



CoP Exercise

Activity Title: That “DARN”Change Talk Football
“Team Motley Crew”

Developed By: GJ 2015

Skill Practiced: Change Talk

Time Frame: 30 minutes

Activity Objective

- Listen for change talk

Necessary Materials, Equipment, Handouts

- Football Field
- Color Markers for each team
- Drumming for Change Talk Statements

Facilitator Instructions

- Each team starts on the 20 yard line
- Flip a coin to see who goes first
- Facilitator/referee reads one Drumming for Change Talk Statement
- Players move accordingly

Additional Notes

- Each correct answer = 10 Yards
- Recognizing DARN in Change Talk = 5 Yards
- Sustain Talk = 10 Yards
- Interception = 5 yards
- Score = 6 points
- DARN= extra point