

COLORADO School Safety Resource Center

Department of Public Safety

February 2022

E-UPDATE FROM CSSRC ~ You are receiving this email as a subscriber of the Colorado School Safety Resource Center's (CSSRC) listserv. E-Updates from the CSSRC will contain the most current information about the Center's activities and resources, as well as other school safety efforts throughout the state of Colorado and relevant national resources. **Please forward this to others on your email list who have an interest in supporting safe and positive schools in Colorado. They may register for this listserv on our website** www.Colorado.gov/CSSRC.

THE DIRECTOR'S CORNER

Dear Colleagues:

Staff from the Center continue to hear how exhausted school professionals, students and parents are this school year. I know outbreaks of the COVID virus continue and leave us all unbalanced. We each need to attend to our own mental wellbeing.

Please take advantage of the resources that are available to staff and students.

- <u>Colorado Educator Support</u> Free services include:
 - Well-being support line 303-724-2500
 - Online Support Program
 - Individual Support Services
 - o Mental Health Workshops
 - o School Based Professional Development or Training
 - Ask-a-therapist line
- <u>IMatter</u> **Free** for students
 - Behavioral health services program to provide access to mental health and substance use disorder services for youth, including addressing needs that may have resulted from the COVID-19 pandemic.
 - The program is open to youth 18 years of age or younger, or 21 years of age or younger if receiving special education services.
 - The program provides up to 3 free behavioral health sessions for youth in Colorado and reimburses participating providers, which are licensed clinicians from agencies and independent contractors. Appropriate referrals are made beyond the three sessions, if necessary.
 - o <u>yoimportocolorado.org</u>

Please take care,

Chris Harms

christine.harms@state.co.us 303.912.6915



COLORADO SAFETY RESOURCE CENTER TRAINING

Positive School Discipline Symposium (Will be all virtual!)

- When: February 16, 2022
- NO COST but you must be registered to receive the Zoom link.
- Five plenary sessions will include:
 - Kim Bevill How physical activity impacts student behavior
 - Kerri Quinn Creating a restorative & trauma sensitive climate
 - o Ashley Idress How to use your discipline data
 - Two school panels sharing their successes, and more!
- View the agenda <u>here</u>.
- Register <u>here</u>.

CSSRC Virtual Trainings Updated Schedule

- The Center staff have decided to continue these workshops periodically on Monday afternoons. This will also be an opportunity for school staff to preview new workshops available at your schools.
- You can sign up for the February workshops <u>here</u>! March workshops will be posted shortly.

SAVE THE DATE! Colorado School Safety Academy

- After the success of the Inaugural School Safety Academy in 2021, the Center is excited to facilitate a second cohort in 2022. The Academy was created to train School Safety Specialists for any district (or charter/private school) that would like to have a staff member in this position. This individual(s) will be trained in the foundational school safety knowledge we believe every district should have, utilizing the five preparedness missions of the U.S. Department of Education.
- The Academy will be held **VIRTUALLY** from **Monday until Friday the week of June 6, 2022**, for five hours each day.
- We were fortunate to have state and national school safety experts join us in our inaugural year, and look forward to similar partnerships in 2022. Participants will be announced as we get closer to the Academy dates.
- There will be no charge for this Academy, but in order to receive a certificate as a School Safety Specialist participants must be present for each live virtual workshop.
- The Academy will be limited to 25 registrants. Please contact <u>margaret.ochoa@state.co.us</u> with any questions.
- Here is the <u>link for the application</u>.

CSSRC STOP Grant: Threat Assessment Training & Implementation Still Recruiting

- The CSSRC is recruiting more schools for threat assessment training and implementation.
- We need sites where CSSRC staff has NOT trained in threat assessment as well as a few where we have trained in the past.
- The lift for school sites is minimal just training evaluations to complete, along with the training and a brief collection of data every six months.
- If you believe you might be interested later in the process, please call to get your district/school on the list now. We are already scheduling workshops into the summer! The summer will be the final opportunity to pay staff stipends for the training.
- Staff can be paid stipends for the training and data collection under the grant if training is conducted outside of regular working hours.
- If your school is interested in being one of the 30 sites, below is more information.
 - Application (clicking the link will create the download)
 - Application Letter

o <u>MOU</u>

• Please complete the application and return it to <u>Christine.harms@state.co.us</u> or call Chris if you have any questions. (303.912.6915). We are now scheduling for Winter and Spring.

CSSRC ONLINE COURSE OFFERINGS & ARCHIVED PRESENTATIONS

CSSRC online course links:

• Link to CSSRC online course offerings

CURRENT EVENTS AND ANNOUNCEMENTS

CSSRC's School Mental Health & School Safety Professionals' Groups

For the last few years, the CSSRC has facilitated informal meetings of school staff who oversee either suicide prevention and intervention or threat assessments in their buildings. We have been asked to set regular meetings for these professionals and separate them into two groups: **Suicide Prevention Professionals and Threat Assessment Professionals**. We set these meetings for the second Tuesday of the month starting in September. The meetings will be virtual to allow more of our rural colleagues to join us. The calendar is below:

February 8, 2022 from 2:00 - 3:30	Suicide Prevention Professionals/Suicide Prevention Discussion
March 8, 2022 from 2:00 - 3:30	Threat Assessment Professionals/Threat Assessment Discussion
April 12, 2022 from 2:00 - 3:30	Suicide Prevention Professionals/Suicide Prevention Discussion
May 10, 2022 from 2:00 - 3:30	Threat Assessment Professionals/Threat Assessment Discussion

A calendar invite was sent for the meetings. If you did not receive an invite and you would like to attend, please send an email to <u>Melissa.rubeo@state.co.us</u>. We would be happy to add you to the list.

I Matter

- The <u>Colorado Department of Human Services (CDHS) Office of Behavioral</u> <u>Health (OBH)</u> has launched "a program to promote youth emotional and mental health."
- <u>Colorado House Bill 21-1258</u> established this temporary behavioral health services program to provide access to mental health and substance use disorder services for youth, including addressing needs that may have resulted from the COVID-19 pandemic. The program is open to youth 18 years of age or younger, or 21 years of age or younger if receiving special education services.
- The program provides up to 3 free behavioral health sessions for youth in Colorado and reimburses participating providers, which are licensed clinicians from agencies and independent contractors.
- In December, the OBH launched a Spanish version of the site to assist Spanish speaking Coloradans. <u>yoimportocolorado.org</u>
- I Matter Colorado Now Offering At Least Three Free Mental Health Sessions for All Youth view the information <u>here</u>.
- View the I Matter program information <u>here</u>.

How to Advocate for Your School Resource Officers

- The <u>National Association of School Resource Officers (NASRO)</u> has released this new information on how to advocate for your School Resource Officers.
- View the information <u>here</u>.





OTHER COLORADO TRAININGS and EVENTS

NEW Bridging the Divide - Call for Proposals

- <u>The Bridging the Divide</u> Summit Planning Committee is seeking proposals for presentations for the 2022 Bridging the Divide Suicide Awareness and Prevention Summit.
- Proposals are due by February 7, 2022.
- Event to be held on May 12 13, 2022
- View the information on submitting proposals <u>here</u>.

Current Behavioral Trends & Digital Updates with Safer Schools Together

- The <u>Colorado School Districts Self Insurance Pool (CSDSIP)</u> is partnering with <u>Safer Schools Together</u> (<u>SST</u>) to offer monthly training to allow you to "stay informed to keep students and staff safe."
- When:
 - Feb. 24th, 2022, 1:00 pm 3:00 pm
 - March 31st, 2022, 1:00 pm 3:00 pm
 - April 28th, 2022, 1:00 pm 3:00 pm
- View more information and register for the different sessions <u>here</u>.

NEW Rocky Mountain Early Childhood Conference

- The conference is being presented by the <u>Buell Foundation</u> and <u>Denver's Early Childhood Council</u> in person and virtually.
- When:
 - In Person: March 11 12, 2022
 - Virtual: March 3 4, 2022
- Individuals can register for both or only one option.
- View more information and register <u>here</u>.

WEBINARS and OTHER ONLINE LEARNING COURSES for K-12 & IHE

NEW Zen Parenting Summit

- The Zen Parenting Summit will be held virtually from January 31, 2022 February 4, 2022.
- There will be a large variety of speakers including Rosalind Wiseman from <u>Cultures of Dignity</u>.
- The summit will be "discussions as we celebrate compassion and understanding within ourselves and between our children."
- View more information and register <u>here</u>.

NEW <mark>Series on Secondary Trauma and Traumatic Stress: Overview, Signs and Symptoms, and Wellness</mark> Tools and Techniques to Mitigate the Effects

- <u>The Office of Juvenile Justice and Delinquency Prevention's (OJJDP's) National Training and Technical</u> <u>Assistance Center (NTTAC)</u>, in conjunction with the <u>Innocent Justice Foundation</u>, has shared this series of webinars that "will focus on secondary trauma and traumatic stress, the effect it has on professionals, and the different factors that can compound the response to trauma."
- When:
 - February 2, 2022, 2:00 pm Secondary Trauma and Traumatic Stress
 - February 16, 2022, 2:00 pm Secondary Trauma and Traumatic Stress: Physical Signs and Symptoms and How To Mitigate
 - March 2, 2022, 2:00 pm Secondary Trauma and Traumatic Stress: Cognitive Signs and



Symptoms and How To Mitigate

- Mar 23, 2022, 2:00 pm Secondary Trauma & Traumatic Stress: Emotional Signs and Symptoms and How To Mitigate
- April 13, 2022, 2:00 pm Secondary Trauma & Traumatic Stress: Behavioral Signs and Symptoms and How To Mitigate
- April 20, 2022, 2:00 pm Secondary Trauma & Traumatic Stress: Worldview Signs and Symptoms and How To Mitigate
- View more information and register for a specific date <u>here</u>.

NEW Brown Girl Dreaming: Exploring Identity and Belonging with Jacqueline Woodson

- <u>Facing History and Ourselves</u> is hosting this virtual presentation with bestselling author Jacqueline Woodson where she will "discuss her experiences and her writing, followed by a Q&A with questions from Facing History students."
- When: February 2, 2022, 9:00 am
- View more information and register <u>here</u>.

NEW Time with IX: Navigating the Sexual Harassment Definitions in the K-12 Setting

- <u>The Association of Title IX Administrators (ATIXA)</u> is offering a FREE Title IX webinar on Navigating the Sexual Harassment Definition in the K-12 setting.
- When: February 11, 2022, 1:00 pm 2:30 pm
- View more information and register <u>here</u>.

NEW Safe2Tell Spring 2022 Train the Trainer

- <u>Safe2Tell</u> invites interested local partners to apply for their trainer course.
- Participants will leave with lesson plans, extensions, and recommendations for improving Safe2Tell culture and climate at the elementary, middle, and high school levels. Ideal candidates will have support from school officials before implementing student training.
- When: February 15, 2022, 8:30 am
- You can apply through <u>this Zoom application link</u>. Approved applicants will be provided the meeting link by Safe2Tell staff.

NEW Rethinking Substance Use: An Earlier and Broader Approach

- The <u>National Family Support TAC</u> is hosting this webinar that "will describe the early and broad factors that influence a child's risk and resilience for substance use and addiction and what is needed to more effectively address these issues going forward."
- When: February 16, 2022, 12:00 pm 1:30 pm
- View more information and register <u>here</u>.

NATIONAL TRAININGS and EVENTS

ADL's 2021-2022 Student Essay Contest

- The <u>Anti-Defamation League's (ADL)</u> annual student essay contest has begun again!
- Submissions can be made by students in 7th 12th grade and the topic is A Tribute to Moral Courage: Standing Up Against Injustice.
- Submissions are due by March 14, 2022
- You can view more information on the contest <u>here</u>.

NEW National Drug and Alcohol Facts Week

• The <u>National Institute on Drug Abuse (NIDA)</u> is inviting you to register your event for National Drug and Alcohol Facts Week, March 21–27, 2022, which is "a week-long national health observance



highlighting the science-based facts about drugs, alcohol, and addiction."

• View information on why and how to get involved <u>here</u>.

CURRENT GRANT OPPORTUNITIES

The BEST Grant Process & Beyond

- The <u>Colorado Department of Education (CDE)</u> is sharing this Building Excellent Schools Today (BEST) grant opportunity for the 2022-2023 period.
- The deadline to submit your intent to apply using the Grant Manager registration has passed. If you were not able to complete the form, please email your <u>regional program manager</u> or <u>bestschools@cde.state.co.us</u> to request information on how to apply for this grant round.
- Applications are due by February 4, 2022.
- They are sharing a large amount of information including steps to take before applying for a BEST Grant, the grant process, and more.
- You can view all requirements and additional information here.

50 States. 50 Grants. 5000 Voices

- The <u>It Gets Better Project</u> announced this grant opportunity.
- Applications are due February 10, 2022.
- "Potential projects might include launching a school Gender and Sexuality Alliance (GSA), a mural highlighting heroes of the LGBTQ+ history movement, or a school float in a local Pride parade. We want to support a wide range of creative and exciting projects, so let your imaginations run wild."

IT GETS BETTER PROJECT.

• View more information on the grant and requirements <u>here</u>.

CDPHE Comprehensive Human Sexuality Education Program

- The <u>Colorado Department of Public Health and Environment (CDPHE)</u> has released this grant opportunity for Colorado public schools, school districts, board of cooperative services, charter schools, or institute charter schools.
- Applications are due March 15, 2022.
- "The purpose of this funding is to support schools/districts in current or future comprehensive human sexuality education."
- View more information and begin the application process <u>here</u>.

NEW School Counselor Corps Grant RFA Releasing Soon

- The <u>Colorado Department of Education (CDE)</u> announced that "the 2022-23 School Counselor Corps Grant Request for Application will be available in February for education providers."
- "This RFA will be released prior to the approval of a four-year grant cycle and is contingent upon any funding appropriated to the School Counselor Corps Grant program in May."
- View more information <u>here</u>.

PAEMST 2021 Awards – Nominations and applications open

- The <u>Presidential Awards for Excellence in Mathematics and Science Teaching (PAEMST)</u> are "the highest honors bestowed by the U.S. government specifically for K-12 science, technology, engineering, mathematics and/or computer science teaching."
- "Principals, teachers, parents, students or members of the general public may nominate exceptional Colorado STEM teachers who are currently teaching grades K-6 for the 2019-20 award year. Eligible teachers may also apply directly on the PAEMST website."
- View more information and apply or nominate an individual <u>here</u>.

Nourish Colorado Grants Available

• <u>Nourish Colorado</u> formerly LiveWell Colorado has changed quite a bit and we encourage you to view the new program and information <u>here</u>.



RESOURCES and INFORMATION for Pre K-12 SCHOOLS

- **NEW** Teen Driving Safety 2022 Resource Guide
 - The <u>Children's Safety Network (CSN)</u> released this resource guide which provides information on proven strategies to increase young driver safety, as well as the safety of all road users.
 - View it <u>here.</u>

NEW US Surgeon General's Advisory on Protecting Youth Mental Health

- "<u>The U.S. Surgeon General</u> recently issued an advisory that calls for the American people's attention and immediate action to address the growing mental health crisis among children, adolescents, and young adults."
- "The advisory offers recommendations for schools, community organizations, health care systems, technology companies, media, funders and foundations, employers, and government on ways to protect and support the mental health of young people."
- View the information <u>here</u>.

<mark>NEW</mark> Be SMART

- In 2021, the Colorado Legislature passed a safe storage law (<u>CRS 18-12-114</u>) which requires parents to lock or store their firearms to keep them out of the hands of children.
- We want to get that information out because we know it can save lives.
- As you are probably aware, in Colorado suicide is the leading cause of death among 10-24-year olds.
- Nationwide, firearms are the #1 cause of death in children 1-19 years old.
- And, last year nationally there were 187 incidents of gunfire on school grounds, resulting in 42 deaths and 113 injuries. * EveryStat.org
- Please see<u>the attached flyer</u> from the BeSMART Campaign and share the word about safe storage of firearms. Thank you!

NEW Resources for Responding to the Colleyville Incident

- The <u>Anti-Defamation League (ADL)</u> has put together a variety of resources to support those who may have been affected by the recent event in Colleyville, Texas.
- Here are some of the resources provided:
 - **"Table Talk** <u>Antisemitism Today</u> shares current information about the state of antisemitism in the U.S. today and has been updated to include information about Colleyville and updated discussion questions.
 - <u>Empowering Young People in the Aftermath of Hate</u> provides tools, tips and strategies for what educators and family members can do to help young people discuss and deal with the aftermath of hate-inspired events.
 - <u>Helping Students Make Sense of News Stories about Bias and Injustice</u> when young people want to be part of the conversation.
 - **COE Blog** <u>Six Facts About Threats to The Jewish Community</u> that faces a range of threats, from hate crimes to harassment to violent attacks."
- Please utilize and share the information as appropriate.

NEW COVID-19 Resources

• <u>SchoolSafety.gov</u> created this page with "resources, tools, and guidance related to COVID-19

prevention and support in K-12 schools."

• You can access the page <u>here</u>.

4 Tips to Combat Student Safety Risks

- <u>Campus Safety Magazine</u> shared a new guide compiled by <u>Lightspeed Alert</u> "of the top four safety risks students are facing today and what districts can do to address them (no matter your district's size, location, or the makeup of your student body)."
- The guide is free and can be downloaded <u>here</u>.

Safety Resources Year in Review

- <u>SchoolSafety.gov</u> has released their packet of "federal and state resources, guidance, and tools to create safer school environments."
- View the free resources in one document <u>here</u>.

Extreme Measures: How to Help Young People Counter Extremist Recruitment

- The <u>Anti Defamation League (ADL)</u> has created this toolkit "of resources to help you and others take action against the effects of these domestic extremist recruitment efforts."
- "The toolkit includes a list of warning signs for youths who are most at risk as well as for those who may have been radicalized already."
- View the free toolkit <u>here</u>.

Juvenile Gun Safety

- <u>Larimer County</u> put out a powerful public service announcement in the form of a video that had teenagers talking about their mental health, access to guns, the temptation of suicide, and the importance of safe storage.
- "As of July 1st, Colorado law requires that gun owners store their firearms in a gun safe or with a lock to prevent juveniles from accessing them."
- In Colorado, suicide is the leading cause of death among 10–24-year-olds. Access to a gun ensures that a suicide attempt is successful.
- The importance of our safe storage law cannot be overstated. Lives can be saved if people safely store their firearms.
- <u>AG Weiser</u> has helped distribute their safe storage campaign throughout the state.
- You can view more information and the video <u>here</u>.

Follow the Colorado School Safety Resource Center on Twitter

- For the latest school safety information between monthly E-Updates, follow <u>@CoSSRC</u> on Twitter.
- Featuring daily updates on new research, resources, upcoming trainings, and Center activities.

Follow us on Twitter

THE CSSRC IS AVAILABLE to any pre-K through higher education school to assist in your school safety planning. Our mission is to provide *no-cost consultation*, *resources, training and technical assistance* that can help you create a safe, positive, and successful school. We can customize a variety of trainings for your school safety and crisis planning teams or your school staff as you plan and train this school year. We invite you to continue monitoring our website (<u>www.Colorado.gov/CSSRC</u>) for the latest school safety information and upcoming trainings. **Call us at: 303-239-4435**.



Thank you for supporting safe and positive schools in Colorado!

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