

# October 2019

**E-UPDATE FROM CSSRC** ~ You are receiving this email as a subscriber of the Colorado School Safety Resource Center's (CSSRC) listserv. E-Updates from the CSSRC will contain the most current information about the Center's activities and resources, as well as other school safety efforts throughout the state of Colorado and relevant national resources. Please forward this to others on your email list who have an interest in supporting safe and positive schools in Colorado. They may register for this listserv on our website www.Colorado.gov/CSSRC.

# THE DIRECTOR'S CORNER

#### Last Day to Weigh in:

- Today is the last day to complete the <u>School Emergency Operation Plans Survey</u>. We have about 600 schools/districts that have already done so but that is only about 25% of the schools in Colorado.
- If you are a school leader and did not receive a copy of the <u>letter</u> and <u>link to the survey</u>, please access both here and help us get a substantial return so that state officials are aware of your accomplishments and gaps.
- The final report will be an aggregate of the results with no identifying information shared.
- However, if you would feel more comfortable not identifying your school, skip questions 1 and 2 and simply complete the rest of the survey.

#### **Exciting news!**

Essi Ellis, Director of Safe2Tell shares: "Teen to Teen Suicide Prevention Awareness Campaign - Coming October 8, 2019"

- On October 8th, Colorado teens will come together to break the silence around suicide. Continuing the conversation from September's National Suicide Awareness Month, the Colorado Department of Law will host a teen-to-teen conversation to raise awareness about youth suicide prevention and highlight resources available to support those who are struggling. Join the conversation on October 8th by following our livestream at 10am MDT at <u>tiny.cc/teens2teens</u>.
- Accompanying the conversation is the world premiere of public service announcements (PSA's), <u>found here</u>, featuring students and young adults. The PSA's, developed through a partnership between the Colorado Attorney General's Office, the Colorado Film Office and the Colorado Department of Human Services, are designed to help bring awareness to teen mental health.
- The hope is that these videos and sites become tools for years to come. Janicek Media, who partnered with S2T and the Colorado Crisis Services, reports how grateful and honored they have been to support this project. We appreciate their work and support of Colorado students!

#### 2019 Colorado Safe Schools Summit – Limited space is still available

- Please see the information below to join us on Thursday and Friday, October 24<sup>th</sup> and 25<sup>th</sup> for the annual Colorado Safe School Summit.
- We are happy to report that Governor Polis will be opening up the Summit on the 24th!
- Four excellent plenaries will be joined by 24 workshops. Please see the <u>At-A-Glance agenda here.</u>

Kindest regard,

#### Chris Harms

### **COLORADO SCHOOL SAFETY RESOURCE CENTER TRAINING**

2019 Colorado Safe Schools Summit - Registration is OPEN!

- When: Thursday & Friday, October 24th and 25th
- Where: Adams 12 Five Star Schools Conference Center
- What: Four wonderful keynote speakers and 24 fabulous workshops

- Cost: \$100 (plus a small registration fee) for both days
- Keynote speakers include:
- **Dorothy Espelage, Ph.D.**, a leading research expert in bullying and harassment from the University of North Carolina
- Howie Shapiro, FBI and Jenny Presswalla, U.S. Department of Homeland Security will present on Preventing Targeted Violence and Extremism in Schools
- Finessa Ferrell, a national expert on school climate
- Lynn Riemer, ACT on Drugs
- Sponsored by the <u>Colorado School Safety Resource Center</u>, the <u>Center for the Study and</u> <u>Prevention of Violence at CU-Boulder</u>, and <u>Safe2Tell</u>.
- View the flyer <u>here</u>.
- Register <u>here</u>.
- The agenda is available <u>here</u> for all of the workshops!

## **COLORADO SCHOOL SAFETY RESOURCE CENTER NEWS and UPDATES**

### **NEW** Rural Training Consultants – Two are ON BOARD!

- Southeast Region: Vickie Cooper is a former teacher, counselor, probation and law enforcement officer who joins the CSSRC from the Branson School District. With the assistance of the other CSSRC staff, Vickie will support the school districts in Kiowa, Crowley, Otero, Bent, Prowers, Las Animas and Baca counties. Please expect an email and a phone call shortly from Vickie as she conducts outreach to her twenty-five school districts. You can reach Vickie at: (720) 626-8916 or vickie.cooper@state.co.us
- Northeast Region: Equally exciting, we welcome Jamie Soucie from the Colorado Department of Labor and Employment. She also has a master's degree in counseling with experience in the Sterling RE-1 Valley School District and juvenile justice. Jamie will be supporting the twenty-five school districts in Sedgwick, Phillips, Logan, Yuma, Morgan, Washington and the eastern half of Weld County. She too will be reaching out to the districts in her catchment area. Jamie can be reached at (720)498-9645 or jamie.soucie@state.co.us
- We are in the final stages of hiring the Regional Training Consultants for both the Southwest and Northwest parts of the state. Our Northwest candidate is completing the background process and the Southwest position is posted here. Applications will be accepted until 5:00 PM this Friday, <u>10/4<sup>th</sup></u>.

### **CURRENT EVENTS AND ANNOUNCEMENTS**

### SAMHSA's 2018 National Survey on Drug Use and Health (NSDUH) Report Data Findings

- This survey comes from the <u>Substance Abuse and Mental Health Services Administration</u> (<u>SAMHSA</u>).
- <u>The National Survey on Drug Use and Health (NSDUH)</u> "provides estimates of the use of illegal substances, prescription drugs, alcohol, and tobacco, as well as mental disorders, treatment, and co-occurring substance use and mental disorders in the United States."
- You can access the presentation <u>here</u> and the report <u>here</u>.

# **CSSRC ONLINE COURSE OFFERINGS & ARCHIVED PRESENTATIONS**

### CSSRC online course links:

- The Center is pleased to announce two additions to our library of 15 free online courses. "Informed Supervision for Schools" and "Youth & Marijuana" released in July!
- <u>"Informed Supervision"</u> Course # 1086108 This course is designed to provide school staff with a guide for working with juveniles who have committed sexually offending behavior. That includes an explanation for when and why informed supervision is required, the school's responsibility, the qualifications of informed supervisors, and how to create a safety plan.
- <u>"Youth & Marijuana"</u> Course # 1086185 is designed to help educators and parents understand some of the basic impacts of youth marijuana use, including use statistics in Colorado, methods of

use, and some of the science of how marijuana affects our brains. Tips for talking to young people about marijuana use and the potential consequences are also provided.

- Please check them out and let us know if they are helpful to you!
- If you have suggestions for online trainings that would be helpful to you or your staff, contact the Center at 303.239.4435.

### To view all online courses, click on the link below.

• Link to CSSRC online course offerings

### WEBINARS and OTHER ONLINE LEARNING COURSES for K-12 & IHE

**NEW** Implementation of a Collaborative Model for Opioid Overdose Prevention on Campus

- The webinar is provided by <u>Higher Education Center for Alcohol and Drug Misuse Prevention and</u> <u>Recovery</u>.
- When: October 10, 2019, 2:00 pm
- What: "Dr. Lucas G. Hill and Lori K. Holleran Steiker of the University of Texas at Austin will discuss the role of naloxone on campus and the implementation of a proactive overdose prevention model."
- View more information and register <u>here</u>.

### NEW Getting Started with Holocaust and Human Behavior

- This training is offered by <u>Facing History and Ourselves</u>.
- This is a self-paced training and it is available now.
- "This workshop provides lesson ideas and support to teachers who may have a limited amount of class time to teach about the history of Nazi Germany and the Holocaust."
- View more information and begin the training <u>here</u>.

### NEW A Strategic Framework for Countering Terrorism and Targeted Violence

- This webinar took place on September 20, 2019, and is available for listening here.
- The event was co-sponsored by <u>Brookings</u> and the <u>Heritage Foundation</u>.
- "Department of Homeland Security Acting Secretary Kevin McAleenan delivered remarks on a new DHS framework on countering domestic terrorism and targeted violence at the Brookings Institution."
- There are two documents associated with the strategic framework:
- <u>"Fact Sheet: DHS Strategic Framework for Countering Terrorism and Targeted Violence"</u>
- <u>"Department of Homeland Security: Strategic Framework for Countering Terrorism and Targeted</u> <u>Violence"</u>

#### **Risk Management for After-School Activities and Interscholastic Athletics**

- This training is provided by the <u>National Domestic Preparedness Consortium</u>, <u>Texas A&M</u> <u>Engineering Extension Service National Emergency Response and Recovery Training Center</u>, and <u>The University of Southern Mississippi National Center for Spectator Sports Safety and Security</u>.
- "In this course, interactive learning modules allow participants to identify and develop an increased understanding of risk mitigation and protection activities for after school activities and interscholastic athletics."
- To obtain more information and to register for the training, contact <u>ncs4train@usm.edu</u>.

# **OTHER COLORADO TRAININGS and EVENTS**

### NEW Saving More Lives from Suicide Series

- This series is provided by <u>Croswaite Counseling PLLC</u> and is listed as appropriate for mental health professions and healing professionals only.
- "What you'll get:
- Best practices and interventions to use with clients
- $\circ$   $\;$  Role play demonstrations to show the techniques in action

- Downloadable safety plan template, resource lists, and question lists for when you don't know what to ask"
- Cost: \$127.00
- You can view more information and access the registration <u>here</u>.

### NEW 2019 National Dropout Prevention Conference

- This event is being held by the <u>National Dropout Prevention Center</u> and the <u>Colorado Department</u> <u>of Education (CDE)</u>.
- When: October 5, 2019 October 8, 2019
- Where: Gaylord Rockies Resort and Convention Center, 6700 North Gaylord Rockies Boulevard, Aurora, CO 80019
- What: This multi day event has a wide array of sessions on a variety of topics see the draft of sessions <u>here</u>.
- View more information and register <u>here</u>.

#### Zero Suicide Academy

- This two day training is provided by the <u>Zero Suicide Institute</u>.
- When: October 14-15, 2019
- Where: University of Colorado Anschutz Medical Campus, 13001 E 17th Pl, Aurora, CO 80045
- What: "Participants will learn how to incorporate best and promising practices to improve identification, treatment, and engagement in care for individuals at risk for suicide."
- See more information and register <u>here</u>.

#### The Great Colorado ShakeOut

- This event is being held by the <u>Colorado Earthquake Hazard Mitigation Council</u>.
- When: October 17, 2019
- Where: Wherever you are!
- What: "The ShakeOut has also been organized to encourage you, your community, your school, or your organization to review and update emergency preparedness plans and supplies, and to secure your space in order to prevent damage and injuries."
- View the letter from the Colorado Earthquake Hazard Mitigation Council for Superintendents here.
- Register your participation <u>here</u>.

Restorative Practices in Schools: The What, How, and Why of Effective Implementation

- This training will be provided by <u>Restorative Justice Colorado</u>.
- When: October 17-18, 2019 from 8:30 am 3:30 pm
- Where: ALOFT Broomfield, 8300 Arista Pl, Broomfield, CO 80021
- What: "Mini-Conference on Effective Implementation of Restorative Practices in Schools"
- View more information and register <u>here</u>.

#### Applied Suicide Intervention Skills Training (ASIST)

- This training is sponsored by <u>Douglas County School District</u>, <u>Douglas County Sheriff's Office</u>, <u>Douglas/Arapahoe Suicide Prevention Alliance (DASPA)</u>, <u>Douglas County Government—Philip S</u> <u>Miller Grant</u>, <u>Rotary Club Castle Pines</u>, and other community sponsors.
- When: October 23-24
- Where: Douglas County Sheriff's Office Highlands Ranch Substation, 9250 Zotos Drive, Highlands Ranch, CO 80129
- What: Two-day workshop in suicide intervention skills. Learn and practice this life-saving intervention model that is widely used by professionals and the general public.
- View the flyer <u>here</u>.
- Register by emailing Phyllis Harvey <u>PHarvey@dcsheriff.net</u>.

\*Please note - the CSSRC can also conduct the ASIST training at your district or school for the cost of materials (about \$42/participant). Contact Dustin Hunter at 303.239.4533 or <u>Dustin.hunter@state.co.us</u>

#### **PBIS within MTSS Advanced Tier 1 Training Series**

- This training is offered by the Office of Learning Supports.
- When: November 1, 2019, 8:30 am 3:30 pm
- Where: Adams 12 Conference Center, 1500 E 128th Ave, Thornton, CO 80241
- What: This training is "designed to support school level leadership teams to move their school from initial implementation to full implementation and sustainability."
- View more information and register <u>here</u>.

#### NEW QPRP Train the Trainer

- This training is provided by <u>Suicide Education and Support Services (SESS)</u> which is a program of <u>North Range Behavioral Health</u>.
- When: November 15, 2019, 8:00 am 4:30 pm
- Where: Littler Prevention Campus, 2350 3rd Street Rd., Greeley, CO 80631
- What: "QPR is a nationally recognized, evidenced-based suicide gatekeeper program, supported by the Office of Suicide Prevention, that can be done in 60-90 minutes and teaches participants: The scope of the suicide problem, Myths and Facts of suicide, Warning signs of suicide, How to ask the "suicide" question, How to persuade someone to stay alive, How to refer people to local resources. As a TRAINER of QPR you will be able to provide this nationally recognized training, offer continuing education credits and certify gatekeepers across the United States."
- Obtain more information and register by emailing <u>Kimberly.pratt@northrange.org</u>

#### No Place for Hate 2019-2020

- This initiative was developed by the <u>Anti-Defamation League (ADL)</u>.
- "The Initiative is designed to rally an entire school around the goal of creating a welcoming community committed to stopping all forms of bias and bullying."
- The initiate is currently open to K-12 schools in Colorado, Wyoming, and New Mexico.
- You can view more information on the initiative <u>here</u>.
- Register your school <u>here</u>.

#### **NATIONAL TRAININGS and EVENTS**

#### Walk to School Day

- Walk to School Day 2019 will be October 2, 2019.
- "Join the movement that inspires the entire community to come together and promote health and safer routes for students to walk and bike to school."
- You can register to participate <u>here</u>.

NEW Speakers - 2020 Blueprints Conference - National Conference Held Locally!

- <u>Blueprints</u> is accepting applications for breakout speakers for the upcoming event (information on saving the date below)
- Applications for speakers for the April conference are due October 4, 2019.
- You can view more information on the conference session tracks <u>here</u>.
- You can apply to be a speaker <u>here</u>.

#### Attendees - SAVE THE DATE 2020 Blueprints Conference - National Conference Held Locally!

- Blueprints "helps you easily identify evidence-based programs that help young people reach their full potential. Get ahead of serious challenges that influence children's success with programs that have the highest standards for promoting prosocial behavior, academic success, emotional well-being, physical health and positive relationships." Blueprints programs are rated by the Center for the Study and Prevention of Violence at CU, Boulder.
- This is sponsored by <u>Blueprints</u>, <u>Functional Family Therapy</u>, and <u>MST Services</u>.
- <u>April 27 29, 2020</u>
- Where: Westin, Westminster, Colorado
- You can view the 2018 presentations <u>here</u>.

### **CURRENT GRANT OPPORTUNITIES**

#### **NEW BEST Grant Announcement for FY20-21**

- This grant is being offered through the <u>Colorado Department of Education (CDE)</u>.
- "The grant is available to school districts, charter schools and institute charter schools, BOCES, and the Colorado School for the Deaf and Blind."
- Saturday, Nov. 30, 2019, is the deadline for charter schools to notify CDE they are interested in applying.
- You can access more information <u>here</u>.

#### Ninth Grade Success Grant Application to be Released

- This grant comes from the <u>Colorado Department of Education (CDE)</u>.
- "This new grant program provides funding to local education providers and charter schools to assist students enrolled in ninth grade to develop the skills they need to successfully persist in graduating from high school."
- "Charter Schools (authorized by a school district or the state Charter School Institute) and Local Education Providers (LEPs) that serve students enrolled in grades nine through twelve are eligible to apply for this opportunity."
- View more information and access the necessary documentation <u>here</u>.

#### **Emergency Notification Solution**

- **CSSRC Disclaimer:** As you have probably noticed, the Center does not endorse any vendors. However, this came to us with an offer for FREE software. <u>As we are always suspicious of anything</u> <u>free, we offer this with caution</u>. We just did not want schools to miss out on what MIGHT be a resources you could use.
- Amparo Consulting & Design has partnered with Alertus Technologies to offer education/NPO institutions the Alertus desktop notification software free of charge.
- "WE believe that emergency notification saves lives by providing critical communication during an emergency. We also believe that emergency notification software should not be denied to any education institution or non-profit organization due to lack of funding or budget constraint. Our goal is to support school safety by providing education/NPO institutions with an emergency notification solution at no cost through this donation initiative."
- "When an emergency occurs and you activate the system, desktop software will initiate full-screen emergency notifications within seconds on all or selected groups of PCs, Macs, and laptop computers with potentially lifesaving information. Desktop notifications can be activated through the user interface or through a seamless integration with your existing text message/email system."
- Amparo's link is here to learn more or submit your information
- <u>https://amparocd.com/donation-software</u>

#### LiveWell Grants Available

- <u>LiveWell Colorado</u> currently has a variety of grants available for schools.
- You can view a list of current funding opportunities <u>here</u>.

#### **RESOURCES and INFORMATION for Pre K-12 Schools**

NEW Report: Student Social and Emotional Competence Assessment: The Current State of the Field and a Vision for Its Future

- This report comes from <u>CASEL</u> and <u>Rush University Medical Center and xSEL Labs</u>.
- "The report describes the accelerating growth and demand for SEL assessments and envisions the conditions for continued progress."
- View the report <u>here</u>.

#### **SEL Toolkit**

- This toolkit comes from <u>Common Sense Education</u>.
- The toolkit and resources include Edtech tools, student worksheets and lessons, and more.
- Access the information <u>here</u>.

#### **Top 3 Concussion Resources**

- This information is provided by the National Federation of State High School Associations (NFHS).
- The resources are:
- <u>Concussion in Sports</u> "This course highlights the impact of sports-related concussions on athletes, teaches how to recognize a suspected concussion, and provides protocols to manage a suspected concussion with steps to help players return to play safely after a concussion."
- <u>Concussion for Students</u> "This free course is presented as a social media conversation, showing how four different students learn about concussion in different ways."
- <u>Sports Law Year-In-Review</u> "Lee Green, attorney, professor and member of the High School Today Publications Committee, annually writes an article that illustrates the importance for school administrators and athletics personnel of understanding contemporary issues in sports law."

#### Back to School Toolkit

- This toolkit comes from Facing History and Ourselves.
- "This new one-week unit is designed to help support your teaching in the opening days of a US History course and to develop students' social-emotional skills in order to engage in an open and supportive classroom community."
- You can access the toolkit and more information <u>here</u>.

#### Fostering Opportunities Program Manual Middle and High School Version

- This manual comes from the <u>University of Denver Colorado Evaluation and Action Lab</u>.
- "The program works to engage middle and high school students who have experienced foster care and help set them up for success in school and ultimately earn a high school credential."
- Access the manual <u>here</u>.

#### K-12 School Security: Guide for Preventing & Protecting Against Gun Violence

- This guide was created by the <u>Department of Homeland Security (DHS)</u>.
- View the information <u>here</u>.

#### Parent and Educator Guide to School Climate Resources

- This guide comes from the <u>United States Department of Education</u>.
- In response to the recommendations from the Federal Commission on School Safety, U.S. Department of Education's Office of Elementary and Secondary Education and Office for Special Education and Rehabilitative Services collaboratively produced the Parent and Educator Guide to School Climate Resources.
- View the guide <u>here</u>.

#### Sample Introductory Presentation: SEL

- This Introductory presentation is provided by the <u>Collaborative For Academic, Social, And</u> <u>Emotional Learning (CASEL)</u>.
- "Now's a good time to think about how to spread the word about SEL to staff, families, and community partners so they can help extend SEL beyond the school day."
- You can access the presentation <u>here</u>.

#### Managing Anniversaries and Memorials as a Part of School and Campus Safety Efforts

- This information comes from the <u>Readiness and Emergency Management for Schools (REMS)</u> <u>Technical Assistance (TA) Center</u>.
- "Memorials are important for processing and healing after an incident. Deciding how to remember those involved in an incident can cause stress within the school community and may take much

longer than expected."

• To help with this, REMS TA Center developed <u>Paying Tribute to Deceased School Community</u> <u>Members</u>.

### Fact Sheet on Wildfire Preparedness

- This fact sheet comes from the <u>Readiness and Emergency Management for Schools (REMS)</u> <u>Technical Assistance (TA) Center.</u>
- "To help education agencies plan and prepare for wildfires, the REMS TA Center has released a fact sheet on Wildfire Preparedness for K-12 Schools and Institutions of Higher Education."
- Access the fact sheet <u>here</u>.

# **INSTITUTIONS OF HIGHER EDUCATION**

#### NEW HIPAA Information for IHEs

- <u>Campus Safety Magazine</u> shared some FAQ's about the HIPAA rules as they apply to Institutions of Higher Education.
- You can see the list of questions at the link <u>here</u>.

### **NEW** Campus Safety Weather Solution Buying Guide

- This guide is provided by <u>Campus Safety</u> and <u>Earth Networks</u>.
- "Achieving a safe campus environment free from weather threats for your students, staff and visitors, while having time to focus on other safety initiatives."
- You can access more information and download the free guide <u>here</u>.

### **NEW** Emergency Radio Communication Enhancement Systems (ERCES)

- This information comes from <u>Campus Safety</u>.
- Campus Safety is sharing reasons why ERCES are important to schools in an emergency.
- You can access the original article and download free resources <u>here</u>.

### **NEW** The Ultimate Guide to Incident Management for Higher Education

- This guide is provided by <u>Campus Safety</u> and <u>Resolver</u>.
- In higher education, continuous change is generally a positive thing. It means innovation, thought leadership, and fresh ideas. It means that students are learning, growing and starting to make their mark on the world. But as enrollment increases, it's expected that campus crime will too. It means that as campuses continue to grow, we try to contain risk by rectifying incidents that have already happened and use our learnings to try and predict what's likely to happen in the future.
- You can access more information and download the free guide <u>here</u>.

### NCAA Releases Second Edition of Sexual Violence Prevention Toolkit

- This information comes from the <u>NCAA Sport Science Institute</u>, the <u>NCAA Office of Inclusion</u>, and the <u>National Center for Campus Public Safety</u>.
- The original toolkit was released in October of 2016.
- "The toolkit consists of five core commitment areas that are essential for athletics departments to achieve a culture on campus that is free from violence and values, respects and defends the dignity of all people and upholds the inherent value of each individual."
- Access the toolkit <u>here</u>.

### International ShakeOut Day

- "International ShakeOut Day" will be October 17, 2019, and this is when "<u>Great ShakeOut</u> <u>Earthquake Drills</u>" are held all over the world.
- You can download special resources for colleges and universities <u>here</u>.
- You can register as a participant <u>here</u>.

#### **Consular Notification On Campus**

• This updated handout comes from the <u>Bureau of Consular Affairs</u> in the <u>U.S. Department of State</u>.

- "U.S. law enforcement officers-including campus law enforcement officers-must be aware of the unique consular notification obligation that arises when arresting or detaining foreign nationals in the United States."
- Access the handout <u>here</u>.

# Follow the Colorado School Safety Resource Center on Twitter

- For the latest school safety information between monthly E-Updates, follow <u>@CoSSRC</u> on Twitter.
- Featuring daily updates on new research, resources, upcoming trainings, and Center activities.

# **S** Follow us on Twitter

**THE CSSRC IS AVAILABLE** to any pre-K through higher education school to assist in your school safety planning. Our mission is to provide *no-cost consultation, resources, training and technical assistance* that can help you create a safe, positive, and successful school. We can customize a variety of trainings for your school safety and crisis planning teams or your school staff as you plan and train this school year. We invite you to continue monitoring our website (<u>www.Colorado.gov/CSSRC</u>) for the latest school safety information and upcoming trainings. **Call us at: 303-239-4435**.



**COLORADO** School Safety Resource Center Department of Public Safety

### Thank you for supporting safe and positive schools in Colorado!

Colorado School Safety Resource Center 700 Kipling Street #1000 Denver, CO 80215 303.239.4435 Fax: 303.239.4510 Email: <u>CDPS\_School\_Safety\_Center@state.co.us</u> Website: <u>www.Colorado.gov/CSSRC</u> **Supporting Safe and Positive Colorado Schools**