

NAME _____ DOC# _____

MONTH _____ YEAR _____

Evaluation Form for Personal Change

	1	2	3	4	5	Score
Knows victim pool and grooming behavior	Describes <u>less</u> information than is in the diagnostic summary under sex history	Describes only what is in the diagnostic summary under sex history	Describes what is documented <u>but</u> outlines specifics of the behavior	Describes additional offense behaviors than what is known from the diagnostic summary	Passed sex history polygraph	1. _____
Coping skills to interrupt cycle	Some coping skills identified. Will maintain them in high risk situations	Has identified one realistic coping skill for each section of cycle	Has identified two realistic coping skills in at least two sections of the cycle	Has identified 3 or more realistic coping skills in at least 2 sections of the cycle	Has identified 3 or more realistic coping skills in each section of the cycle	2. _____
Plan for positive living	Plan out him in high risk situations	Plan keeps him out of high risk situations but is unbalanced. Too much time in one area such as work	Plan is balanced but does not address a variety of positive options	Plan is balanced and addresses a variety of positive options	Plan is balanced but has no free time activities from morning to night	3. _____
Identification of community support systems	Cannot identify a community support person	Identify support person who is involved in high risk behavior or is in denial of the inmate's problem	Can identify one stable support person who is not in denial of the inmate's problem areas	Can identify 2 stable support persons	Can identify 3 or more stable support person/support system	4. _____
Proposed parole conditions	No proposed parole conditions	Proposed conditions do not address high risk behavior	Has 1 proposed condition that addresses high risk behaviors	Has 2 proposed condition that addresses high risk behaviors	Has 3 or more proposed condition that addresses high risk behaviors	5. _____
Recognizes when to ask for help	Does not have any plans to ask for help	Has 1 place in his plan where he/she asks for help	Has 2 places in his plan where he/she asks for help	Has 3 places in his plan where he/she asks for help	Has 4 or more places in his plan where he/she asks for help	6. _____