



# Applied Suicide Intervention Skills Training

## 2020 workshop dates:

- February 6-7
- April 2-3
- May 28-29
- September 10-11
- October 8-9

## Workshop Fees:

- \$50 Community Member
- \$25 DASPA Member
- Fees subject to change (\$350/participant value)

## Made possible by the following partnerships:

- Douglas County School District
- Douglas County Sheriff's Office
- Douglas County Government—Philip S Miller Grant
- Rotary Club Castle Pines
- Denver Springs
- Douglas/Arapahoe Suicide Prevention Alliance (DASPA)
- Many other community sponsors



## Learn the skills. Help save lives!



### SUICIDE IS PREVENTABLE

### ANYONE CAN MAKE A DIFFERENCE

- Two-day workshop in suicide intervention skills
- Learn and practice life-saving intervention model
- Widely used by professionals and the general public

**TIME:** 8:30—4:30pm. **Attendance is mandatory for both full days.** Please arrive on time to complete registration process. Day one you may arrive as early as 8:10am. We provide: tea, coffee, snacks and lunch both days. There is also a water dispenser for reusable water bottles, and a microwave and small refrigerator that you can use. Notify us of severe allergies.

**LOCATION:** Douglas County Sheriff's Office — Highlands Ranch Substation 9250 Zotos Drive, Highlands Ranch, CO 80129 (Highlands Ranch Pkwy/Ridgeline) **PLEASE PARK IN THE RTD LOT JUST WEST OF THE SUBSTATION (SAME STREET)** Please also dress in layers as the temperature of the rooms fluctuates.

**REGISTRATION:** Limited space available! Please note these classes fill up quickly. If you are unable to attend please notify us immediately as we have waitlists.

**DC School District Staff—register via Inspired.** If you have questions please contact Roxanne Derks 303-387-9508 or [Roxanne.Derks@dcsdk12.org](mailto:Roxanne.Derks@dcsdk12.org).

### Community/Public—

**Please email Phyllis Harvey to register at [pharvey@dsheriff.net](mailto:pharvey@dsheriff.net)**

Please include in the email: full name, mailing address, email address, work phone, & cell phone #. **Please also send a check for \$50** made out to: DCSO Y.E.S.S. Foundation. Mail the check to DCSO Y.E.S.S. Program, Attention Phyllis Harvey—9250 Zotos Drive, Highlands Ranch, CO 80129.

Please email any questions or call 303-814-7033. **Payment must be received within 60 days of registration or 2 weeks prior to the workshop date you are attending, whichever is earliest, to guarantee your spot. PAYMENTS ARE NON REFUNDABLE but are transferable, meaning if you cannot attend the workshop you registered for, you can transfer into another workshop that has an open spot.**



### ASIST changes lives

Odds of improvement after receiving an ASIST intervention (2013 study)

- ♦ 35% more hopeful
- ♦ 31% less depressed
- ♦ 46% less overwhelmed
- ♦ 74% less suicidal

### ASIST Works!

Studies show ASIST participants gain:

- Knowledge about suicide
- Skills to reach out
- Confidence to help save a life



*There's hope. There's help.®*



Learn more about ASIST and see the evidence at [www.livingworks.net/ASIST](http://www.livingworks.net/ASIST)