



December 2018

E-UPDATE FROM CSSRC ~ You are receiving this email as a subscriber of the Colorado School Safety Resource Center's (CSSRC) listserv. E-Updates from the CSSRC will contain the most current information about the Center's activities and resources, as well as other school safety efforts throughout the state of Colorado and relevant national resources. **Please forward this to others on your email list that have an interest in supporting safe and positive schools in Colorado. They may register for this listserv on our website www.Colorado.gov/SchoolSafetyResourceCenter or www.Colorado.gov/CSSRC.**

THE DIRECTOR'S CORNER

Greetings: Here is a quick update on the school safety grants:

- **SAFER Grant (interoperability) SB18-158:** Applications are due by **Monday, December 3rd** at 5:00 PM. However, this is a six-year opportunity so if your district was not able to apply this year, the next round will be held in spring 2019.
- **School Security Disbursement SB18-269:** Applications are available [here](#) and will be due by **Saturday, January 5, 2019 (as specified in the legislation)**. Optional technical assistance call information is below:
 - **Monday, December 3, 2018 from 1:00 until 2:30 PM**
 - <https://meet.google.com/wvn-ecuv-cew>
 - or call: 1-408-883-9168 PIN: 556751#
 - **Thursday, December 13, 2018 from 9:00 until 10:30 AM**
 - <https://meet.google.com/wvn-ecuv-cew>
 - or call: 1-408-883-9168 PIN: 556751#
 - This is only a one-time opportunity and the technical assistance calls can help make the process easier.
- These grants are being managed by our partner Austin Geddes of the Division of Homeland Security & Emergency Management in the Colorado Department of Public Safety.
- Please contact Austin directly with any questions: (austin.geddes@state.co.us) **Good Luck!**

I would also like to take this time to wish you and your family a lovely holiday season. The Center staff are very appreciative of all the wonderful school personnel with whom we get to interact. We know the awesome job everyone does educating and keeping the students of Colorado safe. We trust you will relax and rejuvenate over the holiday break.

Kindest regards,

Chris Harms



COLORADO SCHOOL SAFETY RESOURCE CENTER NEWS

School Safety Steps:

The final step before actually writing the base section of your Emergency Operations Plan is identifying courses of action. Courses of action identify for each threat, hazard, or vulnerability, the what, who, when, where, why, and how. Courses of action include criteria for determining how and when each response will be implemented under a variety of circumstances. Subsequently, the planning team develops response protocols to support these efforts. Courses of action are typically developed by:

- Depicting a scenario based on the threats, hazards, and vulnerabilities. (Set the scene for your planning team.)
- Determining the amount of time available to respond. (Is it mere moments or hours? i.e. an intruder or storm.)
- Identifying decision points that indicate when leaders anticipate making decisions. (Snow closure at 3" or at 12"?)
- Developing courses of action to achieve the goals and objectives by answering the following questions:
 - What is the action? (Call a lockdown.)
 - Who is responsible for the action? (First staff member who observes the intruder.)
 - When does the action take place? (ASAP)
 - How long does the action take and how much time is actually available? (Minutes/zero)
 - What has to happen before? What happens after? (Planning, drilling & awareness. Police response.)
 - What resources are needed to perform the action? (Intercom or panic alarm system.)
 - How will this action affect specific populations? (May have difficulty performing action, hearing/vision.)
- Selecting the courses of action based on cost and benefit comparison.

Planning for specific populations. Plans must comply with the Americans with Disabilities Act. Among other things, school emergency plans must address the provision of appropriate auxiliary aids and services to ensure effective communication with individuals with disabilities (e.g., interpreters and accessible information technology); ensure individuals with disabilities are not separated from service animals and assistive devices, and can receive disability-related assistance throughout emergencies (e.g., assistance with evacuation, administration of medications); and comply with the law's architectural and other requirements. (Information about the Americans with Disabilities Act (ADA) is available at <http://www.ada.gov>.)

Brad Stiles, CSSRC Emergency Response Consultant: brad.stiles@state.co.us or call 303.239.4321 to reach Brad directly.

CSSRC Updates

NEW Facilitator's Guide to Sexting What You Need to Know

The Center's online course for juveniles, [Sexting: What You Need to Know](#), has been available since May of this year.



- A Facilitator's Guide to break down the course and teach it in units is now downloadable--free of charge--on our website. Specifically, the guide divides the lesson into topics including healthy relationships, an analysis of the juvenile sexting law, and risks and consequences of the behavior.
- Accompanying screencasts, pdfs, and activities are included.
- A comprehensive listing of available resources for educators can be found on the Center's website under "Supplemental Course Resources" on the course web-page [HERE](#).

School Mental Health Professionals Meeting Update

The CSSRC has been periodically inviting school mental health professionals to meet and discuss current

concerns in the schools. Recently, we met with about 15 professionals both in-person and on the phone to discuss the recent rash of youth suicides. Below are some of the takeaways from that meeting:

- Districts are using a variety of approaches to educate staff, students and to a lesser degree parents. More quick info sent home to **parents** would be helpful. You can access the Parent Awareness Series: Talking to Your Kids About Suicide [here](#). You can access the Suicide Prevention Resources for Parents/Guardians/Families [here](#).
- A number of those present talked about the **stress that students are feeling and the need for schools to teach skills for handling that stress.**
- It was also pointed out that the research tells us that one of the biggest risk factors for students is a **lack of sleep**. Encouraging students to ramp down their schedules and get more sleep would be most helpful.
- Most districts are relying upon the **Colorado Crisis Services** which are able to respond at varying degrees of success. If you have any issues with CCS, please let Mary Hoeffler, the Director of the program at the Colorado Department of Human Services know. Information about when/where any glitches occur will help Mary rectify issues and also allow her to keep track if the system is not robust enough so she can report back to the legislature so that perhaps at some time in the future, more funds will be devoted to this. (Mary Hoefler: mary.hoeffler@state.co.us, her phone is 303.866.7518)
- A number of folks have been able to create Memoranda of Understanding with their local hospitals so that the hospitals will get parent permission to share information about a student when that student returns back to the school. We are planning a workshop on this for the next Suicide Symposium (TBD).
- Finally, it was requested that the Center create a master list of mental health related trainings so that everyone has access to others who might help train your staff. The CSSRC is in the process of doing this.

COLORADO SCHOOL SAFETY RESOURCE CENTER TRAINING

Student/Staff Safety Summits - Registration Now Open

- **We just conducted our first Student/Staff Summit of the year last week in Grand Junction. What a wonderful day it was! Students were captivated by the two-hour keynoter and shared incredible insights and suggestions about issues of school safety within the discussion groups. The results of all three summits will be on the CSSRC website and linked in the January E-Update. Don't miss this opportunity for your students and staff!**
- These summits are designed for middle & high school student and staff interaction. Staff might include administrators, mental health professionals, SROs, teachers and support staff.
- **International keynote presenter will be Sameer Hinduja** (Cyberbullying Research Center) in Fort Morgan and Pueblo.
- **When and Where:**
 - **Fort Morgan: Tuesday, December 11, 2018, Morgan County Community College 920 Barlow Rd, Fort Morgan, CO 80701 [REGISTER](#)**
 - **Pueblo: Thursday, December 13, 2018, Pueblo Community College 900 W Orman Ave, Pueblo, CO 81004 [REGISTER](#)**
- **Cost:** There is no charge for these workshops in an effort to make these available to ALL schools.
- You can view the flyer [here](#) along with more information about student/staff ratios for the workshops.
- You can view the current agenda [here](#).

Threat Assessment Symposium - Registration Now Open (and is filling quickly!)

- **Peter Langman, Ph.D., author of *Why Kids Kill*** will present a morning workshop on the psychology behind school shooters. This will be followed by an afternoon presentation on **Digital Threat Assessment** - mining social media when you are worried about a student who might be at-risk. **Bring your laptops!**

- This event is being held for one day only!
- **When: Tuesday, February 5, 2019, 7:45 am - 3:30 pm**
- **Where: The Conference Center at Adams 12 Five Star Schools 1500 E. 128th Avenue, Thornton CO**
- **Cost: \$50/person (plus a nominal registration fee)**
- You can view the flyer [here](#).
- You can view the current agenda [here](#).
- Register [here](#).

NEW Child Sexual Abuse Prevention Conference - Registration Now Open!

- The plenaries' focus this year will be on the influence of culture and media on sexual harm. Individual workshops will cover risk factors for trafficking, K-12 Title IX (watch for big changes!), teen dating violence prevention, best school policies for child sexual abuse prevention and response, barriers to reporting, and a panel on the creation of a comprehensive school prevention model.
- **When: Thursday, April 4, 2019, 8:00 am - 3:30 pm**
- **Where: The Lowry Conference Center, 1061 Akron Way, Building 697, Denver, CO**
- **Cost: \$50/person (plus a nominal registration fee)**
- [Register here](#).

CURRENT EVENTS AND ANNOUNCEMENTS

New Title IX Proposed Regulations Released:

Title IX is the federal law that prohibits discrimination on the basis of sex in education programs and activities that receive federal financial assistance (K through higher education). The definition of "discrimination" has been interpreted to include sexual harassment and assault. On November 29, 2018, the U.S. Department of Education published proposed regulations to finalize the repeal and replacement of previous guidance under the current and previous administrations. A [one-page fact sheet](#) provided by the Department is available, as well as [section-by-section summaries](#). The Department has invited those who work at schools to consider how the changes might impact safety, and comment on the proposed changes to definitions and procedures. Responses to the proposals must be received by **January 28, 2019**. Instructions on the comment procedure are found [HERE](#).

CSSRC ONLINE COURSE OFFERINGS & ARCHIVED PRESENTATIONS

Suicide Risk Factors and Warning Signs

- This is a new course designed for ALL SCHOOL Staff so they recognize warning signs and risk factors for suicide and report a student of concern to a school mental health professional as soon as possible.
- Once completed, staff will receive a certificate for continuing education hours.
- The course can be accessed [here](#).

To view all online courses, click on the link below.

- [Link to CSSRC online course offerings](#)
- [Click here to see Live Streams of all previous keynote addresses](#)

WEBINARS and OTHER ONLINE LEARNING COURSES for K-12 & IHE

NEW Addressing the Intersection of Juvenile Justice and the Opioid Epidemic with Multisystemic Therapy (MST)

- This webinar is provided by [Multisystemic Therapy \(MST\)](#) and the [Coalition for Juvenile Justice](#).
- **When: December 12, 2018, 1:00 pm - 2:00 pm**
- **What:** "This webinar will focus on the intersection of the opioid epidemic with the juvenile justice and child protective systems and how prevention strategies and clinically proven interventions, such as Multisystemic Therapy (MST), can work together to help reduce substance abuse among youth and caregivers."
- Register [here](#).

OTHER COLORADO TRAININGS and EVENTS

Updated Website - Colorado Human Trafficking Council



- Check out the redesigned website of our partners at the [Colorado Human Trafficking Council](#). At the core of the website revamp is a new suite of tools for professionals.
- The website features a Training Page where individuals and organizations can request the Council's training programs, free of charge, anywhere in the state.
- The new website provides a few avenues for people to get involved with the issue.
- The new site hosts a calendar of anti-trafficking events in the state, as well as information on the regional collaborations working on this issue in different Colorado communities.

Applied Suicide Intervention Skills Training (ASIST)*

- This training is sponsored by [Douglas County School District](#), [Douglas County Sheriff's Office](#), [Douglas/Arapahoe Suicide Prevention Alliance \(DASPA\)](#), [Douglas County Government—Philip S Miller Grant](#), [Rotary Club Castle Pines](#), and many other community sponsors.
- **When:**
 - Jan 31-Feb 1
 - April 10-11
 - May 30-31
 - September 10-11
 - October 23-24
- **Where:** Douglas County Sheriff's Office — Highlands Ranch Substation, 9250 Zotos Drive, Highlands Ranch, CO 80129 (Highlands Ranch Pkwy/Ridgeline)
- **What:** Two-day workshop in suicide intervention skills. Learn and practice this life-saving intervention model that is widely used by professionals and the general public.
- View the flyer [here](#).
- Register by emailing Phyllis Harvey PHarvey@dcsheriff.net

***Please note - the CSSRC can conduct the ASIST training for the cost of materials at your district (about \$42/staff)**

NEW Colorado Autism Conference

- This conference is being held by the [Colorado Department of Education \(CDE\)](#) and [Colorado State University](#).
- **When:** June 4 - 6, 2019
- **Where:** Colorado State University, Fort Collins, Co
- **What:** "Our hope is that this forum will encourage educational innovators to share strategies that conference attendees can implement in their own schools, classrooms, homes and communities."
- Proposals are currently being accepted by clicking [here](#).

CURRENT GRANT OPPORTUNITIES

Public School Lead Testing Grant

- This grant is available through the [Colorado Department of Public Health and Environment \(CDPHE\)](#).
- **The grant was previously announced in May of this year, there are still funds available on a first-come first-serve basis.**
- An additional 51 grants totaling \$255,000 are still available and will be issued on a first-come, first-served basis, with testing needing to be completed no later than June 30, 2019.
- Review the information online [here](#).
- You can view the fact sheet [here](#).
- You can view the 2018 annual report [here](#).
- You can access the application materials below:
 - [2018 Announcement - request for applications](#)

- [Request for applications - guidance](#)
- [Application form](#)
- [Attachment 1 - Statement of work](#)

LiveWell Grants Available

- [LiveWell Colorado](#) currently has a variety of grants available for schools.
- You can view a list of current funding opportunities [here](#).



Parents for Healthy Kids Wellness Kit Program

- This program is offered by the [Action for Health Kids \(AFHK\)](#) and the [Colorado PTA](#).
- You can find information on the program including how to apply [here](#).
- The application deadline was October 1, 2018, but they are still accepting applications from Jeffco Schools. If you are interested, contact Denise Marques at dmarques@actionforhealthykids.org for information on applying.

RESOURCES and INFORMATION for Pre K-12 Schools

NEW Exercise Starter Kits

- The starter kits are provided by the [Department of Homeland Security's Office of Academic Engagement \(OAE\)](#).
- This was created for the K-12 community focused on an active shooter incident as part of the [Campus Resilience \(CR\) Program](#).
- You can view an information page on the toolkit [here](#) and access the toolkit request form [here](#).
- There are other CR Programs available [here](#) for "institutions of higher education (IHE) and focus on a cyber breach, hurricane, and active shooter incident."

The Jack Splitt Memorial Resource Bank

- This resource is provided by the [Colorado Department of Education \(CDE\)](#).
- "This resource bank provides public schools in Colorado the tools necessary to help address marijuana in the age of legal recreational use for adults."
- You can view more information on the resource bank [here](#).

Submitted Question: "Would Year-Round School Decrease the Number of Student Suicides?"

- A school staff professional recently contacted the School Safety Resource Center to inquire whether switching to a year-round school calendar might cause a change in child and teen suicide? There is not one uniformly accepted answer to this question, but after conducting research, the CSSRC found the following studies and articles that attempted to answer this and related questions. We thought others would be interested as well:
 - [Back to School Blues: Seasonality of Youth Suicide and the Academic Calendar](#)
 - [Study Shows Teen Suicide Spike When School is in Session](#)
 - [Children's and Teen's Suicides Related to the School Calendar](#)

Creating Trauma Informed Drills

- This resource is provided by [The National Child Traumatic Stress Network \(NCTSN\)](#).
- This resource "provides information to schools about how to create a trauma-informed active shooter/intruder drill. This fact sheet outlines the steps to take before, during, and after for students, school staff, and parents."
- Access the resource [here](#).

No Place for Hate 2018-2019 Registration is Now Open

- This initiative was developed by the [Anti-Defamation League \(ADL\)](#).
- "The Initiative is designed to rally an entire school



around the goal of creating a welcoming community committed to stopping all forms of bias and bullying.”

- The initiative is currently open to K-12 schools in Colorado, Wyoming and New Mexico.
- Registration is open [here!](#)
- You can view more information on the initiative [here](#).

INSTITUTIONS OF HIGHER EDUCATION

SART Toolkit: Resources for Sexual Assault Response Teams

- This toolkit is provided by the [Office for Victims of Crime \(OVC\)](#).
- “The SART Toolkit is a resource both for communities considering a SART response and communities that already have a coordinated response but want to make it better.”
- You can access the toolkit and more information [here](#).

Beyond Awareness: Student-Led Innovation in Campus Mental Health

- This resource is provided by [Mental Health America \(MHA\)](#).
- This resource is a summary report from the [Collegiate Mental Health Innovation Council \(CMHIC\)](#) and incorporates “research, members' perspectives, and members' programs.”
- You can access the summary report [here](#).

Hazing Prevention Toolkit

- This toolkit is provided by the [Clery Center](#), Stop Hazing, and the [Hazing Prevention Consortium](#).
- You can access the toolkit [here](#).

Follow the Colorado School Safety Resource Center on Twitter

- For the latest school safety information between monthly E-Updates, follow [@CoSSRC](#) on Twitter.
- Featuring daily updates on new research, resources, upcoming trainings, and Center activities.



[Follow us on Twitter](#)

THE CSSRC IS AVAILABLE to any pre-K through higher education school to assist in your school safety planning. Our mission is to provide ***no-cost consultation, resources, training and technical assistance*** that can help you create a safe, positive, and successful school. We can customize a variety of trainings for your school safety and crisis planning teams or your school staff as you plan and train this school year. We invite you to continue monitoring our website (www.Colorado.gov/SchoolSafetyResourceCenter or www.Colorado.gov/CSSRC) for the latest school safety information and upcoming trainings. **Call us at: 303-239-4435.**



COLORADO
School Safety Resource Center
Department of Public Safety

Thank you for supporting safe and positive schools in Colorado!

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Supporting Safe and Positive Colorado Schools