW Adult Sexual Misconduct - SAVE THE TENTATIVE DATE

- This training is being hosted in collaboration with the <u>Colorado School Districts Self Insurance Pool</u> (<u>CSDSIP</u>). The REMS TA Center, in partnership with the U.S. Department of Education's Office of Safe and Supportive Schools, is pleased to offer a day-long training on creating policies and procedures for preventing and addressing adult sexual misconduct (ASM) in schools.
- When: Thursday, May 7, 2020 (We hope to have this date confirmed soon and posted on our website.)
- Where: 6857 South Spruce Street, Centennial, CO 80112
- What: The REMS TA Center will be bringing their new one day training on Adult Sexual Misconduct to Colorado.
- This training is being held at no cost. Watch for more information.
- You can register <u>here</u>.

Institutions of Higher Education (IHE) Summer Safety Symposium: SAVE THE DATE

- The School Safety Resource Center will hold the annual IHE Summer Safety Symposium on **June 11th** at the Auraria campus.
- Staff are in the process of confirming plenary presentations and they will be listed in future E-Updates.
- Although designed for IHE staff, many of our K-12 colleagues have attended in the past and found the information valuable.

COLORADO SCHOOL SAFETY RESOURCE CENTER NEWS and UPDATES

Rural Training Consultants – Three are ON BOARD!

The final Regional Training Consultant for the Southwest part of the state is still being recruited.
 Here is the link to the position whose qualifications include a mental health degree and residence in the Southwest region of the state.
 Applications are due by Friday, January 24th at 5:00 PM.

CURRENT EVENTS AND ANNOUNCEMENTS

NEW Updated Joint Guidance regarding HIPAA and FERPA

The <u>U.S. Department of Education</u> and the <u>Office for Civil Rights at the U.S. Department of Health and Human Services</u> released updated joint guidance today addressing the application of the <u>Family Educational Rights and Privacy Act (FERPA)</u> and the <u>Health Insurance Portability and Accountability Act of 1996 (HIPAA)</u> Privacy Rule to records maintained on students.

- The guidance, which was first issued in November 2008, clarifies for school administrators, health care professionals, families, and others how FERPA and HIPAA apply to education and health records maintained about students.
- The revised guidance includes additional frequently asked questions and answers addressing when a student's health information can be shared without the written consent of the parent or eligible student under FERPA, or without written authorization under the HIPAA Privacy Rule.
- You can access the guidance <u>here</u>.

NEW Assistance Offered: Chemical Storage, Hazardous Waste, and Other Concerns

- CSSRC Advisory Board member Mark Pokorny is the Environmental Manager for Metropolitan State University of Denver.
- Mark is a Certified Hazardous Materials Manager, and has over twenty years of experience with hazardous materials and wastes, chemical storage, and laboratory safety.
- Mark is available on a limited basis to help answer questions about chemical storage concerns, hazardous waste determinations and disposal, laboratory safety, and other environmental issues.
- Please contact Mark Pokorny at mpokorn1@msudenver.edu with any questions you have.

NEW Hate Crime Resource Guide Now Available

- This resource guide comes from the Colorado Coalition Against Hate which was convened by the <u>ADL Mountain States Regional Office</u>.
- "The information is intended to promote access to assistance from law enforcement and community resources and to provide support for those members of our community who have experienced frightening, emotional and violent crimes."
- View the guide <u>here</u>.

ADL's 2020 student essay contest A Tribute to Moral Courage: Standing Up Against Injustice

- This contest is through the <u>Anti-Defamation League (ADL)</u>.
- The deadline to submit essays is March 13, 2020.
- "This essay contest uses the Holocaust as a backdrop, middle and high school students are encouraged to recognize those individuals throughout history who took a strong stand on a specific issue based on their personal beliefs or convictions, regardless of the danger or threat to their personal safety. Not only will students write about how that person's moral courage has an impact on the world, but also and perhaps most importantly, how those actions have influenced their own lives today."
- View more information here.

SAMHSA'S New Underage Drinking Prevention Toolkit Released

- The <u>Substance Abuse and Mental Health Services Administration (SAMHSA)</u> has released a new underage drinking prevention toolkit.
- The toolkit "provides essential behind-the-scenes resources and tools that will help further educate
 affiliates, campus communities and external constituents with the latest data on underage drinking
 prevention."
- You can access the toolkit through Dropbox here.

CSSRC ONLINE COURSE OFFERINGS & ARCHIVED PRESENTATIONS

CSSRC online course links:

• Link to CSSRC online course offerings

WEBINARS and OTHER ONLINE LEARNING COURSES for K-12 & IHE

OTHER COLORADO TRAININGS and EVENTS

NEW Train the Educator - Addressing and Preventing Adult Sexual Misconduct

• This training comes from the <u>Readiness and Emergency Management for Schools (REMS) Technical Assistance (TA) Center and the U.S. Department of Education's Office of Safe and Supportive</u>

Schools.

- "The ASM is designed for teams of three to five people from participating schools and school districts, charter schools, and private schools"
- You can request this training on their Trainings by Request page here.
- Please see the listing above under CSSRC Trainings as the Center will be offering this in collaboration with the Colorado School District Self Insurance Pool on Thursday, May 7th. Space is limited so register early.

NEW Pre-Attack Behavior of Active Shooters

- This presentation comes from the <u>FBI Denver</u>'s Behavioral Analysis Unit (BAU).
- When: January 7, 2020, 9:00 am 11:00 am
- Where: FBI Denver Office 8000 East 36th Ave, Denver, CO 80238
- There is no cost for this training.

QPRP Train the Trainer

- This training is provided by <u>Suicide Education and Support Services (SESS)</u> which is a program of <u>North Range Behavioral Health</u>.
- When: January 15, 2020, 8:00 am 4:30 pm
- Where: Littler Prevention Campus, 2350 3rd Street Rd., Greeley, CO 80631
- What: "QPR is a nationally recognized, evidenced-based suicide gatekeeper program, supported by the Office of Suicide Prevention, that can be done in 60-90 minutes and teaches participants: The scope of the suicide problem, Myths and Facts of suicide, Warning signs of suicide, How to ask the "suicide" question, How to persuade someone to stay alive, How to refer people to local resources. As a TRAINER of QPR you will be able to provide this nationally recognized training, offer continuing education credits and certify gatekeepers across the United States."
- Obtain more information and register by emailing Kimberly.pratt@northrange.org

NEW Applied Suicide Intervention Skills Training (ASIST)

- This training is sponsored by <u>Douglas County School District</u>, <u>Douglas County Sheriff's Office</u>, <u>Douglas/Arapahoe Suicide Prevention Alliance (DASPA)</u>, <u>Douglas County Government—Philip S Miller</u> <u>Grant</u>, <u>Rotary Club Castle Pines</u>, and other community sponsors.
- When:February 6-7, April 2-3, May 28-29, September 10-11, October 8-9.
- Where: Douglas County Sheriff's Office Highlands Ranch Substation, 9250 Zotos Drive, Highlands Ranch, CO 80129
- What: Two-day workshop in suicide intervention skills. Learn and practice this life-saving intervention model that is widely used by professionals and the general public.
- View the flyer here.
- Register by emailing Phyllis Harvey Pharvey@dcsheriff.net.
- *Please note the CSSRC can also conduct the ASIST training at your district or school for the cost of materials (about \$42/participant). Contact Dustin Hunter at 303.239.4533 or Dustin.hunter@state.co.us

Safe2Tell Train the Trainer

- This training is offered by <u>Safe2Tell</u>.
- When: February 10, 2020, 9:00 am-4:00 pm
- Where: Willow Conference Room, Academy 20 Headquarters, 1110 Chapel Hills Drive, Colorado Springs, CO
- What: "Help move your Safe2Tell messaging beyond posters on the wall and one time assemblies at the beginning of the year."
- Apply by sending this application to Mark.Lanning@coag.gov by 1/31/2020.

NEW Basic SRO Class

- This class is being offered through the <u>National Association of School Resource Officers (NASRO)</u>.
- When: March 23 27, 2020
- Where: Arapahoe Co. Sheriff's Office 13101 E Broncos Pkwy, Centennial, CO 80112

Register <u>here</u>.

Sister City Youth Exchange

- This event is from the <u>Aurora Sister Cities International</u>.
- When: June 23, 2020 July 7, 2020
- What: "Youth will participate in community service projects, wellness activities and learn more about the culture and youth of our amazing sister city."
- Application deadline November 8, 2019
- For more information and to apply, click <u>here</u>.

2020 National School-Based Health Care Convention

- This is being held by the <u>Colorado Association for School-Based Healthcare (CASBHC)</u> and the School Based Health Alliance.
- When: June 23-25, 2020
- Where: Sheraton Denver Downtown 1550 Court Pl, Denver, CO 80202

No Place for Hate 2019-2020

- This initiative was developed by the Anti-Defamation League (ADL).
- "The Initiative is designed to rally an entire school around the goal of creating a welcoming community committed to stopping all forms of bias and bullying."
- The initiative is currently open to K-12 schools in Colorado, Wyoming, and New Mexico.
- You can view more information on the initiative <u>here</u>.
- Register your school <u>here</u>.

Saving More Lives from Suicide Series

- This series is provided by <u>Croswaite Counseling PLLC</u> and is listed as appropriate for mental health professions and healing professionals only.
- "What you'll get:
- Best practices and interventions to use with clients
- Role play demonstrations to show the techniques in action
- Downloadable safety plan template, resource lists, and question lists for when you don't know what to ask"
- Cost: \$127.00
- You can view more information and access the registration here.

NATIONAL TRAININGS and EVENTS

NEW 2020 Blueprints Conference - National Conference Held Locally!

- Blueprints "helps you easily identify evidence-based programs that help young people reach their full
 potential. Get ahead of serious challenges that influence children's success with programs that have
 the highest standards for promoting prosocial behavior, academic success, emotional well-being,
 physical health and positive relationships." Blueprints programs are rated by the Center for the Study
 and Prevention of Violence at CU, Boulder.
- This is sponsored by Blueprints, Functional Family Therapy, and MST Services.
- April 27 29, 2020
- Where: Westin, Westminster, Colorado
- View agenda here.
- Registration is open <u>here</u>.

CURRENT GRANT OPPORTUNITIES

UPDATED BEST Grant Announcement for FY20-21

- This grant is being offered through the Colorado Department of Education (CDE).
- "The grant is available to school districts, charter schools and institute charter schools, BOCES, and the Colorado School for the Deaf and Blind."
- The FY 2020-21 cycle for BEST grants opened on January 2, 2020.

- Signed and completed applications are <u>due no later than 4 p.m. on February 24, 2020</u> at 1580 Logan Street, Suite 310, Denver, CO 80203.
- You can access more information here.

NEW School Justice Partnership Innovation Grant

- This grant comes from the Colorado Department of Law
- "Funds will support entities in starting and developing innovative programming to achieve the following objectives:
- Reduce the level of youth incarceration in Colorado;
- Develop sound and effective alternatives to practices that lead to criminal records and incarceration,
 which could include restorative practices, restorative justice, and diversion;
- Develop programming that ensures a safe learning environment but also, when possible, seeks to avoid the severe exclusionary consequences of suspension or expulsion; and
- Ensure the equitable application of school discipline practices across economic, gender, and racial groups."
- For consideration of an award, online applications must be submitted by 11:59 p.m. on January 31st, 2020.
- View more information and apply <u>here</u>.

NEW SEE ME Campaign

- This campaign comes from Governor Jared Polis and Michelle Barnes, Executive Director of the Department of Human Services, from the Colorado Department of Human Services.
- "The campaign is designed to complement the work of the <u>Colorado Behavioral Health Task Force</u>
 (<u>BHTF</u>) and provide an opportunity for all Coloradans to take action in support of behavioral health system reform."
- View more information on the campaign and available funds here.

Ninth Grade Success Grant Application to be Released

- This grant comes from the <u>Colorado Department of Education (CDE)</u>.
- "This new grant program provides funding to local education providers and charter schools to assist students enrolled in ninth grade to develop the skills they need to successfully persist in graduating from high school."
- "Charter Schools (authorized by a school district or the state Charter School Institute) and Local Education Providers (LEPs) that serve students enrolled in grades nine through twelve are eligible to apply for this opportunity."
- View more information and access the necessary documentation here.

LiveWell Grants Available

- <u>LiveWell Colorado</u> currently has a variety of grants available for schools.
- You can view a list of current funding opportunities here.

RESOURCES and INFORMATION for Pre K-12 Schools

My Life, My Quit - An online/texting vaping cessation program especially for teens

- "Nearly 5 million teens across the United States are vaping and using tobacco, yet there are few
 resources available to help them stop. On July 1, 2019, <u>National Jewish Health</u>, the nation's leading
 respiratory hospital and the largest non-profit tobacco quitline provider, launch(ed) an enhanced
 tobacco cessation program specifically for teens who want to stop using tobacco products, including
 electronic cigarettes and vapes." from their website
- "At My Life, My Quit we share the truth about nicotine, vaping and other tobacco products. If you decide you want to quit, we're here to help you do it successfully. Text "Start My Quit" to 855.891.9989 or call to talk with a coach who is ready to listen and cheer you on. It's YOUR LIFE and we're here to help you live it YOUR WAY."
- My Life, My Quit is always free and confidential. <u>Start My Quit</u>.

Preventing Suicide in Yup'ik Youth

- This resource comes from the Suicide Prevention Resource Center (SPRC).
- "A community-based intervention that promotes culturally generated reasons for life and sobriety may be a useful tool to protect Alaska Native youth from suicide risk, particularly when implemented at a greater intensity."
- View more information here.

New Tip Sheet on Psychological First Aid

- This tip sheet comes from the <u>Readiness and Emergency Management for Schools (REMS) Technical</u> Assistance (TA) Center.
- This is "an evidence-informed intervention model to assist students, staff members, and families in the immediate aftermath of a disaster or emergency event, and can be used by any trained staff member or school administrator."
- Access the tip sheet <u>here</u>.

INSTITUTIONS OF HIGHER EDUCATION

2020 NASPA Strategies Pre-Conference Institute

- The institute is being held by <u>StopHazing</u> and <u>NASPA</u>.
- When: January 15, 2020.
- Where: New Orleans, Louisiana
- What: "A foundational understanding of campus hazing and its prevention, with a particular emphasis on building capacity and engagement, is the focus of this pre-conference session which will provide an overview of the Hazing Prevention Framework (HPF), key indicators of the HPF components, the research base supporting it, along with promising strategies for campus hazing prevention."
- View more information here.

Fact Sheet Series on Flood Preparedness

- This fact sheet comes from the <u>Readiness and Emergency Management for Schools (REMS)</u> <u>Technical Assistance (TA) Center.</u>
- "The fact sheet describes how to incorporate flooding in emergency management planning and the six-step planning process, provides flood-related preparedness activities for education agencies before, during, and after a flood emergency; and lists key resources to support flood planning efforts."
- You can access the information here.

Follow the Colorado School Safety Resource Center on Twitter

- For the latest school safety information between monthly E-Updates, follow @CoSSRC on Twitter.
- Featuring daily updates on new research, resources, upcoming trainings, and Center activities.



Follow us on Twitter

THE CSSRC IS AVAILABLE to any pre-K through higher education school to assist in your school safety planning. Our mission is to provide *no-cost consultation, resources, training and technical assistance* that can help you create a safe, positive, and successful school. We can customize a variety of trainings for your school safety and crisis planning teams or your school staff as you plan and train this school year. We invite you to continue monitoring our website (www.Colorado.gov/CSSRC) for the latest school safety information and upcoming trainings. Call us at: 303-239-4435.



Thank you for supporting safe and positive schools in Colorado!

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Email: <u>CDPS School Safety Center@state.co.us</u>
Website: <u>www.Colorado.gov/CSSRC</u>

Supporting Safe and Positive Colorado Schools