

## CSSRC Resource Review

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**Review Date:** 7/3/13

**Name/Title:** Mental Health.gov

**Author:** U.S. Department of Health and Human Services

**Media Type:** (Book, CD, Flyer, Poster, Website, etc) website

**Publisher/Supplier:** U.S. Department of Health and Human Services

**Publication Date:** June 2013

**Re-order Source:** [www.mentalhealth.gov](http://www.mentalhealth.gov)

**Language:** English

**Usefulness Rating:**

1. Excellent
2. Good XX
3. Fair
4. Poor
5. Rated by: (CSSRC staff member) Alice
6. Comments:
  - a. As part of President Obama's initiatives to raise awareness and improve care for Americans with mental health issues, this website was created in 2013 to help all Americans better understand mental health.
  - b. This website contains brief, easy to read information about mental health. It includes descriptions of mental health disorders, myths and facts aimed at addressing stereotypes, a treatment locator, videos of people sharing mental health stories, and discussion forums.
  - c. There are sections with tips for educators and for parents and caregivers of children. Information includes signs of mental health problems, what adults in different roles can do to help children with suspected mental health issues, and how to create environments supportive of the mental health of all youth.
  - d. This website is potentially a great resource for school personnel who need a basic awareness of mental health issues. Parents can benefit from the information for themselves or their children.

**Category:** (Prevention, Preparedness, Response, Recovery, Promotional Item) Prevention, Response, Recovery

**Topic:** (Bullying, Substance Abuse, Threat Assessment, etc) Mental Health



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**Audience:** (Administrators, Counselors/Psychologists/Social Workers, Emergency Responders, Health Professionals/Nurses, Law Enforcement/SROs/Security, Parents, Teachers, Other School Personnel) All, especially parents and teachers

**Intended Age Group:** (pre-K, elementary, middle, high, higher education) all

**Cost:** 0

**Additional Comments:**

