



# JAIL/JET Community Justice Service Transition Reentry

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# JET

## Jail Education & Transition Program

The goal of the Jail Education and Transition Program (JET) is to prepare inmates to reenter the community safely and as productive members of their communities and families.

The JET Program has made changes implemented in January 2013 to become more deliberate in the delivery of services to participants housed at the Boulder County Jail.

JET has developed programming which matches the curriculum to where the person is in their motivational stage of change.

# New JET Programming

## Why the change?



- Phases of programming are aligned with Stages of Change
- Classes and services tailored to inmates needs
- Consistent with jail operations and safety procedures
- Integration of community service providers
- Ability to serve more inmates



# Four Phases Program

## Phasing of Transition Reentry Program

- The new Phase program provides classes to people housed in two separate modules, with module placement being consistent with their stage of change.

This implementation increases programming to 106 participants, an increase of 30 percent from previous class structure.

- Inmates participating in programming have the ability to move from one Phase to another once they have completed core classes and have arrived at the next stage of change.
- The final stages of programming are consistent with the “Action” stage where inmates create a reentry plan that works towards their release date.

# Phase I: 64 Transitions Inmates

- People entering this Phase will be in the Pre-contemplative or Contemplative stage (Stages of Change). It allows all groups to be housed together.
- There is an assessment completed for acceptance into the program. These participants are held to a higher standard of behavior.
- Inmates who continue to practice their criminal behavior will be sent back to medium or maximum modules, based on their classification level.
- Everyone in this module will take Core classes for Transitions or JBBS to assist them in “Creating Awareness” for Change (Stages of Change and Motivational Interviewing).

# Classes in Phase I

- English as a Second Language
- GED- and all preparatory classes
- PTSD
- Abriendo Puertas
- Addictions and Substances
- AA
- Behavioral Health
- Brave Living with others/Addiction class
- Change Plan
- Criminal Addictive Thinking
- Co-Dependency
- Denial

- Domestic Violence Education
- Getting Started English/Spanish
- Handling Difficult Emotions
- IDEP
- Illness Management & Recovery
- Level II Alcohol Education
- Maintaining Positive change
- Math
- Parenting
- Red Flags
- Roots and Shoots
- Socialization
- Victim Impact
- Yoga



## Phase II: Transition

- Inmates who successfully complete Phase I can start Phase II after the first 45 days of being in Phase I, or when they are ready based on the stages of change.
- Inmates entering this phase are in the Purpose/Planning and The beginning of the Action Stage of Change.
- The goal of this phase is to help inmates continue their Action stage of change, gaining knowledge and skills to prepare for reentry into the community.
- Once they have completed this phase they are eligible to move to Phase III.



# Classes in Phase II

- AA
- Book Club
- Coping Skills
- GED
- Getting Close to Getting Out
- Graphic Design
- Guilt
- Language Classes
- Manage Your Anger and Other Emotions
- Meditation
- Mindfulness
- Personal Finance Planning
- Peer Relationships
- Social Values
- 7 Habits for Highly Effective People
- Self Control
- Self Worth
- Shame
- What Are Feelings
- Writing skills
- Yoga



# Phase III: Community Workers

- The goal of this phase is to give inmates an opportunity to apply knowledge and skills gained from earlier phases.
- Sentenced inmates with no holds are eligible for this phase.
- Students participating in this phase can be in work release or work directly in the community.
- Instructors help inmates prepare for reentry into the community with focus on relapse prevention, release and reintegration, employment skills, and making sure they have identification documents.
- Community service agencies provide inreach to establish connections for reentry into the community.



# Classes in Phase III:

- Release and Reintegration
- Relapse Prevention
- Access Documents
- Employment skills
- In-Reach
- AA



# Phase IV: One Stop Reentry

- Boulder County Reentry Council started over four years ago with the idea of helping offenders from the Transition program stay in the community. There is a 72 hour window where an offender exits the jail and is at their most vulnerable to recidivate if no support is provided. Basic needs can be set into place in advance. With this knowledge the council has developed a One Stop Shop.
- People exiting the jail have access to services at the onset of their release. This allows someone who is getting out of jail the ability to see someone in person, help navigate the maze of resources available to them and allow easier access to service agencies already established in the community.
- Council members working at the center will help make appointments, discuss goals to help the client maintain their newly acquired freedom, sobriety, mental health medications etc.



# Benefits:

- Inmates are more prepared with skills to reenter the Community.
- Integration of community providers to promote access to services. Eliminate the fear factor of returning to the community.
- Collaboration among the providers to work smarter with an individual.
- Networking among the providers to better support each other
- Utilize what is already setup in the community of Boulder County. Navigating what's available, but not duplicating.
- Keep people in the community, working toward healthy lifestyles.



# Phase IV: Collaborative Network

## Community Re-Entry Council Stake Holders

- Non-profit Agencies
- Government Agencies
- Community members