



Applied Suicide Intervention Skills

2015 workshop dates:

February 5-6

April 14-15

June 4-5

September 29-30

November 17-18

Workshop Fees:

\$50 Community Member

\$25 DASPA Member

Fees subject to change

(\$300/participant value)

Made possible by the following partnerships:

- Douglas County School District
- Douglas County Sheriff's Office
- Douglas/Arapahoe Suicide Prevention Alliance (DASPA)
- Douglas County Government— Philip S Miller Grant
- Leadership Douglas County— Class of 2013 Project
- Many other community Sponsors.

TIME:

8:30— 4:30pm. **Attendance is mandatory for both full days.** Please arrive on time to complete registration process.

LOCATION:

Douglas County Sheriff's Office — Highlands Ranch Substation
9250 Zotos Drive, Highlands Ranch, CO 80129

REGISTRATION:

Completed via the Douglas County School District. www.dcsdk12.org
Click on the "C" (for Center for Professional Development-CPD). Click on CPD. Click on course catalog. If you do not have an account created, you will be prompted to do so. Select ASIST and the available courses will be listed.

Questions contact: Roxanne Derks, Roxanne.Derks@dcsdk12.org or 303-387-9508

Limited space available!

ASIST is a 2-day workshop designed to teach skills to confidently intervene with someone at risk of suicide. ASIST is a standardized suicide intervention program developed by LivingWorks Education, Inc.

Who should attend?

Any community member wanting to learn intervention skills, Parents, Grandparents, Teachers, School Resource Officers, Administrators, Nurses, Psychologists, Classified Personnel, Social Workers, Counselors, Church Staff, Doctors, First Responders: Police, Emergency, and Fire Department staff.

What will you experience?

- ◆ An understanding of your own attitudes and beliefs about suicide, an understanding of how attitudes affect intervention and a clear idea of your role as a caregiver;
- ◆ Develop skills necessary to use the Pathways to Assisting Life (PAL) model, including understanding what a person at risk needs from a suicide intervention caregiver;
- ◆ Practice using PAL model including understanding safety framework and developing keep safe plan;
- ◆ Become more ready, willing and able to intervene when someone is at risk of suicide;
- ◆ Engage in efforts to build collaborative school and community resources and networks for suicidal persons.

Resources:

<http://www.dcsheriff.net/yess/suicide-prevention/>
<https://www.dcsdk12.org/studentwellness/studentwellnesstopic/index.htm>
<http://www.dasuicideprevention.org/>



Aiming for Zero



Douglas/Arapahoe
**SUICIDE
PREVENTION
ALLIANCE**



www.livingworks.net