

#### October 2018

E-UPDATE FROM CSSRC ~ You are receiving this email as a subscriber of the Colorado School Safety Resource Center's (CSSRC) listserv. E-Updates from the CSSRC will contain the most current information about the Center's activities and resources, as well as other school safety efforts throughout the state of Colorado and relevant national resources. Please forward this to others on your email list that have an interest in supporting safe and positive schools in Colorado. They may register for this listserv on our website www.Colorado.gov/SchoolSafetyResourceCenter. or www.Colorado.gov/CSSRC.

#### THE DIRECTOR'S CORNER

It is hard to believe that we will be celebrating the 10<sup>th</sup> Anniversary of the Colorado School Safety Resource

**Center** at the **Colorado Safe Schools Summit on October 1**<sup>st</sup> **and 2**<sup>nd</sup>. We hope to see many of you on Monday as we welcome Dr. Victor Strecher and Rosalind Wiseman as two of our keynote speakers. We are expecting 300+ each day and have 24 interesting workshops along with a celebratory luncheon to round out the event.

I am sorry that we will not be able to accept any walk-ins but if you've missed this year's, watch for a Save-the-Date shortly for 2019.

Please continue to watch here for more information about the 2018 School Safety Grants. Here is the latest:

- SAFER/Interoperability Grant (SB18-158) the Request for Proposals (RFP) to be released on Monday, October 15, 2018. (This is a change from the date that was originally released.) Applications will be due on Monday, December 3, 2018. I will forward the RFPs to all superintendents for whom I have an email address. Please contact me if you want to be sure I have yours. Please note, this is a six year opportunity and districts will be able to learn from those districts that receive the first round of funding. <a href="mailto:Christine.harms@state.co.us">Christine.harms@state.co.us</a>
- School Security Disbursement Program (SB18-269) the RFP to be released on Monday, December 3<sup>rd</sup> and the applications will be due on January 5, 2019. Again I will forward the RFPs directly to all superintendents.
- Suicide Training for Schools (SB18-272) from the Office of Suicide Prevention within the Department of Public Health and Environment (CDPHE) to enhance comprehensive suicide prevention and crisis response for public schools and school districts. The purpose of this legislation is to provide funding for public schools and school districts to implement comprehensive crisis and suicide prevention strategies, with priority given to public schools or school districts who have not received suicide prevention training previously. In order to ensure a comprehensive suicide prevention approach, this funding announcement allows public school or school district applicants to identify training, school climate, and policy strategies to implement over a three year period.

Due Date: October 19, 2018

Grant Request Amount per Year: \$5,000-\$20,000 for individual schools,

\$5,000-\$35,000 for school districts.

Application and to learn more: <a href="https://www.colorado.gov/pacific/cdphe/office-suicide-prevention-community-grants">https://www.colorado.gov/pacific/cdphe/office-suicide-prevention-community-grants</a>

### Kindest Regards,

Chris Harms

## **COLORADO SCHOOL SAFETY RESOURCE CENTER NEWS**

School Safety Steps:

Last month, we spoke about conducting security/safety assessments of your school building and grounds. The next step in creating a viable Emergency Operations Plan or refining one you already have is to analyze those hazards. This is done in an effort to determine which threats or hazards pose the most serious risk to our school, which will allow us to focus our emergency planning on these risks. The simplest way to do this is to create a list of all the threats and hazards our school may face, try not to include those that may be outrageous. Once this list is created each <a href="threat/hazard should be">threat/hazard should be</a> graded based on three components; the probability that the threat/hazard can happen, the potential consequences or impact on the school and the amount of warning time we may have. Probability can be ranked on a scale from high to low (the likelihood that the threat or hazard can actually occur, i.e. the difference between a Colorado tsunami and a winter storm), potential consequences are ranked from high (think fatalities and complete loss of buildings) to low

consequences (minor injuries and no disruption of academics), warning time can be assigned a rank from no warning to 4+ hours, for example an armed intruder entering the schools vs. a severe storm warning.

Once we have graded each threat/hazard we can identify the most serious of these threat/hazards. At the city and county level, emergency managers will use a mathematical equation to identify high level risks; for our purposes it is enough to determine those that matter the most to our planning team and school community. As we start to create or refine plans, we will start with the most serious threats, as they pose the most immediate danger to our school community.

Remember that Center staff is available to assist with site assessments of your school.

Brad Stiles, CSSRC Emergency Response Consultant brad.stiles@state.co.us or call 303.239.4321 to reach Brad directly.

#### **CURRENT EVENTS AND ANNOUNCEMENTS**

**NEW Job Opening:** Safety and Security Manager for the Summit School District. Please see the link here.

#### **NEW** Fall Issue: International Bullying Prevention Association Newsletter

- This newsletter is compiled and distributed by the <u>International Bullying Prevention Association</u>.
- This issue has a variety of topics including "3 Essential Mindsets to Improve Classroom Climate & Prevent Bullying"
- You can access the newsletter <u>here</u>.

## **NEW** Celebrate Walk to School Day in October

- Walk to School Day is being encouraged by <u>The Colorado Department of Transportation's (CDOT) Colorado Safe</u> Routes to School.
- When: October 10, 2018
- If you need assistance with <u>ideas</u> or <u>how to plan</u>, click the topic.
- You can obtain posters, stickers, or bookmarks here.
- You can register here.

## NEW Readiness and Emergency Management for Schools (REMS) TA Fall 2018 News & Updates

- The <u>Readiness and Emergency Management for Schools (REMS) Technical Assistance Center</u> has provided their Fall 2018 news and updates.
- The newsletter covers items such as reunification training, earthquake training, and more.
- You can view the newsletter here.

## **Enhancing School Safety Using a Threat Assessment Model: An Operational Guide for Preventing Targeted School Violence**

- This guide is provided by the <u>United States Department of Homeland Security</u> and the <u>United States Secret</u> Service.
- "' Marjory Stoneman Douglas High School shooting tragedy served as the impetus to go beyond our past work and go in depth regarding the how - how do we solve this epidemic?' said Secret Service Director R. D. "Tex" Alles."
- You can access the guide <u>here</u>.

#### FBI Releases Study of Pre-Attack Behaviors of Active Shooters

- This study was completed and released by the <u>Federal Bureau of Investigation (FBI)</u>.
- "This report, covering active shooter incidents in the United States between 2000 and 2013, examines specific
  behaviors that may precede an attack and that might be useful in identifying, assessing, and managing those
  who may be on a pathway to violence."
- You can access the report <u>here</u>.

#### CSSRC ONLINE COURSE OFFERINGS & ARCHIVED PRESENTATIONS

**♦** To view all online courses, click on the link below.

- Link to CSSRC online course offerings
- Click here to see Live Streams of all previous keynote addresses

# WEBINARS and OTHER ONLINE LEARNING COURSES for K-12 & IHE NEW Brain Under Construction: Building Pathways to Resilient Futures

- This webinar is provided by the National Institute on Drug Abuse NIH.
- The webinar was originally recorded on July 26, 2018, with Ruben Baler, Ph.D.
- You can view more information and view the webinar here.

#### Bias, Hate, and Free Speech on Campus Webinar Series

- This webinar series is provided by the <u>Anti-Defamation League (ADL)</u> and the <u>International Association of</u> Campus Law Enforcement Administrators (IACLEA).
- Title and date:
  - Preventing and Responding to Hate Crimes on Campus, Thursday, November 15, 2018
  - o Protecting Free Speech and Individual Rights on Campus, Thursday, February 21, 2019
  - Managing Implicit Bias, Thursday, May 30, 2019, 12:00 PM 1:00 PM
- Registration is currently only available for the first training <u>here</u>.

# OTHER COLORADO TRAININGS and EVENTS ASIST Training\*

- This training is provided by North Range Behavioral Health.
- When: October 3-4, 2018, 8:00 am 4:30 pm
- Where: Littler Prevention Campus 2350 3rd Street Rd., Greeley, CO 80631 West Training Room
- What: The Applied Suicide Intervention Skills Training program (ASIST) is a fourteen-hour workshop that teaches participants to connect, understand, and assist persons who may be at risk for suicide.
- Cost: \$150.00/ person
- Register by emailing Kimberly.Pratt@northrange.org

# **NEW** Navigating Conflicts Across Race and About Race: Increasing the Capacity of Whites to Partner to Create Meaningful Change

- This training is sponsored by <u>The Conflict Center</u>, <u>The Center for Transformation and Change</u>, <u>Conflict Resolution Month in Colorado and Temple Emanuel</u>.
- When: October 11, 2018, 6:00 pm 8:00 pm
- Where: Temple Emanuel, 51 Grape Street, Denver, CO 80220
- What: "Participants will receive access to a packet of practical handouts and tools they can use in their ongoing interactions, as well as Kathy Obear's book, But I'm Not Racist: Tools for Well-Meaning Whites."
- View the flyer <u>here</u>.
- Register by emailing info@theconflictcenter.org

## **Update** Parent Academy: Keeping Youth and Families Safe

- This academy is being held by Youth Education and Safety in Schools (Y.E.S.S.)
- When: October 16, 2018, 6:00 pm 6:30 pm Resource Fair/ 6:30 pm 8:00 pm Academy
- Where:Charles Schwab Building, 9875 Schwab Way, Lone Tree, CO 80124
- "Some of the topics that will be covered:
  - Importance of creating a positive social media brand
  - Developing balance & moderation with device usage
  - Implementing emotional intelligence to the over-exposed & exploited
  - Understanding the short/long term digital & social media consequences
  - Providing tools & resources for parents"
- View the flyer <u>here</u>.
- Register <u>here.</u>

## Question, Persuade, Refer (QPR) Suicide Prevention: Train the Trainer

- This training is provided by North Range Behavioral Health.
- When: October 16, 2018, 8:00 am 4:30 pm.

- Where: Littler Prevention Campus 2350 3rd Street Rd., Greeley, CO 80631 West Training Room
- What: QPR T4T provides participants a 3-year certification that allows them to provide the 90-minute, Question,
   Persuade, Refer (QPR) suicide prevention gatekeeper training to any audience.
- You can view more information here.
- Register by emailing Kimberly.Pratt@northrange.org

### **NEW** Parents for Healthy Kids Workshop

- This event is held by <u>Action for Healthy Kids</u> is titled Social Emotional & Academic Development: The Key to Learning and School Success.
- When: October 16, 2018, 9:30 am 2:30 pm
- Where: Clayton Early Learning, 3801 Martin Luther King Blvd, Denver, CO, 80205
- What: "Learn about the relationship between a positive social emotional climate and success at school; learn how bullying, social media, school safety and other current topics contribute to social emotional health; learn about innovative programs and resources Colorado schools are using to promote social-emotional learning (SEL)."
- View more information and register <a href="here">here</a>.

#### NEW 13th Annual Conflict Resolution Conference

- This annual conference is held by Phoenix Strategies Colorado
- When: October 18, 2018, 8:15 am 3:30 pm
- Where: Colorado Technical University, 4435 N Chestnut St., Colorado Springs, CO
- What: "The conference goals are to equip the public and refresh dispute resolution professionals with powerful conflict management tools through interactive workshops."
- View more information and register <a href="here">here</a>.

## **Applied Suicide Intervention Skills Training (ASIST)**

- This training is sponsored by <u>Douglas County School District</u>, <u>Douglas County Sheriff's Office</u>, <u>Douglas/Arapahoe Suicide Prevention Alliance (DASPA)</u>, <u>Douglas County Government—Philip S Miller</u> Grant, Rotary Club Castle Pines, and many other community sponsors.
- When: November 1-2, 2018
- What: Two-day workshop in suicide intervention skills. Learn and practice this life-saving intervention model that is widely used by professionals and the general public.
- Cost: \$50 Community Member, \$25 Douglas/Arapahoe Suicide Prevention Association (DASPA) Member
- See flyer <u>here</u>.
- Register online <u>here!</u> Select the District A-Z tab, choose Professional Development, and select ASIST.

## **NEW ASIST Training\***

- This two day training is sponsored by <u>Littleton Public Schools</u> and <u>Littleton Public Schools Foundation</u>.
- When:
  - o November 1-2, 2018
  - February 7-8, 2018
  - o May 30-31, 2018
- Where: Ames Training Center, 7300 So. Clermont Drive, Centennial, CO.
- What: "Develop skills necessary to use the Pathways to Assisting Life (PAL) model, including understanding what
  persons with thoughts of suicide needs from a suicide intervention caregivers and learn how to create a keep
  safe plan using the safety framework.
- Register by emailing dhoneker@lps.k12.co.us

## \*Please note - the CSSRC can conduct the ASIST training for the cost of materials at your district (about \$42/staff)

#### Save the Date - Colorado Society of School Psychologists 2018 Annual Fall Conference

- This event is held by the Colorado Society of School Psychologists
- When: November 1 3, 2018Where: Keystone Colorado

- "This year's conference theme Fostering Relationships and Resiliency empowers school psychologists as educators to positively impact students who face adversity and to be the champions for school mental health in school communities. We invite you to submit presentation proposals that further our undertaking to support relationships and to grow resiliency in our students, families, communities, and amongst ourselves!"
- Additional information and registration will be available soon here.

### NEW Rocky Mountain Restorative Practices Conference

- This training is offered by <u>Building Restorative Interventions Growing Honorable Traditions (BRIGHT)</u>
- When: November 8 9, 2018
- Where: Great Wolf Lodge, 9494 Federal Drive, Colorado Springs, CO 8092
- What: "The 1st Annual Rocky Mountain Restorative Practices Conference brings together Restorative Practice supporters from all over our region. Session topics will focus on restorative practices, military-connected students, and community partnering."
- Promo code COK12 will get Colorado educators \$150 off! View more information and register here.

## NEW Breakthrough Series Collaborative on Supporting Trauma-Informed Schools to Keep Students in the Classroom

- This training opportunity is through The National Child Traumatic Stress Network (NCTSN).
- When: February 5-6, 2019
- Where: TBA
- What: "A unique opportunity to bring together expertise from the NCTSN using an established implementation and quality improvement methodology to spread and sustain evidence-based practices. Over the course of this eighteen-month initiative, schools and districts will increase time that students spend in the classroom while also positively impacting students' engagement in learning, student well-being, school climate, school administrators, teachers, and support staff, families, and communities."
- Download application materials here.

## **CURRENT GRANT OPPORTUNITIES**

## NEW Public School Lead Testing Grant

- This grant is available through the Colorado Department of Public Health and Environment (CDPHE).
- The grant was previously announced in May of this year, there are still funds available on a first-come first-serve basis.
- An additional 51 grants totaling \$255,000 are still available and will be issued on a first-come, first-served basis, with testing needing to be completed no later than June 30, 2019.
- Review the information online here.
- You can view the fact sheet here.
- You can view the 2018 annual report <u>here</u>.
- You can access the application materials below:
  - o <u>2018 Announcement request for applications</u>
  - o Request for applications guidance
  - Application form
  - o Attachment 1 Statement of work

#### Colorado Safe Routes to School Grant

- This grant is provided by the Colorado Department of Transportation (CDOT).
- The guidelines and application will be available on CDOT's website on September 4th.
- Applications are due by November 1st.
- You can find more information on the Safe Routes to School program <u>here</u>.

#### **LiveWell Grants Available**

- <u>LiveWell Colorado</u> currently has a variety of grants available for schools.
- You can view a list of current funding opportunities <u>here</u>.

#### **Parents for Healthy Kids Wellness Kit Program**

This program is offered by the <u>Action for Health Kids (AFHK)</u> and the <u>Colorado PTA</u>.

- You can find information on the program including how to apply <u>here</u>.
- The application deadline is October 1, 2018.

## **RESOURCES and INFORMATION for Pre K-12 Schools**

## NEW Guideline on Pediatric Mild Traumatic Brain Injury

- These guidelines are provided by the <u>Centers for Disease Control and Prevention (CDC)</u>.
- "CDC's new Pediatric Mild Traumatic Brain Injury (mTBI) Guideline is based on the most comprehensive review
  of the science on pediatric mTBI (commonly referred to as concussion) diagnosis and management to
  date—covering 25 years of research."
- You can access the information here.

#### **NEW** Adolescent Marijuana Use Is Linked to Altered Neural Circuitry and Mood Symptoms

- This information is provided by the National Institute on Drug Abuse NIH.
- This article was originally released on August 3, 2018.
- "Dr. Erika Forbes, Ms. Sarah Lichenstein, Dr. Daniel Shaw, and colleagues from the University of Pittsburgh conducted the study with 158 20-year-old participants in the Pitt Mother & Child Project, which aims to identify psychosocial risk and protective factors among males from low-income backgrounds."
- You can view the information <a href="here">here</a>.

#### **NEW** Common Sense Media

- Due to the high use of media and apps by kids and teens, we would like to remind everyone of the website www.commonsensemedia.org
- This website "is the leading independent nonprofit organization dedicated to helping kids thrive in a world of media and technology."
- According to their website. "Common Sense Media helps families make smart media choices. We offer the
  largest, most trusted library of independent age-based and educational ratings and reviews for movies, games,
  apps, TV shows, websites, books, and music. Our Parent Concerns and Parent Blog help families understand and
  navigate the problems and possibilities of raising children in the digital age."
- They also have information and resources for educators and more.

#### **Suicide Prevention Resources**

- These resources are provided by the <u>Suicide Prevention Resource Center (SPRC)</u>.
- You can find resources for middle school here and high school here.
- Fact sheets for high school teachers are available <u>here</u> and for mental health providers <u>here</u> to help prevent suicide
- Resources for teens that may be at risk for suicide are available <u>here</u>.
- A toolkit for middle and high schools to respond to a student suicide death is available <u>here</u>.

#### Back to School Safety: The Importance of Laboratory Safety in the Classroom

- The <u>U.S. Chemical Safety Board</u> (CSB) and the <u>American Chemical Society</u> (ACS) remind educators and students
  of the importance of performing laboratory experiments and classroom demonstrations safely to prevent
  injuries
- View the reminder <u>here</u>.

#### Back to School Resources for School Personnel

- This resource comes from The National Child Traumatic Stress Network (NCTSN).
- This resource guide was created to "to highlight issues related to trauma, to explain how trauma can affect children and adolescents, and to help schools support students and families who have been impacted by trauma."
- You can access the resource guide <a href="here">here</a>.

#### 2018 Back to School Toolkit

- This toolkit is provided by <u>Mental Health America (MHA)</u>.
- The toolkit will "provide young people with information to help them understand the effects trauma can have on the mind and how traumatic events may trigger the onset of mental health conditions like depression, anxiety, and psychosis."

You can download the toolkit here.

#### Report: Texting while Driving in Teens

- The <u>Journal of Adolescent Health</u> analyzed responses from the 2015 state Youth Risk Behavior Survey to complete this report.
- You can access the article online or to download <a href="here">here</a>.

#### No Place for Hate 2018-2019 Registration is Now Open

- This initiative was developed by the <u>Anti-Defamation League (ADL)</u>.
- "The Initiative is designed to rally an entire school around the goal of creating a welcoming community committed to stopping all forms of bias and bullying."
- The initiative is currently open to K-12 schools in Colorado, Wyoming and New Mexico.
- Registration is open <u>here!</u>
- You can view more information on the initiative <u>here</u>.

#### School Mental Health Toolkit

- This toolkit is provided by <u>Mental Health Colorado</u> and <u>Western Interstate Commission for Higher Education</u> <u>Mental Health Program</u>, funded in part by <u>Rose Community Foundation</u> and <u>Caring for Colorado Foundation</u>.
- The toolkit is "a blueprint for school mental health services and will guide community members, schools, local leaders, and districts through 10 best practices, including strategies for implementing, funding, and sustaining mental health services in schools."
- You can access the toolkit here.

#### INSTITUTIONS OF HIGHER EDUCATION

#### Bias, Hate, and Free Speech on Campus Webinar Series

- This webinar series is provided by the <u>Anti-Defamation League (ADL)</u> and the <u>International Association of</u> Campus Law Enforcement Administrators (IACLEA).
- Title and date:
  - o Preventing and Responding to Hate Crimes on Campus, Thursday, November 15, 2018
  - Protecting Free Speech and Individual Rights on Campus, Thursday, February 21, 2019
  - Managing Implicit Bias, Thursday, May 30, 2019, 12:00 PM 1:00 PM
- Registration is currently only available for the first training <u>here</u>.

#### NEW Hazing Prevention

- This information comes from HazingPrevention.org.
- There is an article that was released in September on "research conducted by University of Maine professor of higher education Elizabeth Allan and her colleagues describes a data-driven framework for campus hazing prevention with implications for practice." You can access that article <a href="here">here</a>.

#### **Campus Resilience Program Exercise Starter Kits**

- The starter kits are provided by the <u>US Department of Homeland Security</u>.
- "The kits reinforce an IHE's specific emergency plans, protocols, and procedures, while also testing and strengthening an institution's preparedness, response, and recovery capabilities."
- There are currently three available scenarios: "Cyber Breach, Hurricanes, and Active Shooter."
- You can view the press release here.
- You can view the one-pager here.
- You can click <u>here</u> to request an Exercise Starter Kit through DHS.

#### **Report: Texting while Driving in Teens**

- The <u>Journal of Adolescent Health</u> analyzed responses from the 2015 state Youth Risk Behavior Survey to complete this report.
- You can access the article online or to download <u>here</u>.

#### Report on Campus Policing in an Urban Environment

- This report comes from the National Center for Campus Public Safety and Queen's University.
  - "Participants from urban campus police departments identified five areas as challenging in a recent emerging

issues forum: campus access, resources, relationships and partnerships, student welfare off campus, and communications."

You can download the full report <u>here</u>.

## Follow the Colorado School Safety Resource Center on Twitter

- For the latest school safety information between monthly E-Updates, follow <u>@CossRC</u> on Twitter.
- Featuring daily updates on new research, resources, upcoming trainings, and Center activities.



Follow us on Twitter

THE CSSRC IS AVAILABLE to any pre-K through higher education school to assist in your school safety planning. Our mission is to provide *no-cost consultation, resources, training and technical assistance* that can help you create a safe, positive, and successful school. We can customize a variety of trainings for your school safety and crisis planning teams or your school staff as you plan and train this school year. We invite you to continue monitoring our website (<a href="www.Colorado.gov/SchoolSafetyResourceCenter">www.Colorado.gov/SchoolSafetyResourceCenter</a> or <a href="www.Colorado.gov/CSSRC">www.Colorado.gov/CSSRC</a>) for the latest school safety information and upcoming trainings. Call us at: 303-239-4435.



#### Thank you for supporting safe and positive schools in Colorado!

Colorado School Safety Resource Center 700 Kipling Street #1000 Denver, CO 80215 303.239.4435

Fax: 303.239.4510

Email: CDPS\_School\_Safety\_Center@state.co.us

Website: www.Colorado.gov/SchoolSafetyResourceCenter or www.Colorado.gov/CSSRC

## Supporting Safe and Positive Colorado Schools