

# 2017 Staff/Student Safe Schools Summit November 8<sup>th</sup> Lowry Conference Center, Denver

8:00 AM - 8:10 AM Welcome

8:10 AM - 9:30 AM Keynote: Owning Up: Creating Cultures of Dignity in Your Community – Rosalind Wiseman

& Charlie Kuhn

Helping educators teach students to understand their individual development in group behavior, the influence of social media, and the dynamics that lead to discrimination and bigotry.

9:30 AM - 9:45 AM Break

# 9:45 AM - 11:15 First Break Out Sessions

- 1. [Room: 200B] Creating a Roadmap for the Digital World Dustin Hunter, MA, School Outreach Consultant, CSSRC Navigating the world of technology can be overwhelming without a road map. Join us for a discussion about technology and social media, their uses in educational settings, and how we can best educate each other on the benefits and risks.
- 2. [Room: 100A-C] Love Hurts but Dating Shouldn't: Teen Dating Violence Prevention -Margaret Ochoa, JD, Prevention Specialist, CSSRC

Data shows that too many of our students are engaged in unhealthy, even dangerous, relationships. This session gives you the data about the frequency with which teens enter into violent and/or abusive relationships, the indicators that they may be in trouble, and the impact on our communities. Proper response will be discussed, as well as positive peer upstander techniques.

3. [Room: 200A] Effective Communication and De-escalation Techniques - Brad Stiles, MA, Emergency Response Outreach Consultant, CSSRC

In this presentation we will talk about 10 tips for more effective communication and identifying angry or disruptive individuals. Participants will also learn some simple methods for de-escalating situations involving angry or disruptive individuals when they arise in a school. Participants will then have a chance to look at scenarios as a group and identify ways to better navigate troubling situations.

**4. [Room: 105] Suicide Prevention: Next Steps? –** *Christine Harms, MS, Director, CSSRC* Unfortunately, many of our schools have suffered student deaths by suicide. Share how your school has addressed this issue and help craft the next steps to keep everyone safe.

# 11:15 AM - 12:30 PM Lunch & Networking

## 12:30 PM - 1:45 PM Keynote: LGBTQ Students Deserve Safe and Inclusive Schools - Keri Smith, One Colorado

A majority, 88%, of lesbian, gay, bisexual, transgender, queer and questioning (LGBTQ) students in Colorado reported hearing anti-LGBTQ remarks from peers and school staff on a regular basis. Additionally, sexual orientation and gender expression remain two of the highest reported categories for identity-based harassment and assault in Colorado schools. There are many actions school communities can take to improve the safety and inclusion of LGBTQ students. This plenary session will review the work of One Colorado's Safe Schools Program; the experience of LGBTQ students; laws and policies protecting LGBTQ students;

1:45 PM- 2:00 PM Break

#### 2:00 PM - 3:30 PM Second Break Out Sessions

- 1. **[Room: 200B] Driving Safe When Distractions Abound Sergeant Shane Scovel.** *Colorado State Patro.*From cell phones and apps, burgers to make-up, and music to movies, we are all faced with numerous distractions out on the roads. In this session, we will be talking about the dangers of distractions and how we can best avoid them from behind the wheel.
- 2. [Room: 100A-C] Get the Whole Picture: Sexting, Teens, and the Law in Colorado Margaret Ochoa, JD, Prevention Specialist, CSSRC

Participants in this workshop will review how widespread sexting is in Colorado, and analyze the legal ramifications, as well as social, academic, and health impacts. The workshop will address the continuum of consensual, abusive, and exploitative uses of graphic imagery.

3. [Room: 105] See Something, Say Something: Addressing Threatening Behavior in Your School - Brad Stiles, MA, Emergency Response Outreach Consultant, CSSRC

In this interactive presentation, we will discuss what threatening behaviors are, different methods used to communicate threats and what schools and students can do when threats are made. Participants will work through several scenarios to determine how students can assist their schools in these situations. Groups will also tackle key questions, in order to bring solutions back to their school environments.

**4.** [Room: 200A] Creating Trauma-Sensitive Classrooms -- Ashley Brock-Baca, PhD, Colorado Department of Human Services, Office of Behavioral Health

One in four students in our classrooms have suffered trauma that may interfere with their academics. Learn ways to support traumatized children at school, both individually and to create a trauma-informed climate.

#### 3:30 PM Adjournment

Certificates of attendance are available at the registration desk when you submit your completed evaluations. Thank you!

Tel: 303-239-4435



#### **Presenters**

Workshop & Breakout Speakers in Alphabetical Order

# Ashley Brock-Baca, Ph.D.

Dr. Brock-Baca is a research psychologist focusing on interdisciplinary studies in the health and social sciences. She applies her expertise in neuroscience as a Project Manager at the Office of Behavioral Health, Colorado Department of Human Services.

### Christine Harms, M.S.

Chris Harms is a former public school teacher, private school administrator, psychotherapist and trainer with over 30 years' experience working with youth, professionals and parents. Chris has been the Director of the CSSRC since 2012.

# Dustin Hunter, M.A.

Dustin Hunter has had extensive experience with juveniles including work in the criminal justice system. Having served juveniles through a Senate Bill 94 committee, Dustin now works with school staff to assist students in having a safe and successful school experience. He joined the CSSRC as the School Outreach Consultant in August 2017.

#### Charlie Kuhn

Charlie Kuhn, together with Rosalind Wiseman, is a co-founder of Cultures of Dignity, which is dedicated to working with parents, educators, and young people to successfully navigate the social challenges of young adulthood.

## Margaret Ochoa, J.D.

Margaret Ochoa was an assistant county attorney advising social services in child protection matters prior to joining the CSSRC. She has been the Child Sexual Abuse Prevention Specialist for the Center since April 2016.

#### **Keri Smith**

Keri Smith is the Program Manager for One Colorado. With an extensive background in educational justice, youth empowerment, and community advocacy in the state of Colorado, Keri brings years of diverse experience and an indepth understanding of the unique climates and needs of Colorado's school communities. As Program Manager, Keri is responsible for the strategic implementation of One Colorado's programs that work to create safe and inclusive schools for LGBTQ students.

# Brad Stiles, M.A.

Brad Stiles has served in the military and law enforcement and holds an advanced degree in emergency management. He joined the CSSRC as the Emergency Response Outreach Consultant in November 2013.

## **Rosalind Wiseman**

Ms. Wiseman is the author of *Queen Bees and Wannabes: Helping Your Daughter Survive Cliques, Gossip, Boyfriends, and the New Realities of Girl World*—the groundbreaking, fully revised edition of her best-selling book that was the basis for the movie Mean Girls. Wiseman is an internationally recognized expert on children, teens, parenting, bullying, social justice, and ethical leadership.

## **Colorado State Patrol Troopers**

Tel: 303-239-4435