



EPIC – Evidence-Based Practices Implementation for Capacity

Activity Title: Reflection Tic Tac Toe Training in Lakewood April 7-8, 2015

Developed By: The Generalists MI 102

Skill Practiced: Reflections

Time Frame: 15-20 minutes

Activity Objective

- Isolate skills of reflections, three reflections in a row wins.

Necessary Materials, Equipment, Handouts

- Tic Tac Toe Board
- Colored Markers (2 Colors needed)
- Cards (have topics to discuss or criminogenic needs to start the conversation)

Facilitator Instructions

- Groups of three (Speaker, two players)
- Players use "R" instead of X or O to mark your spot on the board
- Speaker draws a card from pile to start the conversation
- Players take turns using only reflection to respond until some gets three in a row on the tic tac toe board

Additional Notes

Use rock, paper, scissors to see who goes first.

You can use any skills that you would like to isolate such as affirmations, or open questions etc.