

### December 2019

*E-UPDATE FROM CSSRC* ~ You are receiving this email as a subscriber of the Colorado School Safety Resource Center's (CSSRC) listserv. *E-Updates from* the CSSRC will contain the most current information about the Center's activities and resources, as well as other school safety efforts throughout the state of Colorado and relevant national resources. *Please forward this to others on your email list who have an interest in supporting safe and positive schools in Colorado. They may register for this listserv on our website* <u>www.Colorado.gov/CSSRC</u>.

# THE DIRECTOR'S CORNER

Dear Colleagues: I write this while we are in the middle of our beautiful snowstorm. Of course, I don't have to be out in it and I hope everyone stays safe. It feels more like the winter holiday approaching than Thanksgiving but let's hope the break gives everyone a rest and a chance for the norovirus to die out.

Just a few reminders from the Center:

- First, we have our **Student/Staff Summits** in **Yampa Valley** on **December 4th** and **Lamar** on **December 11th**. The registration is filling up, but if you would still like to bring a team, please contact Isaac Baah at <u>isaac.baah@state.co.u</u>s or call 303.239.4391. Please see the announcement below for more information
- The legislative **School Safety Interim Committee** has released drafts of the five bills they will propose during the 2020 Colorado General Assembly's upcoming session.
  - Increased training for teachers on mental health. The original discussion was to include YMHFA training. The money for suicide prevention was pulled from this bill while an audit on state agencies doing suicide work will take place.
  - CSSRC to evaluate the number and need for Juvenile Residential Facilities.
  - Safe2Tell changes in collaboration with the Colorado Crisis Services.
  - Allowing students to take a "mental health" day as a sick day.
  - A working group for school safety to be facilitated by CDE.
- Collective Impact Collaboration on School Safety
  - This is an initial collaboration of the Center for the Study and Prevention of Violence, the I Love You Guys Foundation and the JeffCo Frank DeAngelis Center facilitated by the CSSRC.
  - The committee is identifying best practices within the five missions of school safety.
  - Once they are identified, anyone who would like to join the collaboration will be welcomed to give input on those components, add others and help designate resources throughout Colorado to address these best practices. Stay tuned!
- Teen to Teen Mental Health/Suicide Reduction Social Media Campaign
  - You'll remember the campaign of public service announcements (PSA's), <u>found here</u>, featuring students and young adults. The PSA's, developed through a partnership between the Colorado Attorney General's Office, the Colorado Film Office and the Colorado Department of Human Services, are designed to help bring awareness to teen mental health.
  - We hope you are sharing them with students via your school networks. Thanks!

Wishing everyone a safe, healthy and happy holiday season,

### Chris Harms



### **COLORADO SCHOOL SAFETY RESOURCE CENTER TRAINING**

#### Student/Staff Safety Symposia:

- There will be three different events across the state:
  - **Hayden:** Yampa Regional Airport on **Wednesday, December 4, 2019.** View the <u>Agenda here</u>, register <u>here</u>.
  - Lamar: The Lamar Community Center on Wednesday, December 11, 2019. View the <u>Agenda</u> <u>here</u>, register <u>here</u>.
  - Montrose: The Pavilion on Wednesday, April 15, 2020. Agenda coming soon! Register here.
  - **2020 Western Slope Safety Staff Summit, Montrose:** The Pavilion on Thursday, **April 16, 2020.** Agenda coming soon! Register <u>here</u>.
- When: 9:30 AM until 2:30 PM at each site
- What: These symposia will be an opportunity for middle and high school students to hear a keynote address and then participate in breakout groups on topics of interest on school safety. It is an opportunity for students and adults to learn from one another and perhaps be motivated to work on a safety issue back in their buildings.
- Who: We ask the districts to have adults who will bring teams of 6 students (middle or high school) to sign up. (If you have more teams at one school, check with Isaac and we should be able to accommodate them.) Students do not need to register as long as they are part of a registered adult's team of six.

### NEW 2020 Western Slope Safety Staff Summit, Montrose

- This is our second time partnering with Montrose School Districts to host this event.
- When: April 16, 2020
- Where: Montrose Pavillion Events Center and Botanical Gardens 1800 E Pavilion Pl, Montrose, CO 81401
- The agenda will be released soon.
- You will be able to register <u>here</u>.

#### Suicide Assessment & Intervention Symposium: SAVE THE DATE

- The CSSRC will hold a one-day Suicide Symposium in collaboration with the <u>Office of Suicide</u> <u>Prevention, Safe2Tell</u> and the <u>Colorado Department of Education (CDE)</u>.
- When: Wednesday, May 6, 2020 from 7:30 until 3:30 (Registration to start at 7:00 AM)
- Where: Lowry Conference Center, 1061 Akron Way, Denver, CO 80230
- Presenter: Dr. Terri Erbacher, Co-author of Suicide in Schools: A Practitioner's Guide
- What: Dr. Erbacher will walk through the process for supporting a suicidal student from screening to re-entry meetings. You won't want to miss this!

### Institutions of Higher Education (IHE) Summer Safety Symposium: SAVE THE DATE

- The School Safety Resource Center will hold the annual IHE Summer Safety Symposium on June 11th at the Auraria campus.
- Staff are in the process of confirming plenary presentations and they will be listed in future E-Updates.
- Although designed for IHE staff, many of our K-12 colleagues have attended in the past and found the information valuable.

### **COLORADO SCHOOL SAFETY RESOURCE CENTER NEWS and UPDATES**

Rural Training Consultants – Three are ON BOARD!

- We are very happy to welcome Kati Garner as the Northwest Regional Training Consultant who started with the Center on October 31st. Kati comes to us from Mesa 51 School District where she has been a school counselor. The list of school districts she will be serving in her region can be accessed <u>here.</u> Kati's email is: <u>Kati.garner@state.co.us</u>. We will post her phone number on the website as soon as her phone is up and running.
- The final Regional Training Consultant for the Southwest part of the state is still being recruited.

<u>Here is the link</u> to the position whose qualifications include a mental health degree and residence in the Southwest region of the state. <u>Applications are due by Thursday, November 7th.</u>

In case you missed them previously:

- Southeast Region: Vickie Cooper is a former teacher, counselor, probation and law enforcement officer who joins the CSSRC from the Branson School District. With the assistance of the other CSSRC staff, Vickie will support the school districts in Kiowa, Crowley, Otero, Bent, Prowers, Las Animas and Baca counties. Please expect an email and a phone call shortly from Vickie as she conducts outreach to her twenty-five school districts. You can reach Vickie at: (720) 626-8916 or vickie.cooper@state.co.us
- Northeast Region: Jamie Soucie came to us from the Colorado Department of Labor and Employment. She also has a master's degree in counseling with experience in the Sterling RE-1 Valley School District and juvenile justice. Jamie will be supporting the twenty-five school districts in Sedgwick, Phillips, Logan, Yuma, Morgan, Washington and the eastern half of Weld County. She too will be reaching out to the districts in <u>her catchment area</u>. Jamie can be reached at (720)498-9645 or jamie.soucie@state.co.us

### **CURRENT EVENTS AND ANNOUNCEMENTS**

NEW ADL's 2020 student essay contest A Tribute to Moral Courage: Standing Up Against Injustice

- This contest is through the <u>Anti-Defamation League (ADL)</u>.
- The deadline to submit essays is March 13, 2020.
- "This essay contest uses the Holocaust as a backdrop, middle and high school students are encouraged to recognize those individuals throughout history who took a strong stand on a specific issue based on their personal beliefs or convictions, regardless of the danger or threat to their personal safety. Not only will students write about how that person's moral courage has an impact on the world, but also and perhaps most importantly, how those actions have influenced their own lives today."
- View more information <u>here</u>.

### **NEW** SAMHSA'S New Underage Drinking Prevention Toolkit Released

- The <u>Substance Abuse and Mental Health Services Administration (SAMHSA)</u> has released a new underage drinking prevention toolkit.
- The toolkit "provides essential behind-the-scenes resources and tools that will help further educate affiliates, campus communities and external constituents with the latest data on underage drinking prevention."
- You can access the toolkit through Dropbox <u>here</u>.

# Cyberbullying Research Center Newsletter

- <u>Cyberbullying Research Center</u> has released their newest newsletter with a variety of interesting topics, information and resources such as:
- New Academic Papers <u>"The Nature and Extent of Sexting Among Middle and High School</u> <u>Students"</u>, <u>"Connecting Adolescent Suicide to the Severity of Bullying and Cyberbullying"</u> and more;
- Latest research indicating <u>bullying rates have increased by 35% from 2016 2019;</u>
- Resources such as <u>"Cyberbullying Warning Signs"</u> and more.
- Access their homepage <u>here</u>.

### Ready to Lead: A 2019 Update of Principals' Perspectives on How Social and Emotional Learning Can Prepare Children and Transform Schools

- This report was created by <u>CASEL</u> and <u>Civic and Hart Research Associates</u> as a follow up to a 2017 report.
- According to CASEL, the report shows "principals are more ready than ever to bring SEL to their schools."
- You can view the new report <u>here</u>.

### Safe finances, Safe you

- Colorado's growing population provides an ever-increasing number of opportunities for unscrupulous actors who target Coloradans with adept, practiced, and profitable fraud schemes to exploit and victimize consumers. The increased number of opportunities lead to the victimization and financial exploitation of Coloradans, impacting not only individuals and families, but causing harm to communities as a whole throughout the state.
- <u>Colorado Consumer Protection Month (CCPM)</u> is a statewide initiative to increase public knowledge of consumer fraud issues, including raising awareness of current scams and financial abuses affecting Coloradans. Join us as we celebrate throughout November with law enforcement, regulatory entities, non-profit programs, and private sector partners across the state to help Coloradans learn how to identify, prevent and report fraudulent activity.
- You can be a part of CCPM! Visit their website at <u>www.StopFraudColorado.gov/CCPM</u> where you can access consumer resources, view events on the CCPM Event Calendar, join Twitter Chats, order free resources, and more!

### FAA Information on Unmanned Aircraft System

Whether you're a new drone pilot or have years of experience, rules and safety tips exist to help you fly safely in the national airspace. To get started, be sure to select which type of drone user you are and find out what rules and regulations apply to your specific situation. You can then begin researching where it is safe to fly and when you need approval to fly. Visit the **FAA Website** to learn more about <u>Commercial</u> <u>Operations Branch - Part 107 UAS Operations</u>

# **CSSRC ONLINE COURSE OFFERINGS & ARCHIVED PRESENTATIONS**

CSSRC online course links:

• Link to CSSRC online course offerings

# WEBINARS and OTHER ONLINE LEARNING COURSES for K-12 & IHE

NEW Applying the Latest Research to Prevent Bullying: Empowering Schools to Change Behavior and Attitudes

- This webinar is provided by the <u>National Institute of Justice (NIJ)</u> and the <u>Federal Partners in Bullying</u> <u>Prevention</u>.
- When: December 3, 2019, 12:00 pm 2:00 pm
- What: "This information will include helping teachers respond to bullying in the classroom and giving students who see bullying tools to take action to address it."
- Register <u>here</u>.

NEW New Resource Review: The Role of Districts in Supporting Schools in the Development of High-Quality Emergency Operations Plans

- This webinar is from the <u>U.S. Department of Education's (ED)</u> Office of Safe and Supportive Schools (OSSS), formerly known as the Office of Safe and Healthy Students (OSHS), and the <u>Readiness and</u> Emergency Management for Schools (REMS) Technical Assistance (TA) Center.
- When: December 5, 2019, 12:00 pm 1:00 pm
- What: "Provides information that can assist school districts in fulfilling both their individual and shared emergency planning responsibilities in all-hazards and all-threats school emergency operations plan (EOP) development."
- Register <u>here</u>.

# **OTHER COLORADO TRAININGS and EVENTS**

**NEW** Positive Youth Development (PYD) Train the Trainer

- This train the trainer is being held by the <u>Colorado Department of Public Health and Environment</u> (<u>CDPHE</u>).
- Application Deadline December 5, 2019.
- What:"This practical lens depicts youth and young adults as resources (and not problems!). This

approach depends on the use of five guiding principles."

- Apply <u>here</u>.
- For more information contact Jessica.Neuwirth@state.co.us and Lorin.Wakefield@state.co.us.

# **QPRP Train the Trainer**

- This training is provided by <u>Suicide Education and Support Services (SESS</u>) which is a program of <u>North Range Behavioral Health</u>.
- When: January 15, 2020, 8:00 am 4:30 pm
- Where: Littler Prevention Campus, 2350 3rd Street Rd., Greeley, CO 80631
- What: "QPR is a nationally recognized, evidenced-based suicide gatekeeper program, supported by the Office of Suicide Prevention, that can be done in 60-90 minutes and teaches participants: The scope of the suicide problem, Myths and Facts of suicide, Warning signs of suicide, How to ask the "suicide" question, How to persuade someone to stay alive, How to refer people to local resources. As a TRAINER of QPR you will be able to provide this nationally recognized training, offer continuing education credits and certify gatekeepers across the United States."
- Obtain more information and register by emailing <u>Kimberly.pratt@northrange.org</u>

### Bernie James, J.D. Presentation

- This presentation is being co-sponsored by the <u>JeffCO Deangelis Foundation</u> and the <u>Colorado</u> <u>School Safety Resource Center.</u>
- When: January 24, 2020, 8:00 am 12:00 pm
- Where: The Cable Center Daniels Great Hall, 2000 Buchtel Blvd South, Denver, CO 80201
- What: "The presentation will provide a legal update, on education law with emphasis on policies designed to maintain a safe learning environment. Topics include the authority of educators, the role of the SRO and other agencies, student rights, restorative justice and interagency collaboration."
- View more information and register <u>here</u>.

# NEW Safe2Tell Train the Trainer

- This training is offered by <u>Safe2Tell</u>.
- When: February 10, 2020, 9:00 am-4:00 pm
- Where: Willow Conference Room, Academy 20 Headquarters, 1110 Chapel Hills Drive, Colorado Springs, CO
- What: "Help move your Safe2Tell messaging beyond posters on the wall and one time assemblies at the beginning of the year."
- Apply by sending <u>this application</u> to Mark.Lanning@coag.gov by 1/31/2020. Early acceptance deadline is 12/15/2019.

# Sister City Youth Exchange

- This event is from the <u>Aurora Sister Cities International</u>.
- When: June 23, 2020 July 7, 2020
- What: "Youth will participate in community service projects, wellness activities and learn more about the culture and youth of our amazing sister city."
- Application deadline November 8, 2019
- For more information and to apply, click <u>here</u>.

2020 National School-Based Health Care Convention

- This is being held by the <u>Colorado Association for School-Based Healthcare (CASBHC</u>) and the School Based Health Alliance.
- When: June 23-25, 2020
- Where: Sheraton Denver Downtown 1550 Court Pl, Denver, CO 80202

# No Place for Hate 2019-2020

• This initiative was developed by the <u>Anti-Defamation League (ADL)</u>.

- "The Initiative is designed to rally an entire school around the goal of creating a welcoming community committed to stopping all forms of bias and bullying."
- The initiate is currently open to K-12 schools in Colorado, Wyoming, and New Mexico.
- You can view more information on the initiative <u>here</u>.
- Register your school <u>here</u>.

### Saving More Lives from Suicide Series

- This series is provided by <u>Croswaite Counseling PLLC</u> and is listed as appropriate for mental health professions and healing professionals only.
- "What you'll get:
- Best practices and interventions to use with clients
- Role play demonstrations to show the techniques in action
- Downloadable safety plan template, resource lists, and question lists for when you don't know what to ask"
- Cost: \$127.00
- You can view more information and access the registration <u>here</u>.

# **NATIONAL TRAININGS and EVENTS**

### SAVE THE DATE 2020 Blueprints Conference - National Conference Held Locally!

- Blueprints "helps you easily identify evidence-based programs that help young people reach their full potential. Get ahead of serious challenges that influence children's success with programs that have the highest standards for promoting prosocial behavior, academic success, emotional well-being, physical health and positive relationships." Blueprints programs are rated by the Center for the Study and Prevention of Violence at CU, Boulder.
- This is sponsored by <u>Blueprints</u>, <u>Functional Family Therapy</u>, and <u>MST Services</u>.
- <u>April 27 29, 2020</u>
- Where: Westin, Westminster, Colorado
- You can view the 2018 presentations <u>here</u>.

# **CURRENT GRANT OPPORTUNITIES**

NEW Tony Grampsas Youth Services Program Request for Applications

- This funding opportunity is from the <u>Colorado Department of Human Services (CDHS)</u>.
- Application Deadline is December 23, 2019.
- What: "The <u>Tony Grampsas Youth Services (TGYS)</u> Program is a statutory program providing funding to local organizations for prevention, intervention, and education programs for children, youth, and their families designed to prevent youth crime and violence, youth marijuana use, and child abuse and neglect."
- View more information and apply <u>here</u>.

### NEW K-5 Social-Emotional Health Pilot Program

- This funding opportunity comes from the <u>Colorado Department of Education (CDE)</u>.
- "The intent of the K-5 Social-Emotional Pilot Program is to place a team of school mental health professionals in every pilot program school and will allow the team, in partnership with classroom teachers, to provide needed support for young students and their families at a critical time in their education."
- View more information <u>here</u>.

# Colorado Statewide Education and Funding Initiative

- This opportunity comes from <u>Colorado Parks and Recreation Association</u>, <u>GameTime</u>, and <u>PlayCore</u>.
- "GameTime, along with PlayCore's Center for Outreach, Research & Education, will provide statewide professional development and up to \$1.5 million in matching funds to assist agencies in Colorado to create play and recreation destinations that have been thoroughly reviewed to align with research-based best practices."

• View more information and application requirements <u>here</u>.

#### BEST Grant Announcement for FY20-21

- This grant is being offered through the <u>Colorado Department of Education (CDE)</u>.
- "The grant is available to school districts, charter schools and institute charter schools, BOCES, and the Colorado School for the Deaf and Blind."
- The application will become available in January 2020.
- You can access more information <u>here</u>.

#### Ninth Grade Success Grant Application to be Released

- This grant comes from the <u>Colorado Department of Education (CDE)</u>.
- "This new grant program provides funding to local education providers and charter schools to assist students enrolled in ninth grade to develop the skills they need to successfully persist in graduating from high school."
- "Charter Schools (authorized by a school district or the state Charter School Institute) and Local Education Providers (LEPs) that serve students enrolled in grades nine through twelve are eligible to apply for this opportunity."
- View more information and access the necessary documentation <u>here</u>.

#### LiveWell Grants Available

- <u>LiveWell Colorado</u> currently has a variety of grants available for schools.
- You can view a list of current funding opportunities <u>here</u>.

### **RESOURCES and INFORMATION for Pre K-12 Schools**

NEW Preventing Suicide in Yup'ik Youth

- This resource comes from the <u>Suicide Prevention Resource Center (SPRC)</u>.
- "A community-based intervention that promotes culturally generated reasons for life and sobriety may be a useful tool to protect Alaska Native youth from suicide risk, particularly when implemented at a greater intensity."
- View more information <u>here</u>.

#### NEW New Tip Sheet on Psychological First Aid

- This tip sheet comes from the <u>Readiness and Emergency Management for Schools (REMS) Technical</u> <u>Assistance (TA) Center</u>.
- This is "an evidence-informed intervention model to assist students, staff members, and families in the immediate aftermath of a disaster or emergency event, and can be used by any trained staff member or school administrator."
- Access the tip sheet <u>here</u>.

### Botvin LifeSkills Training High School Program

- Botvin *LifeSkills Training* now has a program specifically designed for high school age students.
- "Highly interactive, skills-based program designed to promote positive health and personal development for youth in grades 9 or 10."
- Along with the program, they have resources such as <u>"Botvin Health Connections: E-cigarettes and Vaping- A new resource for addressing this health crisis"</u>
- Access more information on the program <u>here</u>.

Model School District Suicide Prevention Policy

- This model comes from the <u>National Association of School Psychologists (NASP</u>), the <u>American</u> <u>Foundation for Suicide Prevention</u>, the <u>American School Counselor Association</u>, and <u>the Trevor</u> <u>Project</u>.
- "The guidebook contains best practices in suicide prevention, intervention and postvention policies for K-12 schools."
- View more information and the policy <u>here</u>.

Guide on the Role of Districts in Developing High-Quality School Emergency Operations Plans

- This guide comes from the <u>Readiness and Emergency Management for Schools (REMS) Technical</u> <u>Assistance (TA) Center</u>.
- This guide was developed "to support administrators, educators and planning teams at schools and school districts in developing high-quality school emergency operations plans (EOPs)."
- View more information and access the guide <u>here</u>.

Report: Student Social and Emotional Competence Assessment: The Current State of the Field and a Vision for Its Future

- This report comes from <u>CASEL</u> and <u>Rush University Medical Center and xSEL Labs</u>.
- "The report describes the accelerating growth and demand for SEL assessments and envisions the conditions for continued progress."
- View the report <u>here</u>.

# **INSTITUTIONS OF HIGHER EDUCATION**

### **NEW 2020 NASPA Strategies Pre-Conference Institute**

- The institute is being held by <u>StopHazing</u> and <u>NASPA</u>.
- When: January 15, 2020.
- Where: New Orleans, Louisiana
- What: "A foundational understanding of campus hazing and its prevention, with a particular emphasis on building capacity and engagement, is the focus of this pre-conference session which will provide an overview of the Hazing Prevention Framework (HPF), key indicators of the HPF components, the research base supporting it, along with promising strategies for campus hazing prevention."
- View more information <u>here</u>.

#### Fact Sheet Series on Flood Preparedness

- This fact sheet comes from the <u>Readiness and Emergency Management for Schools (REMS)</u> <u>Technical Assistance (TA) Center</u>.
- "The fact sheet describes how to incorporate flooding in emergency management planning and the six-step planning process, provides flood-related preparedness activities for education agencies before, during, and after a flood emergency; and lists key resources to support flood planning efforts."
- You can access the information <u>here</u>.

# Follow the Colorado School Safety Resource Center on Twitter

- For the latest school safety information between monthly E-Updates, follow @CoSSRC on Twitter.
- Featuring daily updates on new research, resources, upcoming trainings, and Center activities.

# Follow us on Twitter

THE CSSRC IS AVAILABLE to any pre-K through higher education school to assist in your school safety planning. Our mission is to provide *no-cost consultation, resources, training and technical assistance* that can help you create a safe, positive, and successful school. We can customize a variety of trainings for your school safety and crisis planning teams or your school staff as you plan and train this school year. We invite you to continue monitoring our website (www.Colorado.gov/CSSRC) for the latest school safety information and upcoming trainings. Call us at: 303-239-4435.



# Thank you for supporting safe and positive schools in Colorado!

Colorado School Safety Resource Center 700 Kipling Street #1000 Denver, CO 80215 303.239.4435 Fax: 303.239.4510 Email: <u>CDPS\_School\_Safety\_Center@state.co.us</u> Website: <u>www.Colorado.gov/CSSRC</u> Supporting Safe and Positive Colorado Schools