

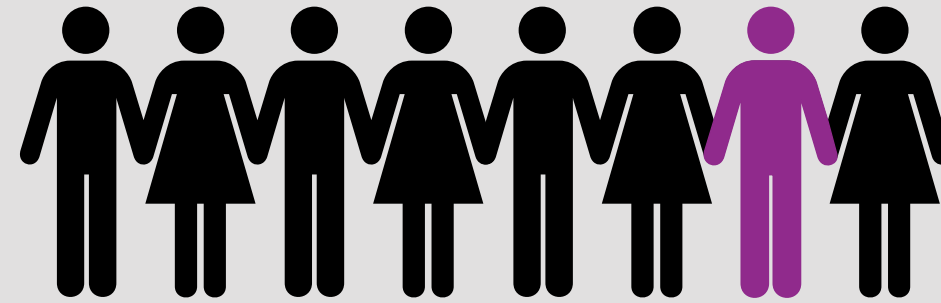
NOW'S A GOOD TIME TO TALK

about alcohol and
marijuana

Speaknow!

www.SpeakNowColorado.org

Talk with your kids about
the dangers of teen drinking.



1 in 8

Colorado high school students reported
both binge drinking and using marijuana
in the same month.¹



WHAT'S BINGE DRINKING?

Binge drinking is
consuming five or more
alcoholic drinks
in a row.



MARIJUANA TODAY

The average amount of
THC – marijuana's
psychoactive chemical –
has doubled in the
past 10 years.²



MIXING ALCOHOL AND MARIJUANA

Mixing can
enhance the effects
of both drugs leading
to dangerous levels
of intoxication.³

cdhs
Colorado Department of Human Services
people who help people



Substance Abuse and Mental Health Services Administration
SAMHSA
www.samhsa.gov 1-877-SAMHSA-7 (1-877-726-4727)

¹ 2011 Healthy Kids Colorado Survey. ² National Institute on Drug Abuse - Marijuana Project. Quarterly Report: Potency Monitoring Project. Report 104.
³ Northeastern University Office of Prevention & Education. Alcohol and Marijuana Interactions. http://www.northeastern.edu/open/AlcoholDrugs101/top_two.html