

August 2019

E-UPDATE FROM CSSRC ~ You are receiving this email as a subscriber of the Colorado School Safety Resource Center's (CSSRC) listserv. E-Updates from the CSSRC will contain the most current information about the Center's activities and resources, as well as other school safety efforts throughout the state of Colorado and relevant national resources. Please forward this to others on your email list who have an interest in supporting safe and positive schools in Colorado. They may register for this listserv on our website www.Colorado.gov/CSSRC.

THE DIRECTOR'S CORNER

Welcome Back!

Earlier this week we sent letters electronically to all superintendents, BOCES directors, IHE, charter school and private school leaders. The letter links to a survey that Governor Polis' office has asked us to conduct. The state is interested in knowing where schools (pre K through college) are in their emergency planning and what resources are still needed. We are trying to collect information on individual school buildings.

If you are a school leader and didn't receive a copy of the <u>letter</u> and <u>link to the survey</u>, please access both here and help us get a substantial return so that state officials are aware of your accomplishments and gaps. The final report will be an aggregate of the results with no identifying information shared.

We know school will be starting soon and we are excited about a number of **new resources** we have completed to assist school staff:

Two new no-cost online courses:

- Margaret Ochoa has written a very helpful course entitled <u>"Informed Supervision for Schools"</u> Course # 1086108
 as an aid to school staff charged with overseeing students who have acted out in a sexually abusive or offensive
 manner, and
- Dustin Hunter has used his wit to craft an informative course called <u>"Youth & Marijuana"</u> Course # 1086185This course is designed to help educators and parents understand some of the basic impacts of youth marijuana use, including use statistics in Colorado, methods of use, and some of the science of how marijuana affects our brains.
- A **Quick Guide for Rural Superintendents on Emergency Planning** was compiled by Brad Stiles and goes through ten steps to get district emergency operations plans up to speed.
- The Center's **five resource guides** have been updated:
 - Essentials of School Threat Assessment
 - Positive School Environment: Bullying and Harassment Prevention
 - o Resources for Youth Suicide Prevention and Intervention, K-12 & Institutions of Higher Education
 - o Resources for Child Sexual Abuse and Assault Prevention
 - Restorative Practices Guide for Schools

While attending a national conference this summer, I also became aware of FREE resources for opioid abuse prevention from the Drug Enforcement Administration (DEA) and Discovery Education available at www.operationprevetion.com Check it out!

Staff updates from the Colorado School Safety Resource Center:

• We have welcomed Isaac Baah as our new Resource Specialist. Isaac came to CSSRC from CBI but is originally from Ghana. He has a Bachelor of Science degree in Financial Mathematics from the University for Development Studies, Ghana. He comes with strong organizational skills, extensive background experience in website management, curriculum design, and public outreach. As the Resource Specialist, Isaac tracks and manages the website and other multi-media platforms of CSSRC, distributes school safety resources to communities and partner agencies, and provides logistical support and event/training planning for the Center. Please say, "Hello" when you see him at our next regional training.

• Finally, I will be on the road the next few weeks interviewing candidates for our **four Regional Training Consultants'** positions. We hope to have the new folks hired, background checked and in place no later than October. Once the four spots have been filled, we will be looking for donated office space from which they can operate. If you have space in a rural district or BOCES, and would welcome having a consultant close at hand, please let me know. Thank you! christine.harms@state.co.us

Wishing you all a safe and successful school year,

Chris Harms

COLORADO SCHOOL SAFETY RESOURCE CENTER TRAINING

Stress Debriefing Train-the-Trainer Registration is NOW OPEN!

- After a critical incident has occurred on your school campus, having a psychoeducational protocol that mental
 health professionals can use to help the rest of the staff process the event can be extremely helpful. Staff
 from the Colorado School Safety Resource Center have been trained in such a protocol and they would like to
 share their knowledge and experience with other mental health providers.
- When: Tuesday, August 20, 2019, 9:00 AM until 3:00 PM
- Where: Colorado Department of Public Safety campus at 690 Kipling, Lakewood 80215
- **Cost:** \$50
- Registration is available here.
- This workshop is limited to 20 mental health professionals.
- For more information about this workshop, please call either Chris Harms (303.239.4534) or Dustin Hunter (303.239.4533). Thank you!

Digital Threat Assessment Workshops Registration is NOW OPEN!

- After the successful three-hour introduction to Digital Threat Assessment mining social media for possible school threats - at the February regional training, the Colorado School Safety Resource Center and the <u>Colorado School District Self Insurance Pool</u> will be hosting three one-day workshops conducted by <u>Safer Schools Together</u>.
- When:
 - Wednesday, September 25, 2019 BASIC DIGITAL THREAT ASSESSMENT (max 50)
 - Thursday, September 26, 2019 ADVANCED DIGITAL THREAT ASSESSMENT (max 50 with the prerequisite of BASIC DIGITAL THREAT ASSESSMENT with certificate)
 - Friday, September 27, 2019 TRAIN-THE-TRAINER DIGITAL THREAT ASSESSMENT (max 25 with the prerequisite of both BASIC and ADVANCED with certificates)
- Where: Colorado School District Self Insurance Offices 6857 South Spruce Street, Centennial, CO 80112
- Cost: Basic \$120; Advanced \$120; Train-the-Trainer \$240
- Please access the flyer <u>here.</u>

2019 Colorado Safe Schools Summit - Registration is NOW OPEN!

- When: Thursday & Friday, October 24th and 25th
- Where: Adams 12 Five Star Schools Conference Center
- What: Four wonderful keynoters and 24 fabulous workshops
- Keynoters include:
- Dorothy Espelage, Ph.D., a leading research expert in bullying and harassment from the University of Florida
- Howie Shapiro, FBI and Jenny Presswalla, U.S. Department of Homeland Security will present on Preventing Targeted Violence and Extremism in Schools
- Finessa Ferrell, a national expert on school climate
- Lynn Riemer, ACT on Drugs
- Sponsored by the <u>Colorado School Safety Resource Center</u>, the <u>Center for the Study and Prevention of Violence at CU-Boulder</u>, and <u>Safe2Tell</u>.
- Register here.
- The agenda is available here for all of the workshops!

COLORADO SCHOOL SAFETY RESOURCE CENTER NEWS and UPDATES

Updates to the CSSRC Threat Assessment Protocol

- The Center has been facilitating a Threat Assessment Working Group. At the most recent meeting, a cross analysis of threat assessment documents from Colorado and other states was reviewed.
- Although the working group does not expect to adopt a common protocol, efforts have been made to assist
 districts in covering all the necessary information to protect students and hopefully minimize risks for the
 district.
- During this analysis, staff from the CSSRC have made changes to the protocol (originally based on the work of Adams County school districts and the Center) that we have been using for training.
- If your team(s) has been previously trained by CSSRC staff (Brad and Dustin) and you would like more information about the updates to the protocol or additional training, please contact one of the trainers. brad.stiles@state.co.us (303.239.4321) or dustin.hunter@state.co.us (303.239.4533)

CSSRC Youth Advisory Board Applications

- The Center staff has decided that instead of a youth advisory council this coming year, we will offer additional regional trainings for school staff and students as we did in academic year 2018-19.
- Stay tuned for more information about upcoming one-day workshops for students and staff together.
- Thank you!

CURRENT EVENTS AND ANNOUNCEMENTS

CSSRC ONLINE COURSE OFFERINGS & ARCHIVED PRESENTATIONS

Coming Soon: CSSRC online course links coming soon:

- The Center is pleased to announce two additions to our library of 15 free online courses. "Informed Supervision for Schools" and "Youth & Marijuana" will be released in July!
- "Informed Supervision" Course # 1086108 This course is designed to provide school staff with a guide for
 working with juveniles who have committed sexually offending behavior. That includes an explanation for
 when and why informed supervision is required, the school's responsibility, the qualifications of informed
 supervisors, and how to create a safety plan.
- <u>"Youth & Marijuana"</u> Course # 1086185 is designed to help educators and parents understand some of the basic impacts of youth marijuana use, including use statistics in Colorado, methods of use, and some of the science of how marijuana affects our brains. Tips for talking to young people about marijuana use and the potential consequences are also provided.
- Please check them out and let us know if they are helpful to you! I
- If you have suggestions for online trainings that would be helpful to you or your staff, contact the Center at 303.239.4435.

What All School Staff Need to Know About Suicide

- This course, released in 2018, is designed for all School Staff to help recognize warning signs and risk factors for suicide, and report a student of concern to a school mental health professional as soon as possible.
- Once completed, staff will receive a certificate for continuing education hours.
- The course can be accessed <u>here.</u>

Sexting: What You Need to Know

The Center's online course for juveniles, <u>Sexting: What You Need to Know</u>, has been available since May of last year.

- A Facilitator's Guide to break down the course and teach it in units is now downloadable, free of charge, on our website. Specifically, the guide divides the lesson into topics including healthy relationships, an analysis of the juvenile sexting law, and risks and consequences of the behavior.
- Accompanying screencasts, pdfs, and activities are included.
- A comprehensive listing of available resources for educators can be found on the Center's website, under "Supplemental Course Resources", on the course web-page here.

To view all online courses, click on the link below.

- Link to CSSRC online course offerings
- Click here to see Live Streams of previous keynote addresses

WEBINARS and OTHER ONLINE LEARNING COURSES for K-12 & IHE

NEW Responding to Gangs in Schools: Creating a Collaborative Process Between Schools and Law Enforcement

- This webinar is from the National Gang Center (NGC)
- When: August 1, 2019, 2:00 pm 3:30 pm ET
- What: "This webinar highlights the importance of responding to gangs within a school setting through a collaborative approach between law enforcement and school administration."
- View more information and register here.

NEW Supporting Reproductive Health in DV Programs

- This webinar comes from the <u>Domestic Violence Program (DVP)</u> at the <u>Colorado Department of Human Services (CDHS)</u>, <u>Violence Free Colorado</u>, and the <u>Colorado Community Health Network</u>.
- When: August 2, 2019, 10:30 am
- What: "this webinar will give you the information you need to build your very own health kit for your program and/or shelter!"
- Register here.

NEW Creating A Family Wellness Plan and Mission Statement

- This webinar is from the <u>Innocent Justice Foundation</u>
- When: August 20, 2019, 3:30 pm 4:30 pm ET
- What: "Presenters will discuss how future planning can help decrease stress and anxiety, and increase fun and connection with your family."
- View more information and register here.

OTHER COLORADO TRAININGS and EVENTS

NEW Trauma Responsive Trainings for Schools

- The Colorado Cross Systems Training Institute has a new course catalog available on their website.
- Trainings include, but are not limited to:
- Trauma Responsive Practices in Education
- o Trauma Responsive Guidelines for Behavior Plans and Behavior Modification Systems
- o Trauma Responsive Communication Strategies
- Strengthening Resilience to Prevent and Address Secondary Traumatic Stress
- Trauma Informed Supervision
- Implementation of Colorado's Trauma-Responsive Theory of Change Toolkit for Schools
- You can access more information including details on the trainings here.

2019 CO-MTSS Summit

- This event is being held by the Colorado Department of Education (CDE).
- When: August 1 2, 2019
- Where: DoubleTree by Hilton Grand Junction, 743 Horizon Drive, Grand Junction, CO 81506
- What: "The theme is A View from the Top: Bringing it All Together!"
- View more information and register here.

Question, Persuade, Refer (QPR) Suicide Prevention: Train the Trainer

- This training is provided by North Range Behavioral Health.
- When: August 12, 2019, 8:00 am 4:30 pm.
- Where: Littler Prevention Campus 2350 3rd Street Rd., Greeley, CO 80631
- What: QPR T4T provides participants a 3-year certification that allows them to provide the 90-minute, Question, Persuade, Refer (QPR) suicide prevention gatekeeper training to any audience.

- Registration deadline July 29, 2019.
- For more information or to register email <u>Kimberly.Pratt@northrange.org</u>

Positive Behavioral Interventions and Supports (PBIS) Within an MTSS Framework Across the Tiers-Refresher Training

- This training is offered by the Office of Learning Supports at the Colorado Department of Education and the San Juan BOCES.
- When: August 23, 2019, 8:00 am 3:30 pm
- Where: TBD
- What: "A refresher training opportunity to jump start the rescale of PBIS in the Southwest Region."
- Register here.

Applied Suicide Intervention Skills Training (ASIST)*

- This training is sponsored by <u>Douglas County School District</u>, <u>Douglas County Sheriff's Office</u>, <u>Douglas/Arapahoe Suicide Prevention Alliance (DASPA)</u>, <u>Douglas County Government—Philip S Miller Grant</u>, Rotary Club Castle Pines, and many other community sponsors.
- When: September 10-11 and October 23-24
- Where: Douglas County Sheriff's Office Highlands Ranch Substation, 9250 Zotos Drive, Highlands Ranch, CO 80129 (Highlands Ranch Pkwy/Ridgeline)
- What: Two-day workshop in suicide intervention skills. Learn and practice this life-saving intervention model that is widely used by professionals and the general public.
- View the flyer <u>here</u>.
- Register by emailing Phyllis Harvey <u>PHarvey@dcsheriff.net</u>

SafeTALK - Suicide Alertness Training

- This training is sponsored by the <u>Douglas County Sheriff's Office</u>, <u>Rotary Club Castle Pines</u>, <u>Denver Springs</u>, <u>LivingWorks</u>, and <u>Douglas/Arapahoe Suicide Prevention Alliance (DASPA)</u>.
- When: September 18, 2019, 11:30 am 3:00 pm
- Where: Lone Tree Police Department Juniper Training Room 9220 Kimmer Dr., Lone Tree, CO 80124
- See flyer <u>here</u>.
- What: "safeTALK, about three hours in duration, is a training that prepares anyone over the age of 15 to identify persons with thoughts of suicide and connect them to suicide first aid resources."
- Register by emailing Phyllis Harvey PHarvey@dcsheriff.net.

NEW SRO Supervisors and Management Course

- This training is being held by the <u>Golden Police Department</u>
- When: September 23 25, 2019
- Where: Golden Fire Department, 911 10th Street, Golden, CO 80401
- View more information and register <u>here</u>.

NEW Trauma Responsive Practices in Education Training of Trainers Application

- This training is held by the <u>Colorado Office of Behavioral Health</u> and the <u>Mountain Plains Mental Health</u> <u>Technology Transfer Center (MP-MHTTC)</u> at <u>WICHE</u>
- When: September 24 25, 2019
- Where: Western Interstate Commission for Higher Education (WICHE), 3035 Center Green Drive, Suite 200, Boulder, CO 80301
- What: "This 16-hour event is designed to prepare qualified professionals to conduct the 8-hour Trauma Responsive Practices in Education training developed by the Colorado Office of Behavioral Health in conjunction with other partners and offered through the Colorado Cross-Systems Training Institute."
- View more information and register <u>here</u>.

Bridging the Divide 2019

• This event is being held by the Suicide Prevention Coalition of Colorado (SPCC), the American Foundation for

^{*}Please note - the CSSRC can also conduct the ASIST training for the cost of materials at your district (about \$42/staff)

<u>Suicide Prevention Colorado Chapter, Speak Up Reach Out, the Colorado Department of Public Health and Environment (CDPHE), Sources of Strength, Highlands Behavioral Health System, and Rocky Mountain MIRECC for Suicide Prevention.</u>

- When: September 27, 2019
- Where: Drake Center, 802 W Drake Rd, Fort Collins, CO 80526
- What: This event will explore the theme "Enhancing Community Impact and Engagement in Suicide Prevention."
- View more information and register here.

Zero Suicide Academy

- This two day training is provided by the **Zero Suicide Institute**.
- When: October 14-15, 2019
- Where: University of Colorado Anschutz Medical Campus, 13001 E 17th Pl, Aurora, CO 80045
- What: "Participants will learn how to incorporate best and promising practices to improve identification, treatment, and engagement in care for individuals at risk for suicide."
- See more information and register here.

The Great Colorado ShakeOut

- This event is being held by the Colorado Earthquake Hazard Mitigation Council.
- When: October 17, 2019
- Where: Wherever you are!
- What: "The ShakeOut has also been organized to encourage you, your community, your school, or your organization to review and update emergency preparedness plans and supplies, and to secure your space in order to prevent damage and injuries."
- View the letter from the Colorado Earthquake Hazard Mitigation Council for Superintendents <u>here</u>.
- Register your participation <u>here</u>.

No Place for Hate 2019-2020

- This initiative was developed by the <u>Anti-Defamation League (ADL)</u>.
- "The Initiative is designed to rally an entire school around the goal of creating a welcoming community committed to stopping all forms of bias and bullying."
- The initiate is currently open to K-12 schools in Colorado, Wyoming and New Mexico.
- You can view more information on the initiative <u>here</u>.
- Register your school <u>here</u>.

NATIONAL TRAININGS and EVENTS

NEW The School Climate Institute

- This event is presented by <u>National School Climate Center</u>.
- When: August 8-9, 2019
- Where: The Urban Assembly School for Emergency Management at The Murry Bergtraum High School Campus, 411 Pearl Street #417, New York, NY 10038
- What: "During the 2019 Institute, our team of coaches, educators, and whole-child education experts will
 guide you and your team on how to advance your school climate improvement efforts by exploring best
 practices and common challenges detailed in our 2018 report, Creating Communities of Courage: Lessons
 from the Field."
- Scholarships are also available for this event!
- Read more information and register here.

SAVE THE DATE 2020 Blueprints Conference - National Conference Held Locally!

Blueprints "helps you easily identify evidence-based programs that help young people reach their
full potential. Get ahead of serious challenges that influence children's success with programs that
have the highest standards for promoting prosocial behavior, academic success, emotional
well-being, physical health and positive relationships." Blueprints programs are rated by the Center
for the Study and Prevention of Violence at CU, Boulder.

- This is sponsored by <u>Blueprints</u>, <u>Functional Family Therapy</u>, and <u>MST Services</u>.
- April 27 29, 2020
- Where: Westin, Westminster, Colorado
- You can view the 2018 presentations here.

CURRENT GRANT OPPORTUNITIES

NEW Mental Health Service Professional Demonstration Grant Program

- This grant comes from the Office of Elementary and Secondary Education, Department of Education.
- Important dates:
- Applications Available: June 21, 2019.
- Deadline for Transmittal of Applications: August 5, 2019.
- o Deadline for Intergovernmental Review: September 4, 2019.
- "The goal of this program is to expand the pipeline of high-quality, trained providers to address the shortages of mental health service professionals in schools served by high-need local educational agencies."
- You can view more information on the grant and apply here.

NEW Update to COPS Grants

"As most of you know, the US Court of Appeals for the Ninth Circuit ruled that the <u>COPS Office</u> does have statutory authority to award immigration related bonus points to applicants. This decision reverses a district court injunction that prevented the COPS Office from implementing its programs as designed. Once the Ninth Circuit's decision to reverse the injunction has taken effect, our office is prepared to launch the COPS Hiring Program (CHP) and the Community Policing Development Microgrants Program as soon as possible.

Once the solicitations are open, we will send a notice with links to all of the appropriate materials. Please take this opportunity to prepare for the upcoming solicitations by gathering required information and documentation. Helpful advice can be found here - Preparing to Apply.

Please stay tuned for additional details and visit our website at https://cops.usdoj.gov/ for information about these and other COPS Office programs."

NEW School Safety Grant Opportunities

- The <u>U.S. Department of Education</u> announced that it is now accepting applications for three FY2019 grant competitions that support locally tailored approaches to school safety.
- Mental Health Service Professional Demonstration Grant Program **Applications are due August 5, 2019.** "Eligible applicants include high-need LEAs and state education agencies (on behalf of one or more high-need LEA(s) in partnership with one or more eligible institution(s) of higher education."
- You can view more information here.

NEW Retaining Teachers Grant Program

- This grant comes from the Colorado Department of Education (CDE)
- "The Retaining Teachers Grant Program was created by HB18-1412 and provides school districts, BOCES, and charter schools the opportunity to implement strategies to improve their ability to successfully retain teachers."
- Proposals are due September 12, 2019
- You can view more information and apply here.

Secretary DeVos Announces School Safety Grant Opportunities

- This grant opportunity is from the <u>U.S. Department of Education</u>
- Mental Health Service Professional Demonstration Grant Program: "This \$15 million grant competition
 promotes partnerships between colleges or universities and high-need school districts in order to expand
 the pipeline of trained school-based mental health services providers." Deadline for Transmittal of
 Applications: August 5, 2019.

LiveWell Grants Available

• <u>LiveWell Colorado</u> currently has a variety of grants available for schools.

• You can view a list of current funding opportunities here.

RESOURCES and INFORMATION for Pre K-12 Schools

NEW K-12 School Security: Guide for Preventing & Protecting Against Gun Violence

- This guide was created by the <u>Department of Homeland Security (DHS)</u>
- View the information here.

NEW Parent and Educator Guide to School Climate Resources

- This guide comes from the United States Department of Education.
- In response to the recommendations from the Federal Commission on School Safety, the U.S. Department of Education's Office of Elementary and Secondary Education and Office for Special Education and Rehabilitative Services collaboratively produced the Parent and Educator Guide to School Climate Resources.
- View the guide <u>here</u>.

NEW Sample Introductory Presentation: SEL

- This Introductory presentation is provided by the <u>Collaborative For Academic, Social, And Emotional Learning (CASEL)</u>
- "Now's a good time to think about how to spread the word about SEL to staff, families, and community partners so they can help extend SEL beyond the school day."
- You can access the presentation here.

NEW Managing Anniversaries and Memorials as a Part of School and Campus Safety Efforts

- This information comes from the <u>Readiness and Emergency Management for Schools (REMS) Technical Assistance (TA) Center.</u>
- "Memorials are important for processing and healing after an incident. Deciding how to remember those
 involved in an incident can cause stress within the school community and may take much longer than
 expected."
- To help with this, REMS TA Center developed <u>Paying Tribute to Deceased School Community Members.</u>

NEW Summer Strategies for Bullying Prevention

- This information is provided by StopBullying.gov
- "The following tips can help parents support their children's positive experiences, friendships, and successful transition to the new school year.
- Maintain or refresh healthy boundaries for your child's electronic device use or gaming for the summer.
- Start or continue open conversations about your child's friends. Are they making new friends at camp or in their summer activities? What do they enjoy doing together?
- Maintain connections with your child's school friends by making plans to get together and stay in touch over the summer.
- Role model respectful, inclusive behavior when you're in new settings or meeting new people, and encourage it in your child.
- Add family activities to your schedule, to bond and have fun together.
- If your child was bullied and is still experiencing sadness, depression, or anxiety, consider talking to his or her pediatrician and explore options to help them heal.
- If your child is going to a new school in the fall, research the school's climate, bullying prevention efforts, and bullying policies."
- You can view more information and additional resources here.

NEW Wildfire Preparedness and Response

- This information comes from the <u>Substance Abuse and Mental Health Services Administration (SAMHSA)</u> and the <u>Centers for Disease Control and Prevention (CDC)</u>.
- "This page from the Centers for Disease Control and Prevention provides links on what to do before, during, and after a wildfire."

- "This guide from the Federal Emergency Management Agency provides important information on wildfires so you can better understand the risks involved, and protect yourself and your family."
- "The web page provides links to an infographic and tip sheet on wildfire risk reduction, lists steps to take to prepare for a wildfire, and offers tips for during and after a wildfire."

INSTITUTIONS OF HIGHER EDUCATION

NEW College safety guides for LGBTQ individuals

- This information comes from BestColleges.
- A "a series of guides specifically catered to LGBTQ students that delve into the best programs, safety tips and useful insight into finding the right fit" was created.
- The resources are:
- o Student Experience Guide
- Program Details
- Safety Resources

Follow the Colorado School Safety Resource Center on Twitter

- For the latest school safety information between monthly E-Updates, follow occupation on Twitter.
- Featuring daily updates on new research, resources, upcoming trainings, and Center activities.



Follow us on Twitter

THE CSSRC IS AVAILABLE to any pre-K through higher education school to assist in your school safety planning. Our mission is to provide *no-cost consultation, resources, training and technical assistance* that can help you create a safe, positive, and successful school. We can customize a variety of trainings for your school safety and crisis planning teams or your school staff as you plan and train this school year. We invite you to continue monitoring our website (www.Colorado.gov/CSSRC) for the latest school safety information and upcoming trainings. **Call us at: 303-239-4435**.



Thank you for supporting safe and positive schools in Colorado!

Colorado School Safety Resource Center 700 Kipling Street #1000 Denver, CO 80215 303.239.4435

Fax: 303.239.4510

Email: CDPS School Safety Center@state.co.us

Website: www.Colorado.gov/CSSRC

Supporting Safe and Positive Colorado Schools