



EPIC – Evidence-Based Practices Implementation for Capacity

CoP Exercise

Activity Title: "Have you Ever"

Developed By: GJ 2015 "The Misfits"

Skill Practiced: Ice Breaker

Time Frame: 15-20 minutes

Activity Objective

- Get the group practicing basic skills and comfortable with the group in a fun way.

Necessary Materials, Equipment, Handouts

- Paper, or colored card stock

Facilitator Instructions

- Each participant takes a half sheet of paper
- Participants form a circle somewhere in the room and places their sheet of paper as a marker for their spot
- Facilitator starts in the middle of the circle and says "have you ever____"
- If any participant has ever done the "thing" they must move to another spot in the circle that has an open marker
- The participant that does is not standing on a marker is now the person in the middle of the circle and makes a new statement "have you ever____"

Additional Notes

- You cannot move to the open marker directly next to you on either side
- You must use something you have actually done when you are in the center of the circle and making the "have you ever ____" statement